

KIRKS TONIC
1.25LT

2 for
\$4.00

4220 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS G/BEER
375ML 10PK

\$6.99

4335 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CDM C/MILK HOKEY
POKEY BLK 170GM

\$3.85

5901 \$2.26 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

POLIDENT FRESH
ACTIVE 36'S

\$5.69

7050 \$0.16 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

KIRKS DRY
GINGER 1.25LT

2 for
\$4.00

11471 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SODA
WATER 1.25LT

2 for
\$4.00

11498 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

COCA-COLA PLASTIC
BOTTLE 2LT

\$3.49

15560 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

COCA COLA DIET
2LT

\$3.49

15587 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SPRITE LEMONADE
PET 2LT

\$3.49

15640 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

FANTA ORANGE
2LT

\$3.49

15659 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS C/SODA
PET 1.25LT

**2 for
\$4.00**

19107 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS L/ADE PET
1.25LT

**2 for
\$4.00**

19123 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS LEMON PET
1.25LT

**2 for
\$4.00**

19131 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS PASIT PET
1.25LT

**2 for
\$4.00**

19369 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MT FRANKLIN 1LT

\$2.49

26593 \$2.49 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CHUM CHICKEN
1.2KG

\$3.99

40627 \$0.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHUM BEEF &
KIDNEY 1.2KG

\$3.99

40678 \$0.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHUM LAMB 1.2KG

\$3.99

40694 \$0.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHUM 3 MEATS
1.2KG

\$3.99

40758 \$0.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SHOWER POWER
TRIGGER PK 500ML

\$6.65

62826 \$1.33 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

KIRKS LEMONADE
375ML 10PK

\$6.99

88532 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS CLUB LEMON
375ML 10PK

\$6.99

88540 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS PASITO
375ML 10PK

\$6.99

88559 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$8.99

101426 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN SO GOOD
OAT NAS UHT 1LT

\$2.25

109268 \$2.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.49

109356 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE SODA WATER
CAN 200ML 4PK

\$3.99

111296 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE DRY GING
ALE CAN 200ML 4PK

\$3.99

111421 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE LIME &
SODA CAN 200ML 4PK

\$3.99

111691 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE TONIC WATER
CAN 200ML 4PK

\$3.99

111747 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE GINGER
BEER CAN 200ML 4PK

\$3.99

111771 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CASCADE LEMON LIME
BIT CAN 200 4PK

\$3.99

111800 \$4.99 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CADBURY TWIRL
BITES 135GM

\$3.15

114286 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$8.99

118850 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PEDIGREE DENTASTIX
MEDIUM DOG 28PK

\$17.99

120520 \$0.64 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

MOTHER ENERGY
DRINK PASSION 4PK

\$8.99

122518 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO
STRAW LEMON 600ML

\$3.49

124804 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE
GOLDEN 133GM

\$1.35

125612 \$1.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO CHOC
ICE MALT 250ML 6PK

\$6.69

127706 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

IN A BISKIT
CHICKEN 160GM

\$2.35

128127 \$1.47 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

IN A BISKIT
DRUMSTIX 160GM

\$2.35

128151 \$1.47 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CHEF CO CRISPY
PORK BELLY 150GM

\$4.99

128979 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CHEF CO BEEF
BRISKET 150GM

\$4.99

128987 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO
BERRY ICE 600ML

\$3.49

131000 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.49

131019 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.49

131027 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.49

131043 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.49

131051 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.49

131078 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MCLNS PROTECT
F/MINT 170GM

\$2.35

134658 \$1.38 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KINDER BUENO
WHITE 39GM

\$1.39

135845 \$3.56 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.49

138405 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.49

138413 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE ACTIVE
WATER LEMON 600ML

\$3.49

138421 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
CAPPUCCINO 10PK

\$4.15

142682 \$3.19 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
LATTE 10PK

\$4.15

142690 \$2.80 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
SKIMCAPP 10PK

\$4.15

143108 \$3.40 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
DOUBLE S LATTE 10PK

\$4.15

143319 \$2.96 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
STRONG CAPP 10PK

\$4.15

143343 \$3.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
CARAMEL LATTE 10PK

\$4.15

143431 \$3.03 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
SWEET CAPP 10PK

\$4.15

143458 \$2.99 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MOCCONA SACHETS
VANILLA LATTE 10PK

