



ON SALE 11<sup>TH</sup> JANUARY 2022



*Australian*

**LAMB FOREQUARTER CHOPS**

**\$19<sup>99</sup>**  
kg

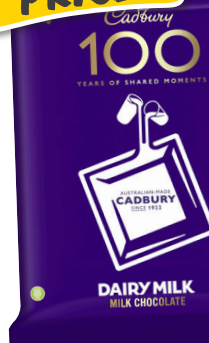


Serving Suggestion

WHERE THE *locals* MATTER

ALL

**1/2  
PRICE**



**\$3<sup>99</sup>**  
ea

Cadbury Large Block Chocolate 315-360g



**\$1<sup>15</sup>**  
ea

Fantastic Rice Crackers 100g  
\$1.15 per 100g



Organic  
Care  
Shampoo &  
Conditioner  
400mL  
49¢ per 100mL

**\$1<sup>94</sup>**  
ea



Yoplait Yoghurt 1kg  
35¢ per 100g

**\$3<sup>49</sup>**  
ea

Offers available from:  
11/01/23 until 17/01/23

Whilst stocks last. Pictures for illustration purposes only.  
Some products or varieties may not be available at all stores.

**GREAT SPECIALS ON NOW!**

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## — TREATS, SNACKS & Drinks —

**1/2  
PRICE**



**\$1.99**  
ea

The Natural Confectionery Company Bags 180-230g



**\$2.69**  
ea

Pascall/  
Cadbury Confectionery Bags 150-300g



**\$1.99**  
ea

Twisties/Cheetos/Burger Rings 65-90g



**\$4.99**  
ea

Arnott's High Tea 400g/  
Cream Favourites 500g



**\$4.49**  
ea

Schweppes Mixer Soft Drink 4x300mL  
\$3.74 per 1L



Powerade  
Sports  
Drink 1L  
\$3.49 per 1L

**\$3.49**  
ea



Kirks Soft  
Drink  
1.25L  
\$1.19 per 1L

**\$1.49**  
ea



**\$20.50**  
ea

Coca-Cola/Fanta/  
Sprite Soft Drink Cans 24x375mL  
\$2.28 per 1L



Product of  
Tasmania  
Just water...  
**NO**  
Additives or  
Preservatives

**\$7.99**  
ea

Clearly Tasmanian Water 20x600mL  
67¢ per 1L



ALL

1/2  
PRICE

\$7.99  
ea



Twinings Teabags 80/100s

\$3.70  
ea



Nescafé Coffee Sachets 10pk/Gold 8pk

\$2.75  
ea



Praise Mayonnaise Whole Egg 335/380g

\$4.75  
ea



Morning Fresh Dishwashing Liquid 900mL  
53¢ per 100mL

\$2.99  
ea



Duck Deep Action/Foaming Bleach 750mL  
40¢ per 100mL

\$3.75  
ea



Nivea Aerosol Deodorant 250mL  
\$1.50 per 100mL



Moccona Freeze Dried Classic Coffee 400g  
\$5.00 per 100g

\$19.99  
ea



Leggo's Tomato Paste 2x140g  
\$1.07 per 100g

\$2.99  
ea



Greenseas Canned Tuna 95g  
\$15.68 per 1kg

\$1.49  
ea



Felix Cat Food 12pk  
\$1.13 per 100g

\$11.49  
ea



Chum Canned Dog Food 700g  
33¢ per 100g

\$2.29  
ea



Fab Laundry Powder 1kg or Liquid 900mL

\$5.99  
ea



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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [igatas.com.au/pricematch](https://igatas.com.au/pricematch). Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.





William's  
Bread  
800-900g

**\$4<sup>35</sup>**  
ea

LOW PRICE



Product of  
Tasmania



You'll find *Low Prices* Every Day right across the store



**\$3<sup>99</sup>**  
ea

LOW PRICE

Nice & Natural Nut Bars 6pk



**\$1<sup>85</sup>**  
ea

LOW PRICE

Zafarelli Pasta 500g  
37¢ per 100g



**\$2**  
ea

LOW PRICE

Bundaberg White Sugar 1kg  
20¢ per 100g



**\$2<sup>89</sup>**  
ea

LOW PRICE

Tas Taste Plain/Self Raising Flour 2kg  
\$1.45 per 1kg



**\$4<sup>99</sup>**  
ea

LOW PRICE

On the Menu Frozen Meals 320g  
\$1.56 per 100g



**\$3<sup>50</sup>**  
ea

LOW PRICE

Ajax Spray n' Wipe Trigger 475/500mL



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*locals* MATTER

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# BBQ HOISIN LAMB CHOPS



Lamb Forequarter Chops  
From the Meat Department

## Ingredients

- 2 tbsp hoisin sauce
- 2 tbsp sesame oil
- 2 garlic cloves, crushed
- 12 lamb BBQ chops

## What to do

1. In a large bowl, combine hoisin, sesame oil and garlic.
2. Add the lamb, turning to completely coat and marinate for at least 30 minutes.
3. Preheat BBQ to medium high.
4. BBQ lamb, basting with marinade, for 6 to 8 minutes on each side for medium or until cooked to your liking.
5. Remove, cover and stand for 5 minutes.
6. Season with cracked pepper to serve.



WHERE THE *locals* MATTER

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