

COCA COLA NO SUGAR
VANILLA 1.25LT

\$2.99

4175 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS G/BEER
375ML 10PK

\$6.99

4335 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

PASCALL CHOC MALLOWS
S/CARAMEL 150GM

\$3.19

6314 \$2.13 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL JELLY GEMS
BANG BERRY 150GM

\$3.19

6349 \$2.13 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA 1.25LT

\$2.99

12212 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

FANTA 1.25LT

\$2.99

12239 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SPRITE LEMONADE
1.25LT

\$2.99

12255 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA DIET
1.25LT

\$2.99

12271 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN 1LT

\$2.49

26593 \$2.49 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO
BANANA 250ML 3PK

\$3.49

30330 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO CHOC
ICE 250ML 3PK

\$3.49

30373 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO
STRAWBERRY 250ML 3PK

\$3.49

31210 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

CHUM CHICKEN
1.2KG

\$2.79

40627 \$0.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CHUM BEEF &
KIDNEY 1.2KG

\$2.79

40678 \$0.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CHUM LAMB 1.2KG

\$2.79

40694 \$0.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CHUM 3 MEATS
1.2KG

\$2.79

40758 \$0.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PUMP WATER PURE
WATER 750ML

\$3.00

84400 \$4.00 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS LEMONADE
375ML 10PK

\$6.99

88532 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS CLUB LEMON
375ML 10PK

\$6.99

88540 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS PASITO
375ML 10PK

\$6.99

88559 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$8.99

101426 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN SO GOOD U/S
ALMOND MILK 1LT

\$1.99

106817 \$1.99 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.49

109356 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN LIGHT
SPARK MANGO 1.25LT

\$1.99

109735 \$1.59 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

QUEST CUPS PEANUT
BUTTER 42GM

\$3.25

112184 \$7.74 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST BAR
SMORES 60GM

\$3.25

112192 \$5.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$8.99

118850 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MOTHER ENERGY
DRINK PASSION 4PK

\$8.99

122518 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MENZ JELICHOCs CHOC
FROGGYS 130GM

\$3.49

124652 \$2.68 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MENZ JELICHOCs
CHOC SNAKES 130GM

\$3.49

124687 \$2.68 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO
STRAW LEMON 600ML

\$3.49

124804 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MARS BAR FUNSIZE
SHAREPACK 192GM

\$3.99

127175 \$2.08 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

M&MS MILK CHOC
FUNSIZE S/PACK 148GM

\$3.99

127220 \$2.70 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MALTESERS FUNSIZE
SHAREPACK 132GM

\$3.99

127239 \$3.02 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TWIX MINI FUNSIZE
SHAREPACK 159GM

\$3.99

127247 \$2.51 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC FRT & CREAM
BLISS 190GM

\$3.19

128194 \$1.68 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS THAI
SWEET CHILLI 150GM

\$3.29

128485 \$2.19 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

GRINDERS ESPRESSO
GROUND BAG 200GM

\$7.99

130913 \$4.00 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

GRINDERS CREMA
GROUND BAG 200GM

\$7.99

130921 \$4.00 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO
BERRY ICE 600ML

\$3.49

131000 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.49

131019 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.49

131027 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.49

131043 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.49

131051 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.49

131078 \$5.82 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

PUMP LEMON PET
750ML

\$3.00

131246 \$4.00 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

PUMP BERRY PET
750ML

\$3.00

131254 \$4.00 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

PUMP WATER LIME
RUSH PET 750ML

\$3.00

131262 \$4.00 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA 6PK

\$6.99

131588 \$3.11 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SO GOOD ALMOND&COCONUT
U/SWTND 1LT

\$1.99

135220 \$1.99 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

PASCALL CHOC
MALLOWS RASP 160GM

\$3.19

141460 \$1.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL CHOC MALLOWS
VANILLA 160GM

\$3.19

141479 \$1.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES FRIED
CHICKEN 165GM

\$2.69

142156 \$1.63 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES CHSE
GARLIC PIZZA 165GM

\$2.69

142463 \$1.63 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

FANTA ORANGE
NO SUGAR 1.25LT

\$2.99

144098 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SPRITE NO SUGAR
1.25LT

