

MT FRANKLIN
600ML

\$2.50

002997 \$4.17 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO SUGAR
VANILLA 600ML

\$4.00

004167 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$3.50

004175 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS TONIC
1.25LT

\$2.60

004220 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS G/BEER
375ML 10PK

**That's 30% off for
\$9.99**

004335 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS SODA
WATER 1.25LT

\$2.60

011498 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA RASPBERRY
600ML

\$4.00

011738 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

OREO MINI
ORIGINAL 157GM

**That's 30% off for
\$3.15**

012095 \$2.01 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA 1.25LT

\$3.50

012212 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA 1.25LT

That's 30% off for
\$3.00

012239 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE LEMONADE
1.25LT

That's 30% off for
\$3.00

012255 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA DIET
1.25LT

\$3.50

012271 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

\$3.50

013450 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CAD CURLY WURLY
SQUIRLIES 130GM

That's 30% off for
\$3.89

013709 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
B/CRRNT ZERO 600ML

\$3.50

014947 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA-COLA PLASTIC
BOTTLE 2LT

\$4.60

015560 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA DIET
2LT

\$4.60

015587 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE LEMONADE
PET 2LT

\$4.60

015640 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA ORANGE
2LT

\$4.60

015659 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE 600ML

\$4.00

018550 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS C/SODA
PET 1.25LT

\$2.60

019107 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS L/ADE PET
1.25LT

\$2.60

019123 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS LEMON PET
1.25LT

\$2.60

019131 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS PASIT PET
1.25LT

\$2.60

019369 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA 600ML

\$4.00

019406 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA DIET
600ML

\$4.00

019414 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS LEMONADE
375ML 10PK

**That's 30% off for
\$9.99**

088532 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS CLUB LEMON
375ML 10PK

That's 30% off for
\$9.99

088540 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS PASITO
375ML 10PK

That's 30% off for
\$9.99

088559 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.85

101426 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.50

101485 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER RAINBOW
SHERBET 500ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
PEACHY KEEN 6PK

\$7.00

102074 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE SPEARMINT
OTC 40GM

\$3.15

102170 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE INTENSE
MINT OTC 40GM

\$3.15

102189 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE PEPPERMINT
OTC 40GM

\$3.15

102197 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

FANTA PINEAPPLE
ZERO SUGAR 600ML

\$4.00

102541 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA LIME
ZERO SUGAR 600ML

\$4.00

102613 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS ORANGE
1.25LT

\$2.60

103181 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS ORANGE
375ML 10PK
That's 30% off for
\$9.99

103261 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

PASCALL WINE
GUMS 220GM
That's 30% off for
\$3.39

104424 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.75

106147 \$1.10 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

333S SWEET SLICED
BEETROOT 415GM

\$3.29

106286 \$7.93 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRUNCH
GARLIC BREAD 150GM

\$4.49

106550 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.50

109356 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

TNCC 50% LESS SUGAR
SNAKES 130GM

**That's 30% off for
\$3.39**

110373 \$2.61 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

REDHEADS H/DUTY
BBQ WIPES 16PK

**That's 30% off for
\$4.99**

110971
Specials available from 23/10/2024 until 5/11/2024.

ATKINS END CHOC
COVERED ALMOND 5PK

\$12.15

112336 \$8.10 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA TEX MEX WITH
BEANS/CORN 400GM

\$3.75

117911 \$0.94 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

EVA SARDINES IN
OLIVE OIL 100GM

**That's 30% off for
\$1.59**

118308 \$15.90 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$9.85

118850 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS TOMATO
MILD SALSA 300GM

\$5.29

119191 \$1.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS TOMATO
SPICY SALSA 300GM

\$5.29

119239 \$1.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CARAMILK
CRUNCHIE BITES 120GM

**That's 40% off for
\$3.39**

119554 \$2.83 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER PEACHY
KEEN 4PK

**That's 30% off for
\$9.85**

122323 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER RAINBOW
SHERBET 4PK

\$9.85

122462 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ENERGY
DRINK PASSION 4PK

\$9.85

122518 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO
STRAW LEMON 600ML

\$3.50

124804 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MILKY WAY TWIN
PACK 45GM

\$1.60

125372 \$3.56 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOCCONA HAZELNUT
FREEZE DRIED 95GM

\$10.25

125460 \$10.79 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MARS CLASSIC
SINGLE BAR 47GM

\$1.60

127298 \$3.40 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM DUAL
HONEY&LEMON LOZ 32'S

\$11.89

128135 \$0.37 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM PLUS ANAEST
H&L LOZ 32'S

\$18.19

128143 \$0.57 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DURO TUSS LINGER
COUGH LIQUID 200ML

\$17.29

128565 \$8.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
CHILLI 170GM

\$4.49

128581 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NYAL DECONGESTANT
TABLETS 24'S

\$11.49

128792 \$0.48 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

NYAL GENTLE NASAL
SPRAY SALINE 30ML

\$9.59

129445 \$31.97 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM PLUS TRIPLE
BERRY LOZ 32'S

\$18.19

129779 \$0.57 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM PLUS ANAEST
THROAT SPR 30ML

\$20.09

129795 \$66.97 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.50

131000 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.50

131019 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.50

131027 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.50

131043 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.50

131051 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.50

131078 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
PRAWN C/TAIL 150GM

\$4.49

133057 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE BBQ
PORK BELLY 150GM

\$4.49

133065 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE FRIED
CHICKEN 150GM

\$4.49

133073 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS D/CRUNCH
CHILLI/LIME 150GM

