



ON SALE
17TH JAN
2024



SEE INSIDE FOR MORE SAVINGS



\$3.49
ea

SAVE \$3.51

Zoooper Dooper Water Ices 24pk
21¢ per 100mL



\$2.40
ea

SAVE \$2.40

Smith's Potato Chips 130-175g



\$5.99
ea

SAVE \$6.01

Sanitarium Up & Go
Breakfast Drink 6x250mL
\$3.99 per 1L



\$4.25
ea

SAVE \$4.25

Bulla Multipack Sticks 8-14pk

ALL
1/2
PRICE

Offers available from: 17/01/24 until 23/01/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian
BEEF RUMP STEAK
\$22.99
kg

Serving Suggestion

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save





— SUMMERTIME *Specials* —



\$2.25
ea

SAVE \$2.25

Nabisco In A Biskit 160g
\$1.41 per 100g



\$1.10
ea

SAVE \$1.10

Mars Medium Bars 35-56g

ALL
1/2
PRICE



\$2.10
ea

SAVE \$2.15

Gatorade Sports Drink 600mL
\$3.50 per 1L



\$9.90
ea

SAVE \$9.99

V Energy Drink 4x500mL
\$4.95 per 1L



Coca-Cola/
Fanta/Sprite/
Mt Franklin
Sparkling
Water 1.25L
\$1.44 per 1L

\$1.80
ea

SAVE \$1.20



\$1
ea

SAVE 80¢

Captain's Table Water Crackers 125g
80¢ per 100g



\$4.49
ea

SAVE \$1.51

Unicorn Brie/Camembert Cheese 125g
\$35.92 per 1kg

SUMMERTIME Specials

IGA



Sanitarium So Good Almond Milk 1L
\$1.49 per 1L

\$1.49
ea

SAVE \$1.50



Twinings Teabags 80/100pk

\$7.99
ea

SAVE \$8.00



Nescafé Coffee Sachets 10pk/Gold 8pk

\$3.99
ea

SAVE \$4.01

**ALL
1/2
PRICE**



Herbal Essences
Shampoo/Conditioner 300mL
\$1.16 per 100mL

\$3.49
ea

SAVE \$3.51



Morning Fresh
Dishwashing Liquid 400mL
69¢ per 100mL

\$2.75
ea

SAVE \$2.75



Omo Laundry Liquid 2L/
3 in 1 Capsules 28pk

\$13.99
ea

SAVE \$14.01



Yoplait Yoghurt 1kg
40¢ per 100g

\$3.99
ea

SAVE 91¢



Chum Canned Dog Food 1.2kg
29¢ per 100g

\$3.49
ea

SAVE \$1.10



BabyLove Nappy Pants 22-38pk (excl.
Beyond)

