

MT FRANKLIN
600ML

\$2.50

002997 \$4.17 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO SUGAR
VANILLA 600ML

\$4.00

004167 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$3.50

004175 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS TONIC
1.25LT

\$2.60

004220 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS G/BEER
375ML 10PK

\$9.99

004335 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SODA
WATER 1.25LT

\$2.60

011498 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA RASPBERRY
600ML

\$4.00

011738 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

OREO MINI
ORIGINAL 157GM

\$3.15

012095 \$2.01 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA 1.25LT

\$3.50

012212 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA 1.25LT

\$3.50

012239 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE LEMONADE
1.25LT

\$3.50

012255 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA DIET
1.25LT

\$3.50

012271 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

\$3.50

013450 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
B/CRRNT ZERO 600ML

\$3.50

014947 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA-COLA PLASTIC
BOTTLE 2LT

\$4.60

015560 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA DIET
2LT

\$4.60

015587 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE LEMONADE
PET 2LT

\$4.60

015640 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA ORANGE
2LT

\$4.60

015659 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE 600ML

\$4.00

018550 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS C/SODA
PET 1.25LT

\$2.60

019107 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS L/ADE PET
1.25LT

\$2.60

019123 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS LEMON PET
1.25LT

\$2.60

019131 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS PASIT PET
1.25LT

\$2.60

019369 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA 600ML

\$4.00

019406 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA DIET
600ML

\$4.00

019414 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOCCONA CLASSIC
F/D 200GM

\$13.59

024467 \$6.80 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO
BANANA 250ML 3PK

\$4.05

030330 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO CHOC
ICE 250ML 3PK

\$4.05

030373 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO
STRAWBERRY 250ML 3PK

\$4.05

031210 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

QUEST BAR BIRTHDAY
CAKE 60GM

\$3.69

050149 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KIRKS LEMONADE
375ML 10PK

\$9.99

088532 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS CLUB LEMON
375ML 10PK

\$9.99

088540 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS PASITO
375ML 10PK

\$9.99

088559 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

VEGETA ORG GOURMET
STK PWD 160GM

\$3.25

101290 \$0.20 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.85

101426 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.50

101485 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER RAINBOW
SHERBET 500ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA ZERO
SUG/ZERO CAF 6PK

\$7.00

102074 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

RASPBERRY COKE
600ML

\$4.00

102138 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA PINEAPPLE
ZERO SUGAR 600ML

\$4.00

102541 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA LIME
ZERO SUGAR 600ML

\$4.00

102613 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA LIME
ZERO SUGAR 1.25LT

\$3.50

103093 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS ORANGE
1.25LT

\$2.60

103181 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS ORANGE
375ML 10PK

\$9.99

103261 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.75

106147 \$1.10 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRUNCH
GARLIC BREAD 150GM

\$4.49

106550 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.50

109356 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

QUEST CUPS PEANUT
BUTTER 42GM

\$3.69

112184 \$8.79 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST BAR
SMORES 60GM

\$3.69

112192 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ATKINS END TURKISH
DELIGHT 30GM

\$2.59

112213 \$8.63 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA TEX MEX WITH
BEANS/CORN 400GM

\$3.79

117911 \$0.95 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

EVA SARDINES IN
OLIVE OIL 100GM

\$1.65

118308 \$16.50 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$9.85

118850 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CDM CHOC ORANGE
COOKIES 167GM

\$3.99

119415 \$2.39 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD LAMINGTON
SLICE BLOCK 175GM

\$3.99

119503 \$2.28 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ENERGY
DRINK PASSION 4PK

\$9.85

122518 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO
STRAW LEMON 600ML

\$3.50

124804 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MILKY WAY TWIN
PACK 45GM

\$1.60

125372 \$3.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MARS CLASSIC
SINGLE BAR 47GM

\$1.60

127298 \$3.40 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS DBL CRNCH
SPICY CHK SKW 150GM

\$4.49

128012 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD CARAMILK
HEDGEHOG 165GM

\$3.99

128098 \$2.42 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM CHOC
CRACKLE 165GM

\$3.99

128100 \$2.42 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM DUAL
HONEY&LEMON LOZ 32'S

