

W/KING TOILET GELSTN
REMVR EUC 700ML

\$4.15

1783 \$0.59 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

W/KING TOILET GELSTN
REMVR LEM 700ML

\$4.15

1804 \$0.59 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

W/KING TOILET GELSTN
REMVR LAV 700ML

\$4.15

1812 \$0.59 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN
600ML

\$2.50

2997 \$4.17 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA NO SUGAR
VANILLA 600ML

\$3.49

4167 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$2.69

4175 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CADBURY MINI
FINGERS 116GM

\$3.65

6322 \$3.15 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CADBURY MINI FREDDO
& FRIENDS 139GM

\$3.65

6330 \$2.63 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FANTA RASPBERRY
600ML

\$3.49

11738 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA 1.25LT

\$2.69

12212 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

FANTA 1.25LT

\$2.69

12239 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMONADE
1.25LT

\$2.69

12255 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA DIET
1.25LT

\$2.69

12271 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE 600ML

\$3.49

18550 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA 600ML

\$3.49

19406 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA DIET
600ML

\$3.49

19414 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA CLASSIC
F/D 200GM

\$14.45

24467 \$7.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST BAR BIRTHDAY
CAKE 60GM

\$3.45

50149 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SCHMACKOS CHKN
STRAPS 500GM

\$11.99

83627 \$2.40 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SCHMACKOS BEEF
STRAPS 500GM

\$11.99

83635 \$2.40 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD DAIRY MILK
DREAM BLOCK 50GM

\$1.29

102592 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST CUPS PEANUT
BUTTER 42GM

\$3.45

112184 \$8.21 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST BAR
SMORES 60GM

\$3.45

112192 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COKE VANILLA 10
X 375ML 10PK

\$9.99

113670 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SAN UP&GO
VANILLA ICE 500ML

\$3.45

128207 \$6.90 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SAN UP&GO CHOC
ICE 500ML

\$3.45

128311 \$6.90 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

DORITOS THAI
SWEET CHILLI 150GM

\$4.15

128485 \$2.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FANTA ORG 600ML

CADBURY FREDDO
BISCUIT 167GM

VANILLA COKE
600ML

\$3.49

131510 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$3.29

131799 \$1.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.49

137445 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA SACHETS
CAPPUCCINO 10PK

MOCCONA SACHETS
LATTE 10PK

MOCCONA SACHETS
SKIMCAPP 10PK

\$3.79

142682 \$2.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.79

142690 \$2.56 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.79

143108 \$3.11 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA SACHETS
DOUBLE S LATTE 10PK

MOCCONA SACHETS
STRONG CAPP 10PK

MOCCONA SACHETS
CARAMEL LATTE 10PK

\$3.79

143319 \$2.71 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.79

143343 \$2.87 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.79

143431 \$2.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA SACHETS
SWEET CAPP 10PK

MOCCONA SACHETS
VANILLA LATTE 10PK

FANTA ORANGE
NO SUGAR 1.25LT

\$3.79

143458 \$2.73 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.79

143466 \$2.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$2.69

144098 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE NO SUGAR
1.25LT

SCHMACKOS LIVER
STRAPS 500GM

CASC CORD
RASPBERRY 750ML

\$2.69

144100 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$11.99

144266 \$2.40 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$4.99

146237 \$6.65 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

(T)TIC TAC
STRAWBERRY 24GM

MT FRANKLIN SPARK
RASPBERRY 1.25LT

COCA COLA
VANILLA 1.25LT

\$1.65

148531 \$6.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$2.29

155539 \$1.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$2.69

155686 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD FAVOURITES
GAMES TIN 665GM

\$16.95

156304 \$2.55 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA DIET
10X375ML 10PK

\$9.99

159652 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA DRINK
375ML 10PK

\$9.99

159679 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE 375ML
10PK

\$9.99

159687 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

FANTA ORANGE
375ML 10PK

\$9.99

159695 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD MORO NZ
60GM

\$1.29

167740 \$2.15 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MEDIX EPSOM
SALTS 1KG

\$5.19

176540 \$0.52 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MEDIX IBUPROFEN
SOFT GEL CAPS 20'S

