

KIRKS TONIC
1.25LT

\$2.19

4220 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS G/BEER
375ML 10PK

\$7.99

4335 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CDM C/MILK HOKEY
POKEY BLK 170GM

\$3.79

5901 \$2.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY MINI
FINGERS 116GM

\$3.59

6322 \$3.09 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY MINI FREDDO
& FRIENDS 139GM

\$3.59

6330 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KIRKS DRY
GINGER 1.25LT

\$2.19

11471 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS SODA
WATER 1.25LT

\$2.19

11498 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
GRAVY 150GM

\$3.95

12335 \$2.63 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

COCA-COLA PLASTIC
BOTTLE 2LT

\$3.99

15560 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

COCA COLA DIET
2LT

\$3.99

15587 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

SPRITE LEMONADE
PET 2LT

\$3.99

15640 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

FANTA ORANGE
2LT

\$3.99

15659 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS C/SODA
PET 1.25LT

\$2.19

19107 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS L/ADE PET
1.25LT

\$2.19

19123 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS LEMON PET
1.25LT

\$2.19

19131 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS PASIT PET
1.25LT

\$2.19

19369 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MT FRANKLIN 1LT

\$2.49

26593 \$2.49 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS LEMONADE
375ML 10PK

\$7.99

88532 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS CLUB LEMON
375ML 10PK

\$7.99

88540 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS PASITO
375ML 10PK

\$7.99

88559 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

M&MS MINIS
145GM

\$4.15

100001 \$2.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS CRISPY
145GM

\$4.45

100271 \$3.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PODS TWIX
160GM

\$4.45

100554 \$2.78 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PODS SNICKERS
160GM

\$4.45

100650 \$2.78 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PODS MARS
160GM

\$4.45

100677 \$2.78 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS PEANUT
180GM

\$4.45

100685 \$2.47 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS MILK CHOC
180GM

\$4.45

100706 \$2.47 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MALTESERS
140GM

\$4.45

100714 \$3.18 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$7.99

101426 \$4.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK
DREAM BLOCK 50GM

\$1.29

102592 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.35

106147 \$0.94 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOTHER BERRY
ENERGY DRINK 500ML

\$2.99

106948 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS MANGO ICED
TEA CORDIAL 750ML

\$4.19

108927 \$5.59 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS RASB L/ADE
ICED TEA CORD 750ML

\$4.19

108935 \$5.59 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.49

109356 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE SODA WATER
CAN 200ML 4PK

\$3.49

111296 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE DRY GING
ALE CAN 200ML 4PK

\$3.49

111421 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE LIME &
SODA CAN 200ML 4PK

\$3.49

111691 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE TONIC WATER
CAN 200ML 4PK

\$3.49

111747 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE GINGER
BEER CAN 200ML 4PK

\$3.49

111771 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CASCADE LEMON LIME
BIT CAN 200 4PK

\$3.49

111800 \$4.36 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$7.99

118850 \$4.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ENERGY
DRINK PASSION 4PK

\$7.99

122518 \$4.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO
STRAW LEMON 600ML

\$3.49

124804 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA HAZELNUT
FREEZE DRIED 95GM

\$9.59

125460 \$10.09 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MARS BAR FUNSIZE
SHAREPACK 192GM

\$3.35

127175 \$1.74 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS MILK CHOC
FUNSIZE S/PACK 148GM

\$3.35

127220 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MALTESERS FUNSIZE
SHAREPACK 132GM

\$3.35

127239 \$2.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

TWIX MINI FUNSIZE
SHAREPACK 159GM

\$3.35

127247 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MILKYWAY FUNSIZE
SHAREPACK 180GM

\$3.35

127255 \$1.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

IN A BISKIT
CHICKEN 160GM

\$2.29

128127 \$1.43 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

IN A BISKIT
DRUMSTIX 160GM

\$2.29

128151 \$1.43 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
CHILLI 170GM

\$3.95

128581 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

BICKFORDS RASPBERRY
CORDIAL 750ML

\$4.55

128717 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO
BERRY ICE 600ML

\$3.49

131000 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.49

131019 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.49

131027 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.49

131043 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.49

131051 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.49

131078 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KINDER BUENO
WHITE 39GM