\$2.99

144100 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KINDER SURPRISE
BLUE IMBUTITO 20GM

\$2.15

148988 \$10.75 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA 250ML
8PK

\$8.99

154229 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA NO
SUGAR 250ML 8PK

\$8.99

154245 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA DIET
250ML 8PK

\$8.99

154325 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA
VANILLA 250ML 8PK

\$8.99

154587 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

FANTA 250ML 8PK

\$8.99

154851 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

FANTA NO SUGAR
250ML 8PK

\$8.99

155213 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SPRITE 250ML 8PK

SPRITE NO SUGAR
250ML 8PK

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$8.99

155256 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

\$8.99

155504 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

\$1.99

155539 \$1.59 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA NO
SUGAR 375ML 6PK

COCA COLA
VANILLA 1.25LT

KIRKS SF PASITO
375ML 10PK

\$6.99

155619 \$3.11 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

\$2.99

155686 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

\$6.99

155723 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA
STRAWBERRY 64GM

SOUR PATCH KIDS
BERRY 220GM

WRIG EXTRA
SPEARMINT 46PC 64GM

\$3.69

156240 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$3.19

160151 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$3.69

163002 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA
PEPPERMINT 46PC 64GM

\$3.69

163088 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MEDIX IBUPROFEN
ROUND TABLETS 24'S

\$2.99

176516 \$0.12 per 1EA
Specials available from 3/11/2021 until 16/11/2021.

MEDIX PARACETAMOL
CAPLETS 20'S

\$2.19

176532 \$0.11 per 1EA
Specials available from 3/11/2021 until 16/11/2021.

SOUR PATCH KIDS
COLA 220GM

\$3.19

182158 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO NAS
CHOCOLATE 250ML 3PK

\$3.49

182422 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MOTHER EPIC SWELL
ENERGY 500ML 4PK

\$8.99

185068 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

CHEETOS CHS BACON
BALLS 90GM

\$1.99

186140 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CHEETOS PUFFS
80GM

\$1.99

186159 \$2.49 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES
CHICKEN 90GM

\$1.99

186167 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES CHEESE
90GM

\$1.99

186319 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

BURGER RINGS
90GM

\$1.99

186327 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

KINDER SURPRISE
PINK 20GM

\$2.15

192946 \$10.75 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS CHEESE
SUPREME 170GM

\$3.29

197034 \$1.94 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS NACHO
CHEESE 170GM

\$3.29

197042 \$1.94 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL PINEAPPLE
LUMPS 185GM

\$3.19

197528 \$1.72 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC BERRY BLISS
200GM

\$3.19

197552 \$1.60 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC SOUR PATCH
KIDS 220GM

\$3.19

197560 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS
ORIGINAL 170GM

\$3.29

198053 \$1.94 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS
MEXICANA 170GM

\$3.29

198061 \$1.94 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL JUBES
AUS 350GM

\$3.19

198213 \$0.91 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC PARTY MIX
240GM

\$3.19

198248 \$1.33 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC SOURS
SQUIRMS 240GM

\$3.19

198256 \$1.33 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC SOFT JELLIES
FRUIT SALAD 240GM

\$3.19

198264 \$1.33 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL MMALLOWS
VANRASP 280GM

\$3.19

198272 \$1.14 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC SNAKES
260GM

\$3.19

198299 \$1.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC CHEWS
SMOOTHIE 220GM

\$3.19

198328 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC CHEWS
FRUITY MIX 220GM

\$3.19

198379 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CAD CLINKERS
160GM

\$3.19

200053 \$1.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL WINE
GUMS 260GM

\$3.19

200504 \$1.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC DINOSAURS
260GM

\$3.19

202761 \$1.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC JELLY
BABIES 260GM

\$3.19

203342 \$1.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN WEETBIX BLENDS
C/BERRY 450GM

\$4.69

203457 \$1.04 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CADBURY ROSES
225GM

\$6.99

210921 \$3.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA BUBBLEMINT
BOTTLE 64GM

