



ON SALE
24TH JAN
2024



\$3¹⁵
ea

SAVE \$3.15

Red Rock Deli Chips 150/165g



\$7⁷⁰
ea

SAVE \$7.70

Frantelle Spring Water 24 x 600mL
53¢ per 1L

ALL
1/2
PRICE



\$2²⁵
ea

SAVE \$2.45

Kellogg's Nutri-Grain/LCM Bars 5pk



\$1³⁰
ea

SAVE \$1.30

Dairy Farmers
Thick & Creamy Yoghurt 140/150g

Offers available from: 24/01/24 until 30/01/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

SEE INSIDE FOR MORE SAVINGS

Australian
BEEF SCOTCH
FILLET STEAK

\$34⁹⁹
kg

Serving Suggestion



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save





SUMMERTIME *Specials*



\$2.49
ea

SAVE \$2.51

Pascall/The Natural
Confectionery Bags 120-280g



ALL

1/2
PRICE



\$10.99
ea

SAVE \$12.00

Cadbury Favourites 520g
\$2.11 per 100g



\$3.65
ea

SAVE \$3.95

Bundaberg Ginger Beer/
Soft Drink 6x200mL
\$3.04 per 1L



\$2.25
ea

SAVE \$2.75

Arnott's Cracker Chips/Sourdough
150g/Flatbread Snacks 130g



\$2.75
ea

SAVE \$2.75

Heinz Seriously Good Mayo/Aioli 295mL
93¢ per 100mL



\$2.99
ea

SAVE \$1.46

Mission Corn Chips 230g
\$1.30 per 100g



\$4.25
ea

SAVE \$1.15

Bega Peanut Butter 375g
\$1.13 per 100g



\$6.99
ea

SAVE \$3.00

McCain Family Pizza 490/500g

SUMMERTIME Specials



Dove
sensitive
nuty cream bar

Dove Range (excl. Low Price Everyday)



50% OFF

ENTIRE RANGE



\$4.75 ea

SAVE \$4.75



ALL
1/2
PRICE



\$3.99 ea

SAVE \$4.00

Mars Ice Cream 6pk

Weight Watchers
Frozen Meals 300-370g



Bic Comfort
3 Advance
Razors 4pk
75¢ per 1ea



\$2.99 ea

SAVE \$3.00

Bic Simply
Soleil 3pk
70¢ per 1ea



\$2.10 ea

SAVE \$2.10



\$11.99 ea

SAVE \$4.00

Bega Tasty Cheese Block 1kg
\$11.99 per 1kg



\$5.49 ea

SAVE \$1.36

Duck River Soft Butter 500g
\$1.10 per 100g



\$9.99 ea

SAVE \$5.00

Kleenex Toilet Tissue White 18pk
31¢ per 100sh



— FRESH PRODUCE & Meat —



Grown in Australia

Fresh

LEAFY SALAD 120g

\$16.58 per 1kg

\$1⁹⁹ bag



Australian Lamb

Lamb

LOIN CHOPS

Serving Suggestion

\$22⁹⁹ kg



Tasmanian Grown

island fresh

washed potatoes

Washed Potatoes 2kg

\$2.75 per 1kg

\$5⁵⁰ bag



ARTISAN PORK BURGERS

ARTISAN PORK BURGERS

Artisan Pork Burgers 500g

\$15.00 per 1kg

\$7⁵⁰ ea



Tasmanian Grown

Brown Onions 1kg

\$1.50 per 1kg

\$1⁵⁰ bag



Marion Bay

Chicken Breast Fillets

\$18⁹⁹ kg



JC's

DELICIOUS ENERGY MIX

JC's Delicious Energy Mix 500g

\$17.98 per 1kg

\$8⁹⁹ ea



Joe's Food Co.