\$1.39

135845 \$3.56 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

BICKFORDS TROPICAL
CORDIAL 750ML

\$4.55

138130 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.49

138405 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.49

138413 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE ACTIVE
WATER LEMON 600ML

\$3.49

138421 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
CAPPUCCINO 10PK

\$3.75

142682 \$2.88 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
LATTE 10PK

\$3.75

142690 \$2.53 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
SKIMCAPP 10PK

\$3.75

143108 \$3.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
DOUBLE S LATTE 10PK

\$3.75

143319 \$2.68 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
STRONG CAPP 10PK

\$3.75

143343 \$2.84 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
CARAMEL LATTE 10PK

\$3.75

143431 \$2.74 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
SWEET CAPP 10PK

\$3.75

143458 \$2.70 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA SACHETS
VANILLA LATTE 10PK

SMITHS THINLY CUT
BBQ RIBS 175GM

KINDER SURPRISE
BLUE IMBUTITO 20GM

\$3.75

143466 \$2.88 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$3.95

148427 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$2.45

148988 \$12.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA CARAMEL
FRZ DRIED 95GM

KIRKS SF PASITO
1.25LT

KIRKS SF PASITO
375ML 10PK

\$9.59

150244 \$10.09 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$2.19

155635 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

\$7.99

155723 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD FAVOURITES
GAMES TIN 665GM

CDM CARAMILK
BLOCK 180GM

KIRKS SARS
1.25LT

\$14.99

156304 \$2.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$3.79

166748 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$2.19

166879 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD MORO NZ
60GM

\$1.29

167740 \$2.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY
MILK 180GM

\$3.79

172718 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD FREDDO STRAW
SHAREPACK 180GM

\$3.99

172726 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY OLD GOLD
GOLD 70% 180GM

\$3.79

172734 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHOMP
SHAREPACK 150GM

\$3.99

176305 \$2.66 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MEDIX IBUPROFEN
ROUND TABLETS 24'S

\$2.79

176516 \$0.12 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

MEDIX PARACETAMOL
CAPLETS 20'S

\$2.19

176532 \$0.11 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
SHAREPACK 144GM

\$3.99

182756 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD FREDDO PAPPLE
SHAREPACK 180GM

\$3.99

182852 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAPI SODA WATER
750ML

\$3.25

184022 \$4.33 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAPI TONIC 750ML

\$3.25

184065 \$4.33 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOTHER EPIC SWELL
ENERGY 500ML

\$2.99

185076 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL
PEACH TEA 750ML

\$4.55

188429 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MULTIX DRW/TGHT
GARB ROLL 20'S

\$3.59

189579 \$0.18 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$2.99

191222 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KINDER SURPRISE
PINK 20GM

\$2.45

192946 \$12.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

BICKS BLACK CURRANT
SYRUP GLS 750ML

\$4.99

193674 \$6.65 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK
MARBLE BLOCK 173GM

\$3.79

194490 \$2.19 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD OLD GOLD CHERRY
RIPE BLOCK 180GM

\$3.79

194503 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE SALT
& VINEGAR 170GM

\$3.95

196963 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
CHEESE & ONION 170GM

\$3.95

196971 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
BBQ 170GM

\$3.95

196998 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
CHICKEN 170GM

\$3.95

197018 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
ORIGINAL 170GM

\$3.95

197026 \$2.32 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHERRY RIPE
SHAREPACK 180GM

\$3.99

197667 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD SPECIAL TREATS
SHAREPACK 180GM

\$3.99

197675 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD PICNIC
SHAREPACK 180GM

\$3.99

197683 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM CARAMELLO
KOALA S/PACK 180GM

\$3.99

197739 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CRUNCHIE
SHAREPACK 180GM

\$3.99

197747 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM TWIRL
SHAREPACK 168GM

\$3.99

197755 \$2.38 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

(T)M&MS HALLOWEEN
POUCH 160GM

\$4.45

199734 \$2.78 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD BOOST
LAYERS 32GM