\$3.69

211780 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN SO GOOD
ALMOND MILK UHT 1LT

\$1.99

225592 \$1.99 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

WIRG EXTRA LEMON
LIME WHT BTL 64GM

\$3.69

228638 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO ENERGZE
CHOC 250ML 3PK

\$3.49

230033 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN WEETBIX MULTI
GRAIN 575GM

\$4.69

232020 \$0.82 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN WEETBIX
ORGANIC 750GM

\$4.69

236961 \$0.63 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

VIOLET CRUMBLE
50GM

\$1.29

237593 \$2.58 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC SNAKES REDUCED
SUGAR 260GM

\$3.19

246924 \$1.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC FRUIT BASKET
R/SUGAR 220GM

\$3.19

246940 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PHILA CREAM CHEESE
LGHT BLK 250GM

\$4.15

247142 \$16.60 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

PHILA CREAM
CHEESE BLK 250GM

\$4.15

247185 \$16.60 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

KINDER SURPRISE
SINGLE 20GM

\$2.15

256962 \$10.75 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$1.99

257981 \$1.59 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

HANDEE MAX PAPER
TOWEL 3PLY 2PK

\$4.25

259944 \$4.25 per 100EA
Specials available from 3/11/2021 until 16/11/2021.

CAPT TABLE ROSEMARY/
THYME 125GM

\$1.39

263046 \$1.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CAPT TABLE CHILLI
SALT 125GM

\$1.39

263070 \$1.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TNCC VEGAN
FRUIT MIX 200GM

\$3.19

263169 \$1.60 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MOCCONA CLASSIC
F/D 100GM

\$7.99

264735 \$7.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MOCCONA CLASSIC
DARK ROAST 100GM

\$7.99

265965 \$7.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

COCA-COLA NO
SUGAR 1.25LT

\$2.99

268007 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SORBENT T/
TISSUE HYPO 8PK

\$5.49

270190 \$0.38 per 100SH
Specials available from 3/11/2021 until 16/11/2021.

SORBENT THK&LGE
TISSUE 95'S

\$1.69

282183 \$1.78 per 100EA
Specials available from 3/11/2021 until 16/11/2021.

MONSTER PURP/PASS
SUPER FUEL 550ML

\$3.49

283573 \$6.35 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MONSTER ZERO SUG
SUPER FUEL 550ML

\$3.49

283776 \$6.35 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES
ORIGINAL BBQ 175GM

\$2.69

284293 \$1.54 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

R/TIMMS GRANULATED
COFFEE 100GM

\$5.99

284517 \$5.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARNOTTS SHAPES V/
MITE CHEES 165GM

\$2.69

290618 \$1.63 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO HONEYCOMB
250ML 3PK

\$3.49

292082 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

VIOLET CRUMBLE
NUGGETS 135GM

\$3.19

296657 \$2.36 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WRIGS MINTS EXT
WHITE 46PC 64GM

\$3.69

297297 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

LIFT HARD HITTING
LEMON 1.25LT

\$2.99

297617 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

ARNOTTS SHAPES
ORIGINAL PIZZA 190GM

\$2.69

298142 \$1.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS 7+ TUNA
AND SARDINE 800GM

\$4.99

299372 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS ADULT BEEF
AND LAMB 800GM

\$4.99

299479 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS ADULT F/BALL
SARD/PRAW 800GM

\$4.99

299495 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS ADULT IND
CHICKEN/TURK 800GM

\$4.99

299508 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS KITTEN CHICK
AND TUNA 800GM

\$4.99

299575 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$6.99

305744 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS LEMON S/
FREE 375ML 10PK

\$6.99

305760 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$6.99

305808 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SAN UP&GO VANILLA
ICE 250ML 3PK

\$3.49

309163 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN M/
WTR NAT 1.25LT

\$1.99

317454 \$1.59 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$1.99

317550 \$1.59 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

SNICKERS
FUNSIZE 216GM

\$3.99

317980 \$1.85 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA SPEARMINT
BOTTLE 67GM

\$3.69

318844 \$5.51 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA PEPPERMINT
BOTTLE 67GM

