

MT FRANKLIN
600ML

COCA COLA NO SUGAR
VANILLA 600ML

COCA COLA NO SUGAR
VANILLA 1.25LT

\$2.50

002997 \$4.17 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$4.00

004167 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.50

004175 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS TONIC
1.25LT

KIRKS G/BEER
375ML 10PK

CADBURY MINI FREDDO
& FRIENDS 139GM

\$2.60

004220 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$9.99

004335 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.35

006330 \$2.41 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SODA
WATER 1.25LT

FANTA RASPBERRY
600ML

COCA COLA 1.25LT

\$2.60

011498 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$4.00

011738 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.50

012212 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA 1.25LT

SPRITE LEMONADE
1.25LT

COCA COLA DIET
1.25LT

\$3.50

012239 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.50

012255 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.50

012271 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

CAD CURLY WURLY
SQUIRLIES 130GM

PALM SHOWER GEL
ANTI STRESS 1LT

\$3.50

013450 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.89

013709 \$2.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$7.55

013733 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
B/CRRNT ZERO 600ML

COCA-COLA PLASTIC
BOTTLE 2LT

COCA COLA DIET
2LT

\$3.50

014947 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$4.60

015560 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$4.60

015587 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

PALM D/WASH LIQ D/
SKIN ALOE 500ML

\$3.25

015624 \$0.65 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

SPRITE LEMONADE
PET 2LT

\$4.60

015640 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA ORANGE
2LT

\$4.60

015659 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SPRITE 600ML

\$4.00

018550 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS C/SODA
PET 1.25LT

\$2.60

019107 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS L/ADE PET
1.25LT

\$2.60

019123 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS LEMON PET
1.25LT

\$2.60

019131 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS PASIT PET
1.25LT

\$2.60

019369 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA 600ML

\$4.00

019406 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA DIET
600ML

\$4.00

019414 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

PALM DISHWASH
LIQUID REG 500ML

\$3.25

056573 \$0.65 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

KIRKS LEMONADE
375ML 10PK

\$9.99

088532 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS CLUB LEMON
375ML 10PK

\$9.99

088540 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS PASITO
375ML 10PK

\$9.99

088559 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

VEGETA ORG GOURMET
STK PWD 160GM

\$3.65

101290 \$0.23 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.85

101426 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.50

101485 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER RAINBOW
SHERBET 500ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA ZERO
SUG/ZERO CAF 6PK

\$7.00

102074 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

RASPBERRY COKE
600ML

\$4.00

102138 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.75

106147 \$1.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.50

109356 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES SOUR
WORMS 130GM

\$2.39

112328 \$1.84 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ATKINS END CHOC
COVERED ALMOND 5PK

\$11.99

112336 \$7.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

VEGETA TEX MEX WITH
BEANS/CORN 400GM

\$3.65

117911 \$0.91 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$9.85

118850 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

CAD CARAMILK
CRUNCHIE BITES 120GM

\$3.89

119554 \$3.24 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CLARATYNE HAYFEVER
ALLERGY 5'S

\$7.55

120010 \$1.51 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ENERGY
DRINK PASSION 4PK

\$9.85

122518 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES STRAWBERRY
CLOUDS 130GM

\$2.39

123449 \$1.84 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO
STRAW LEMON 600ML

\$3.50

124804 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MILKY WAY TWIN
PACK 45GM

\$1.60

125372 \$3.56 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOCCONA HAZELNUT
FREEZE DRIED 95GM

\$10.25

125460 \$10.79 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES
BANANAS 100GM

\$2.39

126316 \$2.39 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MARS CLASSIC
SINGLE BAR 47GM

\$1.60

127298 \$3.40 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS THAI
SWEET CHILLI 150GM

\$4.39

128485 \$2.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

COLG T/BRUSH SLIM
SOFT ADV 3PK

\$7.45

130737 \$2.48 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.50

131000 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.50

131019 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.50

131027 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.50

131043 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.50

131051 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.50

131078 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KINDER BUENO
WHITE 39GM

\$1.69

135845 \$4.33 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NATURALE RECYCLED
T/ISSUE 12PK

\$5.85

136397 \$0.27 per 100SH
Specials available from 8/05/2024 until 21/05/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.50

138405 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.50

138413 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

DORITOS FIRE
FURY PIZZA 150GM

\$4.39

139651 \$2.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PALM MILK SHEA
BUTTER SH/GEL 1LT