\$15.99
ea

SAVE \$3.51



— FRESH PRODUCE & *Meat* —



— DELICIOUS BAKERY & *Deli* —

IGA



William's
WRAPS 8pk
59¢ per 100g

\$3.29 ea
SAVE \$1.70

PRODUCT OF TASMANIA



Chicken
DRUMSTICKS
Serving Suggestion

\$4.99 kg

Australian Poultry



Cripps
Crumpet Splits 6pk
61¢ per 100g

\$2.59 ea
SAVE \$1.41

PRODUCT OF TASMANIA



Chorizo

\$25.99 kg



National Pies Meat
**Pies/Pasties/
Sausage Rolls 2pk**

\$6.99 ea
SAVE \$1.80

PRODUCT OF TASMANIA



Chicken
Breast
Supreme

\$18.99 kg



Mission Naan
Bread 4pk
\$1.07 per 100g

\$2.99 ea
SAVE 41¢



Baker's Oven
Lamingtons 350g
\$1.57 per 100g

\$5.49 ea
EVERYDAY



Frankfurts

\$12.99 kg



Black & Gold Longlife Milk 1L
\$1.79 per 1L



Black & Gold Pasta 500g
20¢ per 100g



Black & Gold White Sugar 2kg
16¢ per 100g



Black & Gold Raw Sugar 1kg
22¢ per 100g



Black & Gold Tomatoes Chopped 400g
\$2.75 per 1kg



Black & Gold Vegetable Oil 2L
43¢ per 100mL

BLACK & GOLD® VALUE EVERY DAY



BLACK & GOLD

\$1.89
ea

Black & Gold Vinegar White 2L
9¢ per 100mL



BLACK & GOLD

\$1.65
ea

Black & Gold Tomato Paste 500g
33¢ per 100g



BLACK & GOLD

\$8.49
ea

Black & Gold Shredded Cheese 500g
\$16.98 per 1kg



BLACK & GOLD

\$2.49
ea

Black & Gold Garlic Bread 2pk 450g
55¢ per 100g



BLACK & GOLD

\$4.49
ea

Black & Gold Chicken Nuggets 500g
\$8.98 per 1kg



BLACK & GOLD

\$1.09
ea

Black & Gold Paracetamol 20pk
5¢ per 1ea



— DRINKS & Snacks —



Coca-Cola 30x375mL
\$2.27 per 1L

\$25⁵⁵
ea

SAVE \$13.55



\$10⁹⁹
ea

SAVE \$4.26

Coca-Cola/Fanta/Sprite/
Mt Franklin Sparkling Water 10x375mL
\$2.93 per 1L



\$5⁴⁵
ea

SAVE \$2.35

Bundaberg Soft Drink 4x375mL
\$3.63 per 1L



Clearly Tasmanian
Water 20 x 600mL
75¢ per 1L

\$8⁹⁹
ea

SAVE \$2.00



Cottee's Cordial
Syrup Double Concentrate 1L
\$4.99 per 1L

\$4⁹⁹
ea

SAVE 91¢



Smith's Potato Chips 18/20pk

\$7⁹⁹
ea

SAVE \$1.51



Arnott's Savoy/Jatz 225/250g

\$2⁹⁹
ea

SAVE \$1.01



Cadbury Family
Block Chocolate 160-190g

\$4²⁵
ea

SAVE \$1.75



Allen's Jelly/Mint
Confectionery Range 140-200g

\$2⁹⁹
ea

SAVE \$1.01

— STOCK UP THE *Pantry* —



\$1.49
ea

SAVE 46¢

Fantastic Noodles Cup/Bowl 45-85g



\$2.49
ea

SAVE \$1.01

Fountain Specialty/Mint Sauce 250mL
\$1.00 per 100mL



\$3.75
ea

SAVE \$1.05

Red Kellys Salad Dressing
250mL (excl. Balsamic)
\$1.50 per 100mL



\$3.99
ea

SAVE 51¢

Golden Circle Long Life Juice 2L
\$2.00 per 1L



\$4.99
ea

SAVE \$2.21

Nutella Hazelnut Spread 400g
\$1.25 per 100g



\$5.99
ea

SAVE \$1.26

Bega Peanut Butter 470g
\$1.27 per 100g



\$10.99
ea

SAVE \$3.00

Nestle Milo 700g
\$1.57 per 100g



\$25.99
ea

SAVE \$9.00

Grinders Coffee 1kg
\$2.60 per 100g



\$12.99
ea

SAVE \$6.51

Moccona Classic/Premium Coffee 200g
\$6.50 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Bega Natural Cheese Slices 500g
\$16.98 per 1kg