\$3.69

319302 \$5.51 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

GRAPETISER JCE
GRAPE RED 750ML

\$3.79

325438 \$5.05 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MT FRANKLIN
STILL 500ML 12PK

\$6.99

329551 \$1.17 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

CADBURY ECLAIRS
160GM

\$3.19

336532 \$1.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CADBURY
CARAMELS 160GM

\$3.19

336567 \$1.99 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

KIRKS CRM SODA
375ML 10PK

\$6.99

338335 \$1.86 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES NACHO
CHSE 160GM

\$2.69

340419 \$1.68 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

NABISCO CAPT
TABLE CLAS 125GM

\$1.39

342609 \$1.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

NABISCO CAPT TABLE
CRPEP 125GM

\$1.39

342756 \$1.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DUCK DEEP ACTION
GEL CITRUS 750ML

\$4.25

343249 \$0.57 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

DUCK DEEP ACT GEL
LTD EDITION 750ML

\$4.25

343265 \$0.57 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

DUCK DEEP ACTION
GEL PINE 750ML

\$4.25

343281 \$0.57 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

DUCK DEEP ACTION
GEL LAVENDER 750ML

\$4.25

343337 \$0.57 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

DUCK FOAMING BLEACH
GEL MARINE 750ML

\$4.25

343345 \$0.57 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

SAN WEETBIX HI
BRAN 750GM

\$4.69

347661 \$0.63 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA 300ML
4PK

\$6.99

347979 \$5.83 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA NO
SUGAR 300ML 4PK

\$6.99

347995 \$5.83 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES
CHEDDAR 175GM

\$2.69

352540 \$1.54 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES CHICKEN
CRIMPY 175GM

\$2.69

352591 \$1.54 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES CHSE/
BACON 180GM

\$2.69

352639 \$1.49 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES
SAVOURY 185GM

\$2.69

352663 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SAN UP & GO NAS
VANILLA 250ML 3PK

\$3.49

359638 \$4.65 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

DORITOS CHEESE SPRM
FLAMNG HOT 150GM

\$3.29

364613 \$2.19 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SORBENT T/TISS
E/THK WHT 8PK

\$5.49

366846 \$0.38 per 100SH
Specials available from 3/11/2021 until 16/11/2021.

VIOLET CRUMBLE
BITES 180GM

\$3.19

367056 \$1.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

V/CRUMBLE CARAMEL
BITE 170GM

\$3.19

367339 \$1.88 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CHUM BEEF AND
VEG 1.2KG

\$2.79

371290 \$0.23 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS CHKN RABBIT
DRY CAT FO 800GM

\$4.99

371696 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

WHISKAS SARDINE
PRWNDRY CAT FO 800GM

\$4.99

371717 \$0.62 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL MISSB
STRAWBERRY 192GM

\$3.19

376788 \$1.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL SHERBET
LEMON 192GM

\$3.19

376796 \$1.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL EVERTON
MINTS 192GM

\$3.19

376809 \$1.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PASCALL MURRAY
MINT BAG 192GM

\$3.19

376817 \$1.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SORBENT THK LGE
HYPO F/TISSUE 95'S

\$2.15

382635 \$2.26 per 100EA
Specials available from 3/11/2021 until 16/11/2021.

ROBERN APRICOT
BALLS C/NUT 200GM

\$2.69

382643 \$13.45 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

SORBENT THK LGE
MENT F/TISSUE 90'S

\$2.15

382678 \$2.39 per 100EA
Specials available from 3/11/2021 until 16/11/2021.

ROBERN APRICOT
INDULGENT 200GM

\$2.69

382686 \$13.45 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

SORBENT THK LGE
ALOE F/TISSUE 90'S

\$2.15

382707 \$2.39 per 100EA
Specials available from 3/11/2021 until 16/11/2021.