\$3.59

176559 \$0.18 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

BARISTA BROS
CHOC PET 500ML

\$2.99

179215 \$5.98 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

BARISTA BROS I/
COFFEE PET 500ML

\$2.99

179223 \$5.98 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

BARISTA BROS DBL
I/COFF PET 500ML

\$2.99

179231 \$5.98 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

NUTELLA 15GMX12
180GM

\$4.15

179792 \$2.31 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAPI DRY TONIC
4PK

\$6.49

183142 \$6.49 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAPI GRAPEFRUIT
4PK

\$6.49

183214 \$6.49 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAPI SPICY
GINGER BEER 4PK

\$6.49

183660 \$6.49 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

NICABATE MINIMINT
LOZ 1.5MG 60PK

\$32.49

187880 \$0.54 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

NICABATE MINI
1.5MG 20PK

\$11.95

187899 \$0.60 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

NICABATE GUM EX/
FRESH MINT 2MG 30PK

\$13.35

187901 \$0.45 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

NICABATE CLEAR
PATCH 21MG 7PK

\$36.45

187928 \$5.21 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA ENV
RED APPLE 27GM

\$2.15

191927 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TIC TAC FRUIT
ADV T50 24GM

\$1.65

192989 \$6.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SORB VANILLA FACIAL
TISSUES 170PK

\$2.15

193498 \$1.26 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

DORITOS CHEESE
SUPREME 170GM

\$4.15

197034 \$2.44 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

DORITOS NACHO
CHEESE 170GM

\$4.15

197042 \$2.44 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

DORITOS
ORIGINAL 170GM

\$4.15

198053 \$2.44 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

DORITOS
MEXICANA 170GM

\$4.15

198061 \$2.44 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD BOOST
LAYERS 32GM

\$1.29

200379 \$4.03 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$2.69

200520 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

FANTA NO SUGAR
ORANGE 600ML

\$3.49

200555 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

FANTA NO SUGAR
RASPBERRY 600ML

\$3.49

200598 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SAN WEETBIX BLENDS
C/BERRY 450GM

\$4.85

203457 \$1.08 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CADBURY BAR FRY'S
TURKISH DELGT 55GM

\$1.29

204118 \$2.35 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAPI BLOOD
ORANGE 4PK

\$6.49

206420 \$6.49 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHEF SELECT
GOUR BEEF 6PK

\$7.99

209592 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHEF SELECT
LAMB CLASS 6PK

\$7.99

209656 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHEF SELECT
BEEF LIVER 6PK

\$7.99

209752 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CHERRY RIPE
DOUBLE DIPPED 47GM

\$1.29

210542 \$2.74 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CARAMILK
TWIRL 39GM

\$1.29

214922 \$3.31 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RAID FLY/MOZZIE
H/ALLERG 350GM

\$5.29

217111 \$1.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHKN
SUPREME 6PK

\$7.99

217656 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS SOUR
GUM GRAPE 30GM

\$1.79

219088 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD PICNIC
LAYERS 34GM

\$1.29

220783 \$3.79 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CHERRY RIPE
LAYERS 35GM

\$1.29

220804 \$3.69 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI MIDDLE
LESS BACON 1KG

\$14.59

221591 \$14.59 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

MULTIX ALFOIL 30
CM X 10MT

\$2.25

223183 \$0.23 per 1MT
Specials available from 30/11/2022 until 13/12/2022.

TOBLERONE MILK
CHOCOLATE BAR 50GM

\$1.29

224055 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.29

226931 \$1.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

WHITE KING BLEACH
REGUL 1.25LT

\$3.95

229219 \$3.16 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

WHITE KING BLEACH
LEMON 1.25LT

\$3.95

229227 \$3.16 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD TWIRL
STRAWBERRY 39GM

\$1.29

230762 \$3.31 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

DORITOS GUACAMOLE
& SALSA 150GM

\$4.15

231095 \$2.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SORBENT F/TISS
POCKET 4PLY 6PK

\$2.15

231837 \$3.58 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

SAN WEETBIX MULTI
GRAIN 575GM

\$4.85

232020 \$0.84 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CRUNCHIE
50GM

\$1.29

236179 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD ROLLS DAIRY
MILK 55GM