\$7.55

140329 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

NANDOS LEMON HERB
PERI PERI MA 260GM

NANDOS MED PERI
PERI MARINADE 262GM

NANDOS MILD P/PERI
PERINAISE 465GM

\$4.19

142340 \$1.61 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$4.19

142535 \$1.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$6.19

142623 \$1.33 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOTHER LAVA
GUAVA 500ML 4PK

MONSTER SUPER
DRY 500ML

MONSTER ULTRA
GOLD 500ML 4PK

\$9.85

143060 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.00

143087 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$9.85

143095 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA RASP
ZERO SUGAR 600ML

MONSTER ULTRA
FIESTA MANGO 500ML

FANTA ORANGE
NO SUGAR 1.25LT

\$4.00

143116 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.00

143546 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$3.50

144098 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SPRITE NO SUGAR
1.25LT

\$3.50

144100 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOCCONA CARAMEL
FRZ DRIED 95GM

\$10.25

150244 \$10.79 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PALM SHOWER GEL
BLACK ORCHID 1LT

\$7.55

151271 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.70

155539 \$2.16 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SF PASITO
1.25LT

\$2.60

155635 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA
VANILLA 1.25LT

\$3.50

155686 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SF PASITO
375ML 10PK

\$9.99

155723 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS ORANGE
ZERO 1.25LT

\$2.60

156216 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA PINEAPPLE
ZERO 6PK

\$7.00

156259 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

ILLY ESPRESSO FORTE
CAPSULES 10PK

\$5.75

158182 \$10.09 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
ZERO SUGAR 500ML

\$3.00

159396 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
STRAWBERRY DRM 500ML

\$3.00

159441 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
ORIGINAL ZERO 4PK

\$9.85

159564 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

BEROCCA PERFORM
ORIGINAL 15'S

\$11.45

160047 \$76.33 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

BEROCCA PERFORM
ORANGE 15'S

\$11.45

160143 \$76.33 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

CAD TWIRL MINT
BITES 130GM

\$3.89

160514 \$2.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO ZERO
SUGAR GRAPE 600ML

\$3.50

163475 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MARS LAMINGTON
47GM

\$1.60

169156 \$3.40 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA SUMMER
CRUSH 27GM

\$2.15

169287 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

BOUNTY CHOCOLATE
BAR 56GM

\$1.60

169631 \$2.86 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ATKINS END CARAMEL
NUT CHEW 5PK

\$11.99

178984 \$7.05 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ATKINS END MILK
CHOCOLATE 5PK

\$11.99

178992 \$7.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SORBENT DOUBLE
LENGTH 4PK

\$6.19

193164 \$0.43 per 100SH
Specials available from 8/05/2024 until 21/05/2024.

SORB VANILLA FACIAL
TISSUES 170PK

\$2.35

193498 \$1.38 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST S/D ANCIENT
GRN C/BR 110GM

\$4.85

195194 \$4.41 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST 3 SEED
CRISPS PUMPKI 110GM

\$5.49

195207 \$4.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST 3 CHEESE
CRISPS/CHIL 85GM

\$9.55

195215 \$11.24 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST PARMESAN
CRISPS 85GM

\$9.55

195223 \$11.24 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST CBERRY/
PUMP SEED CR 150GM

\$5.89

195266 \$3.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST CASHEW/
RMARY CRACKER 150GM

\$5.89

195290 \$3.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST FIG/ALMOND
CRACKER 150GM

\$5.89

195303 \$3.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST APRICOT/
HNUT CRACKER 150GM

\$5.89

195311 \$3.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST G/FREE
FIG/PIST CR 130GM

\$5.89

195338 \$4.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

OB FINEST G/FREE
DATE/ALMD CR 130GM

\$5.89

195346 \$4.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

VEGETA CHICKEN
STOCK CUBES 60GM

\$1.09

196859 \$0.18 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

VEGETA BEEF STOCK
CUBES 60GM

\$1.09

196947 \$0.18 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS CHEESE
SUPREME 170GM

\$4.39

197034 \$2.58 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS NACHO
CHEESE 170GM

\$4.39

197042 \$2.58 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS
ORIGINAL 170GM

\$4.39

198053 \$2.58 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS
MEXICANA 170GM