\$4.15

143466 \$3.19 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

O/SPRAY LS MANGO
CRANBERRY 1.5LT

\$5.49

147168 \$3.66 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

O/SPRAY LS PINE
CRANBERRY 1.5LT

\$5.49

147176 \$3.66 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PANADOL RAPID
CAPLETS 20'S

\$5.89

147555 \$0.29 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

EUROPE SUMMER ROLL
BITE SIZE 135GM

\$3.15

154923 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC SWT
CHILI&SCR 165GM

\$4.99

155395 \$3.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
HON/SOY/CHK 165GM

\$4.99

155467 \$3.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
SEA SALT 165GM

\$4.99

155483 \$3.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
SALT&VINEGAR 165GM

\$4.99

155491 \$3.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SF PASITO
1.25LT

**2 for
\$4.00**

155635 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SF PASITO
375ML 10PK

\$6.99

155723 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD FAVOURITES
GAMES TIN 665GM

\$16.95

156304 \$2.55 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
LIME/PEPPER 165GM

\$4.99

157366 \$3.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

ROSES GIFT BAG
150GM

\$5.15

158190 \$3.43 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

TOBLERONE GIFT
POUCH 120GM

\$5.15

158254 \$4.29 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
GIFT BOX 220GM

\$7.15

158350 \$3.25 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SO GOOD ALMOND
UNSWEETE 250MLX 3PK

\$4.15

165913 \$5.53 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CDM CARAMILK
BLOCK 180GM

\$3.85

166748 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SARS
1.25LT

**2 for
\$4.00**

166879 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY
MILK 180GM

\$3.85

172718 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY OLD GOLD
GOLD 70% 180GM

\$3.85

172734 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MEDIX SALINE
NASAL SPRAY 30ML

\$4.95

176575 \$16.50 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

MEDIX MENTHOL
NASAL INHALER 5ML

\$5.25

176583 \$105.00 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

MEDIX LOZENGE
HONEY & LEMON 16'S

\$3.69

176604 \$0.23 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

TEMPTATIONS SEAFOOD
MEDLEY 85GM

\$3.99

176655 \$4.69 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

TEMPTATIONS TASTY
CHICKEN 85GM

\$3.99

176663 \$4.69 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE
CHOC SPLIT 133GM

\$1.35

180400 \$1.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE
CHOCOLATE 133GM

\$1.35

180419 \$1.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE RED
VELVET 133GM

\$1.35

180427 \$1.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE
ORIGINAL 133GM

\$1.35

180486 \$1.02 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY CHERRY
RIPE BITES 135GM

\$3.15

181673 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO NAS
VANILLA 250ML 6PK

\$6.69

182406 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO NAS
CHOCOLATE 250ML 6PK

\$6.69

182414 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAPI SPARKLING
MINERAL WATER 750ML

\$2.85

184081 \$3.80 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

REESES CHOC P/
NUT BTR/CP 42GM

\$1.75

185666 \$4.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MULTIX BAKE
30CM X 10MT

\$2.69

190318 \$0.27 per 1MT
Specials available from 16/11/2022 until 29/11/2022.

CHUPA CHUPS 3D
FIZZY DRINKS 6PK

\$1.85

192719 \$2.06 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD DAIRY MILK
MARBLE BLOCK 173GM

\$3.85

194490 \$2.23 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD OLD GOLD CHERRY
RIPE BLOCK 180GM

\$3.85

194503 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD BREAKAWAY
BISC MILK 180GM

\$3.65

199048 \$2.03 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

DIFFLAM BLK E/BRY
IMMUNE DROPS 20PK

\$4.75

200977 \$0.24 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$4.75

201005 \$0.24 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

DIFFLAM MEN/EUCL
IMMUNE DROPS 20PK

\$4.75

201013 \$0.24 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

NYAL PARACETAMOL+CAFFEINE
TABS 20PK

\$4.49

201312 \$0.22 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

CAD STRAWBERRY
BITES 124GM

\$3.15

204492 \$2.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD PEPPERMINT
BITES 124GM

\$3.15

204505 \$2.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CDM CHOC MAKERS
MINT CHIP 170GM

\$3.85

204521 \$2.26 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PHILA PORTION LIGHT
SPREAD 150GM