\$1.29

200379 \$4.03 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM BLK E/BRY
IMMUNE DROPS 20PK

\$4.69

200977 \$0.23 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$4.69

201005 \$0.23 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM MEN/EUCL
IMMUNE DROPS 20PK

\$4.69

201013 \$0.23 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

DURO TUSS DRY
LIQUID COUGH 200ML

\$12.99

201048 \$6.50 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

DURO TUSS CHESTY
LIQUID COUGH 200ML

\$12.99

201064 \$6.50 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

DURO TUSS COLD/FLU
LIQUID COUG 200ML

\$12.99

201179 \$6.50 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

NYAL PARACETAMOL+CAFFEINE
TABS 20PK

\$4.45

201312 \$0.22 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

SAN WEETBIX BLENDS
C/BERRY 450GM

\$4.79

203457 \$1.06 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY BAR FRYS
TURKISH DELGT 55GM

\$1.29

204118 \$2.35 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM CHOC MAKERS
MINT CHIP 170GM

\$3.79

204521 \$2.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAPI TONIC LOW
SUGAR 750ML

\$3.25

206439 \$4.33 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

NYAL COLD&FLU
DAY&NIGHT 24'S

\$10.35

206711 \$0.43 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

CAD CHERRY RIPE
DOUBLE DIPPED 47GM

\$1.29

210542 \$2.74 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS HONEYCOMB
130GM

\$4.45

214797 \$3.42 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MALTESERS
CARAMEL 130GM

\$4.45

214826 \$3.42 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
TWIRL 39GM

\$1.29

214922 \$3.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD PICNIC
LAYERS 34GM

\$1.29

220783 \$3.79 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHERRY RIPE
LAYERS 35GM

\$1.29

220804 \$3.69 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

TIBALDI MIDDLE
LESS BACON 1KG

\$14.59

221591 \$14.59 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

BICKS PAPPLE/PFRUIT
CORDIAL 750ML

\$4.19

222033 \$5.59 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

TOBLERONE MILK
CHOCOLATE BAR 50GM

\$1.29

224055 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WINDEX GLASS ORIGINAL
TRIGGER 500ML

\$3.99

224100 \$0.80 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

WINDEX SURF/GLASS
TRIGGER 750ML

\$4.85

225648 \$0.65 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

WINDEX GLASS CRYSTAL
RAIN TRIG 500ML

\$3.99

226173 \$0.80 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL
GINGER BEER 750ML

\$4.55

226288 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL
LEMON/BARLEY 750ML

\$4.55

226739 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL
LEMON 750ML

\$4.55

226771 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL LEM
LIME BITTERS 750ML

\$4.55

226800 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOTHER RAZZLE
BERRY 4PK

\$7.99

226966 \$4.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK
BOYSENBERRY 180GM

\$3.79

227790 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS THINLY CUT
LIGHT SALTED 175GM

\$3.95

228953 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

BICKS CORDIAL
LIME 750ML

\$4.55

230287 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD TWIRL
STRAWBERRY 39GM

\$1.29

230762 \$3.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM FREDDO
SHAREPACK 144GM

\$3.99

230842 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
SHAREPACK 144GM

\$3.99

230850 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM MILKY TOP FREDDO
SHAREPACK 144GM

\$3.99

230949 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SAN WEETBIX MULTI
GRAIN 575GM

\$4.79

232020 \$0.83 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CRUNCHIE
50GM

\$1.29

236179 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD ROLLS DAIRY
MILK 55GM

\$1.29

236187 \$2.35 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHUNKY
CARAMELLO 55GM

\$1.29

236224 \$2.35 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHUNKY
HAZEL NUT 55GM

\$1.29

236267 \$2.35 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD FLAKE 30GM

\$1.29

236427 \$4.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SAN WEETBIX
ORGANIC 750GM

\$5.15

236961 \$0.69 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NYAL DRY COUGH
200ML