\$4.39

198061 \$2.58 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS ST ART THE
BOSS TACO 150GM

\$4.39

198977 \$2.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS ST ART CAJUN
CHICKEN 150GM

\$4.39

198985 \$2.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$3.50

200520 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
GOLD 500ML

\$3.00

200811 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

PANADOL LIQUID
CAPS 20'S

\$6.39

204134 \$0.32 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

J&J S/POO BABY
GOLD 200ML

\$5.79

206121 \$2.90 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

ICE BREAK UHT ESP
RECHARGE 500ML

\$3.25

206797 \$6.50 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

ROSELLA COND
TOMATO SOUP 390GM

\$2.65

213241 \$0.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROSELLA TOM/RST
PEPPERS SOUP 390GM

\$2.59

213348 \$0.66 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES PARTY
MIX 160GM

\$2.39

216645 \$1.49 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

J&J BABY OIL
200ML

\$6.69

221911 \$3.35 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

333 STUFFED
OLIVES 500GM

\$4.05

223204 \$8.10 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.70

226931 \$2.16 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER RAZZLE
BERRY 4PK

\$9.85

226966 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

LOR ESP RISTRETTO
DECAF 10PK

\$5.59

227686 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SORBENT F/TISS
POCKET 4PLY 6PK

\$1.99

231837 \$3.32 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

WHITE KING.SURFACE
SPRAY LEM 500ML

\$3.55

232805 \$0.71 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS TOMATO
CHUTNEY 400GM

\$6.69

233015 \$1.67 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS TOMATO
RELISH 400GM

\$6.69

233496 \$1.67 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS GREEN
TOMATO PICKLE 400GM

\$6.69

233509 \$1.67 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS CHUTNEY
WITH ATTITUDE 400GM

\$6.69

233517 \$1.67 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS TOMATO
SAUCE 520GM

\$6.69

234472 \$1.29 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JOHNNOS SPICY
BBQ SAUCE 520GM

\$6.69

234528 \$1.29 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HARRIS SMOOTH
BEANS 1KG

\$19.75

237104 \$1.98 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HARRIS STRONG
BEANS 1KG

\$19.75

237139 \$1.98 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HARRIS VERY
STRONG BEANS 1KG

\$19.75

237200 \$1.98 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HARRIS STRONG
GROUND 1KG

\$19.69

237374 \$1.97 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HARRIS SMOOTH
GROUND 1KG

\$19.69

237489 \$1.97 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES JERSEY
CAMEL 160GM

\$2.39

238086 \$1.49 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES LICORICE
ALLSORTS 160GM

\$2.39

238107 \$1.49 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

LOR ESPRESSO
ULTIMO 10PK

\$5.59

240565 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WHITE HEAT
FIRELIGHTERS 36'S

\$3.55

242771 \$0.10 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

CODRAL RELIEF COLD/
FLU + DECON 10'S

\$8.79

244849 \$0.88 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA WHITE
SPEARMINT TAB 14'S

\$2.15

247134 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PHILA CREAM CHEESE
LGHT BLOCK 250GM

\$4.75

247142 \$19.00 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

PHILA CREAM CHEESE
BLOCK 250GM

\$4.75

247185 \$19.00 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA WHITE
PEPPERMINT TAB 14'S

\$2.15

247249 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$9.85

249594 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$7.00

250819 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SPRITE NO SUGAR
250ML 6PK

\$7.00

250835 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

FANTA ORANGE
250ML 6PK

\$7.00

250843 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$7.00

251010 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA DIET
250ML 6PK

\$7.00

251168 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA 250ML
6PK

\$7.00

251205 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA
VANILLA 250ML 6PK

\$7.00

251491 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE BERRY
ICE FLO 1LT

\$4.20

255652 \$4.20 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE MOUNT
BLAST FLO 1LT

\$4.20

255660 \$4.20 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.70

257981 \$2.16 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SPRITE 250ML 6PK

\$7.00

259530 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

OAK FLAVOURED MILK
CHOCOLATE 500ML

\$2.75

259952 \$5.50 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

OAK FLAVOURED MILK
STRAWBERRY 500ML

\$2.75

259960 \$5.50 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOCCONA DECAF
CLASSIC F/D 100GM

\$10.25

264719 \$10.25 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOCCONA CLASSIC
F/D 100GM