Barbeque Rice Wheels

Joe's Food Co. Rice Wheels 140g

\$1.42 per 100g

\$1⁹⁹ ea



PANDANI

BBQ SAUSAGES

Pandani Sausages 500g

\$14.00 per 1kg

\$7⁰⁰ ea

LOW PRICE



NICHOLS

BBQ CHICKEN BREAST STEAKS

Nichols BBQ Chicken Breast Steaks

\$18⁹⁹ kg



National Pies
**PARTY PIES/
SAUSAGE ROLLS 12PK**
\$1.11 per 100g

PRODUCT OF TASMANIA

\$7⁹⁹ ea
SAVE \$2.50



Aussie Cooked
LARGE TIGER PRAWNS
thawed for your convenience

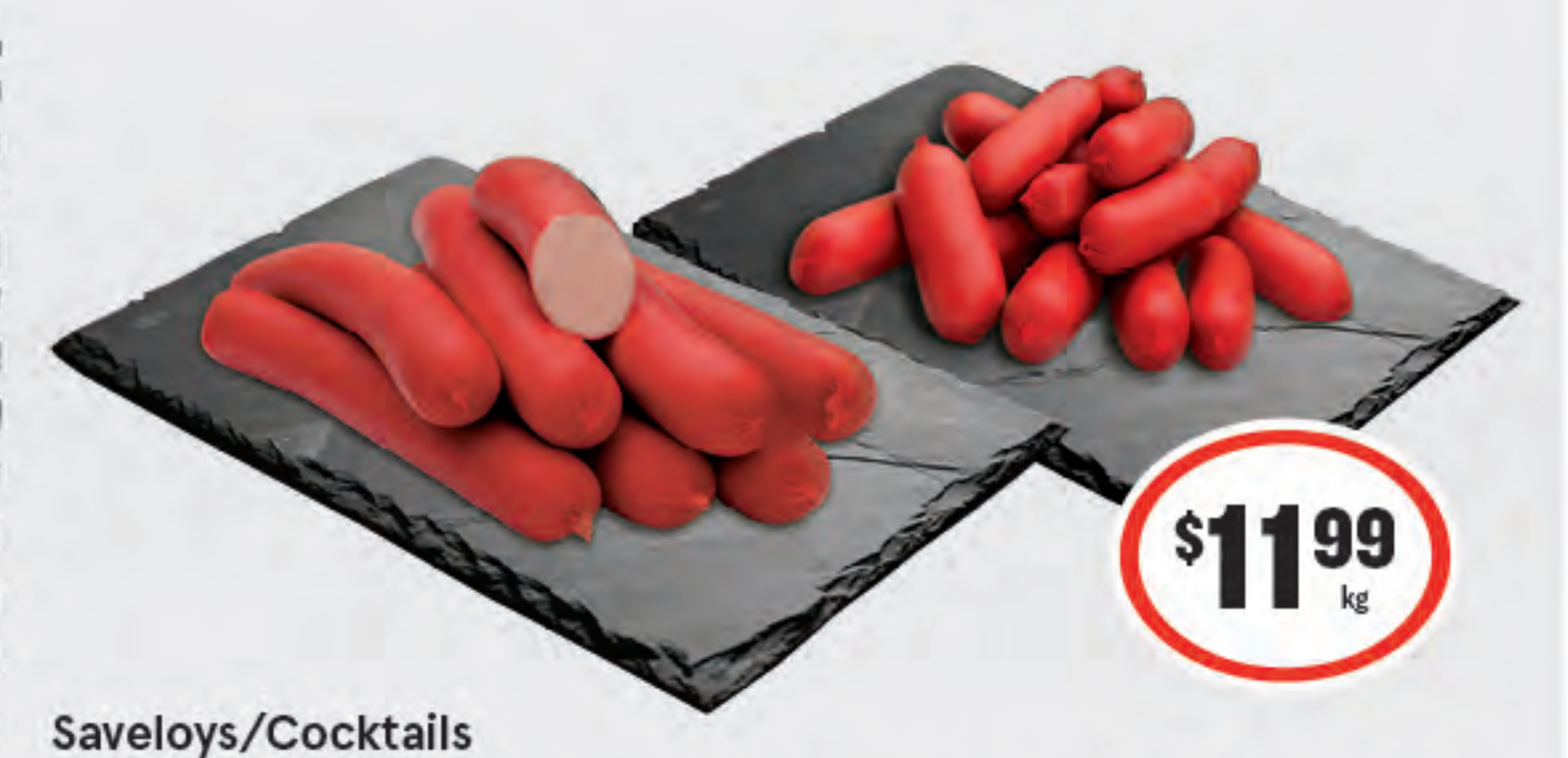
\$29⁹⁹ kg



Cripps Pikelets 8pk
\$1.25 per 100g

PRODUCT OF TASMANIA

\$2⁴⁹ ea
SAVE \$1.16



Saveloys/Cocktails

\$11⁹⁹ kg



**Cripps Master Hot
Dog/Lunch Rolls 6pk**
67¢ per 1ea

PRODUCT OF TASMANIA

\$3⁹⁹ ea
SAVE 80¢



Cabana

\$14⁹⁹ kg



**Central Cake Co
Deluxe Lamingtons 2pk**
\$2.75 per 100g

PRODUCT OF TASMANIA

\$5⁴⁹ ea
SAVE \$1.30



**Community Co
Mud Cake 600g**
\$1.33 per 100g

\$8 ea
community Co



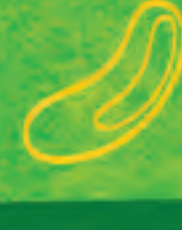
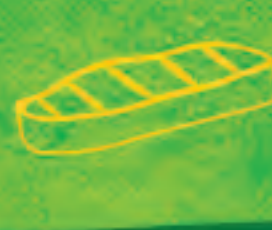
Boneless Leg Ham