\$9.85

128135 \$0.31 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM PLUS ANAEST
H&L LOZ 32'S

\$13.99

128143 \$0.44 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DURO TUSS LINGER
COUGH LIQUID 200ML

\$13.99

128565 \$7.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
CHILLI 170GM

\$4.49

128581 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NYAL DECONGESTANT
TABLETS 24'S

\$9.15

128792 \$0.38 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

NYAL GENTLE NASAL
SPRAY SALINE 30ML

\$7.25

129445 \$24.17 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM PLUS TRIPLE
BERRY LOZ 32'S

\$13.99

129779 \$0.44 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM PLUS ANAEST
THROAT SPR 30ML

\$17.75

129795 \$59.17 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.50

131000 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.50

131019 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.50

131027 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.50

131043 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.50

131051 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.50

131078 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

ZOVIRAX C/SORE
CREAM TUBE 2GM

\$16.45

134471 \$822.50 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD CARAMILK WALLABY
SHAREPACK 144GM

\$5.15

134500 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

PANANATRA SLEEP
PAIN TABS 30PK

\$12.65

137947 \$0.42 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

PANANATRA MUSCLE
PAIN CAPS 30PK

\$12.65

138026 \$0.42 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

PANADOL CHILDREN
CHEW TABS 12PK

\$6.15

138093 \$0.51 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.50

138405 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.50

138413 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER LAVA
GUAVA 500ML 4PK

\$9.85

143060 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER SUPER
DRY 500ML

\$3.00

143087 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
GOLD 500ML 4PK

COCA COLA RASP
ZERO SUGAR 600ML

NORSCA INSTANT
ADRENALINE APD 130GM

\$9.85

143095 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

\$4.00

143116 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

\$4.89

143300 \$3.76 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NORSCA FOREST FRESH
APD AERO 130GM

MONSTER ULTRA
FIESTA MANGO 500ML

FANTA ORANGE
NO SUGAR 1.25LT

\$4.89

143511 \$3.76 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

\$3.00

143546 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

\$3.50

144098 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE NO SUGAR
1.25LT

CAD DM PASSIONFRUIT
SLICE 180GM

CAD CARAMILK
CARAMEL SLICE 167GM

\$3.50

144100 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

\$3.99

144901 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

\$3.99

144936 \$2.39 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM TRIPLE
DECKER MINT 178GM

\$3.99

144979 \$2.24 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

PANADOL RAPID
CAPLETS 20'S

\$6.39

147555 \$0.32 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

KINDER SURPRISE
BLUE IMBUTITO 20GM

\$2.55

148988 \$12.75 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

DEMAZIN COLD &
FLU RELIEF 16'S

\$8.55

151220 \$0.53 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DEMAZIN NASAL
DECONGESTANT 24'S

\$9.85

151757 \$0.41 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM KIDS THROAT
POPS M/HON 10'S

\$8.25

151765 \$0.83 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DURO TUSS RELIEF
NIGHT TIME 200ML

\$13.85

151773 \$6.93 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

BETADINE ANTISEPTIC
OINTMENT 25GM

\$10.99

151845 \$43.96 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BETADINE ANTISEP
FIRST AID CRM 20GM

\$9.49

151917 \$47.45 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BETADINE THROAT
GARGLE CONC 15ML

\$11.35

151925 \$75.67 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

BETADINE ANTISEPT
TOPICAL LIQ 15ML

\$10.75

152207 \$71.67 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

BETADINE SORE
THROAT GARGLE 120ML

\$12.75

152290 \$10.63 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

CAD OLD GOLD
BAILEYS 180GM

\$3.99

152397 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD OLD GOLD
BRANDY SNAPS 175GM

\$3.99

152522 \$2.28 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD AUSSIE GREEN/
GOLD BLOCK 170GM

\$3.99

152610 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SANITARIUM
MARMITE 250GM

\$3.85

152709 \$1.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD P/NUT CARAMEL
SLICE BLOCK 170GM

\$3.99

153154 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD RASP SLICE
BLOCK 178GM