\$1.29

236187 \$2.35 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CHUNKY
CAMELLO 55GM

\$1.29

236224 \$2.35 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CHUNKY
HAZEL NUT 55GM

\$1.29

236267 \$2.35 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD FLAKE 30GM

\$1.29

236427 \$4.30 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SAN WEETBIX
ORGANIC 750GM

\$5.15

236961 \$0.69 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FERRERO ROCHER
T30 GIFT BOX 375GM

\$18.65

238561 \$4.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHKN SUPRM
FILLET/GRVY 6PK

\$7.99

239142 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MY DOG GOURMET
BEEF IN GRAVY 6PK

\$7.99

239222 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MCLNS SENSITIVE
T/PASTE 100GM

\$5.29

245542 \$5.29 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA WHITE
SPEARMINT TAB 14'S

\$2.15

247134 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA WHITE
PEPPERMINT TAB 14'S

\$2.15

247249 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA PAPPLE/
COCONUT 27GM

\$2.15

248823 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$8.49

249594 \$4.25 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MENTOS P/FRESH
SMOOTH MINT 30GM

\$1.79

250771 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON
PLUS 1.25LT

\$2.69

251563 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON PLUS
ZERO SUGAR 1.25LT

\$2.69

251619 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON PLUS
ZERO SUGAR 10PK

\$9.99

251694 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON
PLUS 10PK

\$9.99

251846 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON PLUS
ZERO SUGAR 600ML

\$3.49

251977 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE LEMON
PLUS 600ML

\$3.49

252048 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD DAIRY MILK MC
JELLY BEANIE 50GM

\$1.29

252638 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

POWERADE BERRY
ICE FLO 1LT

\$3.99

255652 \$3.99 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

POWERADE MOUNT
BLAST FLO 1LT

\$3.99

255660 \$3.99 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.29

257981 \$1.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD DM STRAWBERRY
BLOCK 343GM

\$6.49

262465 \$1.89 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAPT TABLE ROSEMARY/
THYME 125GM

\$1.15

263046 \$0.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COCA-COLA NO
SUGAR 1.25LT

\$2.69

268007 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA-COLA NO
SUGAR 10PK

\$9.99

268162 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA-COLA NO
SUGAR 600ML

\$3.49

268381 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CADBURY FINGERS MILK
CHOCOLATE 114GM

\$3.29

271548 \$2.89 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TIC TAC TROPICAL
T50 24GM

\$1.65

272639 \$6.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

AOS BARISTA
MACADAMIA MILK 1LT

\$3.95

273682 \$3.95 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD DM BREAKAWAY
BAR 44GM

\$1.29

274378 \$2.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA CLSC
DRK RST 200GM

\$14.45

277771 \$7.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD ROSES TIN
689GM

\$17.75

277958 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

P/DENT P/GRIP CRM
FRSH MINT 60GM

\$13.25

278133 \$22.08 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA INTENSE
MINT TAB 27GM

5GUM SWEET
MINT STICK 32GM

5 GUM BLUEBERRY
32GM

\$2.15

279179 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$2.15

279347 \$6.72 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$2.15

282335 \$6.72 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

5 GUM WATERMELON
32GM

WEET BIX HONEY
GOLDEN OATS 450GM

MENTOS P/FRESH
GRAPE GUM BTL 30GM

\$2.15

282693 \$6.72 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$4.85

283856 \$1.08 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$1.79

285632 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MONSTER GREEN
500ML 4PK

MONSTER ULTRA
ZERO 500ML 4PK

WRIG EXTRA ENV
SPEARMINT 14'S

\$8.49

286117 \$4.25 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$8.49

286168 \$4.25 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$2.15

289692 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA ENV
PEPPERMINT 14'S

\$2.15

289705 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

KRAFT CHEDDAR
CHEESE BLOCK 500GM

\$7.15

291477 \$1.43 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

KRAFT CHEDDAR
CHEESE BLOCK 250GM

\$3.89

291485 \$1.56 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

KRAFT CHEESE
STICKS 240GM

\$5.55

291653 \$13.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS SOUR GUM
GRN APPLE 30GM