\$2.99

214893 \$19.93 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

CAD DM TOP DECK
BITES PILLOW 114GM

\$3.15

220935 \$2.76 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

333 PICKLES MUSTARD
SPRD 390GM

\$2.69

224039 \$0.69 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

O/S CRANBERRY
CLS PET 1.5LT

\$5.49

225656 \$3.66 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MOTHER RAZZLE
BERRY 4PK

\$8.99

226966 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD DAIRY MILK
BOYSENBERRY 180GM

\$3.85

227790 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO
BANANA 250ML 6PK

\$6.69

228494 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CHUPA CHUP THE
BEST OF BAG 96GM

\$1.99

228814 \$2.07 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

O/SPRAY L/S
CRANBERRY 1.5LT

\$5.49

229702 \$3.66 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO
STRAWBERRY 250ML 6PK

\$6.69

230092 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO
STRAWBERRY 350ML

\$2.35

230105 \$6.71 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD TWIRL BITES
STRAWBERRY 110GM

\$3.15

230973 \$2.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO DOUBLE
STUFF 147GM

\$1.35

231888 \$0.92 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHAPSTICK LIP BALM
S/BERRY 4.2GM

\$3.69

233381 \$87.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHAPSTICK LIP
COND 15+ 4.2GM

\$3.69

233410 \$87.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CHEF CO CRISP
FRIED CHICK 150GM

\$4.99

236654 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NYAL PARACETAMOL
500MG TABS 20'S

\$2.69

240119 \$0.13 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

NYAL PARACETAMOL
500MG CAPS 20'S

\$2.75

240186 \$0.14 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

NYAL IBUPROFEN
200MG TABS 24'S

\$3.65

240194 \$0.15 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

CHAPSTICK LIP BALM
CLASSIC 15+ 4.2GM

\$3.69

245956 \$87.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO ENERGIZE
CHOC 250ML 6PK

\$6.75

246625 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PHILA CREAM CHEESE
LGHT BLK 250GM

\$3.85

247142 \$15.40 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

PHILA CREAM
CHEESE BLK 250GM

\$3.85

247185 \$15.40 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

CAD DREAM WHITE
XMAS BLOCK 170GM

\$3.85

248452 \$2.26 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD FLAKE BITES
PILLOW 150GM

\$3.15

255492 \$2.10 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
CHICKEN SAGE 150GM

\$4.99

255505 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC DIJ
MUST/HON 150GM

\$4.99

255548 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO
VANILLA ICE 350ML

\$2.35

256495 \$6.71 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO CHOC
ICE 350ML

\$2.35

256719 \$6.71 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK FLAVOURED MILK
CHOCOLATE 500ML

\$2.75

259952 \$5.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK FLAVOURED MILK
STRAWBERRY 500ML

\$2.75

259960 \$5.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD TWIRL CARAMILK
BITES 110GM

\$3.15

262684 \$2.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SHOWER POWER
SQUEEZE PACK 750ML

\$6.99

267186 \$0.93 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO ENERGZE
VANILLA 250M 6PK

\$6.75

267602 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO ENERGZE
COFFEE 250ML 6PK

\$6.75

268082 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD COOKIE SOFT
DOUBLE CHOC 156GM

\$3.19

272647 \$2.04 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD COOKIE SOFT
CHOC CHIP 156GM

\$3.19

274220 \$2.04 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD OLD GOLD WITH
MOCCONA 170GM

\$3.85

274327 \$2.26 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD DM MORE NUTS
SALT TOFFEE 165GM

\$3.85

274394 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD CARAMILK
BREAKWAY TAB 180GM

\$3.85

274415 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD DM MIXED
NUTS 165GM

\$3.85

274466 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD FAVOURITES
DARK 352GM

\$9.15

274618 \$2.60 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD OLD GOLD
FRUIT & NUT 165GM

\$3.85

274642 \$2.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD COOKIE CRUNCHY
CHOC FILLED 156GM

\$3.19

275805 \$2.04 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KINDER CHOC
LITTLEONES 50GM

\$1.55

278221 \$3.10 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VANILLA COCA
COLA 2LT

\$3.49

288550 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KRAFT CHEDDAR
CHEESE BLOCK 500GM

\$7.50

291477 \$1.50 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KRAFT CHEDDAR
CHEESE BLOCK 250GM

\$3.99

291485 \$1.60 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KRAFT CHEESE
STICKS 240GM

\$5.99

291653 \$14.98 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VIOLET CRUMBLE
FLAV MILK 500ML

\$4.15

296737 \$8.30 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE
CINNAMON BUN 135GM