\$3.99

153525 \$2.24 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.70

155539 \$2.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SF PASITO
1.25LT

\$2.60

155635 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA
VANILLA 1.25LT

\$3.50

155686 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SF PASITO
375ML 10PK

\$9.99

155723 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS ORANGE
ZERO 1.25LT

\$2.60

156216 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA
STRAWBERRY 64GM

\$4.39

156240 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FANTA PINEAPPLE
ZERO 6PK

\$7.00

156259 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA PINEAPPLE
ZERO 1.25LT

\$3.00

156283 \$2.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 93GM

\$4.65

156400 \$5.00 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ECLIPSE CHEWY MINTS
PEPPERMINT 93GM

\$4.65

156427 \$5.00 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD M/CREATIONS
SHAREPACK 160GM

\$5.15

156523 \$3.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DREAM FREDDO
SHAREPACK 144GM

\$5.15

156582 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ILLY ESPRESSO FORTE
CAPSULES 10PK

\$5.75

158182 \$10.09 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD OLD GOLD MINT
SLICE BLOCK 176GM

\$3.99

159038 \$2.27 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SNIC PEANUT BROWNIE
MILK CHOC 44GM

\$1.60

159046 \$3.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KIRKS ZERO
ORANGE 10PK

\$9.99

159361 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
ZERO SUGAR 500ML

\$3.00

159396 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
STRAWBERRY DRM 500ML

\$3.00

159441 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
ORIGINAL ZERO 4PK

\$9.85

159564 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CADBURY TWIRL
BREAKAWAY 120GM

\$5.15

162384 \$4.29 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA
SPEARMINT 46PC 64GM

\$4.39

163002 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA
PEPPERMINT 46PC 64GM

\$4.39

163088 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO ZERO
SUGAR GRAPE 600ML

\$3.50

163475 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE A/WATER
LEMON LIME 600ML

\$3.50

164558 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CDM CARAMILK
BLOCK 180GM

\$3.99

166748 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MARS LAMINGTON
47GM

\$1.60

169156 \$3.40 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BOUNTY CHOCOLATE
BAR 56GM

\$1.60

169631 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

EVA SARDINES IN
VEG OIL 100GM

\$1.65

171352 \$16.50 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY
MILK 180GM

\$3.99

172718 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD FREDDO STRAW
SHAREPACK 180GM

\$5.15

172726 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY OLD GOLD
GOLD 70% 180GM

\$3.99

172734 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CHIPS THN CUT
LGHT TANG 175GM

\$4.49

178482 \$2.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ATKINS END CARAMEL
NOUGAT 35GM

\$2.59

178917 \$7.40 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ATKINS END CARAMEL
NUT CHEW 34GM

\$2.59

178925 \$7.62 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO NAS
CHOCOLATE 250ML 3PK

\$4.05

182422 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD FREDDO 100S
& 1000S 144GM

\$5.15

187020 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SO GOOD UHT BARISTA
ALMOND MIL 1LT

\$2.89

192380 \$2.89 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KINDER SURPRISE
PINK 20GM

\$2.55

192946 \$12.75 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SORBENT DOUBLE
LENGTH 4PK

\$6.15

193164 \$0.43 per 100SH
Specials available from 3/07/2024 until 16/07/2024.

CAD DAIRY MILK
MARBLE BLOCK 173GM

\$3.99

194490 \$2.31 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS FARMHOUSE
CHEESE BREAD 150GM

\$4.49

196103 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

D/VEEN D/N MOISTURISING
LOTION 500ML

\$11.75

196285 \$2.35 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

VEGETA CHICKEN
STOCK CUBES 60GM

75¢

196859 \$0.13 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA BEEF STOCK
CUBES 60GM

75~~¢~~

196947 \$0.13 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE SALT
& VINEGAR 170GM

\$4.49

196963 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
CHEESE & ONION 170GM

\$4.49

196971 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
BBQ 170GM

\$4.49

196998 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
CHICKEN 170GM

\$4.49

197018 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
ORIGINAL 170GM

\$4.49

197026 \$2.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD CHERRY RIPE
SHAREPACK 180GM