\$1.79

307395 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS SOUR
GUM SBERRY 30GM

\$1.79

307432 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

NICABATE GUM 4MG
XFRESH MINT 30'S

\$13.35

307993 \$0.45 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

MONSTER ULTRA
FIESTA MANGO 500 4PK

\$8.49

314069 \$4.25 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.29

317454 \$1.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.29

317550 \$1.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN SPRING
WATER 500ML 6PK

\$4.49

319572 \$1.50 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

O/S SAUCE CRANBERRY
WHOLEBERRY 275GM

\$3.69

321744 \$1.34 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

O/S SAUCE CRANBERRY
JELLIED 275GM

\$3.69

321752 \$1.34 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SCHMACKOS STRAPZ
VARIETY PACK 500GM

\$11.99

325024 \$2.40 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

WRIG EXTRA ENV
STRAWBERRY 14'S

\$2.15

333614 \$7.96 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

POWERADE GOLD
RUSH 1LT

\$3.99

334289 \$3.99 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

POWERADE
BLACKCURRANT 1LT

\$3.99

334350 \$3.99 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SWISSPERS FACIAL
CLNS WIPES 25'S

\$3.29

336882 \$0.13 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

SORBENT FACIAL
SOFT WHITE 170'S

\$2.15

338650 \$1.26 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

NABISCO CAPT
TABLE CLAS 125GM

\$1.15

342609 \$0.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

NABISCO CAPT TABLE
CRPEP 125GM

\$1.15

342756 \$0.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS PURE FRSH
GUM BTL SMINT 30GM

\$1.79

343636 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS P/FRESH
STRAWBERRY BTL 30GM

\$1.79

343791 \$5.97 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SAN WEETBIX HI
BRAN 750GM

\$5.15

347661 \$0.69 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MENTOS MINI
RAINBOW BAG 120GM

\$1.99

347872 \$1.66 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA 300ML
4PK

\$6.99

347979 \$5.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA NO
SUGAR 300ML 4PK

\$6.99

347995 \$5.83 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE NO SUGAR
600ML

\$3.49

348023 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SPRITE NO SUGAR
10PK

\$9.99

348146 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

SORBENT FACIAL
SOFT HYPO 170'S

\$2.15

349472 \$1.26 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

VOLTAREN EMUGEL
NO MESSI 75GM

\$18.25

349819 \$24.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

POLIDENT MAX SEAL
FIXATIVE CRM 40GM

\$10.55

350086 \$26.38 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD DM TOP DECK
340GM

\$6.49

358803 \$1.91 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CARAMILK
FLAKE 30GM

\$1.29

358950 \$4.30 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OZKLEEN MOULD
POWER TRIGGER 500ML

\$5.79

364226 \$1.16 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

DORITOS CHEESE SPRM
FLAMNG HOT 150GM

\$4.15

364613 \$2.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

HANDEE ULTRA
CRSP WHITE 2PK

\$3.29

365675 \$2.74 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

SORBENT F/TISSUE
WHITE TRAVEL 50'S

\$1.09

365843 \$2.18 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

SORBENT F/TISSUES
WHITE 90'S

\$1.89

365851 \$2.10 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

MY DOG CHICKEN W/
CHEESE 100G 6PK

\$7.99

369254 \$1.33 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD BAR BOOST
60GM

\$1.29

369967 \$2.15 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

SORBENT FRANGIPANI
FACIAL TISS 170PK

\$2.15

370917 \$1.26 per 100EA
Specials available from 30/11/2022 until 13/12/2022.

TIC TAC ORANGE
24GM

\$1.65

372293 \$6.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TIC TAC
PEPPERMINT 24GM

\$1.65

372357 \$6.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CADBURY TWIRL
BREAKAWAY BAR 40GM

\$1.29

374504 \$3.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MACLEANS T/BRUSH
MILK 0-3 1EA

\$2.59

376083 \$2.59 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

CAD FRUIT NUT
50GM

\$1.29

381587 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA MOCHA
KENYA STYLE FD 200GM

\$14.45

383902 \$7.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA FRENCH
STYLE FD 200GM

\$14.45

383937 \$7.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FERRERO COLLECTIONS
T24 269GM