\$1.35

300513 \$1.00 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO COOKIE CHOC
HAZELNUT 135GM

\$1.35

300732 \$1.00 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$6.99

305744 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS LEMON S/
FREE 375ML 10PK

\$6.99

305760 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$6.99

305808 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.49

310682 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD DM BREAKAWAY
TABLET 180GM

\$3.85

310703 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD DM PASCALL
CLINKERS 170GM

\$3.85

310711 \$2.26 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.49

310746 \$5.82 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MALTESERS MILK
BLOCK 146GM

\$3.15

313250 \$2.16 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD OLD GOLD
BREAKWAY TAB 180GM

\$3.85

315141 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

O/S LIGHT CRANBERRY
DRINK 1.5LT

\$5.49

315942 \$3.66 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

FRYS TURKISH
DELIGHT BSIZE 120GM

\$3.15

317534 \$2.63 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

COCA COLA NO
SUGAR 2LT

\$3.49

328778 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MT FRANKLIN
STILL 500ML 12PK

\$6.99

329551 \$1.17 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

SAN SO GOOD REG
UHT 250ML 3PK

\$2.76

329666 \$3.68 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD CURLY WURLY
SQUIRLIES 110GM

\$3.15

333454 \$2.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KIRKS CRM SODA
375ML 10PK

\$6.99

338335 \$1.86 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OZ KLN CARPET POWER
TRIG PK 500ML

\$7.39

340611 \$1.48 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
HAZELNUT 180GM

\$3.85

347151 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
ROAST ALMON 180GM

\$3.85

347178 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
FRUIT AND N 180GM

\$3.85

347186 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CDM PACKED WITH
CRUNCHIE 180GM

\$3.85

347207 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
DREAM 180GM

\$3.85

347215 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
TURKISH DEL 180GM

\$3.85

347231 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
BLK FOREST 180GM

\$3.85

347258 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
SNACK 180GM

\$3.85

347266 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
CAMELLO 180GM

\$3.85

347282 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
TOP DECK 180GM

\$3.85

347338 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY DAIRY MILK
PEPPERMINT 180GM

\$3.85

347354 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY OLD GOLD
ROAST ALMOND 180GM

\$3.85

347362 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY OLD GOLD
JAMAICA RR 180GM

\$3.85

347370 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CDM MC JELLY POP
CANDY BEANIES 190GM

\$3.85

347485 \$2.03 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CADBURY OLD
GOLD DARK 180GM

\$3.85

347610 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SAN UP&GO VANILLA
ICE 250ML 6PK

\$6.69

347688 \$4.46 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CDM BUBBLY MILK
160GM

\$3.85

347725 \$2.41 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CDM BUBBLY MINT
160GM

\$3.85

347733 \$2.41 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

COCA COLA 300ML
4PK

\$6.99

347979 \$5.83 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

COCA COLA NO
SUGAR 300ML 4PK

\$6.99

347995 \$5.83 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD OLD GOLD
PEPPERMINT 180GM

\$3.85

348170 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD DM TROP
PINEAPPLE 180GM

\$3.85

348242 \$2.14 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PEDIGREE DENTASTIX
LGE DOG 28'S

\$17.99

351601 \$0.64 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

CADBURY
FAVOURITES 373GM

\$9.15

351687 \$2.45 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

TEMPTATIONS
TEMPTING TUNA 85GM

\$3.99

356787 \$4.69 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

TEMPTATIONS
HEARTY BEEF 85GM

\$3.99

356795 \$4.69 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MCLNS PROTECT
M/MINT 170GM

\$2.35

362845 \$1.38 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KINDER BUENO
T30 43GM

\$1.39

362941 \$3.23 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CHUM BEEF AND
VEG 1.2KG

\$3.99

371290 \$0.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

ROCHER HAZELNUT
CHOC 3PK 37.5GM

\$2.19

372584 \$5.84 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

MACLEANS T/BRUSH
JUN SFT 7+ 1EA

\$2.99

376067 \$2.99 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

MACLEANS T/BRUSH
FLEX SFT 4-6 1EA

\$2.99

376075 \$2.99 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

CAD SCORCHED
ALMOND 120GM

\$3.15

376868 \$2.63 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

SPRITE NO SUGAR
2LT

\$3.49

377772 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

COCA COLA NO SUGAR
CAFF FREE 2LT

\$3.49

385422 \$1.75 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI PC
BOURBON RIBS 150GM