\$5.15

197667 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD SPECIAL TREATS
SHAREPACK 180GM

\$5.15

197675 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD PICNIC
SHAREPACK 180GM

\$5.15

197683 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM CARAMELLO
KOALA S/PACK 180GM

\$5.15

197739 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD CRUNCHIE
SHAREPACK 180GM

\$5.15

197747 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM TWIRL
SHAREPACK 168GM

\$5.15

197755 \$3.07 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD BREAKAWAY
BISC MILK 180GM

\$2.89

199048 \$1.61 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$3.50

200520 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
GOLD 500ML

\$3.00

200811 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$3.35

201005 \$0.17 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM MEN/EUCL
IMMUNE DROPS 20PK

\$3.35

201013 \$0.17 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DURO TUSS DRY
LIQUID COUGH 200ML

\$13.99

201048 \$7.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DURO TUSS CHESTY
LIQUID COUGH 200ML

\$13.99

201064 \$7.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DURO TUSS COLD/FLU
LIQUID COUG 200ML

\$13.99

201179 \$7.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

SMITHS ROAST BEEF
GARLIC HERB 150GM

\$4.49

201400 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

PANADOL LIQUID
CAPS 20'S

\$6.69

204134 \$0.33 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

ICE BREAK UHT ESP
RECHARGE 500ML

\$3.25

206797 \$6.50 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA BUBBLEMINT
BOTTLE 64GM

\$4.39

211780 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUILTON T/ROLL
WHITE 3PLY 36PK

\$21.99

222607 \$0.34 per 100SH
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

333 APPLE SAUCE
250GM

\$2.55

224872 \$1.02 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.70

226931 \$2.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER RAZZLE
BERRY 4PK

\$9.85

226966 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

REDWIN SORBOLENE
VIT E 100GM

\$2.45

229091 \$2.45 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

W/KING B/ROOM
GEL LEM 750ML

\$3.45

229243 \$0.46 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

REDWIN SPO T/
TREE TREAT 250ML

\$3.69

229884 \$1.48 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO ENERGZE
CHOC 250ML 3PK

\$4.05

230033 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO ENERGZE
VANLLA 250ML 3PK

\$4.05

230041 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO ENERGZ
COFFEE 250ML 3PK

\$4.05

230316 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CDM FREDDO
SHAREPACK 144GM

\$5.15

230842 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
SHAREPACK 144GM

\$5.15

230850 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CDM MILKY TOP FREDDO
SHAREPACK 144GM

\$5.15

230949 \$3.58 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SORBENT F/TOSS
POCKET 4PLY 6PK

\$1.99

231837 \$3.32 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

DERMAVEEN E/GEN SOAP
FR B/WASH 500ML

\$12.59

231992 \$2.52 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

WHITE KING.SURFACE
SPRAY LEM 500ML

\$3.55

232805 \$0.71 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

JOHNNOS CR PEPP
PASTA SAUCE 500GM

\$6.95

234771 \$1.39 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JOHNNOS ITALIAN
PASTA SAUCE 500GM

\$6.95

234886 \$1.39 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

HARRIS VERY STRONG
GROUND 200GM

\$6.45

237518 \$3.23 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NYAL DRY COUGH
200ML

\$9.99

237542 \$5.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

HARRIS SMOOTH
GROUND 200GM

\$6.45

237606 \$3.23 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NYAL PARACETAMOL
500MG TABS 20'S

\$2.85

240119 \$0.14 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

NYAL IBUPROFEN
200MG TABS 24'S

\$3.85

240194 \$0.16 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

CDM M/CREATIONS
ROCKY ROAD 190GM

\$3.99

244806 \$2.10 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$9.85

249594 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$7.00

250819 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE NO SUGAR
250ML 6PK

\$7.00

250835 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

FANTA ORANGE
250ML 6PK

\$7.00

250843 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$7.00

251010 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA DIET
250ML 6PK

\$7.00

251168 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA 250ML
6PK

\$7.00

251205 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA
VANILLA 250ML 6PK

\$7.00

251491 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

REDWIN SPO C/
TAR TREAT 250ML

\$3.69

251512 \$1.48 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD M/CREATIONS
CARAMILK 190GM