WRIG EXTRA WHITE
SPEARMINT 64GM

\$3.69

384243 \$5.77 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST COOKIES &
CREAM PROTEIN 60GM

\$3.25

384796 \$5.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST CHOC CHIP COOK
DOUGH BAR 60GM

\$3.25

384809 \$5.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST CHOCOLATE
BROWNIE BAR 60GM

\$3.25

384817 \$5.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST CARAMEL CHOC
CHUNK BAR 60GM

\$3.25

384833 \$5.42 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

QUEST CHOCOLATE
CHIP COOKIE 59GM

\$3.25

384868 \$5.51 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

DORITOS COOL
RANCH 150GM

\$3.29

385924 \$2.19 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

APPLETISER JCE
SPARKLING APL 750ML

\$3.79

386142 \$5.05 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES MINI BBQ
CHICKN WNG 140GM

\$2.69

386169 \$1.92 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$2.99

386628 \$2.39 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$8.99

386740 \$4.50 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

CAD DRINKING CHOC
CANISTER 250GM

\$3.19

386898 \$1.28 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

CAD DRINKING CHOC
NEAPOLITAN 250GM

\$3.19

386900 \$1.28 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARNOTTS SHAPES MINB
SOUR CREAM 140GM

\$2.69

387364 \$1.92 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

ARNOTTS SHAPES MINB
SUPREME CH 140GM

\$2.69

387372 \$1.92 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MULTIX LEM T/BAG
C/SCENT LGE 30PK

\$3.99

390117 \$0.13 per 1EA
Specials available from 3/11/2021 until 16/11/2021.

MULTIX LAV T/BAG
C/SCENT LGE 30PK

\$3.99

390125 \$0.13 per 1EA
Specials available from 3/11/2021 until 16/11/2021.

MULTIX VAN T/BAG
C/SCENT LGE 30PK

\$3.99

390168 \$0.13 per 1EA
Specials available from 3/11/2021 until 16/11/2021.

ARN SHAPES MINI
SALT/VINEGAR 140GM

\$2.69

391355 \$1.92 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

MONSTER SUPER FUEL
TROPICAL 550ML

\$3.49

393043 \$6.35 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES CHILLI
CHEESE 90GM

\$1.99

408364 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

JCS CASHEWS
SALTED 500GM

\$14.49

410288 \$28.98 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS CASHEWS
UNSALTED 500GM

\$14.49

410296 \$28.98 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS MIXED NUTS
SALTED PREM 350GM

\$8.99

416196 \$25.69 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$8.99

416209 \$25.69 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

T/BAKE BEEF PIE
FAMILY 750GM

\$9.99

481668 \$1.33 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

T/BAKE COTTAGE
PIE FAMILY 900GM

\$9.99

481676 \$1.11 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

T/BAKE CURRIED CHKN
PIE FAMILY 750GM

\$9.99

481684 \$1.33 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

JCS WALNUTS NAT
AUSTRALIAN 350GM

\$8.49

499534 \$24.26 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS SUPER TASTY
CRANBERRIES 500GM

\$6.49

501403 \$12.98 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

COCA COLA DIET
375ML 6PK

\$6.99

568202 \$3.11 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

JCS WALNUTS
NATURAL 350GM

\$8.49

569045 \$24.26 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS CASHEWS &
MACADAMIA MIX 375GM

\$14.99

576966 \$39.97 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS ALMONDS
NATURAL 45GM

\$1.99

592202 \$44.22 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS DELICIOUS
ENERGY MIX 45GM

\$1.99

592210 \$44.22 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS DELUXE
HEALTHY MIX 45GM

\$1.99

592229 \$44.22 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS OUTBACK MIX
45GM

\$1.99

592237 \$44.22 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

JCS JACKAROO
MIX 45GM

FLORA PRO ACTIV
LT 500GM

PETERS DR/STK
BOYSN SWIRL 4'S

\$1.99

592245 \$44.22 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

\$7.25

622811 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$5.49

625078 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

FLORA SPREAD
PRO-ACTIV 500GM

PETERS D/STK M/TIP
CAR/CH/PNUT 4PK

D/STK MEGA TIP HONEY
MACADAMIA 4PK

\$7.25

629140 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$5.49

631849 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

\$5.49

631857 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

OBELA GARN HOMMUS
CHIMICHURRI 220GM

PETERS FROSTY
FRT NAT TROP 8'S

PETERS DR/STK
CARML 4'S

\$3.99

632454 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$6.99

652746 \$1.17 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

\$5.49

662610 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

PETERS DR/STK
SUPER CHOC 4'S

\$5.49

663269 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

PETERS DR/STK
VANILLA 4'S

\$5.49

663314 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

PETERS MAXIBON
THATS MINT 4PK

\$5.49

670370 \$0.89 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES FLAMING
HOT 90GM