\$18.65

384008 \$6.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOCCONA ESPRESSO
STYLE FD 200GM

\$14.45

384040 \$7.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST COOKIES &
CREAM PROTEIN 60GM

\$3.45

384796 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST CHOC CHIP COOK
DOUGH BAR 60GM

\$3.45

384809 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST CHOCOLATE
BROWNIE BAR 60GM

\$3.45

384817 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST CARAMEL CHOC
CHUNK BAR 60GM

\$3.45

384833 \$5.75 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST CHOCOLATE
CHIP COOKIE 59GM

\$3.45

384868 \$5.85 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

QUEST DOUBLE CHOC
CHIP COOKIE 59GM

\$3.45

384876 \$5.85 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA NO
SUGAR CF 10PK

\$9.99

385430 \$2.66 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

MT FRANKLIN WATER
SPRING 1.5LT

\$2.99

386134 \$1.99 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$2.69

386628 \$2.15 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD CARAMILK
BAR 45GM

\$1.29

386986 \$2.87 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MONSTER ULTRA
ROSA 500ML 4PK

\$8.49

387823 \$4.25 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CAD DAIRY MILK
CARMELLO 345GM

\$6.49

389933 \$1.88 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD DAIRY MILK
360GM

\$6.49

392382 \$1.80 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD FRUIT & NUT
360GM

\$6.49

392403 \$1.80 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CARAMILK
315GM

\$6.49

392411 \$2.06 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD OLD GOLD RUM
& RAISIN 315GM

\$6.49

392438 \$2.06 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MEDIX IBUPROFEN
MINI CAPS 25'S

\$3.75

392534 \$0.15 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

MEDIX PARACETAMOL
RAPID 20'S

\$4.45

392542 \$0.22 per 1EA
Specials available from 30/11/2022 until 13/12/2022.

EUROPE SUMMER
ROLL 40GM

\$1.29

396244 \$3.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

EUROPE NOUGAT
HONEY LOG 40GM

\$1.29

396295 \$3.23 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD DAIRY MILK
50GM

\$1.29

396316 \$2.58 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD CHERRY RIPE
52GM

\$1.29

396332 \$2.48 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD TWIRL 39GM

\$1.29

396340 \$3.31 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

CAD PICNIC 46GM

\$1.29

396367 \$2.80 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

JCS ALMONDS NAT
AUSTRALIAN 500GM

\$9.49

412056 \$18.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

M/BRUNTS FRESH EGG
WAFFLES 8PK 165GM

\$3.49

453165 \$2.12 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

M/BRUNTS CINNAMON
WAFFLES 165GM

\$3.49

453173 \$2.12 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

M/BRUNTS CHOC
WAFFLES 8PK 165GM

\$3.49

453202 \$2.12 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

M/BRUNTS LAMINGTON
WAFFLES 8PK 230GM

\$3.49

453229 \$1.52 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

M/BRUNTS CHOC TOP
WAFFLES 8PK 230GM

\$3.49

453683 \$1.52 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

JCS OUTBACK MIX
500GM

\$9.49

464921 \$18.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

T/BAKE BEEF PIE
FAMILY 750GM

\$11.35

481668 \$1.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/BAKE COTTAGE
PIE FAMILY 900GM

\$11.35

481676 \$1.26 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/BAKE CURRIED CHKN
PIE FAMILY 750GM

\$11.35

481684 \$1.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE CHOCO
BELG CHOC 8PK

\$3.35

500160 \$1.68 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

JCS BACKYARD
BBQ MIX 375GM

\$6.99

500451 \$18.64 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

JCS PEANUTS
UNSALTED 500GM

\$4.99

525560 \$9.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

MOKATE ICE COFFEE
CHOC MINT 8PK

\$3.35

554011 \$2.79 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

COCA COLA VANILLA
DIET 600ML

\$3.49

568050 \$5.82 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

CASCADE CORDIAL
LIME 750ML

\$4.99

568173 \$6.65 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

JCS ALMONDS
NATURAL USA 500GM

\$9.49

569010 \$18.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI SKINLESS
FRANKFURTS 1.55KG

