



WHERE THE *locals* MATTER

ON SALE 12TH JANUARY 2022



Australian
**BEEF RUMP
STEAK**

\$24⁹⁹
kg



Serving Suggestion

**1/2
PRICE**



\$1⁶⁰
ea

SAVE \$1.60

Arnott's Shapes 140-190g

**1/2
PRICE**



Praise Salad
Dressing
330mL
58¢ per 100mL

\$1⁹²
ea

SAVE \$1.93



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 1.25L
\$1.43 per 1L

\$1⁷⁹
ea

SAVE \$1.06



\$16⁹⁹
ea

SAVE \$13.00

Peters Drumsticks 24pk
60¢ per 100mL

SEE INSIDE FOR MORE SAVINGS



Offers available from 12/01/22 until 18/01/22
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & Produce —



New Season
BRUSHED POTATOES 2.5kg
\$1.80 per 1kg

\$4.50 bag



Bagged
Spinach 150g
\$23.00 per 1kg

\$3.45 bag



Bitterfree
Cucumber

\$1.20 ea



JC's Mixed
Nuts Salted/
Unsalted 350g
\$22.83 per 1kg

\$7.99 ea

Scottsdale
Pork Scotch
Steaks

\$19.99 kg



BBQ
Meat
Pack

\$18.99 kg



Scottsdale
Artisan Carolina/
Memphis
Marinated Pork
Shoulder

\$13.99 kg



Nichols
**BUTTERFLIED WHOLE
MARINATED CHICKEN**
Serving Suggestion

\$6.99 kg



Delicious

RINDLESS SHORT CUT BACON

Serving Suggestion

\$14⁹⁹ kg



Chicken
Kebabs 70g
\$17.86 per 1kg

\$1²⁵ ea



Chicken
Wings

\$2⁹⁹ kg



Champagne
Ham

\$11⁹⁹ kg

Cripps
Crumpet
Splits 6pk
59¢ per 100g



\$2⁴⁹ ea

SAVE \$1.26

Cripps
Master
Loaf
680/700g



\$3¹⁹ ea

SAVE 70¢

Central Cake
Co Slices/
Lamingtons
80-135g



\$2⁴⁹ ea

SAVE 50¢



National Pies

PARTY PIES/SAUSAGE ROLLS 12PK

83¢ per 100g

\$5⁹⁹ ea

SAVE \$2.16



— SNACK & DRINK *Favourites* —

NEW

SNICKERS

Creamy
PEANUT BUTTER

**SERIOUSLY
CREAMY
SERIOUSLY
LIMITED
EDITION**



**1/2
PRICE**

\$1
ea

SAVE \$1.00

Mars Medium Bars 35-56g



Allen's Jelly/Mint
Confectionery Range
150-200g

\$1.99
ea

SAVE \$1.01



Fyna Licorice Bags
200-250g

\$1.99
ea

SAVE 46¢



Red Rock Deli Chips
150/165g

\$2.99
ea

SAVE \$1.96



Cadbury Family Block
Chocolate 160-190g

\$3.49
ea

SAVE \$1.51



Bundaberg Brewed
Soft Drink 10pk
\$2.92 per 1L

\$10.95
ea

SAVE \$3.30



Coca-Cola/Lift/Fanta/
Sprite Soft Drink Cans
375mL 24pk
\$1.78 per 1L

\$15.99
ea

SAVE \$5.60



Powerade
Sports
Drink
600mL
\$4.17 per 1L

\$2.50
ea

SAVE \$1.40



Red Bull Energy Drink
250mL 4pk
\$6.49 per 1L

\$6.49
ea

SAVE \$4.06

— STOCK UP THE *Pantry* —



1/2 PRICE

\$1.99 ea
SAVE \$2.01

Uncle Tobys Roll-Ups 6pk
\$2.12 per 100g

\$5.99 ea
SAVE \$2.01

Nestle Milo 395/460g

\$5.99 ea
SAVE \$3.56

Grinders Coffee 200g
\$3.00 per 100g

\$5.49 ea
LOW PRICE

Sanitarium Weet-Bix 1.12g
49¢ per 100g

\$5.99 ea
SAVE \$2.00

Vegemite 380g
\$1.58 per 100g

\$3.29 ea
SAVE 16¢

Golden Circle Long Life Juice 2L
\$1.65 per 1L

\$3.99 ea
SAVE \$2.00

Arnott's Assorted Creams 500g
80¢ per 100g

NEW

\$4.99 ea
SAVE \$1.01

Green's Golden Gaytime Mousse 195g/
Brookie 525g/Crumble 650g

\$1.99 ea
SAVE 66¢

Edgell Beetroot 825g
\$2.41 per 1kg

\$2.25 ea
SAVE 35¢

San Remo Pasta 375/500g

\$1.69 ea
SAVE 30¢

Raguletto Pasta Sauce 500g
34¢ per 100g

\$3.99 ea
SAVE \$1.00

Crisco Blended Vegetable/Canola Oil 750mL
53¢ per 100mL



— FILL UP THE FRIDGE & Freezer —



Perfect Italiano
Grated Cheese 450g
\$13.31 per 1kg

\$5⁹⁹
ea

SAVE \$1.90



Bega Tasty
Cheese Block 1kg
\$8.99 per 1kg

\$8⁹⁹