\$10.25

264735 \$10.25 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MOCCONA CLASSIC
DARK ROAST 100GM

\$10.25

265965 \$10.25 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PALM FOR MEN ACTIVE
SHOWER GEL 1LT

\$7.55

267637 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

PALM NAT MILK &
CHRYBLOSS 1LT

\$7.55

267653 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

PALM SHOWER GEL
HYDRATING 1LT

\$7.55

267709 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

PALM NATURALS POME
& MANGO SHW 1LT

\$7.55

267768 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.50

268007 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MULTIX SUPER STRONG
TIDY LGE 18'S

\$2.99

272006 \$0.17 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$7.00

273615 \$4.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

PECKISH LGE PARROT
BLEND 1.5KG

PECKISH SML
PARROT BLEND 1.5KG

PECKISH SML
BIRD BLEND 1.5KG

\$7.65

276226 \$0.51 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$7.65

276285 \$0.51 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$7.65

276496 \$0.51 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

KINDER CHOC
LITTLEONES 50GM

WRIG EXTRA INTENSE
MINT TAB 27GM

ECLIPSE CHEWY PINK
LEMONADE 27GM

\$1.85

278221 \$3.70 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$2.15

279179 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$1.65

279187 \$6.11 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

5 GUM SWEET
MINT STICK 32GM

MOTHER GUAVA
CAN 500ML

5 GUM BLUEBERRY
32GM

\$2.15

279347 \$6.72 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$3.00

279937 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

\$2.15

282335 \$6.72 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

5 GUM WATERMELON
32GM

\$2.15

282693 \$6.72 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DM HAZELNUT
BITES 130GM

\$3.89

283266 \$2.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PODRAVKA CHICKEN
SPREAD 100GM

\$1.45

285587 \$1.45 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MONSTER GREEN
500ML 4PK

\$9.85

286117 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
ZERO 500ML 4PK

\$9.85

286168 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

ECLIPSE CHEWY
MINTS P/MINT 27GM

\$1.65

287574 \$6.11 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 27GM

\$1.65

288120 \$6.11 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

VANILLA COCA
COLA 2LT

\$4.60

288550 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA ENV
SPEARMINT 14'S

\$2.15

289692 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA ENV
PEPPERMNT 14'S

\$2.15

289705 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

CAD TWIRL BITES
PILLOW 140GM

\$3.89

297473 \$2.78 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD TWIRL CARAMILK
BITES PILL 130GM

\$3.89

297510 \$2.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DM TOP DECK
BITES PILLOW 135GM

\$3.89

297529 \$2.88 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

EUROPE SUMMER ROLL
MINIS PILL 150GM

\$3.89

297545 \$2.59 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DM CARAMELLO
BITES 142GM

\$3.89

297588 \$2.74 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DM PEPPERMINT
BITES 142GM

\$3.89

297596 \$2.74 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DM STRAWBERRY
BITES 142GM

\$3.89

297633 \$2.74 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD CHERRY RIPE
MINIS PILLOW 150GM

\$3.89

297684 \$2.59 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

FRYS TURKISH DEL
BITES PILLOW 140GM

\$3.89

297780 \$2.78 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PALM DISHWASH LIQUID
FRANGIPAN 500ML

\$3.25

297860 \$0.65 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

CAD DM BLACKFOREST
RASPBERRY 330GM

\$7.89

303714 \$2.39 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

333 AUSTRALIAN
PICKLED ONIONS 520GM

\$3.95

303933 \$7.60 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

PALM NATS SGEL
MILK/HONEY 1LT

\$7.55

305066 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

COLG T/PASTE TOTAL
MINT STRIPE 200GM

\$6.39

305453 \$3.20 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

COLG T/PASTE
TOTAL 200GM

\$6.39

305461 \$3.20 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$9.99

305744 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS LEMON S/
FREE 375ML 10PK

\$9.99

305760 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$9.99

305808 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

LOR ESPRESSO
ONYX 10PK

\$5.59

308670 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

LOR ESPRESSO
SUPERIORE 10PK

\$5.59

308697 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

LOR ESPRESSO
RISTRETTO 10PK

\$5.59

308734 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

LOR LUNGO
PROFONDO 10PK

\$5.59

308830 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

LOR ESPRESSO
COLOMBIA 10PK

\$5.59

308961 \$10.75 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.50

310682 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.50

310746 \$5.83 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.70

317454 \$2.16 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SNICKERS BAR
44GM