\$3.99

252531 \$2.10 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

NYAL CHESTY COUGH
NON DROWSY 200ML

\$9.69

255345 \$4.85 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

NYAL COLD SORE
CRM BLIS 10GM

\$7.99

255353 \$79.90 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NYAL DECON
NASAL SPRAY 15ML

\$9.15

255361 \$61.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

NYAL BRONCHITIS
MIX 200ML

\$8.65

255417 \$4.33 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

POWERADE BERRY
ICE FLO 1LT

\$4.20

255652 \$4.20 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE MOUNT
BLAST FLO 1LT

\$4.20

255660 \$4.20 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE
CRUNCH SALT 150GM

\$4.49

255716 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CRINKLE CRUNCH
BBQ RIBS 150GM

\$4.49

255839 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KINDER SURPRISE
SINGLE 20GM

\$2.55

256962 \$12.75 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.70

257981 \$2.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SPRITE 250ML 6PK

\$7.00

259530 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM PLUS ANAEST
H&L LOZ 16'S

\$7.15

260021 \$0.45 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM PLUS ANAES
BERRY LOZ 16'S

\$7.15

260048 \$0.45 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.50

268007 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CHIPS THN SR/
CRM & ONIO 175GM

\$4.49

269317 \$2.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CHIPS THN
CUT ORIGINAL 175GM

\$4.49

269376 \$2.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SMITHS CHIPS THIN
SALT & VINEG 175GM

\$4.49

269413 \$2.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD COOKIE SOFT
DOUBLE CHOC 156GM

\$2.65

272647 \$1.70 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$7.00

273615 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD COOKIE SOFT
CHOC CHIP 156GM

\$2.65

274220 \$1.70 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD CARAMILK
BREAKWAY TAB 180GM

\$3.99

274415 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD COOKIE CRUNCHY
CHOC FILLED 156GM

\$2.65

275805 \$1.70 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOCCONA CLSC
DRK RST 200GM

\$13.59

277771 \$6.80 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA STOCK
GOURMET 250GM

\$3.05

278651 \$0.12 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA INTENSE
MINT BOTTLE 64GM

\$4.39

279152 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ECLIPSE CHEWY PINK
LEMONADE 27GM

\$1.65

279187 \$6.11 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

PODRAVKA CHICKEN
SPREAD 100GM

\$1.05

285587 \$1.05 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MONSTER GREEN
500ML 4PK

\$9.85

286117 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
ZERO 500ML 4PK

\$9.85

286168 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SMITHS THINLY SWT
CHLIS/CREAM 175GM

\$4.49

286483 \$2.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

ECLIPSE CHEWY
MINTS P/MINT 27GM

\$1.65

287574 \$6.11 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 27GM

\$1.65

288120 \$6.11 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

(T)SMITHS C/CUT
CHICKEN PARM 150GM

\$4.49

288251 \$2.99 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VANILLA COCA
COLA 2LT

\$4.60

288550 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KRAFT CHEDDAR
CHEESE BLOCK 500GM

\$9.15

291477 \$1.83 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KRAFT CHEDDAR
CHEESE BLOCK 250GM

\$4.89

291485 \$1.96 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KRAFT CHEESE
STICKS 240GM

\$7.29

291653 \$18.23 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO HONEYCOMB
250ML 3PK

\$4.05

292082 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

VEGETA CHICKEN
STOCK POWDER 200GM

\$3.05

294520 \$0.15 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA BEEF STOCK
POWDER 180GM

\$3.05

294539 \$0.17 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

NATURALE 100
REC P/TOWEL 2PK

\$2.15

294766 \$1.54 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

WRIGS MINTS EXT
WHITE 46PC 64GM

\$4.39

297297 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NYAL PARACETAMOL
LIQ GEL CAPS 20PK

\$4.35

300038 \$0.22 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

NUTELLA PET
220GM

\$3.99

305322 \$1.81 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$9.99

305744 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS LEMON S/
FREE 375ML 10PK

\$9.99

305760 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$9.99

305808 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SAN UP&GO VANILLA
ICE 250ML 3PK