\$20⁹⁹ kg



Chicken Kebabs 70g
\$21.43 per 1kg

\$1⁵⁰ ea



\$4.99
ea
SAVE 76¢

Bickford's Cordial 750mL
\$6.65 per 1L



\$21.20
ea
SAVE \$13.35

Coca-Cola/Fanta/
Sprite Soft Drink Cans 24x375mL
\$2.36 per 1L



\$2.39
ea
SAVE \$1.61

Powerade Sports Drink 600mL
\$3.98 per 1L



\$3.99
ea
SAVE 51¢

Twisties/Burger Rings/
Toobs/Cheetos 125-270g



\$4.99
ea
SAVE \$1.91

Schweppes Mixer Soft Drink 4x300mL
\$4.16 per 1L



\$2.99
ea
SAVE \$1.01

Arnott's Shapes 130-190g



\$3.49
ea
SAVE \$1.01

Philadelphia Pourover 250g
\$13.96 per 1kg



\$2.49
ea
SAVE \$1.01

Zoosh Dip 185g
\$1.35 per 100g



\$6.50
ea
SAVE \$5.70

Kirks Canned Soft Drink 10 x 375mL
\$1.73 per 1L



\$1.50
ea
SAVE 49¢

Kirks Soft Drink 1.25L
\$1.20 per 1L

GRAB YOUR AUSSIE FAVES





\$3.69
ea

SAVE \$1.20

Natural Chip Company/
Thins Potato Chips/French Fries 150/175g



\$2.25
ea

SAVE \$1.65

Fountain Squeezy Tomato/
BBQ Sauce 500mL (excl. Reduced Sugar)
45¢ per 100mL



\$2.99
ea

SAVE 81¢

Altimate Funtime
Wafer Cones/Cups 21pk
\$3.99 per 100g



\$7.99
ea

SAVE \$1.00

Four 'n Twenty Traditional Pies 4pk
\$1.14 per 100g



\$4.49
ea

SAVE \$1.01

Peters Lemonade Icy Poles 8pk
75¢ per 100mL



\$9.99
ea

SAVE \$2.01

Marathon Dim Sims 1.5kg
67¢ per 100g



\$1.99
ea

SAVE 90¢

Multix Clingwrap 33cm x 60m/
Alfoil 30cm x 10m (excl. Non-Stick)



\$4.99
ea

SAVE \$3.00

Handee Ultra
Double Length Paper Towel 2pk
\$2.08 per 100ea



PROTECT THE FUN



THE BEST FUN NEEDS PROTECTION YOU CAN TRUST.
BANANA BOAT PROTECTS FAMILY FUN UNDER THE SUN.

Always read the label and follow the directions for use. Wear protective clothing, a hat and sunglasses in addition to sunscreen. Reapply frequently. Avoid prolonged high-risk sun exposure.