\$1.60

317489 \$3.64 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.70

317550 \$2.16 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

TWIX BAR 50GM

\$1.60

325366 \$3.20 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

M&MS MINIS
35GM

\$1.60

326713 \$4.57 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

VEGETA BEEF STEW/
MROOM/POT 400GM

\$3.65

328284 \$0.91 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

VEGETA BEEF STEW/
PEAS/POT 400GM

\$3.65

328305 \$0.91 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA NO
SUGAR 2LT

\$4.60

328778 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

PALM NATS SGEL
MILD&SENSITIVE 1LT

\$7.55

329148 \$0.76 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

WRIG EXTRA ENV
STRAWBERRY 14'S

\$2.15

333614 \$7.96 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

POWERADE GOLD
RUSH 1LT

\$4.20

334289 \$4.20 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS CRM SODA
375ML 10PK

\$9.99

338335 \$2.66 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SORBENT FACIAL
SOFT WHITE 170'S

\$2.35

338650 \$1.38 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

DUCK FOAMING BLEACH
GEL MARINE 750ML

\$6.59

343345 \$0.88 per 100ML
Specials available from 8/05/2024 until 21/05/2024.

VEGETA CHICKEN
STOCK POT 112GM

\$2.75

346925 \$0.25 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

SORBENT FACIAL
SOFT HYPO 170'S

\$2.35

349472 \$1.38 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

CAD DM TOP DECK
340GM

\$7.89

358803 \$2.32 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

KINDER BUENO
T30 43GM

\$1.69

362941 \$3.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

DORITOS CHEESE SPRM
FLAMNG HOT 150GM

\$4.39

364613 \$2.93 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

HANDEE ULTRA
CRSP WHITE 2PK

\$3.59

365675 \$2.99 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

SORBENT F/TISSUE
WHITE TRAVEL 50'S

\$1.15

365843 \$2.30 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

SORBENT F/TISSUES
WHITE 90'S

\$1.85

365851 \$2.06 per 100EA
Specials available from 8/05/2024 until 21/05/2024.

ADVIL MINI
LIQUID CAPS 20'S

\$7.25

376059 \$0.36 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

SPRITE NO SUGAR
2LT

\$4.60

377772 \$2.30 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.60

386150 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.60

386476 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SUGAR FREE
LEMON 1.25LT

\$2.60

386484 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.60

386505 \$2.08 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.50

386628 \$2.80 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.85

386740 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

CAD DRINKING CHOC
CANISTER 250GM

\$3.85

386898 \$1.54 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DRINKING CHOC
NEAPOLITAN 250GM

\$3.85

386900 \$1.54 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MONSTER ULTRA
ROSA 500ML 4PK

\$9.85

387823 \$4.93 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

CAD DAIRY MILK
CAMELLO 345GM

\$7.89

389933 \$2.29 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD DAIRY MILK
360GM

\$7.89

392382 \$2.19 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD FRUIT & NUT
360GM

\$7.89

392403 \$2.19 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD CARAMILK
315GM

\$7.89

392411 \$2.50 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CAD OLD GOLD RUM
& RAISIN 315GM

\$7.89

392438 \$2.50 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

TWIX WHITE 46GM

\$1.60

392649 \$3.48 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

M&MS MILK 49GM

\$1.60

397095 \$3.27 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

M&MS PEANUT
46GM

\$1.60

397183 \$3.48 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

JCS MIXED NUTS
SALTED PREM 350GM

\$8.49

416196 \$24.26 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$8.49

416209 \$24.26 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

NAT BEEF & CARAMELISED
ONION 2PK

\$7.55

478311 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS BACKYARD
BBQ MIX 375GM

\$6.49

500451 \$17.31 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS GRN/SEED/
QUINOA BREAD 800GM

\$4.79

500873 \$0.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES CHOC CLICK
CLAKS BAG 130GM

\$2.15

530183 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES SOUR COLA
BOTTLES BAG 130GM

\$2.15

530204 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES CHOC
BULLETS BAG 170GM

\$2.15

530810 \$1.26 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ BUZZ
LIGHTYEAR 17GM

\$3.49

530917 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ CARE BEARS
17GM

\$3.49

530941 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ SONIC THE
HEDGEHOG 17GM