\$8.49
ea

SAVE \$2.51



Mainland On the Go Cheese & Crackers
50g/Artisan 36/38g

\$2.49
ea

SAVE 51¢



Duck River Butter Pat 250g
\$1.80 per 100g

\$4.49
ea

SAVE 71¢



Pauls Double Thick Custard 900g
55¢ per 100g

\$4.99
ea

SAVE \$1.81



Pauls Bluey Flavoured Milk 250mL
\$9.00 per 1L

\$2.25
ea

SAVE 24¢



Birds Eye Golden Crunch Chips/Wedges 900g
\$5.54 per 1kg

\$4.99
ea

SAVE \$1.36



Birds Eye Deli Frozen Fish 225/250g

\$8.99
ea

SAVE \$1.56



McCain Pizza Singles
380/400g
\$1.75 per 100g

\$6.99
ea

SAVE \$1.76



On the Menu Frozen Meal 260g
\$1.34 per 100g

\$3.49
ea

SAVE \$1.01



\$2.10
ea

SAVE 90¢

Whiskas Canned Cat Food 400g
53¢ per 100g



\$11.99
ea

SAVE \$2.51

Felix Cat Food 12pk
\$1.18 per 100g



\$7
ea

Black & Gold Cat Litter 9kg
78¢ per 1kg



\$11.99
ea

SAVE \$2.01

Pedigree Dry Dog Food 2.5/3kg



\$1.49
ea

SAVE 21¢

My Dog Tray 100g
\$1.49 per 100g



\$3.99
ea

SAVE \$1.00

Kleenex Viva Paper Towel 2pk



\$3.99
ea

SAVE \$1.66

Multix Alfoil Medium Roast Tray with
Handles



\$9.99
ea

SAVE \$6.01

Redheads BBQ Briquettes 4kg
25¢ per 100g



\$4.49
ea

SAVE \$2.51

Palmolive Liquid Hand Wash 1L
45¢ per 100mL



\$9.99
ea

SAVE \$4.01

Duracell Batteries AA 10pk/AAA 8pk



\$11
ea

LOW PRICE

Quilton Toilet Tissue 18pk
34¢ per 100sh

SEE INSIDE FOR MORE SAVINGS

Keep it Cool



Peters Ice Cream 4L
25¢ per 100mL

\$9.99
ea

SAVE 91¢



Juicy Isle Topping 375mL
80¢ per 100mL

\$2.99
ea

SAVE 40¢



Streets Magnum 4/6pk

\$9.99
ea

SAVE \$2.01



Peters Polar Pies 6pk
\$1.18 per 100mL

\$6.49
ea

SAVE \$1.51



Peters Maxibon 4pk
\$1.34 per 100mL

\$7.49
ea

SAVE \$2.01



Streets Bubble O'Bill 4pk
\$1.98 per 100mL

\$7.99
ea

SAVE \$2.01



Golden North Sorbet 1L
60¢ per 100mL

\$5.99
ea

SAVE \$3.01

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 17/01/24 until 23/01/24

Visit [IGATAS.COM.AU](https://www.igatas.com.au) for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online catalogue [igatas.com.au/catalogues](https://www.igatas.com.au/catalogues)



LOCATE

find your local store here [igatas.com.au/store-locator](https://www.igatas.com.au/store-locator)



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [igatas.com.au/pricematch](https://www.igatas.com.au/pricematch). Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

STEAK & HALLOUMI KEBABS



\$22⁹⁹
kg

Beef Rump Steak
From the Meat Department

Ingredients

- 500g rump steak, trimmed
- 200g packet haloumi
- 1 medium pineapple peeled, cored & diced
- 3 Lebanese cucumbers, roughly chopped
- 1 red capsicum, diced
- 2 tsp lime juice
- 1/2 cup coriander leaves
- 3 cups rocket leaves

What to do

1. For the salad, combine pineapple, cucumber, red capsicum, lime juice and a splash of olive oil in a large bowl. Stir well. Add coriander and rocket leaves and toss.
2. Cut rump and haloumi into similar sized cubes. Thread onto 8 skewers, brush with oil and season with a good crack of pepper.
3. Preheat barbecue or a heavy-based pan to high. Cook skewers for 2 mins, turn once and cook a further 2 mins. Transfer to a serving plate and serve with pineapple salad.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info



BACK to SCHOOL

ALL
1/2
PRICE



\$1.20
ea

SAVE \$1.20

Bic Evolution
HB Pencils with Eraser 4pk



\$4.49
ea

SAVE \$4.50

Bic Briteliner
Grip Highlighters 5pk



\$3.75
ea

SAVE \$3.75

Bic Whiteboard Markers 4pk



\$3.49
ea

SAVE \$3.50

Bic Intensity Fine Black Pen 3pk



\$1.99
ea

SAVE \$2.00

Bic Intensity Metal Pro Chisel
Permanent Marker 1pk



\$2.35
ea

SAVE \$2.35

Bic Wite Out Correction Tape



\$2.10
ea

SAVE \$2.10

Bic Kids Evolution
Coloured Pencils 12pk



\$2.70
ea

SAVE \$2.70

Bic Cristal Ballpoint Pen 10pk



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info