\$4.05

309163 \$5.40 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.50

310682 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD DM BREAKAWAY
TABLET 180GM

\$3.99

310703 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM PASCALL
CLINKERS 170GM

\$3.99

310711 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.50

310746 \$5.83 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD TREAT SIZE
FLAKE 168GM

\$5.15

311386 \$3.07 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

DUCK FRESH DISCS
LAVNDR PRIMAR 36ML

\$4.85

312725 \$13.47 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DUCK FRESH DISCS
PRIMARY CITRU 36ML

\$4.85

312741 \$13.47 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DUCK FRESH DISCS
PRIMARY MARIN 36ML

\$4.85

312776 \$13.47 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

NYAL COUGH
COLD/FLU TBL 24'S

\$11.35

313066 \$0.47 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

BRUT ENDURANCE
48HR APD 130GM

\$4.89

316646 \$3.76 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BRUT ORIGINAL
BODY SPRAY 130GM

\$4.89

316662 \$3.76 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BRUT 24 HOUR
ORIGINAL APD 130GM

\$4.89

316670 \$3.76 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.70

317454 \$2.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SNICKERS BAR
44GM

\$1.60

317489 \$3.64 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.70

317550 \$2.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

VOLTAREN
EMULGEL 100GM

\$23.15

318190 \$23.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA SPEARMINT
BOTTLE 67GM

\$4.39

318844 \$6.55 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA PEPPERMINT
BOTTLE 67GM

\$4.39

319302 \$6.55 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

TWIX BAR 50GM

\$1.60

325366 \$3.20 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

M&MS MINIS
35GM

\$1.60

326713 \$4.57 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

DERMAVEEN D/N SOAP
FREE B/WASH 500ML

\$11.69

327548 \$2.34 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

DIFFLAM FORTE
THROAT SPRAY 15ML

\$12.15

327695 \$81.00 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

NYAL CHILD COLD/
FLU MEDICINE 200ML

\$12.65

327820 \$6.33 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

NYAL ANTIVIRAL COLD
SORE CREAM 5GM

\$8.65

327927 \$173.00 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA BEEF STEW/
MROOM/POT 400GM

\$3.79

328284 \$0.95 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

VEGETA BEEF STEW/
PEAS/POT 400GM

\$3.79

328305 \$0.95 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD TURK DELIGHT
SH/PACK 180GM

\$5.15

328698 \$2.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO
SUGAR 2LT

\$4.60

328778 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

POWERADE GOLD
RUSH 1LT

\$4.20

334289 \$4.20 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS CRM SODA
375ML 10PK

\$9.99

338335 \$2.66 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

SORBENT FACIAL
SOFT WHITE 170'S

\$2.35

338650 \$1.38 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

VEGETA CHICKEN
STOCK POT 112GM

\$2.15

346925 \$0.19 per 10GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
HAZELNUT 180GM

\$3.99

347151 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
ROAST ALMON 180GM

\$3.99

347178 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
FRUIT AND N 180GM

\$3.99

347186 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CDM PACKED WITH
CRUNCHIE 180GM

\$3.99

347207 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
DREAM 180GM

\$3.99

347215 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
TURKISH DEL 180GM

\$3.99

347231 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
BLK FOREST 180GM

\$3.99

347258 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
SNACK 180GM

\$3.99

347266 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
CAMELLO 180GM

\$3.99

347282 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
TOP DECK 180GM

\$3.99

347338 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY DAIRY MILK
PEPPERMINT 180GM

\$3.99

347354 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY OLD GOLD
ROAST ALMOND 180GM

\$3.99

347362 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY OLD GOLD
JAMAICA RR 180GM

\$3.99

347370 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CDM MC JELLY POP
CANDY BEANIES 190GM

\$3.99

347485 \$2.10 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CADBURY OLD
GOLD DARK 180GM

\$3.99

347610 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CDM BUBBLY MINT
160GM

\$3.99

347733 \$2.49 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD OLD GOLD
PEPPERMINT 180GM

\$3.99

348170 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM COCONUT
ROUGH 180GM

\$3.99

348218 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DM TROP
PINEAPPLE 180GM

\$3.99

348242 \$2.22 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SORBENT FACIAL
SOFT HYPO 170'S

\$2.35

349472 \$1.38 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

VOLTAREN EMUGEL
NO MESSI 75GM

\$19.69

349819 \$26.25 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

SO GOOD UHT
BARISTA OAT MILK 1LT

\$2.89

361295 \$0.29 per 100ML
Specials available from 3/07/2024 until 16/07/2024.