\$13.49

616964 \$8.70 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI CHAMPAGNE
LEG HAM 500GM

\$9.15

617270 \$18.30 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI HONEY
LEG HAM 500GM

\$8.99

617465 \$17.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI SHORT CUT
RLESS BACON 500GM

\$7.75

617553 \$15.50 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

BAKESTONE DELI
CHEESE PIZZA 2PK

\$7.65

618820 \$1.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

BAKESTONE BBQ MEAT
LOV PIZZA 500GM

\$7.65

618839 \$1.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

BAKESTONE HAM&PAPPLE
PIZZA 500GM

\$7.65

618847 \$1.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

BAKESTONE DBL
PEPPERONI PIZZA 500GM

\$7.65

618855 \$1.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

BAKESTONE BBQ BACON/
CHSE PIZZA 500GM

\$7.65

618863 \$1.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PETERS MAXIBON
WAFFLE 560ML

\$8.59

619145 \$1.53 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER LOWER
CARB BREAD 680GM

\$3.59

620293 \$0.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FLORA PRO ACTIV
LT 500GM

\$8.19

622811 \$1.64 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PAULS CUSTARD
VANILLA BEAN 170GM

\$2.45

626564 \$1.44 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TAMAR VALLEY KIDS
POUCH BANANA 110GM

\$1.69

628156 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TAMAR VALLEY KIDS
POUCH TROPIC 110GM

\$1.69

628412 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TAMAR VALLEY KIDS
POUCH VANILL 110GM

\$1.69

628420 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY KIDS POUCH
STRAWBERRY 110GM

\$1.69

628439 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FLORA SPREAD
PRO-ACTIV 500GM

\$8.19

629140 \$1.64 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

4N20 BUTTER
CHICKEN PIE 4PK

\$8.95

641406 \$1.28 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY YOG S/BERRY
& CREAM 700GM

\$4.89

649184 \$0.70 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY YOG B/
BERRY CREAM 700GM

\$4.89

649192 \$0.70 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY YOGHURT
PEACH&CREAM 700GM

\$4.89

649205 \$0.70 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PETERS FROSTY
FRT NAT TROP 8'S

\$7.45

652746 \$1.24 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

NIPPYS ORANGE/MANG
COLD PRS 450ML

FARMHOUSE GOLD
VAN CUSTARD 800GM

T/VALLEY YOGHURT
MANGO&CREAM 700GM

\$2.45

655541 \$5.44 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$6.25

668035 \$0.78 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$4.89

670004 \$0.70 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PETERS MAXIBON
THATS MINT 4PK

MOKATE LATTE
CLASSIC 10PK

MOKATE LATTE
CARAMEL 10PK

\$8.59

670370 \$1.39 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

\$3.35

688335 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.35

688343 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE LATTE
SALT CML 10PK

MOKATE LATTE
VANILLA 10PK

MOKATE LATTE
IRSH CRM 10PK

\$3.35

688351 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.35

688378 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

\$3.35

688394 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE LATTE
MACCHATO 10PK

\$3.35

688415 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE CAPP
CLASSIC 10PK

\$3.35

688466 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE CAP
UNSWT TAST 10PK

\$3.35

688474 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE CAPPUCINO
CHOC 10PK

\$3.35

688482 \$2.39 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE COCONUT
LATTE 8PK

\$3.35

688503 \$2.99 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE RICE
LATTE 8PK

\$3.35

688546 \$2.99 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE OAT
LATTE 8PK

\$3.35

688554 \$2.99 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE CHOCO
WHIT CHOC 8PK

\$3.35

688562 \$1.68 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE ICED
COFF CARML 8PK

\$3.35

688570 \$2.79 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE ICED
COFF MOCHA 8PK

\$3.35

688589 \$2.79 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

MOKATE ICED COFF
WHT CHOC 8PK

\$3.35

688597 \$2.79 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

BARISTA BROS
MOCHA 500ML

\$2.99

690523 \$5.98 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

VAALIA R/F FRN
VAN YOG 900GM

\$5.85

696722 \$0.65 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS HALOUMI
BLOCK 600GM