\$4.99

385908 \$3.33 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

KIRKS OLDE STONE
GINGER BEER 1.25LT

**2 for
\$4.00**

386150 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SUGAR FREE
CRM SODA 1.25LT

**2 for
\$4.00**

386476 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SUGAR FREE
LEMON 1.25LT

**2 for
\$4.00**

386484 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

KIRKS SUGAR FREE
LEMONADE 1.25LT

2 for
\$4.00

386505 \$1.60 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$8.99

386740 \$4.50 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

CAD CARAMILK
MARBLE 173GM

\$3.85

386839 \$2.23 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD CARAMILK
TOPDECK 175GM

\$3.85

389976 \$2.20 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PEDIGREE DENTASTIX
SML DOG 28PK

\$17.99

391937 \$0.64 per 1EA
Specials available from 16/11/2022 until 29/11/2022.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

JCS ALMONDS NAT
AUSTRALIAN 500GM

\$9.49

412056 \$18.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

JCS OUTBACK MIX
500GM

\$9.49

464921 \$18.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

JCS BACKYARD
BBQ MIX 375GM

\$6.99

500451 \$18.64 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS GRN/SEED/
QUINOA BREAD 800GM

\$4.15

500873 \$0.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NAT PARTY PIES
6PK

\$6.69

503468 \$2.23 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NAT CURRIED CHICKEN
PARTY PIES 6PK

\$7.99

503513 \$2.22 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

JCS PEANUTS
UNSALTED 500GM

\$4.99

525560 \$9.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

JCS ALMONDS
NATURAL USA 500GM

\$9.49

569010 \$18.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

ING BREAST
FILLET 1RW

\$11.99

569264 \$11.99 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

NAT LITTLE BEEF
ROLLS 360G 6PK

\$6.45

569897 \$1.79 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS ORG
SOURDOUGH 850GM

\$4.15

605720 \$0.49 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS TASMANIAN
RYE 800GM

\$4.15

605739 \$0.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS SOURDOUGH
DARK RYE 800GM

\$4.15

605747 \$0.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PHILADELPHIA PORTION
ORIGINAL 150GM

\$2.99

610546 \$19.93 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

PHILA PORTION GARLIC
SPREAD 136GM

\$2.99

614408 \$21.99 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

W/BEEF MINCE 700GM
1ST GRADE 1RW

\$18.99

616593 \$18.99 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

BAKESTONE DELI
CHEESE PIZZA 2PK

\$7.65

618820 \$1.53 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

BAKESTONE BBQ MEAT
LOV PIZZA 500GM

\$7.59

618839 \$1.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

BAKESTONE HAM&PAPPLE
PIZZA 500GM

\$7.59

618847 \$1.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

BAKESTONE DBL
PEPPERONI PIZZA 500GM

\$7.59

618855 \$1.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

BAKESTONE BBQ BACON/
CHSE PIZZA 500GM

\$7.59

618863 \$1.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OAK CHOC MINT
FLAVOURED MILK 600ML

\$3.15

623152 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK GOLDEN GAYTIME
FLAV MILK 600ML

\$3.15

623160 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PAULS KIDS YOGHURT
LIMITED EDI 70GM

\$1.49

626628 \$2.13 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OAK THICKSHAKE
CHOC MALT 425ML

\$3.25

627081 \$7.65 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK THICKSHAKE
COOKIES CREAM 425ML

\$3.25

627110 \$7.65 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

VAALIA FOR KIDS B/
BRY YOGHURT 140GM

\$2.15

627671 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA YOG L/FAT S/
BERRY MANGO 4PK

\$5.15

628121 \$0.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS CUSTARD
CHOCOLATE 150G 6PK

\$5.89

628316 \$0.65 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CONN PLANT VAN
CHOC BROWNIE 4PK

\$8.45

628578 \$2.35 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR
COOKIES&CREAM MINI 6PK

\$8.45

631865 \$2.35 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR VAN
CRML BROWNIE 4PK

\$8.45

632104 \$1.78 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

VAALIA KIDS YOGHURT
WATERMELON 140GM

\$2.15

636121 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

T/VALLEY YOG S/
BERRY&CREAM 170GM

\$1.99

649248 \$1.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

T/VALLEY YOG
BLUEBERRY&CREAM 170GM

\$1.99

649264 \$1.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

T/VALLEY YOGHURT
PEACH&CREAM 170GM

\$1.99

649299 \$1.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

T/VALLEY YOGHURT
MANGO&CREAM 170GM

\$1.99

649301 \$1.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS VAN
CUSTARD 2KG