\$4.49

133081 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CARAMILK WALLABY
SHAREPACK 144GM

**That's 30% off for
\$4.49**

134500 \$3.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

FANTA GRAPE ZERO
SUGAR 600ML

\$4.00

134623 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA GRAPE
600ML

\$4.00

134631 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
VIOLET 500ML

\$3.00

134965 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SAN WEET-BIX
APRICOT BITES 500GM

**That's 30% off for
\$4.99**

135036 \$1.00 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.50

138405 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.50

138413 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO
CAP GRAPE 600ML

\$3.50

140054 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER LAVA
GUAVA 500ML 4PK

\$9.85

143060 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
GOLD 500ML 4PK

**That's 30% off for
\$9.85**

143095 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA RASP
ZERO SUGAR 600ML

\$4.00

143116 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS STRAWBERRY
JAM 450GM

\$6.89

143263 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NORSCA INSTANT
ADRENALINE APD 130GM

**That's 30% off for
\$4.89**

143300 \$3.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NORSCA FOREST FRESH
APD AERO 130GM

**That's 30% off for
\$4.89**

143511 \$3.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
FIESTA MANGO 500ML

\$3.00

143546 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA ORANGE
NO SUGAR 1.25LT

That's 30% off for
\$3.00

144098

\$2.40 per 1LT

Specials available from 23/10/2024 until 5/11/2024.

SPRITE NO SUGAR
1.25LT

That's 30% off for
\$3.00

144100

\$2.40 per 1LT

Specials available from 23/10/2024 until 5/11/2024.

SOFTLY EUCALYPTUS
WOOL WASH 1.25LT

\$7.55

147205

\$6.04 per 1LT

Specials available from 23/10/2024 until 5/11/2024.

KINDER SURPRISE
BLUE IMBUTITO 20GM

\$2.55

148988

\$12.75 per 100GM

Specials available from 23/10/2024 until 5/11/2024.

TNCC 50% LESS SUGAR
TROP BLAST 130GM

That's 30% off for
\$3.39

150068

\$2.61 per 100GM

Specials available from 23/10/2024 until 5/11/2024.

MOCCONA CARAMEL
FRZ DRIED 95GM

\$10.25

150244

\$10.79 per 100GM

Specials available from 23/10/2024 until 5/11/2024.

TNCC 50% LESS SUGAR
BERRY WAVE 130GM

That's 30% off for
\$3.39

151124

\$2.61 per 100GM

Specials available from 23/10/2024 until 5/11/2024.

DEMAZIN COLD &
FLU RELIEF 16'S

\$11.49

151220

\$0.72 per 1EA

Specials available from 23/10/2024 until 5/11/2024.

DEMAZIN NASAL
DECONGESTANT 24'S

\$12.39

151757

\$0.52 per 1EA

Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM KIDS THROAT
POPS M/HON 10'S

\$10.49

151765 \$1.05 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DURO TUSS RELIEF
NIGHT TIME 200ML

\$17.29

151773 \$8.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

BETADINE ANTISEPTIC
OINTMENT 25GM

\$13.89

151845 \$55.56 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BETADINE ANTISEP
FIRST AID CRM 20GM

\$12.39

151917 \$61.95 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BETADINE THROAT
GARGLE CONC 15ML

\$14.89

151925 \$99.27 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

BETADINE ANTISEPT
TOPICAL LIQ 15ML

\$13.99

152207 \$93.27 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

BETADINE SORE
THROAT GARGLE 120ML

\$16.89

152290 \$14.08 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

WINDEX SUR/GLASS
MT FRESH TRIG 750ML

\$4.85

154296 \$0.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.70

155539 \$2.16 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS SF PASITO
1.25LT

\$2.60

155635 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA
VANILLA 1.25LT

\$3.50

155686 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS SF PASITO
375ML 10PK

**That's 30% off for
\$9.99**

155723 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS ORANGE
ZERO 1.25LT

\$2.60

156216 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA PINEAPPLE
ZERO 6PK

\$7.00

156259 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA PINEAPPLE
ZERO 1.25LT

**That's 30% off for
\$3.00**

156283 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 93GM

**That's 30% off for
\$4.65**

156400 \$5.00 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE CHEWY MINTS
PEPPERMINT 93GM

**That's 30% off for
\$4.65**

156427 \$5.00 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD M/CREATIONS
SHAREPACK 160GM

**That's 30% off for
\$4.49**

156523 \$2.81 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DREAM FREDDO
SHAREPACK 144GM

That's 30% off for
\$4.49

156582 \$3.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SNIC PEANUT BROWNIE
MILK CHOC 44GM

\$1.60

159046 \$3.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

KIRKS ZERO
ORANGE 10PK

That's 30% off for
\$9.99

159361 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
ZERO SUGAR 500ML

\$3.00

159396 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
STRAWBERRY DRM 500ML

\$3.00

159441 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
ORIGINAL ZERO 4PK

That's 30% off for
\$9.85

159564 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CADBURY TWIRL
BREAKAWAY 120GM

That's 30% off for
\$4.49

162384 \$3.74 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO ZERO
SUGAR GRAPE 600ML

\$3.50

163475 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE A/WATER
LEMON LIME 600ML

\$3.50

164558 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE WHITE
PEACH 40GM

\$3.15

169367 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BOUNTY CHOCOLATE
BAR 56GM