\$3.49

531266 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ SPIDERMAN
17GM

\$3.49

531282 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CURRIED CHCKN
PIES 360G 2PK

\$7.55

560999 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CLSC BEEF/CHEESE
PIES 360G 2PK

\$7.55

569803 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CHUNKY BEEF
PIES 360G 2PK

\$7.55

569811 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

W/WATCHERS MUSH
PMPKN RISOTTO 320GM

\$4.99

600815 \$1.56 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

T/VALLEY COCONUT
LIME YOG 700GM

\$4.95

601383 \$0.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS ORG
SOURDOUGH 850GM

\$4.79

605720 \$0.56 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS TASMANIAN
RYE 800GM

\$4.79

605739 \$0.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS SOURDOUGH
DARK RYE 800GM

\$4.79

605747 \$0.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN PIZZA
MARGHERITA 500GM

\$8.39

610642 \$1.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN BUTTER
CHICKEN SAUC 375GM

\$3.35

616382 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN KORMA
CURRY SAUCE 375GM

\$3.35

616390 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN MADRAS
CURRY SAUCE 375GM

\$3.35

616403 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN ROGAN
JOSH CURRY SA 375GM

\$3.35

616411 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN TIKKA
MASALA SAUCE 375GM

\$3.35

616438 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHEFS GRDN VINDALOO
CURRY SAUC 375GM

\$3.35

616446 \$0.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

W/WATCHERS CHICK&MUSH
FETTUCIN 300GM

\$4.99

632681 \$1.66 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PATTIES MINI
COMBOS 1KG

\$16.45

643436 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
CAMPFIRE 130GM

\$3.99

646987 \$3.07 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
DROVERS 130GM

\$3.99

646995 \$3.07 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
NIPPERS 130GM

\$3.99

647007 \$3.07 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
EASY RIDER 130GM

\$3.99

647031 \$3.07 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
SALTIES 115GM

\$3.99

647066 \$3.47 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

SESH SNACKS
DESERT HEAT 130GM

\$3.99

647090 \$3.07 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

T/VALLEY S/BERRY &
CREAM YOG 700GM

\$4.95

649184 \$0.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

T/VALLEY BLUEBERRY
& CREAM YOG 700GM

\$4.95

649192 \$0.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.45

655541 \$5.44 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN LIL PIZZAS
CHS MARGARIT 380GM

\$7.55

655576 \$1.99 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN LIL PIZZAS
HAM CHEESE 400GM

\$7.55

655613 \$1.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN FAMILY PIZZA
PEPPERONI 490GM

\$8.39

656544 \$1.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

B/EYE GARDEN
PEAS 500GM

CHRIS H/STYLE DIPS
SWT CHILLI 3PK

PEZ NINTENDO
17GM

\$2.85

662338 \$5.70 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

\$3.25

665475 \$1.81 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$3.49

666152 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ POKEMON
17GM

PEZ DISNEY
ANIMALS 17GM

T/VALLEY MANGO &
CREAM YOG 700GM

\$3.49

666160 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$3.49

666259 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$4.95

670004 \$0.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN PIZZA
SUPREME 500GM

MCCAIN PIZZA HAM &
PINEAPPLE 500GM

MCCAIN P/STYLE POTATO
WEDGES 750GM

\$8.39

672464 \$1.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$8.39

672480 \$1.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

\$5.99

672544 \$7.99 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN PIZZA CHEESE
& BACON 500GM

\$8.39

672552 \$1.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN CR POTATO
FRIES 750GM

\$5.99

672560 \$7.99 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN PIZZA HAM/
PINEAPPLE SNG 400GM

\$7.55

672616 \$1.89 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.69

676297 \$3.36 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.69

676369 \$2.69 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.69

676414 \$2.69 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.69

676537 \$2.24 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CHICKEN &
CAMEMBERT 2PK

\$7.55

679383 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CHNKY BEEF R/
WINE & MUSHRM 2PK

\$7.55

679391 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CLASSIC BEEF
& PEPPER 2PK

\$7.55

679404 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

T/VALLEY TROPICAL
CREAMERY 700GM

\$4.95

682371 \$0.71 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILDERNESS
RUMP STEAK 1RW

\$37.35

737037 \$37.35 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.99

747040 \$19.98 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES CHOC
HONEYCOMB BAG 110GM