\$13.99
ea

SAVE \$7.01

Banana Boat
Sunscreen SPF50+ 175/200g

\$8.99
ea

SAVE \$4.81

Banana Boat
Sunscreen Roll On 75mL
\$11.99 per 100mL

Low Prices EVERY DAY



Praise Salad Dressing 330mL
91¢ per 100mL



Prima Fruit Drinks 200mL 6pk
\$3.29 per 1L



Sakata Rice Crackers 90/100g



William's Bread 800-900g



Meadowlea Spread 500g
90¢ per 100g



La Famiglia
Just for 2 Garlic Bread 170g
\$2.06 per 100g



On the Menu Frozen Meals 320g
\$1.87 per 100g



Lucky Dog Bones 800g
98¢ per 100g



Ajax Antibacterial Wipes 110pk
8¢ per 1ea

**1/2
PRICE**



\$2.99
ea

SAVE \$3.01

Moccona Coffee Sachets 8/10pk



\$13.99
ea

SAVE \$4.60

Nestle Milo 1.1kg
\$1.27 per 100g



\$2.49
ea

SAVE 36¢

McKenzie's Baking Powder 125g
\$1.99 per 100g



\$5.99
ea

SAVE \$2.86

Vegemite 380g
\$1.58 per 100g



\$2.49
ea

SAVE \$1.20

Pauls Zymil Long Life Milk 1L
\$2.49 per 1L



\$4.99
ea

SAVE \$1.76

Crisco Blended
Vegetable/Canola Oil 750mL
67¢ per 100mL



\$2.69
ea

SAVE 81¢

Masterfoods Tartare/
Seafood Cocktail Sauce 220/260g



\$2.99
ea

SAVE \$1.01

Sandhurst Sliced Jalapenos 270g
\$11.07 per 1kg

**BACK to
SCHOOL**

**1/2
PRICE**



\$3.49
ea

SAVE \$3.51

Kellogg's
Crunchy Nut Corn Flakes/Special K/
Nutri-Grain/Sultana Bran 290-420g

**1/2
PRICE**



\$3.49
ea

SAVE \$3.50

Sanitarium Weet-Bix Bites 500/510g

**1/2
PRICE**



\$4.80
ea

SAVE \$5.00

Nestle Milo Cereal 535-620g



— FILL UP THE FRIDGE & *Freezer* —



Ingham's Chicken Kyivs 350g
\$28.54 per 1kg



Chiko Roll 4pk/Corn Jacks 5pk



McCain Beer Batter Wedges/Chips 750g
\$5.99 per 1kg



Peters Original Ice Cream 2L
27¢ per 100mL



Peters Drumstick 4/6pk



Tamar Valley Kids Pouches 110g
\$1.45 per 100g



Wicked Sister Dessert 2pk



Ashgrove Cheese 140g (excl. Fetta)
\$42.79 per 1kg



Ashgrove Full Cream/
Non Homogenised Milk 2L
\$2.50 per 1L



Black & Gold
Foil Trays 6pk
42¢ per 1ea

BLACK & GOLD

\$2.50
ea



Community Co
Wooden Cutlery 12pk
16¢ per 1ea

\$1.90
ea



Fab Laundry Powder 1.8/2kg & Liquid 1.8L



\$7.99
ea

SAVE \$2.01



Natures Organics Fruits
Shampoo & Conditioner 500mL
34¢ per 100mL

\$1.69
ea

SAVE 60¢



Colgate Plax Mouth Wash 250mL
\$1.20 per 100mL

\$2.99
ea

SAVE \$1.51



Heinz Baby Food Pouch 120g
\$1.17 per 100g

\$1.40
ea

SAVE 10¢



Optimum Dog Food 100g
\$1.49 per 100g

\$1.49
ea

SAVE 36¢



Purina One Pouch 70g
\$2.50 per 100g

\$1.75
ea

SAVE 55¢



Whiskas Dry Cat Food 1.8kg
67¢ per 100g

\$11.99
ea

SAVE \$3.31

SEE INSIDE FOR MORE SAVINGS

BACK to SCHOOL



Kellogg's K-Time Twists 5pk
\$1.49 per 100g



Uncle Tobys Muesli Bars 6pk
\$1.49 per 100g



Foster Clarks Snak Pack 120g
\$1.24 per 100g



Maggi 2 Minute Noodles 5pk (excl. Fusian)



Bic Cristal Ballpoint Pen 10pk



Bic Kids Evolution Coloured Pencils 12pk



Band-Aid 40/50pk



Energizer Max Batteries AA 10pk/AAA 8pk

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 24/01/24 until 30/01/24

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LOCATE

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BACK to SCHOOL

ALL

1/2
PRICE



\$1.20
ea

SAVE \$1.20

Bic Evo Eco HB Pencils with Eraser 4pk



\$4.49
ea

SAVE \$4.50

Bic Briteliner Grip Highlighters 5pk



\$3.75
ea

SAVE \$3.75

Bic Whiteboard Markers 4pk



\$3.49
ea

SAVE \$3.50

Bic Intensity Fine Black Pen 3pk



\$1.99
ea

SAVE \$2.00

Bic Intensity Metal Pro Chisel Permanent Marker 1pk



\$2.35
ea

SAVE \$2.35

Bic Wite Out Correction Tape



\$2.70
ea

SAVE \$2.70

Bic Cristal Ballpoint Pen 10pk



\$2.10
ea

SAVE \$2.10

Bic Kids Evolution Coloured Pencils 12pk



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

MANGO CHEESECAKE



Philadelphia Cream
Cheese Block 250g
\$17.96 per 1kg

Ingredients

- 1 cup (100g) walnuts
- 1 cup (100g) almonds
- 1 cup (100g) pecans
- 8-9 (200g) dates
- 500g cream cheese, softened
- 1 cup (150g) mangoes, pureed
- 3/4 cup greek yoghurt
- 12g gelatin, dissolved in 1/3 cup boiling water
- 1/2 tsp vanilla
- 1/2 cup cream, lightly whipped

What to do

1. In a food processor, place walnuts, almonds, pecans and dates and process until you get a paste that holds together.
2. Line the base and sides of a 22cm springform tin with greaseproof paper. Press the nut mixture to mould the bottom of the tin to form the base of the cheesecake. Refrigerate.
3. Beat cream cheese until smooth. Add the mango puree, vanilla, yoghurt and gelatin mixture and beat until combined. Fold through the whipped cream.
4. Pour cheesecake mixture onto the lined base of the tin. Refrigerate for 3 hours or until cheesecake has set.



WHERE THE *locals* MATTER

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