\$1.60

169631 \$2.86 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

EVA SARDINES IN
VEG OIL 100GM

**That's 30% off for
\$1.59**

171352 \$15.90 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

CAD FREDDO STRAW
SHAREPACK 180GM

**That's 30% off for
\$4.49**

172726 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CHIPS THN CUT
LGHT TANG 175GM

\$4.49

178482 \$2.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ATKINS END CARAMEL
NUT CHEW 5PK

\$11.95

178984 \$7.03 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL HOKEY
POKEY LUMP 120GM

**That's 40% off for
\$3.39**

186714 \$2.83 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL
EXPLORERS 150GM

**That's 30% off for
\$3.39**

186781 \$2.26 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL PARTY
PACK 180GM

That's 30% off for
\$3.39

186896 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL JET
PLANES 180GM

That's 30% off for
\$3.39

186968 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KINDER SURPRISE
PINK 20GM

\$2.55

192946 \$12.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

D/VEEN D/N MOISTURISING
LOTION 500ML

\$14.89

196285 \$2.98 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE SALT
& VINEGAR 170GM

\$4.49

196963 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
CHEESE & ONION 170GM

\$4.49

196971 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
BBQ 170GM

\$4.49

196998 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
CHICKEN 170GM

\$4.49

197018 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
ORIGINAL 170GM

\$4.49

197026 \$2.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL PINEAPPLE
LUMPS 185GM

**That's 30% off for
\$3.89**

197528 \$2.10 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CHERRY RIPE
SHAREPACK 180GM

**That's 30% off for
\$4.49**

197667 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD SPECIAL TREATS
SHAREPACK 180GM

**That's 30% off for
\$4.49**

197675 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD PICNIC
SHAREPACK 180GM

**That's 30% off for
\$4.49**

197683 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM CARAMELLO
KOALA S/PACK 180GM

**That's 30% off for
\$4.49**

197739 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CRUNCHIE
SHAREPACK 180GM

**That's 30% off for
\$4.49**

197747 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM TWIRL
SHAREPACK 168GM

**That's 30% off for
\$4.49**

197755 \$2.67 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PASCALL MMALLOWS
VANRASP 280GM

**That's 30% off for
\$3.39**

198272 \$1.21 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CLINKERS
160GM

That's 30% off for
\$3.89

200053 \$2.43 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

That's 30% off for
\$3.00

200520 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$5.19

201005 \$0.26 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DURO TUSS DRY
LIQUID COUGH 200ML

\$17.29

201048 \$8.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

DURO TUSS CHESTY
LIQUID COUGH 200ML

\$17.29

201064 \$8.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

DURO TUSS COLD/FLU
LIQUID COUG 200ML

\$17.29

201179 \$8.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

FANTA GRAPE
1.25LT

That's 30% off for
\$3.00

201187 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA GRAPE
ZERO 1.25LT

That's 30% off for
\$3.00

201603 \$2.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SAN WEETBIX BLENDS
C/BERRY 450GM

\$4.89

203457 \$1.09 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SAN WEET-BIX BITES
COCO CRUNCH 500GM

That's 30% off for
\$4.99

205989 \$1.00 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ICE BREAK UHT ESP
RECHARGE 500ML

\$3.25

206797 \$6.50 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SORBENT F/TOISSUE
LOTIONISED 70'S

\$2.35

211078 \$0.03 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

333 MUSTARD
PICKLES 520GM

\$3.15

219010 \$0.61 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

WINDEX GLASS ORIGINAL
TRIGGER 500ML

That's 30% off for
\$4.35

224100 \$0.87 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

WINDEX SURF/GLASS
TRIGGER 750ML

\$4.89

225648 \$0.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

LIFESTYLES PERSONAL
LUBRICANT 100GM

\$5.25

225920 \$5.25 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

WINDEX GLASS CRYSTAL
RAIN TRIG 500ML

That's 30% off for
\$4.35

226173 \$0.87 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.70

226931 \$2.16 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

LOR ESP RISTRETTO
DECAF 10PK

\$5.59

227686 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CHUPA CHUP THE
BEST OF BAG 96GM

\$2.15

228814 \$2.24 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

REDWIN SORBOLENE
VIT E 100GM

That's 30% off for
\$2.45

229091 \$2.45 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

W/KING B/ROOM
GEL LEM 750ML

\$3.45

229243 \$0.46 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

REDWIN SPO T/
TREE TREAT 250ML

That's 40% off for
\$3.69

229884 \$1.48 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

CDM FREDDO
SHAREPACK 144GM

That's 30% off for
\$4.49

230842 \$3.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CADBURY DAIRY MILK
SHAREPACK 144GM

That's 30% off for
\$4.49

230850 \$3.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CDM MILKY TOP FREDDO
SHAREPACK 144GM

That's 30% off for
\$4.49

230949 \$3.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

DERMAVEEN E/GEN SOAP
FR B/WASH 500ML

\$16.99

231992 \$3.40 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

SAN WEETBIX MULTI
GRAIN 575GM

\$4.89

232020 \$0.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS RASPBERRY
JAM 450GM

\$6.89

234894 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS BLACKBERRY
JAM 450GM

\$6.89

234982 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS APRICOT
JAM 450GM

\$6.89

235088 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS ORANGE/LEM
MARMALADE 450GM

\$6.89

235299 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS CHERRY
JAM 450GM

\$6.89

235328 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NYAL DRY COUGH
200ML

\$11.29

237542 \$5.65 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

SKYN ORIGINAL
CONDOMS 10PK

\$8.85

239839 \$0.89 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

SKYN LARGE
CONDOMS 10PK

\$8.85

239978 \$0.89 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

LIFESTYLES REGULAR
CONDOMS 10PK

\$5.15

240063 \$0.52 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

NYAL IBUPROFEN
200MG TABS 24'S

\$4.69

240194 \$0.20 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

LOR ESPRESSO
ULTIMO 10PK

\$5.59

240565 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC FRUIT BASKET
R/SUGAR 220GM