\$7.39

237542 \$3.70 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

NYAL PARACETAMOL
500MG TABS 20'S

\$2.69

240119 \$0.13 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

NYAL PARACETAMOL
500MG CAPS 20'S

\$2.75

240186 \$0.14 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

NYAL IBUPROFEN
200MG TABS 24'S

\$3.65

240194 \$0.15 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

PED ORG PUPPY
700GM

\$3.79

240688 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PED H/STYLE BEEF/
RC/VEG 700GM

\$3.79

240741 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PED H/STYLE CHKN/
RC/VEG 700GM

\$3.79

240768 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PED H/STYLE LAMB/
PST/VEG 700GM

\$3.79

240776 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PED CHNKY BEEF
CASS 700GM

\$3.79

240805 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PED 5 KINDS OF
MEAT 700GM

\$3.79

240813 \$0.54 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WERTHERS B/
SCOTCH ROLL 50GM

\$1.39

242587 \$2.78 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS BROWNIE
POUCH 130GM

\$4.45

247089 \$3.42 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DREAM WHITE
XMAS BLOCK 170GM

\$3.79

248452 \$2.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK MC
JELLY BEANIE 50GM

\$1.29

252638 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SNICKERS
BROWNIE 180GM

\$3.35

252734 \$1.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NYAL COLD SORE
CRM BLIS 10GM

\$6.79

255353 \$67.90 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NYAL DECON
NASAL SPRAY 15ML

\$8.29

255361 \$55.27 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
CRUNCH SALT 150GM

\$3.95

255716 \$2.63 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE CRUNCH
BBQ RIBS 150GM

\$3.95

255839 \$2.63 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE CRUNCH
CHK WING 150GM

\$3.95

256102 \$2.63 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KINDER SURPRISE
SINGLE 20GM

\$2.45

256962 \$12.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM PLUS ANAEST
H&L LOZ 16'S

\$7.19

260021 \$0.45 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM PLUS ANAES
BERRY LOZ 16'S

\$7.19

260048 \$0.45 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA CLASSIC
F/D 100GM

\$10.25

264735 \$10.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOCCONA CLASSIC
DARK ROAST 100GM

\$10.25

265965 \$10.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CHIPS THN SR/
CRM & ONIO 175GM

\$3.95

269317 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CHIPS THN
CUT ORIGINAL 175GM

\$3.95

269376 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CHIPS THIN
SALT & VINEG 175GM

\$3.95

269413 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD OLD GOLD WITH
MOCCONA 170GM

\$3.79

274327 \$2.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM BREAKAWAY
BAR 44GM

\$1.29

274378 \$2.93 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM MORE NUTS
SALT TOFFEE 165GM

\$3.79

274394 \$2.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
BREAKWAY TAB 180GM

\$3.79

274415 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM MIXED
NUTS 165GM

\$3.79

274466 \$2.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD OLD GOLD
FRUIT & NUT 165GM

\$3.79

274642 \$2.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

M&MS MIX UPS
POUCH 145GM

\$4.45

278635 \$3.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WEET BIX HONEY
GOLDEN OATS 450GM

\$4.79

283856 \$1.06 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WERTHERS CARAMEL
CHEWS ROLL 45GM

\$1.39

285333 \$3.09 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SMITHS THINLY SWT
CHLIS/CREAM 175GM

\$3.95

286483 \$2.26 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOTHER SUGAR
FREE 500ML

\$2.99

287312 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

VANILLA COCA
COLA 2LT

\$3.99

288550 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS 7+ TUNA
AND SARDINE 800GM

\$5.99

299372 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS ADULT BEEF
AND LAMB 800GM

\$5.99

299479 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS ADULT F/BALL
SARD/PRAW 800GM

\$5.99

299495 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS ADULT IND
CHICKEN/TURK 800GM

\$5.99

299508 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS KITTEN CHICK
AND TUNA 800GM

\$5.99

299575 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$7.99

305744 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS LEMON S/
FREE 375ML 10PK

\$7.99

305760 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$7.99

305808 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.49

310682 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD DM BREAKAWAY
TABLET 180GM

\$3.79

310703 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM PASCALL
CLINKERS 170GM

\$3.79

310711 \$2.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.49

310746 \$5.82 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD TREAT SIZE
FLAKE 168GM

\$3.99

311386 \$2.38 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NYAL COUGH
COLD/FLU TBL 24'S

\$10.85

313066 \$0.45 per 1EA
Specials available from 19/10/2022 until 1/11/2022.