HANDEE ULTRA
CRSP WHITE 2PK

\$3.59

365675 \$2.99 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

SORBENT F/TISSUE
WHITE TRAVEL 50'S

\$1.15

365843 \$2.30 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

SORBENT F/TISSUES
WHITE 90'S

\$1.85

365851 \$2.06 per 100EA
Specials available from 3/07/2024 until 16/07/2024.

SALVITAL SALINE
375GM

\$8.45

368534 \$2.25 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

ADVIL MINI
LIQUID CAPS 20'S

\$7.79

376059 \$0.39 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

SPRITE NO SUGAR
2LT

\$4.60

377772 \$2.30 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOCCONA MOCHA
KENYA STYLE FD 200GM

\$13.59

383902 \$6.80 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOCCONA FRENCH
STYLE FD 200GM

\$13.59

383937 \$6.80 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MOCCONA ESPRESSO
STYLE FD 200GM

\$13.59

384040 \$6.80 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WRIG EXTRA WHITE
SPEARMINT 64GM

\$4.39

384243 \$6.86 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST COOKIES &
CREAM PROTEIN 60GM

\$3.69

384796 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST CHOC CHIP COOK
DOUGH BAR 60GM

\$3.69

384809 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST CHOCOLATE
BROWNIE BAR 60GM

\$3.69

384817 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST CARAMEL CHOC
CHUNK BAR 60GM

\$3.69

384833 \$6.15 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST CHOCOLATE
CHIP COOKIE 59GM

\$3.69

384868 \$6.25 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

QUEST DOUBLE CHOC
CHIP COOKIE 59GM

\$3.69

384876 \$6.25 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.60

386150 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.60

386476 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SUGAR FREE
LEMON 1.25LT

\$2.60

386484 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.60

386505 \$2.08 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.50

386628 \$2.80 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.85

386740 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

CAD DRINKING CHOC
CANISTER 250GM

\$3.89

386898 \$1.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DRINKING CHOC
NEAPOLITAN 250GM

\$3.89

386900 \$1.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MONSTER ULTRA
ROSA 500ML 4PK

\$9.85

387823 \$4.93 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

M&MS MILK 49GM

\$1.60

397095 \$3.27 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

M&MS PEANUT
46GM

\$1.60

397183 \$3.48 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS ALMONDS NAT
AUSTRALIAN 500GM

\$8.99

412056 \$17.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS MIXED NUTS
SALTED PREM 350GM

\$7.99

416196 \$22.83 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$7.99

416209 \$22.83 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS WALNUTS NAT
AUSTRALIAN 350GM

\$6.99

499534 \$19.97 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS PISTACHIOS
SALTED 375GM

\$13.99

501294 \$37.31 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS ALMONDS
NATURAL USA 500GM

\$8.99

569010 \$17.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

JCS WALNUTS
NATURAL 350GM

\$6.99

569045 \$19.97 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE
CHICKEN KIEV 480GM

\$8.89

600348 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE
BANGERS MASH 500GM

\$8.89

600356 \$1.78 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE BUTTER
CHICKEN 480GM

\$8.89

600647 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE SPAG
MEATBALLS 500GM

\$8.89

600655 \$1.78 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

CAD DREAM WITH
OREO 170GM

\$3.99

602319 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

BERTOLLI WITH
BUTTER 450GM

\$6.35

606977 \$1.41 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NO-DOZ PLUS 24'S

\$3.39

607224 \$0.14 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

TRAVACALM
GINGER 10'S

\$3.59

607232 \$0.36 per 1EA
Specials available from 3/07/2024 until 16/07/2024.