\$8.25

649758 \$0.41 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NIPPYS ORANGE/MANG
COLD PRS 450ML

\$2.45

655541 \$5.44 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OREO FROZEN
SANDWICHSTICK 4PK

\$7.45

670354 \$2.48 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

OAK THICKSHAKE
HOKEYPOKEY 425ML

\$3.25

671111 \$7.65 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK CHOC
HONEYCOMB 600ML

\$3.15

671146 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PAULS VANILLA
CUSTARD 1KG

\$4.49

673547 \$0.45 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA L/F FRN
VAN YOG 4PK

\$5.15

689936 \$0.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA L/F LEMON
CREME 4PK

\$5.15

717044 \$0.86 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS SOURDOUGH
W/ML BREAD 800GM

\$4.15

760384 \$0.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

WILLIAMS RYE&SPELT
BREAD 800GM

\$4.15

761539 \$0.52 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NAT CHKN/CAMEMBERT
MINI PIES 6PK

\$7.99

779093 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

JCS PEANUTS
SALTED 500GM

\$4.99

779448 \$9.98 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

PAULS CUSTARD
VANILLA 140GM

\$2.15

900041 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS CUSTARD
CHOCOLATE 140GM

\$2.15

900068 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$1.99

902856 \$7.96 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$1.99

903621 \$7.96 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

RRD CLASSIC CHRGR
CORN RELISH 190GM

\$3.59

904456 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CLASSIC SALSA/
GUACAMOLE 190GM

\$3.59

904472 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CLASSIC SWT
CHLI/SOUR CRM 190GM

\$3.59

904480 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CLASSIC CRMLSD
FRNCH ONION 190GM

\$3.59

904528 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD CLASSIC SOUR
CREAM/CHIVES 190GM

\$3.59

904544 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OAK CARAMEL WHITE
CHOC MILK 600ML

\$3.15

906443 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

VAALIA KIDS LACTOS
FREE STRWB 140GM

\$2.15

907585 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA KIDS LACTOS
FREE VAN 140GM

\$2.15

907593 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

TAMAR VALLEY MIXED
BERRIES 170GM

\$1.99

907737 \$1.17 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA MEXICAN STYLE
SALSA DIP 220GM

\$4.19

908561 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS EX/
RICH TAHINI DI 200GM

\$4.19

908596 \$2.10 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK THAI
CHILLILIMECASHEW 150GM

\$4.25

908617 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CONN MANGO
COCONUT 4PK

\$8.45

909249 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONN COOKIES
CREAM 4PK

\$8.45

909599 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONN MINT
COOKIES 4PK

\$8.45

910100 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONN CARAMEL
MACADAMIA 4PK

\$8.45

910231 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONN BLOOD
ORANGE CHOC 4PK

\$8.45

910258 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONN ROASTED
HAZELNUT 4PK

\$8.45

910805 \$2.11 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

NESTLE PAULS CHILD
MOVIE 95GM 12PK

\$6.65

911285 \$0.58 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO SANDWICH
FROZEN 540ML 4PK

\$7.45

911509 \$1.38 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

OBELA GARNISHED
TABOULI 220GM

\$4.19

913707 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI CLASSICS
SPINACH 190GM

\$3.59

913715 \$1.89 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI DIPS
CHILLI CAPS 150GM

\$4.25

913731 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR
PRETZEL SALTED 4PK

\$8.45

914785 \$2.35 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR
ROCKY ROAD 4PK

\$8.45

914910 \$2.35 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

OAK FLV MILK
CHOCOLATE 600ML

\$3.15

916369 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

OAK FLAVOURED MILK
STRAWBERRY 600ML

\$3.15

916457 \$5.25 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

VAALIA FOR KIDS
TROPICAL 140GM

\$2.15

916588 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS
CARMELISED ONION 220GM

\$4.19

922611 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS SPICY
HARISSA 220GM

\$4.19

922726 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS SWT
BEETROOT 220GM

\$4.19

922734 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA GRKSTYL YGHRT
CUCUM/DILL 220GM

\$4.19

922769 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI DIP
RST PUMP/ON 150GM