\$1.99

705967 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

SPRITE 375ML 6PK

\$6.99

727090 \$3.11 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

FANTA ORANGE
375ML 6PK

\$6.99

727138 \$3.11 per 1LT
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.29

740164 \$0.48 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.29

740172 \$0.48 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PFD FRESH RUMP
STEAK 1RW

\$25.99

753539 \$25.99 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

PAND VIRGINIA
HAM RND 2.7KG

\$12.99

778234 \$12.99 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES PERI
PERI 90GM

\$1.99

792650 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES CHEESE
CHILLI 90GM

\$1.99

792933 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

TWISTIES BLUE
TONGUE 90GM

\$1.99

793709 \$2.21 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA GARN HOMMUS
SWT POTATO 220GM

\$3.99

904552 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PETERS DR/STK
MINI CH/CARA 6'S

\$5.49

918807 \$1.12 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS
CARAMELISED ONION 220GM

\$3.99

922611 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS SPICY
HARISSA 220GM

\$3.99

922726 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS SWT
BEETROOT 220GM

\$3.99

922734 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA GRKSTYL YGHRT
CUCUM/DILL 220GM

\$3.99

922769 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

RED ROCK DELI DIP
RST PUMP/ON 150GM

\$3.99

924975 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

RED ROCK DELI DIP
TOM/FET/BAS/ 150GM

\$3.99

925003 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

FLORA PRO ACTIVE
SPRD BUTTERY 500GM

\$7.25

929565 \$1.45 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER
HIFIBRE 700GM

\$3.29

930064 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$3.69

930742 \$1.68 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.29

932588 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PETERS D/STICK
SALTD CARAMEL 4PK

\$5.49

947798 \$1.16 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS PINE
NUT GARNISH 220GM

\$3.99

951981 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA HOMMUS ZESTY
JALAPENO GR 220GM

\$3.99

952044 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

RED ROCK DIP
BEETROOT/FETTA 150GM

\$3.99

953741 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

RED ROCK DELI DIP
CHILLI L/GRS 150GM

\$3.99

953805 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

RED ROCK DELI DIP
CAP/PEP 150GM

\$3.99

953821 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PETERS DR/STK
CHOC MINT 4'S

\$5.49

957822 \$1.15 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

INGHAM CHICKEN
KIEV 350GM

\$8.99

959246 \$25.69 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

INGHAM CHICKEN KIEV
HAM&CHEESE 350GM

\$8.99

959254 \$25.69 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

RRD BASIL PESTO
PECORINO&CASH 150GM

\$3.99

967393 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.29

972467 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER LOAF
TOAST 700GM

\$3.29

972600 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.29

972619 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.29

972790 \$0.47 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

PETERS DR/STK
SNACK VAN 6'S

\$5.49

977081 \$1.12 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

FROSTY FRUITS
WATERMELON 8PK

\$6.99

977188 \$1.17 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

B/EYE FISH
FINGERS 375GM

\$5.49

980707 \$14.64 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

DR/STK MINI
BYSNBRRY 6PK

\$5.49

981232 \$1.14 per 100ML
Specials available from 3/11/2021 until 16/11/2021.

PHILA BLOCK LACTOSE
FREE 250GM

\$4.15

982892 \$16.60 per 1KG
Specials available from 3/11/2021 until 16/11/2021.

RRD AVOCADO GREEN
GODDESS 150GM

\$3.99

996661 \$2.66 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

OBELA GARN HOMMUS
LEMON DUKKAH 220GM

OBELA GARN HOMMUS
RST CAPSICUM 220GM

\$3.99

996696 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.

\$3.99

996709 \$1.81 per 100GM
Specials available from 3/11/2021 until 16/11/2021.