**That's 30% off for
\$3.39**

246940 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE GRAPE
40GM

\$3.15

248751 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

**That's 30% off for
\$9.85**

249594 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$7.00

250819 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE NO SUGAR
250ML 6PK

\$7.00

250835 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA ORANGE
250ML 6PK

\$7.00

250843 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$7.00

251010 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA DIET
250ML 6PK

\$7.00

251168 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA 250ML
6PK

\$7.00

251205 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA
VANILLA 250ML 6PK

\$7.00

251491 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

REDWIN SPO C/
TAR TREAT 250ML

That's 40% off for
\$3.69

251512 \$1.48 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

REDHEAD
FIRELIGHTERS 24PK

\$4.15

254721 \$0.17 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

TNCC DINOSAURS
220GM

That's 30% off for
\$3.39

254959 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC SMOOTHIE
CHEWS 180GM

That's 30% off for
\$3.39

254975 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC BERRY BLISS
180GM

That's 30% off for
\$3.39

255329 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NYAL CHESTY COUGH
NON DROWSY 200ML

\$10.59

255345 \$5.30 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

NYAL DECON
NASAL SPRAY 15ML

\$9.99

255361 \$66.60 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

NYAL BRONCHITIS
MIX 200ML

\$10.79

255417 \$5.40 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

PASCALL JUBES
300GM

That's 30% off for
\$3.39

255636 \$1.13 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC SNAKES REDUCED
SUGAR 230GM

That's 30% off for
\$3.39

255644 \$1.47 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

POWERADE BERRY
ICE FLO 1LT

That's 30% off for
\$4.20

255652 \$4.20 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE MOUNT
BLAST FLO 1LT

That's 30% off for
\$4.20

255660 \$4.20 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE
CRUNCH SALT 150GM

\$4.49

255716 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SOUR PATCH KIDS
190GM

That's 30% off for
\$3.39

255724 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SOUR PATCH KIDS
WATERMELON 190GM

That's 30% off for
\$3.39

255804 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CRINKLE CRUNCH
BBQ RIBS 150GM

\$4.49

255839 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

KINDER SURPRISE
SINGLE 20GM

\$2.55

256962 \$12.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.70

257981 \$2.16 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE 250ML 6PK

\$7.00

259530 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

TNCC JELLY
BABIES 220GM

That's 30% off for
\$3.39

259856 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

OAK FLAVOURED MILK
CHOCOLATE 500ML

\$2.75

259952 \$5.50 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM PLUS ANAEST
H&L LOZ 16'S

\$9.59

260021 \$0.60 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM PLUS ANAES
BERRY LOZ 16'S

\$9.59

260048 \$0.60 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

SOUR PATCH KIDS
BERRY 190GM

**That's 30% off for
\$3.39**

260080 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAPT TABLE ROSEMARY/
THYME 125GM

\$1.99

263046 \$1.59 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOCCONA DECAF
CLASSIC F/D 100GM

\$10.25

264719 \$10.25 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOCCONA CLASSIC
F/D 100GM

\$10.25

264735 \$10.25 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOCCONA CLASSIC
DARK ROAST 100GM

\$10.25

265965 \$10.25 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.50

268007 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CHIPS THN SR/
CRM & ONIO 175GM

\$4.49

269317 \$2.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CHIPS THN
CUT ORIGINAL 175GM

\$4.49

269376 \$2.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SMITHS CHIPS THIN
SALT & VINEG 175GM

\$4.49

269413 \$2.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$7.00

273615 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KINDER CHOC
LITTLEONES 50GM

**That's 30% off for
\$1.85**

278221 \$3.70 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA STOCK
GOURMET 250GM

**That's 30% off for
\$3.15**

278651 \$0.13 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SORBENT THK&LGE
TISSUE 95'S

\$2.25

282183 \$2.37 per 100EA
Specials available from 23/10/2024 until 5/11/2024.

CAD DM HAZELNUT
BITES 130GM

That's 40% off for
\$3.39

283266 \$2.61 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC ZOO CREW
200GM

That's 30% off for
\$3.39

283485 \$1.70 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

WEET BIX HONEY
GOLDEN OATS 450GM

\$4.89

283856 \$1.09 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER GREEN
500ML 4PK

That's 30% off for
\$9.85

286117 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
ZERO 500ML 4PK

That's 30% off for
\$9.85

286168 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SMITHS THINLY SWT
CHLIS/CREAM 175GM

\$4.49

286483 \$2.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

VANILLA COCA
COLA 2LT

\$4.60

288550 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

TNCC PARTY MIX
220GM

That's 30% off for
\$3.39

293333 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC SNAKES
230GM

That's 30% off for
\$3.39

293341 \$1.47 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC SOURS
SQUIRMS 220GM

That's 30% off for
\$3.39

293376 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC VEGAN
FRUIT MIX 180GM

That's 30% off for
\$3.39

293384 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC FRUIT SALAD
SOFT JELLIES 220GM

That's 30% off for
\$3.39

293480 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA CHICKEN
STOCK POWDER 200GM

That's 30% off for
\$3.15

294520 \$0.16 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA BEEF STOCK
POWDER 180GM