BICKS PEACH ICE TEA
SF CORDIAL 750ML

\$4.19

313971 \$5.59 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BICKS TROP SUGAR
FREE CORD 750ML

\$4.19

313998 \$5.59 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD OLD GOLD
BREAKWAY TAB 180GM

\$3.79

315141 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SNICKERS
SHAREPACK 180GM

\$3.35

317470 \$1.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

DIFFLAM FORTE
THROAT SPRAY 15ML

\$11.79

327695 \$78.60 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

NYAL CHILD COLD/
FLU MEDICINE 200ML

\$12.65

327820 \$6.33 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

CAD TURK DELIGHT
SH/PACK 180GM

\$3.99

328698 \$2.22 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

COCA COLA NO
SUGAR 2LT

\$3.99

328778 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MT FRANKLIN
STILL 500ML 12PK

\$6.99

329551 \$1.17 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

BELVITA SOFT BAKES
GOLD GRAIN 200GM

\$4.19

333948 \$2.10 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

BELVITA SOFT BAKES
CRANBERRIES 200GM

\$4.19

333964 \$2.10 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ENERGY
PASSION 500ML

\$2.99

335337 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS CRM SODA
375ML 10PK

\$7.99

338335 \$2.13 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
HAZELNUT 180GM

\$3.79

347151 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
ROAST ALMON 180GM

\$3.79

347178 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
FRUIT AND N 180GM

\$3.79

347186 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM PACKED WITH
CRUNCHIE 180GM

\$3.79

347207 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
DREAM 180GM

\$3.79

347215 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
TURKISH DEL 180GM

\$3.79

347231 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
BLK FOREST 180GM

\$3.79

347258 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
SNACK 180GM

\$3.79

347266 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
CARMELLO 180GM

\$3.79

347282 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
TOP DECK 180GM

\$3.79

347338 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
PEPPERMINT 180GM

\$3.79

347354 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY OLD GOLD
ROAST ALMOND 180GM

\$3.79

347362 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY OLD GOLD
JAMAICA RR 180GM

\$3.79

347370 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM MC JELLY POP
CANDY BEANIES 190GM

\$3.79

347485 \$1.99 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY OLD
GOLD DARK 180GM

\$3.79

347610 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SAN WEETBIX HI
BRAN 750GM

\$5.15

347661 \$0.69 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM BUBBLY MILK
160GM

\$3.79

347725 \$2.37 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CDM BUBBLY MINT
160GM

\$3.79

347733 \$2.37 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

COCA COLA 300ML
4PK

\$6.99

347979 \$5.83 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

COCA COLA NO
SUGAR 300ML 4PK

\$6.99

347995 \$5.83 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD OLD GOLD
PEPPERMINT 180GM

\$3.79

348170 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DM TROP
PINEAPPLE 180GM

\$3.79

348242 \$2.11 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
FLAKE 30GM

\$1.29

358950 \$4.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KINDER BUENO
T30 43GM

\$1.39

362941 \$3.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OZKLEEN MOULD
POWER TRIGGER 500ML

\$5.75

364226 \$1.15 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

BICKS LEMON LIME
NO SUGAR 750ML

\$4.55

364330 \$6.07 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD BAR BOOST
60GM

\$1.29

369967 \$2.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KINDER SUPR
INTERNET T3 60GM

\$6.15

371354 \$10.25 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS CHKN RABBIT
DRY CAT FO 800GM

\$5.99

371696 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WHISKAS SARDINE
PRWNDRY CAT FO 800GM

\$5.99

371717 \$0.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

ROCHER HAZELNUT
CHOC 3PK 37.5GM

\$2.19

372584 \$5.84 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY TWIRL
BREAKAWAY BAR 40GM