\$10.25

698533 \$17.08 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

VAALIA LF LUSC
BERRIES 900GM

\$5.85

716885 \$0.65 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.59

740164 \$0.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.59

740172 \$0.53 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

S/PORK PORK
MINCE TRAY 500GM

\$7.99

752026 \$15.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PAND PREM LEG
HAM B/LESS 5-6KG

\$21.99

778170 \$21.99 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

JCS PEANUTS
SALTED 500GM

\$4.99

779448 \$9.98 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

4N20 TRADITIONAL
PIES 4PK 700GM

\$8.95

900607 \$1.28 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

4N20 BEEF CHSE
PIES 4PK 700GM

\$8.95

900615 \$1.28 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA TO GO SALSA
DORITOS 95GM

\$3.59

900623 \$3.78 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

4N20 CHICK/VEG
PIE PK4 700GM

\$8.95

900877 \$1.28 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$1.99

902856 \$7.96 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

VAALIA L/F NATURAL
YOGHURT 900GM

\$5.85

903277 \$0.65 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS CHS
HALOUMI AUST 180GM

\$5.55

903592 \$30.83 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$1.99

903621 \$7.96 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

RRD CLASSIC CHRGR
CORN RELISH 190GM

\$3.65

904456 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RRD CLASSIC SALSA/
GUACAMOLE 190GM

\$3.65

904472 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RRD CLASSIC SWT
CHLI/SOUR CRM 190GM

\$3.65

904480 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RRD CLASSIC CRMLSD
FRNCH ONION 190GM

\$3.65

904528 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RRD CLASSIC SOUR
CREAM/CHIVES 190GM

\$3.65

904544 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS FETTA CHS
SMOOTH 200GM

\$3.65

904982 \$18.25 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PHILA SWEET CHILLI
PHILLY 150GM

\$3.45

905256 \$23.00 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PAULS VANILLA
CUSTARD 70GM

\$1.35

907569 \$1.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY MIXED BERRY
YOGHURT 700GM

\$4.89

907825 \$0.70 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA MEXICAN STYLE
SALSA DIP 220GM

\$4.19

908561 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS EX/
RICH TAHINI DI 200GM

\$4.19

908596 \$2.10 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK THAI
CHILLILIMECASHEW 150GM

\$4.25

908617 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PAULS ZYMIL CREAM
LIGHT 300ML

\$3.85

908991 \$1.28 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

PRIMO BACON PIECES
TWIN PK 300GM

\$4.49

911605 \$14.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

NEST DESS CHOC
MOUSSE 2PK

\$2.95

912077 \$2.38 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PAULS ZYMIL THICKENED
CREAM 300ML

\$3.85

912093 \$1.28 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

VEGIE DELIGHTS CHICKEN
SAUSAGE 300GM

\$5.39

913360 \$17.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

OBELA GARNISHED
TABOULI 220GM

\$4.19

913707 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DELI CLASSICS
SPINACH 190GM

\$3.65

913715 \$1.92 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DELI DIPS
CHILLI CAPS 150GM

\$4.25

913731 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS FETTA
CHEESE 2PK 200GM

\$5.49

915462 \$27.45 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

TAMAR GREEK
500GM

\$3.85

920739 \$0.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS
CAMELISED ONION 220GM

\$4.19

922611 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS SPICY
HARISSA 220GM

\$4.19

922726 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS SWT
BEETROOT 220GM

\$4.19

922734 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA GRKSTYL YGHRT
CUCUM/DILL 220GM

\$4.19

922769 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PATTIES PARTY
PIES 12PK 560GM

\$7.85

923657 \$1.40 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PATTIES PARTY S/
ROLLS 12PK 450GM

\$7.55

923665 \$1.68 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA SMOOTH
CLASSIC SINGLES 3PK

\$2.99

924959 \$1.66 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DELI DIP
RST PUMP/ON 150GM

\$4.25

924975 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DELI DIP
TOM/FET/BAS/ 150GM

\$4.25

925003 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FLORA PRO ACTIVE
SPRD BUTTERY 500GM

\$8.19

929565 \$1.64 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$3.89

930742 \$1.77 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.59

932588 \$0.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PRIMO HAM SHREDDED
2PK 300GM