That's 30% off for
\$3.15

294539 \$0.18 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

REDHEADS BBQ
BRIQUETTES 4KG

\$12.25

296040 \$0.31 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CAD TWIRL BITES
PILLOW 140GM

That's 40% off for
\$3.39

297473 \$2.42 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD TWIRL CARAMILK
BITES PILL 130GM

That's 40% off for
\$3.39

297510 \$2.61 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM TOP DECK
BITES PILLOW 135GM

That's 40% off for
\$3.39

297529 \$2.51 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

EUROPE SUMMER ROLL
MINIS PILL 150GM

\$4.39

297545 \$2.93 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM CARAMELLO
BITES 142GM

\$4.39

297588 \$3.09 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM PEPPERMINT
BITES 142GM

\$4.39

297596 \$3.09 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD DM STRAWBERRY
BITES 142GM

\$4.39

297633 \$3.09 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD CHERRY RIPE
MINIS PILLOW 150GM

\$4.39

297684 \$2.93 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

FRYS TURKISH DEL
BITES PILLOW 140GM

That's 30% off for
\$3.89

297780 \$2.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TNCC AUSSIE
ADVENTURE 220GM

That's 30% off for
\$3.39

299524 \$1.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

(T)C/COLA ZERO
DESTINY 250ML 6PK

\$7.00

302113 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

FANTA GRAPE
250ML 6PK

\$7.00

303896 \$28.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SOUR PATCH KIDS
GAMERZ 190GM

**That's 30% off for
\$3.39**

305189 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

**That's 30% off for
\$9.99**

305744 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS LEMON S/
FREE 375ML 10PK

**That's 30% off for
\$9.99**

305760 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

**That's 30% off for
\$9.99**

305808 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

LOR ESPRESSO
ONYX 10PK

\$5.59

308670 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LOR ESPRESSO
SUPERIORE 10PK

\$5.59

308697 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LOR ESPRESSO
RISTRETTO 10PK

\$5.59

308734 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LOR LUNGO
PROFONDO 10PK

\$5.59

308830 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LOR ESPRESSO
COLOMBIA 10PK

\$5.59

308961 \$10.75 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.50

310682 \$5.83 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CAD TREAT SIZE
FLAKE 168GM

**That's 30% off for
\$4.49**

311386 \$2.67 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ECLIPSE STRAWBERRY
OTC 40GM

\$3.15

312813 \$7.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NYAL COUGH
COLD/FLU TBL 24'S

\$15.59

313066 \$0.65 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

BRUT ENDURANCE
48HR APD 130GM

**That's 30% off for
\$4.89**

316646 \$3.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BRUT ORIGINAL
BODY SPRAY 130GM

**That's 30% off for
\$4.89**

316662 \$3.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BRUT 24 HOUR
ORIGINAL APD 130GM

**That's 30% off for
\$4.89**

316670 \$3.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.70

317454 \$2.16 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SNICKERS BAR
44GM

\$1.60

317489 \$3.64 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.70

317550 \$2.16 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

TNCC FRUIT
CHEWS 180GM

**That's 30% off for
\$3.39**

322659 \$1.88 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SAN WEET-BIX CHOLEST
LOWERING 440GM

\$6.55

324355 \$1.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

TWIX BAR 50GM

\$1.60

325366 \$3.20 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

M&MS MINIS
35GM

\$1.60

326713 \$4.57 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

DERMAVEEN D/N SOAP
FREE B/WASH 500ML

\$14.99

327548 \$3.00 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

DIFFLAM FORTE
THROAT SPRAY 15ML

\$16.29

327695 \$108.60 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

NYAL CHILD COLD/
FLU MEDICINE 200ML

\$14.99

327820 \$7.50 per 100ML
Specials available from 23/10/2024 until 5/11/2024.

NYAL ANTIVIRAL COLD
SORE CREAM 5GM

\$11.79

327927 \$235.80 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA BEEF STEW/
MROOM/POT 400GM

\$3.75

328284 \$0.94 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

VEGETA BEEF STEW/
PEAS/POT 400GM

\$3.75

328305 \$0.94 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CAD TURK DELIGHT
SH/PACK 180GM

**That's 30% off for
\$4.49**

328698 \$2.49 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO
SUGAR 2LT

\$4.60

328778 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

POWERADE GOLD
RUSH 1LT

**That's 30% off for
\$4.20**

334289 \$4.20 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CADBURY ECLAIRS
160GM

**That's 30% off for
\$3.39**

336532 \$2.12 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

CADBURY
CARAMELS 160GM

That's 30% off for
\$3.89

336567 \$2.43 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

KIRKS CRM SODA
375ML 10PK

That's 30% off for
\$9.99

338335 \$2.66 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

CH/CH BEST OF BAG
25 UNIT 300GM

\$5.45

340822 \$1.82 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

QUILTON T/T
CLASSIC WHT 9PK

\$6.65

341606 \$0.41 per 100SH
Specials available from 23/10/2024 until 5/11/2024.