ea

SAVE \$4.96



Tas Heritage
Double Brie/
Camembert
Cheese 250g
\$31.96 per 1kg

\$7⁹⁹
ea

SAVE \$3.91



Primo Bacon Pieces/
Shredded Ham
Twin Pack 300g
\$11.63 per 1kg

\$3⁴⁹
ea

SAVE \$1.51



Western Star
Spreadable 500g
80¢ per 100g

\$3⁹⁹
ea

SAVE \$2.01



La Famiglia Garlic/
Herb Slices 270g
\$1.48 per 100g

\$3⁹⁹
ea

SAVE \$1.21



Ingham's Chicken
Breast Tenders 400g
\$12.48 per 1kg

\$4⁹⁹
ea

SAVE 80¢



McCain Pizza Singles/
Pockets/Slices
380-600g

\$5⁹⁹
ea

SAVE \$2.00



Four 'n Twenty
Sausage Rolls/
Party Pies 12pk

\$4⁹⁹
ea

SAVE \$1.01



Peters Lifesavers/
Frosty Fruit 8pk

\$4⁹⁹
ea

SAVE \$2.01



Peters Original
Ice Cream 2L
22¢ per 100mL

\$4⁴⁹
ea

SAVE 51¢



On the Menu
Frozen Meal 260g
96¢ per 100g

\$2⁴⁹
ea

SAVE 66¢



Libra Ultra Thins/
Goodnights 10-14pk/
Tampons 16pk

\$3.99
ea

SAVE 51¢



Sorberent Toilet
Tissue 12 pk
32¢ per 100sh

\$6.99
ea

SAVE \$5.00



Sunsilk Shampoo/Conditioner 200mL
\$1.20 per 100mL

\$2.39
ea

SAVE \$2.40



Earth Choice
Dishwash Tablet 42pk
\$1.78 per 100g

\$11.99
ea

SAVE \$4.70



Fab Laundry Powder 1kg
or Liquid 900mL/1L

\$4.49
ea

SAVE 26¢



Multix Colour Scent
Tidy Bags 35pk/
Coloured X-Large 20pk

\$2.99
ea

SAVE 81¢



Lucky Dog
Dry Dog Food 3kg
23¢ per 100g

\$6.99
ea

SAVE \$2.20



Snappy Tom Canned
Cat Food 400g
31¢ per 100g

\$1.25
ea

SAVE 42¢



Fancy Feast
Cat Food 430/450g
\$1.11 per 100g

\$4.99
ea

LOW PRICE

SEE INSIDE FOR MORE SAVINGS

Maggi Cup Noodles 58-65g

90¢ ea

SAVE 90¢



Fountain Tomato/BBQ Sauce 2L 15¢ per 100mL

\$2.99 ea

SAVE \$3.01

ALL

1/2 PRICE



\$3.30 ea

SAVE \$3.45



Nescafé Coffee Sachets 10pk/Gold 8pk



\$1 ea

SAVE \$1.10

San Remo La Pasta Range 120g 83¢ per 100g



\$2.99 ea

SAVE \$3.20

Handee Ultra Paper Towel 3pk \$1.66 per 100ea



Impulse Body Spray 75mL \$3.19 per 100mL

\$2.39 ea

SAVE \$2.40

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Offers available from 12/01/22 until 18/01/22

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You'll find *Low Prices* Every Day
right across the store



\$7.99
ea

LOW PRICE

Frantelle Spring Water 600mL 24pk
55¢ per 1L



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locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

STEAK & HALOUMI KEBABS WITH PINEAPPLE SALAD



Australian
Beef

\$24⁹⁹
kg

Beef Rump Steak
From the Meat Department

Ingredients

- 500g rump steak, trimmed
- 200g packet haloumi
- olive oil
- Salt & pepper

FOR SALAD

- 1 medium pineapple peeled, cored & diced
- 3 Lebanese cucumbers, roughly chopped
- 1 red capsicum, diced
- 2 tsp lime juice
- 1/2 cup coriander leaves
- 3 cups rocket leaves

What to do

1. For the salad, combine pineapple, cucumber, red capsicum, lime juice and a splash of olive oil in a large bowl. Stir well. Add coriander and rocket leaves and toss.
2. Cut rump and haloumi into similar sized cubes. Thread onto 8 skewers, brush with oil and season with a good crack of pepper.
3. Preheat barbecue or a heavy-based pan to high. Cook skewers for 2 mins, turn once and cook a further 2 mins. Transfer to a serving plate and serve with pineapple salad.



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