\$2.15

759981 \$1.95 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES GROOVY
MIX BAG 140GM

\$2.15

760026 \$1.54 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES HARD
JUBES BAG 170GM

\$2.15

760034 \$1.26 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES CHOC MIX
BUDS BAG 130GM

\$2.15

760085 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS SOURDOUGH
W/ML BREAD 800GM

\$4.79

760384 \$0.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

WILLIAMS RYE&SPELT
BREAD 800GM

\$4.79

761539 \$0.60 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PAND VIRGINIA
HAM RND 2.7KG

\$15.99

778234 \$15.99 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

PEZ PRINCESS
17GM

\$3.49

795130 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ FRUIT REFILL
PACK 8PK

\$2.75

795376 \$0.34 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

PEZ FIZZY REFILL
PACK 8PK

\$2.75

795405 \$0.34 per 1EA
Specials available from 8/05/2024 until 21/05/2024.

PEZ MARVEL
UNIVERSE 17GM

\$3.49

804842 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ ANIMAL
CROSSING 17GM

\$3.49

804893 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PEZ PIKACHU
17GM

\$3.49

804930 \$20.53 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

GF ALL SEASON
SPICE BAG 40GM

\$1.35

805052 \$0.34 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF BASIL LEAVES
BAG 10GM

\$1.35

805159 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF BAY LEAVES
BAG 4GM

\$1.35

805191 \$3.38 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF BBQ SMOKEY
SEASONING BAG 30GM

\$1.35

805212 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CARAWAY
SEEDS BAG 25GM

\$1.35

805220 \$0.54 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CARDAMON
GROUND BAG 15GM

\$1.35

805407 \$0.90 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CHILLI HOT
CRUSHED BAG 20GM

\$1.35

805415 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CHILLI POWDER
BAG 30GM

\$1.35

805423 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CAYENNE
PEPPER BAG 30GM

\$1.35

805431 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CHICKEN
SEASONING BAG 30GM

\$1.35

805458 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CINNAMON
GROUND BAG 30GM

\$1.35

805466 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CINNAMON
QUILLS BAG 6GM

\$1.35

805546 \$2.25 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CHINESE FIVE
SPICE BAG 30GM

\$1.35

805589 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CHIVES BAG
4GM

\$1.35

805626 \$3.38 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CINNAMON
SUGAR BAG 40GM

\$1.35

805714 \$0.34 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CLOVES GROUND
BAG 20GM

\$1.35

805730 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CLOVES
WHOLE BAG 15GM

\$1.35

805757 \$0.90 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CORIANDER GROUND
BAG 30GM 30GM

\$1.35

805802 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CORIANDER
SEEDS BAG 20GM

\$1.35

805810 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CUMIN GROUND
BAG 30GM

\$1.35

805853 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CUMIN SEEDS
BAG 20GM

\$1.35

805896 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF CURRY POWDER
MILD BAG 30GM

\$1.35

805925 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF FENNEL SEEDS
BAG 30GM

\$1.35

805933 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GARAM MASALA
BAG 30GM

\$1.35

805968 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GARLIC POWDER
BAG 30GM

\$1.35

805992 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GARLIC GRANULES
BAG 30GM

\$1.35

806004 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GARLIC STEAK
SEASONING BAG 25GM

\$1.35

806100 \$0.54 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GARLIC SALT
BAG 40GM

\$1.35

806127 \$0.34 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GREEK SEASONING
BAG 30GM

\$1.35

806178 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF GINGER GROUND
BAG 30GM

\$1.35

806186 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF ITALIAN HERBS
BAG 10GM

\$1.35

806194 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF HERB & GARLIC
SEASONING BAG 20GM

\$1.35

806207 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MARJORAM
LEAVES BAG 9GM

\$1.35

806223 \$1.50 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF LEMON PEPPER
BAG 30GM

\$1.35

806290 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MINT LEAVES
BAG 10GM

\$1.35

806311 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MEDITERRANEAN
SEASONING BAG 30GM

\$1.35

806338 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MIXED SPICE
BAG 30GM

\$1.35

806610 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MIXED HERBS
BAG 10GM

\$1.35

806629 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MUSTARD
GROUND BAG 30GM

\$1.35

806696 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MOROCCAN
SPICE BAG 25GM

\$1.35

806709 \$0.54 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF NUTMEG GROUND
BAG 15GM