NABISCO CAPT
TABLE CLAS 125GM

\$1.99

342609 \$1.59 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NABISCO CAPT TABLE
CRPEP 125GM

\$1.99

342756 \$1.59 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SOFTLY WOOL WASH
REG LIQ 1.25LT

\$7.55

347493 \$6.04 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SALVITAL SALINE
375GM

\$10.49

368534 \$2.80 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SPRITE NO SUGAR
2LT

\$4.60

377772 \$2.30 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SORBENT THK LGE
HYPO F/TISSUE 95'S

\$2.25

382635 \$2.37 per 100EA
Specials available from 23/10/2024 until 5/11/2024.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.60

386150 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.60

386476 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.60

386505 \$2.08 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.50

386628 \$2.80 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.85

386740 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
ROSA 500ML 4PK

That's 30% off for
\$9.85

387823 \$4.93 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

SAN WEET-BIX
LITTLE KIDS 400GM

\$3.79

389060 \$0.95 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

M&MS MILK 49GM

\$1.60

397095 \$3.27 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

M&MS PEANUT
46GM

\$1.60

397183 \$3.48 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SAN WEETBIX CRNCHY
HONEY BITES 510GM

That's 30% off for
\$4.99

398653 \$0.98 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

SAN WEETBIX WILDBERRY
BITES 500GM

That's 30% off for
\$4.99

398725 \$1.00 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

GF CHICKEN SALT
ORIGINAL 170GM

\$3.25

469351 \$0.19 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF FRSH CLOVES
WHOLE 50GM

\$3.25

469490 \$0.65 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

JCS BACKYARD
BBQ MIX 375GM

\$6.49

500451 \$17.31 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

JCS PRETZEL
KNOTS 250GM

\$2.99

503310 \$1.20 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NAT MEAT PIES
2PK

\$7.45

503521 \$2.07 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NAT PASTIES 2PK

\$7.45

503548 \$2.07 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

GF SZECHUAN PEPPER
WHOLE PACK 100GM

\$3.25

516197 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ALLSPICE
GROUND 80GM

\$3.25

521498 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ALL SEASON
SPICE 140GM

\$3.25

521500 \$0.23 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ALL SEASON HERB
& GARLIC 120GM

\$3.25

521519 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF BASIL LEAVES
30GM

\$3.25

521615 \$1.08 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF BAYLEAVES
10GM

\$3.25

521666 \$3.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF BBQ PROVENCALE
140GM

\$3.25

521682 \$0.23 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF BBQ SEASONING
SMOKEY 110GM

\$3.25

521690 \$0.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF BBQ SPRINKLE
ALL PURPOSE 140GM

\$3.25

521703 \$0.23 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CAJUN
SEASONING 100GM

\$3.25

521738 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CAYENNE
PEPPER 80GM

\$3.25

521762 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHICKEN SALT
FLAVON 170GM

\$3.25

521770 \$0.19 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHICKEN
SEASONING 130GM

\$3.25

521797 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHILLIES
CRUSHED HOT 60GM

\$3.25

521826 \$0.54 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHILLIES GROUND
HOT 80GM

\$3.25

521834 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHINESE FIVE
SPICE POWDER 80GM

\$3.25

521842 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHINESE STIR
FRY 130GM

\$3.25

521869 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CHIVES AIR
DRIED 10GM

\$3.25

521885 \$3.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CINNAMON
GROUND 90GM

\$3.25

522028 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CINNAMON
QUILLS 15GM

\$3.25

522060 \$2.17 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CINNAMON
SUGAR 160GM

\$3.25

522132 \$0.20 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CITRIC ACID
180GM

\$3.25

522159 \$0.18 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CORIANDER
GROUND 70GM

\$3.25

522167 \$0.46 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CORIANDER
LEAVES 15GM

\$3.25

522204 \$2.17 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CORIANDER
SEEDS 45GM

\$3.25

522220 \$0.72 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CUMIN SEEDS
80GM

\$3.25

522271 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CURRY POWDER
HOT 120GM

\$3.25

522335 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CURRY POWDER
MILD 120GM

\$3.25

522351 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF DILL TOPS
25GM

\$3.25

522378 \$1.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF FENNEL
SEEDS 80GM

\$3.25

522394 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF FISH
SEASONING 120GM

\$3.25

522431 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GARAMASSALA
85GM

\$3.25

522474 \$0.38 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GARLIC
GRANULES 130GM

\$3.25

522554 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GARLIC
POWDER 100GM

\$3.25

522570 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GARLIC SALT
160GM

\$3.25

522589 \$0.20 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GARLIC STEAK
SEASONING 110GM

\$3.25

522597 \$0.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GINGER
GROUND 80GM

\$3.25

522618 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GOURMET CHKN
SEASONING 130GM

\$3.25

522642 \$0.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GREEK
SEASONING 100GM

\$3.25

522685 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF HERB&GRCL
SEASONING 80GM

\$3.25

522706 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF HRB&GRCL SPICY
SEASONING 90GM

\$3.25

522714 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF HERB MEDLEY
SEASONING 90GM

\$3.25

522730 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ITALIAN HERBS
40GM

\$3.25

522757 \$0.81 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ITALIAN
SEASONING 65GM

\$3.25

522765 \$0.50 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF LAMB & MINT
SEASONING 70GM

\$3.25

522773 \$0.46 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF LEMON CHILLI
GARLIC SEASON 130GM

\$3.25

522781 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF LEMON HERB
SEASONING 90GM

\$3.25

522802 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF LEMON PEPPER
100GM

\$3.25

522861 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF LEMON THYME
& BASIL 120GM

\$3.25

522896 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MARJORAM
LEAVES 20GM

\$3.25

522933 \$1.63 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MEAT TENDERIZER
180GM

\$3.25

523143 \$0.18 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MINT LEAVES
25GM

\$3.25

523186 \$1.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MIXED HERBS
35GM

\$3.25

523215 \$0.93 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MIXED SPICE
85GM

\$3.25

523223 \$0.38 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MORROCCON
SPICE 95GM

\$3.25

523231 \$0.34 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MUSTARD
GROUND 80GM