\$1.29

374504 \$3.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

SPRITE NO SUGAR
2LT

\$3.99

377772 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MALTESERS DARK
CHOCOLATE 135GM

\$4.45

381309 \$3.30 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD FRUIT NUT
50GM

\$1.29

381587 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

COCA COLA NO SUGAR
CAFF FREE 2LT

\$3.99

385422 \$2.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

SMITHS CRINKLE
CRISP BACON 150GM

\$3.95

385860 \$2.63 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.19

386150 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.19

386476 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS SUGAR FREE
LEMON 1.25LT

\$2.19

386484 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.19

386505 \$1.75 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$7.99

386740 \$4.00 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
MARBLE 173GM

\$3.79

386839 \$2.19 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

MOTHER ENERGY
DRINK 500ML

\$2.99

386871 \$5.98 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
BAR 45GM

\$1.29

386986 \$2.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CARAMILK
TOPDECK 175GM

\$3.79

389976 \$2.17 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

EUROPE SUMMER
ROLL 40GM

\$1.29

396244 \$3.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

EUROPE NOUGAT
HONEY LOG 40GM

\$1.29

396295 \$3.23 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK
50GM

\$1.29

396316 \$2.58 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CHERRY RIPE
52GM

\$1.29

396332 \$2.48 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD TWIRL 39GM

\$1.29

396340 \$3.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD PICNIC 46GM

\$1.29

396367 \$2.80 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

M/BAY BREAST
CHUNKS 1KG

\$10.99

410325 \$10.99 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

JCS MIXED NUTS
SALTED PREM 350GM

\$7.99

416196 \$22.83 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$7.99

416209 \$22.83 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

PFD FRESH PORTERHOUSE
SLICED 1RW

\$32.99

476324 \$32.99 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

JCS WALNUTS NAT
AUSTRALIAN 350GM

\$7.99

499534 \$22.83 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS GRN/SEED/
QUINOA BREAD 800GM

\$4.15

500873 \$0.52 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

JCS SUPER TASTY
CRANBERRIES 500GM

\$6.49

501403 \$12.98 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

NAT MEAT PIES
2PK

\$6.35

503521 \$1.76 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NAT PASTIES 2PK

\$6.35

503548 \$1.76 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

JCS WALNUTS
NATURAL 350GM

\$7.99

569045 \$22.83 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

JCS CASHEWS &
MACADAMIA MIX 375GM

\$14.49

576966 \$38.64 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS ORG
SOURDOUGH 850GM

\$4.15

605720 \$0.49 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS TASMANIAN
RYE 800GM

\$4.15

605739 \$0.52 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS SOURDOUGH
DARK RYE 800GM

\$4.15

605747 \$0.52 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

TIBALDI SKINLESS
FRANKFURTS 1.55KG

\$13.45

616964 \$8.68 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

PAULS KIDS YOGHURT
LIMITED EDI 70GM

\$1.45

626628 \$2.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD DAIRY MILK
VANILLA 360ML 4PK

\$7.45

626759 \$2.07 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

VAALIA FOR KIDS B/
BRY YOGHURT 140GM

\$2.05

627671 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA YOG L/FAT S/
BERRY MANGO 4PK

\$5.15

628121 \$0.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS CUSTARD
CHOCOLATE 150G 6PK

\$5.79

628316 \$0.64 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

T/VALLEY YOG S/
BERRY&CREAM 170GM

\$1.95

649248 \$1.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

T/VALLEY YOG
BLUEBERRY&CREAM 170GM

\$1.95

649264 \$1.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

T/VALLEY YOGHURT
PEACH&CREAM 170GM

\$1.95

649299 \$1.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

T/VALLEY YOGHURT
MANGO&CREAM 170GM

\$1.95

649301 \$1.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NIPPYS ORANGE/MANG
COLD PRS 450ML

\$2.39

655541 \$5.31 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

PAULS VANILLA
CUSTARD 1KG

\$4.45

673547 \$0.45 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NAT JUMBO SAUSAGE
ROLLS 2PK

\$6.59

679412 \$1.57 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA L/F FRN
VAN YOG 4PK