\$1.35

806733 \$0.90 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF MUSTARD
SEEDS BAG 30GM

\$1.35

806741 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF ONION POWDER
BAG 30GM

\$1.35

806768 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF ONION FLAKES
BAG 25GM

\$1.35

806776 \$0.54 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PAPRIKA
SMOKEY BAG 30GM

\$1.35

806805 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF OREGANO
LEAVES BAG 10GM

\$1.35

806821 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PARSLEY
FLAKES BAG 5GM

\$1.35

806880 \$2.70 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PAPRIKA BAG
30GM

\$1.35

806899 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PEPPER BLACK
WHOLE BAG 20GM

\$1.35

806901 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PEPPER BLACK
CRACKED BAG 20GM

\$1.35

806928 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF POPPY SEEDS
BAG 45GM

\$1.35

806944 \$0.30 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF PEPPER STEAK
SEASONING BAG 30GM

\$1.35

806952 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF SAGE LEAVES
BAG 8GM

\$1.35

806987 \$1.69 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF ROSEMARY
LEAVES BAG 20GM

\$1.35

807015 \$0.68 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF STAR ANISE
WHOLE BAG 10GM

\$1.35

807023 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF SESAME SEEDS
BAG 30GM

\$1.35

807074 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF TARRAGON
LEAVES BAG 7GM

\$1.35

807138 \$1.93 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF STEAK SEASONING
BAG 30GM

\$1.35

807162 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF TUMERIC GROUND
BAG 30GM

\$1.35

807189 \$0.45 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF THYME LEAVES
BAG 10GM

\$1.35

807242 \$1.35 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF VANILLA
SUGAR BAG 40GM

\$1.35

807269 \$0.34 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

GF TUSCAN SEASONING
BAG 25GM

\$1.35

807357 \$0.54 per 10GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CLASSIC
CURRIED BEEF 2PK

\$7.55

811487 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CHICKEN BACON
& CHEESE 2PK

\$7.55

811495 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT BUTTER
CHICKEN PIE 2PK

\$7.55

813482 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NAT CHUNKY BEEF/
BCN/CHEESE PIE 2PK

\$7.55

813490 \$2.10 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES JELLY
BEANS BAG 130GM

\$2.15

845222 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES MILD
MINTS BAG 130GM

\$2.15

845230 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES RACING
CARS BAG 130GM

\$2.15

845249 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES MIXED
BERRIES BAG 130GM

\$2.15

845265 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

ROBBIES HONEY
BEARS BAG 130GM

\$2.15

845273 \$1.65 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PAULS BANANA
CUSTARD 70GM

\$1.59

907163 \$2.27 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PAULS VANILLA
CUSTARD 70GM

\$1.59

907569 \$2.27 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PAULS CHOCOLATE
CUSTARD 70GM

\$1.59

907606 \$2.27 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHRIS H/STYLE DIP
TZATZI 60G 180GM

\$3.25

908940 \$1.81 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

FLORA WITH BUTTER
SPREAD 450GM

\$5.89

911816 \$1.31 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

CHRIS DIP FRENCH
ONION 3PK 180GM

\$3.25

912763 \$1.81 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN PIZZA MEAT
LOVERS BBQ 500GM

\$8.39

913096 \$1.68 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

W/WATCHERS TUNA
PASTA BAKE 320GM

\$4.99

914005 \$1.56 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PAULS CUSTARD
STRAWBERRY 70GM

\$1.59

944933 \$2.27 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

W/WATCHERS BEEF
BOLOGNESE 320GM

\$4.99

981160 \$1.56 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

PHILA BLOCK LACTOSE
FREE 250GM

\$4.75

982892 \$19.00 per 1KG
Specials available from 8/05/2024 until 21/05/2024.

4N20 BEEF CHEESE
BACON PIE 160GM

\$2.79

992644 \$1.74 per 100GM
Specials available from 8/05/2024 until 21/05/2024.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.45

994279 \$5.44 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.45

994295 \$5.44 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

NIPPYS APPLE
COLD PRESS 450ML

\$2.45

994308 \$5.44 per 1LT
Specials available from 8/05/2024 until 21/05/2024.

MCCAIN P/STYLE E/
CRISPY CHIPS 750GM

\$5.99

995589 \$7.99 per 1KG
Specials available from 8/05/2024 until 21/05/2024.