\$3.25

523258 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MUSTARD SEEDS
BLACK 130GM

\$3.25

523266 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF MUSTARD SEEDS
YELLOW 135GM

\$3.25

523274 \$0.24 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF NUTMEG
GROUND 90GM

\$3.25

523290 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ONION FLAKES
80GM

\$3.25

523338 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ONION SALT
190GM

\$3.25

523346 \$0.17 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF OREGANO & GARLIC
SEASONING 90GM

\$3.25

523637 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF OREGANO
GROUND 70GM

\$3.25

523645 \$0.46 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF OREGANO
LEAVES 25GM

\$3.25

523653 \$1.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PAPRIKA HUNGARIAN
SWEET 90GM

\$3.25

523696 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PAPRIKA
SMOKEY 100GM

\$3.25

523709 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PARSLEY
FLAKES 20GM

\$3.25

523717 \$1.63 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER&LEMON
SEASONING 130GM

\$3.25

523725 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER BLACK
GROUND 90GM

\$3.25

523733 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER BLACK
WHOLE 100GM

\$3.25

523741 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER
CRACKED 90GM

\$3.25

523768 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER
MEDLEY 95GM

\$3.25

523776 \$0.34 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPER WHT
GRND 100GM

\$3.25

523784 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PEPPERSTEAK
SEASONING 120GM

\$3.25

523792 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PIRI PIRI
SEASONING 100GM

\$3.25

523805 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PIZZA
SEASONING 40GM

\$3.25

523813 \$0.81 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF POPPY SEEDS
120GM

\$3.25

523821 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PORTUGUESE SPICY
SEASONING 100GM

\$3.25

523848 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF POTATO
SPRINKLE 120GM

\$3.25

523856 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ROAST BEEF
SEASONING 90GM

\$3.25

523899 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ROAST CHICKEN
SEASONING 120GM

\$3.25

523901 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ROAST LAMB
SEASONING 90GM

\$3.25

523995 \$0.36 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ROAST VEGETABLE
SEASONING 120GM

\$3.25

524322 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ROSEMARY
LEAVES 50GM

\$3.25

524381 \$0.65 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SAGE LEAVES
25GM

\$3.25

524509 \$1.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SALT & PEPPER
SEASONING 120GM

\$3.25

524613 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SESAME SEEDS
120GM

\$3.25

524680 \$0.27 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SPAGHETTI
BOLOGNAISE 75GM

\$3.25

524699 \$0.43 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF STAR ANISE
WHOLE 30GM

\$3.25

525026 \$1.08 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF STEAK
SEASONING 130GM

\$3.25

525034 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SUMAC 100GM

\$3.25

525202 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF SZECHUAN
SEASONING 130GM

\$3.25

525368 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF TACO
SEASONING 130GM

\$3.25

525376 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF TANDOORI SPICY
SEASONING 100GM

\$3.25

525405 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

JCS PEANUTS
UNSALTED 500GM

\$4.99

525560 \$9.98 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

GF TARRAGON
LEAVES 20GM

\$3.25

525712 \$1.63 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF THAI
SEASONING 130GM

\$3.25

525827 \$0.25 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF THYME LEAVES
40GM

\$3.25

525835 \$0.81 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF TUMERIC
GROUND 100GM

\$3.25

525923 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF TUSCAN
SEASONING 110GM

\$3.25

525931 \$0.30 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF VANILLA
SUGAR 160GM

\$3.25

525958 \$0.20 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GINGER
GROUND 70GM

\$3.25

527777 \$0.46 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY BEEF &
RED WINE 150GM

\$3.25

530861 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY
MUSHROOM 150GM

\$3.25

530909 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF PAPRIKA HOT
80GM

\$3.25

571145 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE
CHICKEN KIEV 480GM

\$8.89

600348 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE
BANGERS MASH 500GM

\$8.89

600356 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE BUTTER
CHICKEN 480GM

\$8.89

600647 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE SPAG
MEATBALLS 500GM

\$8.89

600655 \$1.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NO-DOZ PLUS 24'S

**That's 50% Off for
\$3.39**

607224 \$0.14 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

TRAVACALM
GINGER 10'S

**That's 30% off for
\$3.59**

607232 \$0.36 per 1EA
Specials available from 23/10/2024 until 5/11/2024.

GF CAKE DECOR CAKE
DELIGHTS 92GM

**That's 30% off for
\$2.45**

616454 \$2.66 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

GF CAKE DECOR FAIRY
DELIGHTS 82GM

**That's 30% off for
\$2.45**

616462 \$2.99 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

GF CAKE DECOR PARTY
DELIGHTS 83GM

That's 30% off for
\$2.45

616470 \$2.95 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

ICE BREAK SINGLE
ESPRESSO MILK 320ML

\$2.79

618222 \$8.72 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

ICE BREAK DOUBLE
ESPRESSO MILK 320ML

\$2.79

618230 \$8.72 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER LOWER
CARB BREAD 680GM

\$3.79

620293 \$0.56 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN PIZZA SLICE
HAM/PINE 600GM

\$8.85

622651 \$1.48 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN PIZZA SLICE
CHS/BACON 600GM

\$8.85

622694 \$1.48 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

OAK PLUS CHOCOLATE
NAS MILK 500ML

\$3.35

627073 \$6.70 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE RCH
BEEF M/BALLS 480GM