\$4.25

924975 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI DIP
TOM/FET/BAS/ 150GM

\$4.25

925003 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$3.89

930742 \$1.77 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA FOR KIDS
BANANA 140GM

\$2.15

933687 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR CRM/
MAC MINIS 360M 6PK

\$8.45

944175 \$2.35 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS KING
ISLAND BEEF 2PK

\$6.69

948520 \$1.59 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS CHNK SC
BEEF&MUSH 400G 2PK

\$6.85

950751 \$1.71 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS CHNK SC
BEEF&PEPPR400G 2PK

\$6.85

950778 \$1.71 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS CHNK SC
BEEF PIE 400GM 2PK

\$6.85

950786 \$1.71 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS PINE
NUT GARNISH 220GM

\$4.19

951981 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS ZESTY
JALAPENO GR 220GM

\$4.19

952044 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PRIMO BACON
SHORT CUT 750GM

\$11.55

952394 \$15.40 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DIP
BEETROOT/FETTA 150GM

\$4.25

953741 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RED ROCK DELI DIP
CAP/PEP 150GM

\$4.25

953821 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS PIE CRM
CHICKEN/LEEK 420GM

\$6.69

955966 \$1.59 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CONNOISSEUR
VANILLA 4PK

\$8.45

956029 \$1.86 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

VAALIA FOR KIDS
VANILLA 140GM

\$2.15

956934 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

VAALIA FOR KIDS
STRAWBRY 140GM

\$2.15

956942 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS YOGHURT
POUCH VANILLA 70GM

\$1.55

957179 \$2.21 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS CUSTARD S/
PACK VANILLA 6PK

\$5.89

961282 \$0.65 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA HOMMUS
1KG

\$8.35

964977 \$0.84 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

RRD BASIL PESTO
PECORINO&CASH 150GM

\$4.25

967393 \$2.83 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS SC PIE WINE
BEEF&ONION 400GM

\$6.85

967828 \$1.71 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS SC PIE WINE
BEEF&PEPP 400GM

\$6.85

967844 \$1.71 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO CONE 4PK

\$7.45

971050 \$1.57 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

PAULS SQUEEZ KIDS
STW/YOGK PINK 70GM

\$1.49

978682 \$2.13 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS SQUEEZ KIDS
STR/YOG RED 70GM

\$1.49

978690 \$2.13 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS SQUEEZIE KIDS
VANILLA YO 70GM

\$1.49

978703 \$2.13 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS SQUEEZIE KIDS
BANANA YOG 70GM

\$1.49

978711 \$2.13 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

H/ADAMS K/ISD BEEF
CMBRT 400GM

\$6.69

979319 \$1.67 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PHILA BLOCK LACTOSE
FREE 250GM

\$3.85

982892 \$15.40 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

PAULS BLUEY
BANANA MILK 250ML

\$1.99

990147 \$7.96 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

VAALIA KIDS LAC/FR
BLUEBERRY 140GM

\$2.15

991975 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.45

994279 \$5.44 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.45

994295 \$5.44 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

NIPPYS APPLE COLD
PRESSED 450ML

\$2.45

994308 \$5.44 per 1LT
Specials available from 16/11/2022 until 29/11/2022.

PRIMO DUOS MILD
TWIGGY CHEESE 50GM

\$3.39

995773 \$67.80 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

PRIMO DUOS CABANOSSI
& CHEESE 50GM

\$3.39

995781 \$67.80 per 1KG
Specials available from 16/11/2022 until 29/11/2022.

OBELA GARN HOMMUS
LEMON DUKKAH 220GM

\$4.19

996696 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OBELA GARN HOMMUS
RST CAPSICUM 220GM

\$4.19

996709 \$1.90 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

PAULS STRAWBERRY
CUSTARD POUCH 140GM

\$2.15

996899 \$1.54 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

CAD ROSES TIN
689GM

\$14.99

277958 \$2.18 per 100GM
Specials available from 16/11/2022 until 29/11/2022.

OREO FROZEN
SANDWICHSTICK 4PK

\$7.45

670354 \$2.48 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

OREO SANDWICH
FROZEN 540ML 4PK

\$7.45

911509 \$1.38 per 100ML
Specials available from 16/11/2022 until 29/11/2022.

OREO CONE 4PK

\$7.45

971050 \$1.57 per 100ML
Specials available from 16/11/2022 until 29/11/2022.