\$5.15

689936 \$0.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA L/F LEMON
CREME 4PK

\$5.15

717044 \$0.86 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS SOURDOUGH
W/ML BREAD 800GM

\$4.15

760384 \$0.52 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

WILLIAMS RYE&SPELT
BREAD 800GM

\$4.15

761539 \$0.52 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS ZYMIL VAN
CUSTARD 1KG

\$4.99

900033 \$0.50 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA TO GO SALSA
DORITOS 95GM

\$3.55

900623 \$3.74 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$1.99

902856 \$7.96 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

CADBURY CARAMILK
MULTI 4PK

\$7.45

903349 \$2.07 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$1.99

903621 \$7.96 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

RRD CLASSIC CHRGR
CORN RELISH 190GM

\$3.55

904456 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RRD CLASSIC SALSA/
GUACAMOLE 190GM

\$3.55

904472 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RRD CLASSIC SWT
CHLI/SOUR CRM 190GM

\$3.55

904480 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RRD CLASSIC CRMLSD
FRNCH ONION 190GM

\$3.55

904528 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RRD CLASSIC SOUR
CREAM/CHIVES 190GM

\$3.55

904544 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA KIDS LACTOS
FREE STRWB 140GM

\$2.05

907585 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA KIDS LACTOS
FREE VAN 140GM

\$2.05

907593 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

TAMAR VALLEY MIXED
BERRIES 170GM

\$1.95

907737 \$1.15 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PHILA ORIGINAL
140GM

\$3.49

908449 \$24.93 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

OBELA MEXICAN STYLE
SALSA DIP 220GM

\$4.15

908561 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS EX/
RICH TAHINI DI 200GM

\$4.15

908596 \$2.08 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK THAI
CHILLILIMECASHEW 150GM

\$4.15

908617 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NESTLE PAULS CHILD
MOVIE 95GM 12PK

\$6.55

911285 \$0.57 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PRIMO BACON PIECES
TWIN PK 300GM

\$4.25

911605 \$14.17 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

CADBURY DAIRY MILK
CAMELLO 4PK

\$7.45

911939 \$2.07 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

SAN SO GOOD
ALMOND MILK 1LT

\$3.29

913125 \$3.29 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

SO GOOD ALMOND
UNSW BOTTLE 1LT

\$3.29

913168 \$3.29 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

OBELA GARNISHED
TABOULI 220GM

\$4.15

913707 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DELI CLASSICS
SPINACH 190GM

\$3.55

913715 \$1.87 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DELI DIPS
CHILLI CAPS 150GM

\$4.15

913731 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA FOR KIDS
TROPICAL 140GM

\$2.05

916588 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

FLORA PRO ACTIVE
SP BUTTERY 750GM

\$11.95

921117 \$1.59 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS
CARMELISED ONION 220GM

\$4.15

922611 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS SPICY
HARISSA 220GM

\$4.15

922726 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS SWT
BEETROOT 220GM

\$4.15

922734 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA GRKSTYL YGHRT
CUCUM/DILL 220GM

\$4.15

922769 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

HANS KABANA
CHEESE 400GM

\$5.95

924000 \$14.88 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

HANS KABANA
400GM

\$5.95

924027 \$14.88 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

OBELA SMOOTH
CLASSIC SINGLES 3PK

\$2.95

924959 \$1.64 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DELI DIP
RST PUMP/ON 150GM

\$4.15

924975 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DELI DIP
TOM/FET/BAS/ 150GM

\$4.15

925003 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$3.85

930742 \$1.75 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

FLORA PRO ACTIV
SPD LIGHT 750GM

\$11.95

930945 \$1.59 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA FOR KIDS
BANANA 140GM

\$2.05

933687 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PRIMO HAM SHREDDED
2PK 300GM

\$4.25

939990 \$14.17 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

FLORA PRO-ACTIV
750GM

\$11.95

942815 \$1.59 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA GRAB & GO
CLASSIC HOMMUS 125GM

\$3.55

943228 \$2.84 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA GRAB & GO RST
CPS HOMMUS 125GM