\$8.89

632331 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

T/VALLEY S/BERRY &
CREAM YOG 170GM

\$2.69

649248 \$1.58 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

T/VALLEY BLUEBERRY
& CREAM YOG 170GM

\$2.69

649264 \$1.58 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

T/VALLEY MANGO &
CREAM YOG 170GM

\$2.69

649301 \$1.58 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.59

655541 \$5.76 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

OAK PLUS VANILLA
NAS MILK 500ML

\$3.35

672691 \$6.70 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

PAULS VANILLA
CUSTARD 600GM

\$4.15

673555 \$0.69 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.35

676297 \$2.94 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.35

676369 \$2.35 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.35

676414 \$2.35 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.35

676537 \$1.96 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

T/VALLEY VANILLA
CREAMERY 170GM

\$2.69

680835 \$1.58 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN PIZZA SLICE
M/LOVERS 600GM

\$8.85

686209 \$1.48 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN P/POCKETS
CHEESE/BACON 400GM

**That's 30% off for
\$6.65**

691382 \$1.66 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

WILDERNESS
RUMP STEAK 1RW
**That's 30% off for
\$21.99**

737037 \$21.99 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.79

740164 \$0.56 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.79

740172 \$0.56 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.49

747040 \$18.98 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

GF MEDITERRANEAN
SEASONING 140GM

\$3.25

747614 \$0.23 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF CLOVES
GROUND 80GM

\$3.25

772553 \$0.41 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ONION
POWDER 100GM

\$3.25

772721 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF ZA ATAR
100GM

\$3.25

772801 \$0.33 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY TRAD
HERB&GARLIC 150GM

\$3.25

772983 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY ROAST
MEAT MIX 150GM

\$3.25

772991 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY CHICKEN
MIX 150GM

\$3.25

773003 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY PEPPER
MIX 150GM

\$3.25

773185 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

GF GRAVY
TRADITIONAL 150GM

\$3.25

773310 \$0.22 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

JCS PEANUTS
SALTED 500GM

\$4.99

779448 \$9.98 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

NCLS THIGH
FILLET BULK 12KG

**That's 30% off for
\$12.99**

790380 \$12.99 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

GF CELERY SALT
190GM

\$3.25

810097 \$0.17 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

RASPBERRY COKE
ZERO SUGAR 6PK

\$7.00

867720 \$4.67 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

GF CUMIN GROUND
PACK 70GM

\$3.25

870321 \$0.46 per 10GM
Specials available from 23/10/2024 until 5/11/2024.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$2.35

902856 \$9.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

LEMNOS HALOUMI
AUST 180GM

\$5.99

903592 \$33.28 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$2.35

903621 \$9.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

PHILA SWEET CHILLI
PHILLY 150GM

\$3.45

905256 \$23.00 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN PIZZA SLICE
SUPREME 600GM

\$8.85

906435 \$1.48 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

OAK CARAMEL COFFEE
FLAV MILK 600ML

\$3.59

910418 \$5.98 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

OAK CHOCOLATE
FLAV MILK 600ML

\$3.59

916369 \$5.98 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

OAK STRAWBERRY
FLAV MILK 600ML

\$3.59

916457 \$5.98 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

OBELA FRSH/SPRDS
CLS GUCML 220GM

\$5.25

917185 \$2.39 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

T/VALLEY GREEK
YOGHURT 500GM

\$3.89

920739 \$0.78 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$4.19

930742 \$1.90 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.79

932588 \$0.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LEMNOS ORG
HALOUMI 180GM

\$6.75

948467 \$37.50 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN BEER BTR
WEDGES 750GM

\$5.15

952925 \$6.87 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN BEER BTR
STEAK FRIES 750GM

\$5.15

952941 \$6.87 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.79

972467 \$0.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER LOAF
TOAST 700GM

\$3.79

972600 \$0.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.79

972619 \$0.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

LEMNOS SLT RED
HALOUMI 180GM

\$5.99

972651 \$33.28 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.79

972790 \$0.54 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

BERTOLLI SPREAD
CLASSIC 500GM

\$4.69

977399 \$0.94 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE STHRN
STL CHCKN 480GM

\$8.89

977401 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE CHCKN
BACON BAKE 480GM

\$8.89

977428 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN BEER BTR SH/
STRNG FRIES 750GM

\$5.15

977954 \$6.87 per 1KG
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN M/SIZE PUB
STYLE PARM 480GM

\$8.89

981574 \$1.85 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MCCAIN P/POCKETS
HAWAIIAN 400GM

That's 30% off for
\$6.65

990104 \$1.66 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

PAULS BLUEY
BANANA MILK 250ML

\$2.35

990147 \$9.40 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.59

994279 \$5.76 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.59

994295 \$5.76 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

NIPPYS APPLE
COLD PRESS 450ML

\$2.59

994308 \$5.76 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS TOMATO
MILD SALSA 300GM

\$5.29

119191 \$1.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS TOMATO
SPICY SALSA 300GM

\$5.29

119239 \$1.76 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS STRAWBERRY
JAM 450GM

\$6.89

143263 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

MONSTER ULTRA
GOLD 500ML

\$3.00

200811 \$6.00 per 1LT
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS RASPBERRY
JAM 450GM

\$6.89

234894 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS BLACKBERRY
JAM 450GM

\$6.89

234982 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS APRICOT
JAM 450GM

\$6.89

235088 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS ORANGE/LEM
MARMALADE 450GM

\$6.89

235299 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.

JOHNNOS CHERRY
JAM 450GM

\$6.89

235328 \$1.53 per 100GM
Specials available from 23/10/2024 until 5/11/2024.