\$4.49

939990 \$14.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

OBELA GRAB & GO
CLASSIC HOMMUS 125GM

\$3.59

943228 \$2.87 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA GRAB & GO RST
CPS HOMMUS 125GM

\$3.59

943244 \$2.87 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PAULS CUSTARD
STRAWBERRY 70GM

\$1.35

944933 \$1.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PETERS MAXIBON
MONSTR COOKIE 4PK

\$8.59

947800 \$1.39 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS ORGANIC
CHS HALOUMI 180GM

\$6.29

948467 \$34.94 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS PINE
NUT GARNISH 220GM

\$4.19

951981 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS ZESTY
JALAPENO GR 220GM

\$4.19

952044 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA CLASSIC
TZATZIKI TO GO 125GM

\$3.59

953282 \$2.87 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY GREEK
YOGHURT VANILLA 1KG

\$6.15

953426 \$0.62 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY GREEK
YOGHURT 1KG

\$6.15

953469 \$0.62 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

NESTLE MILO
POUCH 150GM

\$2.15

953549 \$1.43 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DIP
BEETROOT/FETTA 150GM

\$4.25

953741 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RED ROCK DELI DIP
CAP/PEP 150GM

\$4.25

953821 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

VEG DELIGHTS
HOT DOG 300GM

\$5.39

954525 \$17.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

SAN VEG DELIGHTS
SAUSAGE VEGE 300GM

\$5.39

954533 \$17.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PRESIDENT
CAMEMBERT 200GM

\$7.99

962824 \$39.95 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PRESIDENT BRIE
200GM

\$7.99

962832 \$39.95 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

T/VALLEY KIDS POUCH
BLUEBERRY 110GM

\$1.69

963691 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA HOMMUS
1KG

\$8.35

964977 \$0.84 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

RRD BASIL PESTO
PECORINO&CASH 150GM

\$4.25

967393 \$2.83 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PRIMO CABANOSSI
375GM

\$5.99

969188 \$15.97 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

NESTLE MAXIBON
CARMEL ROUGH NUT 4PK

\$8.59

970277 \$1.39 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.59

972467 \$0.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS CHEESE FETTA
FULL CREAM 180GM

\$3.65

972520 \$20.28 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER LOAF
TOAST 700GM

\$3.59

972600 \$0.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.59

972619 \$0.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS SLT RED
HALOUMI 180GM

\$5.55

972651 \$30.83 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.59

972790 \$0.51 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

FROSTY FRUITS
WATERMELON 8PK

\$7.45

977188 \$1.24 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

TAMAR VALLEY
YOGHURTRASPERRY 110GM

\$1.69

978535 \$1.54 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

TIBALDI SIGNATURE
HAM OFF BONE 120GM

\$3.29

979546 \$27.42 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PETERS MAXIBON
HONEYCOMB 4PK

\$8.59

983166 \$1.39 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

LEMNOS SMTH REDUCED
FAT FETTA 200GM

\$3.65

987407 \$18.25 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

PAULS BLUEY
BANANA MILK 250ML

\$1.99

990147 \$7.96 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

PRESIDENT BUTTER
UNSALTED 200GM

\$3.85

991457 \$1.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

PRESIDENT BUTTER
SALTED 200GM

\$3.85

991617 \$1.93 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

R/DAIRY TASTY CHEESE
SLICES 500GM

PETERS MAXIBON
VAN 4PK

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$8.15

993938 \$16.30 per 1KG
Specials available from 30/11/2022 until 13/12/2022.

\$8.59

994228 \$1.40 per 100ML
Specials available from 30/11/2022 until 13/12/2022.

\$2.45

994279 \$5.44 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

NIPPYS APPLE COLD
PRESSED 450ML

OBELA GARN HOMMUS
LEMON DUKKAH 220GM

\$2.45

994295 \$5.44 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$2.45

994308 \$5.44 per 1LT
Specials available from 30/11/2022 until 13/12/2022.

\$4.19

996696 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.

OBELA GARN HOMMUS
RST CAPSICUM 220GM

\$4.19

996709 \$1.90 per 100GM
Specials available from 30/11/2022 until 13/12/2022.