\$3.55

943244 \$2.84 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS PINE
NUT GARNISH 220GM

\$4.15

951981 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS ZESTY
JALAPENO GR 220GM

\$4.15

952044 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PRIMO BACON
SHORT CUT 750GM

\$11.45

952394 \$15.27 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

OBELA CLASSIC
TZATZIKI TO GO 125GM

\$3.55

953282 \$2.84 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DIP
BEETROOT/FETTA 150GM

\$4.15

953741 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RED ROCK DELI DIP
CAP/PEP 150GM

\$4.15

953821 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA FOR KIDS
VANILLA 140GM

\$2.05

956934 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

VAALIA FOR KIDS
STRAWBRY 140GM

\$2.05

956942 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS DBL THK
CUSTARD VAN 900GM

\$5.89

956977 \$0.65 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS YOGHURT
POUCH VANILLA 70GM

\$1.49

957179 \$2.13 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS CUSTARD S/
PACK VANILLA 6PK

\$5.79

961282 \$0.64 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA HOMMUS
1KG

\$8.19

964977 \$0.82 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

RRD BASIL PESTO
PECORINO&CASH 150GM

\$4.15

967393 \$2.77 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PRIMO CABANOSSI
375GM

\$5.99

969188 \$15.97 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

T/VALLEY GREEK YOG
W/FRT M/PK 6PK

\$5.15

973996 \$0.69 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS SQUEEZ KIDS
STW/YOGK PINK 70GM

\$1.45

978682 \$2.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS SQUEEZ KIDS
STR/YOG RED 70GM

\$1.45

978690 \$2.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS SQUEEZIE KIDS
VANILLA YO 70GM

\$1.45

978703 \$2.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

PAULS SQUEEZIE KIDS
BANANA YOG 70GM

\$1.45

978711 \$2.07 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

NESTLE MILO DESSERT
ENERGY SNA 6PK

\$5.59

978746 \$0.62 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

TIBALDI SIGNATURE
HAM OFF BONE 120GM

\$3.25

979546 \$27.08 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

PAULS DBL THK
CUSTARD CHOC 900GM

\$5.89

979706 \$0.65 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CAD CRUNCHIE
BARS 4PK

\$8.25

981259 \$2.75 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

PAULS BLUEY
BANANA MILK 250ML

\$1.99

990147 \$7.96 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

VAALIA KIDS LAC/FR
BLUEBERRY 140GM

\$2.05

991975 \$1.46 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

4N20 PIE ANGUS
BEEF/PEPPER 4PK

\$9.15

992724 \$1.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

4N20 PIE ANGUS
CHEESE/BACON 4PK

\$9.15

992740 \$1.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

4N20 PIE ANGUS
BEEF 700G 4PK

\$9.15

992783 \$1.31 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

CADBURY CHERRY
RIPE STICKS 4PK

\$7.45

993823 \$2.07 per 100ML
Specials available from 19/10/2022 until 1/11/2022.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.39

994279 \$5.31 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.39

994295 \$5.31 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

NIPPYS APPLE COLD
PRESSED 450ML

\$2.39

994308 \$5.31 per 1LT
Specials available from 19/10/2022 until 1/11/2022.

PRIMO DUOS MILD
TWIGGY CHEESE 50GM

\$3.35

995773 \$67.00 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

PRIMO DUOS CABANOSSI
& CHEESE 50GM

\$3.35

995781 \$67.00 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

R/DAIRY TASTY
CHEDDAR BLOCK 500GM

\$7.49

996178 \$14.98 per 1KG
Specials available from 19/10/2022 until 1/11/2022.

OBELA GARN HOMMUS
LEMON DUKKAH 220GM

\$4.15

996696 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

OBELA GARN HOMMUS
RST CAPSICUM 220GM

CADBURY DAIRY MILK
HAZELNUT 4PK

\$4.15

996709 \$1.89 per 100GM
Specials available from 19/10/2022 until 1/11/2022.

\$7.45

999950 \$2.07 per 100ML
Specials available from 19/10/2022 until 1/11/2022.