SO GOOD BARISTA
SOY UHT 1LT

\$2.25

616104 \$2.25 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER LOWER
CARB BREAD 680GM

\$3.79

620293 \$0.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN PIZZA SLICE
HAM/PINE 600GM

\$8.85

622651 \$1.48 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN PIZZA SLICE
CHS/BACON 600GM

\$8.85

622694 \$1.48 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

OAK PLUS CHOCOLATE
NAS MILK 500ML

\$3.25

627073 \$6.50 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE RCH
BEEF M/BALLS 480GM

\$8.89

632331 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.65

655541 \$5.89 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

PAND DBL SMOKE
SHAVING HAM 4KG

\$16.99

667980 \$16.99 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

OAK PLUS VANILLA
NAS MILK 500ML

\$3.25

672691 \$6.50 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.35

676297 \$2.94 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.35

676369 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.35

676414 \$2.35 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.35

676537 \$1.96 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

NAT JUMBO SAUSAGE
ROLLS 420G 2PK

\$7.45

679412 \$1.77 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN PIZZA SLICE
M/LOVERS 600GM

\$8.85

686209 \$1.48 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS RICE WHEELS
BBQ 140GM

\$2.15

732850 \$1.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS RICE WHEELS
CHILLI 140GM

\$2.15

732869 \$1.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

WILDERNESS
RUMP STEAK 1RW

\$21.99

737037 \$21.99 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.79

740164 \$0.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.79

740172 \$0.56 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.49

747040 \$18.98 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

NAT CLASSIC BEEF
PIE&SAUS ROLL 3PK

\$7.45

813538 \$2.07 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

RASPBERRY COKE
ZERO SUGAR 6PK

\$7.00

867720 \$4.67 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$2.29

902856 \$9.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$2.29

903621 \$9.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN PIZZA SLICE
SUPREME 600GM

\$8.85

906435 \$1.48 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

OAK CARAMEL COFFEE
FLAV MILK 600ML

\$3.45

910418 \$5.75 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

OAK CHOCOLATE
FLAV MILK 600ML

\$3.45

916369 \$5.75 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

OAK STRAWBERRY
FLAV MILK 600ML

\$3.45

916457 \$5.75 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

OBELA FRSH/SPRDS
CLS GUCML 220GM

\$5.19

917185 \$2.36 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FLORA PRO ACTIVE
SP BUTTERY 750GM

\$11.15

921117 \$1.49 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

KRAFT SINGLES
REGULAR 216GM

\$4.05

923411 \$18.75 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$4.19

930742 \$1.90 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FLORA PRO ACTIV
SPD LIGHT 750GM

\$11.15

930945 \$1.49 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.79

932588 \$0.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

FLORA PRO-ACTIV
750GM

\$11.15

942815 \$1.49 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN BEER BTR
WEDGES 750GM

\$5.15

952925 \$6.87 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN BEER BTR
STEAK FRIES 750GM

\$5.15

952941 \$6.87 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

PRESIDENT
CAMEMBERT 200GM

\$8.35

962824 \$41.75 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

PRESIDENT BRIE
200GM

\$8.35

962832 \$41.75 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.79

972467 \$0.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER LOAF
TOAST 700GM

\$3.79

972600 \$0.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.79

972619 \$0.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.79

972790 \$0.54 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE STHRN
STL CHCKN 480GM

\$8.89

977401 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE CHCKN
BACON BAKE 480GM

\$8.89

977428 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN BEER BTR SH/
STRNG FRIES 750GM

\$5.15

977954 \$6.87 per 1KG
Specials available from 3/07/2024 until 16/07/2024.

MCCAIN M/SIZE PUB
STYLE PARM 480GM

\$8.89

981574 \$1.85 per 100GM
Specials available from 3/07/2024 until 16/07/2024.

PAULS BLUEY
BANANA MILK 250ML

\$2.29

990147 \$9.16 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.65

994279 \$5.89 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.65

994295 \$5.89 per 1LT
Specials available from 3/07/2024 until 16/07/2024.

NIPPYS APPLE
COLD PRESS 450ML

\$2.65

994308 \$5.89 per 1LT
Specials available from 3/07/2024 until 16/07/2024.