

COCA COLA NO SUGAR  
VANILLA 600ML

**\$4.00**

4167 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA NO SUGAR  
VANILLA 1.25LT

**\$3.00**

4175 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS TONIC  
1.25LT

**\$2.20**

4220 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS G/BEER  
375ML 10PK

**\$8.00**

4335 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CDM C/MILK HOKEY  
POKEY BLK 170GM

**\$3.99**

5901 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY MINI  
FINGERS 116GM

**\$3.49**

6322 \$3.01 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY MINI FREDDO  
& FRIENDS 139GM

**\$3.49**

6330 \$2.51 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PASCALL JELLY GEMS  
BANG BERRY 150GM

**\$3.69**

6349 \$2.46 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS DRY  
GINGER 1.25LT

**\$2.20**

11471 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SODA  
WATER 1.25LT

**\$2.20**

11498 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FANTA RASPBERRY  
600ML

**\$4.00**

11738 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA 1.25LT

**\$3.00**

12212 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FANTA 1.25LT

**\$3.00**

12239 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE LEMONADE  
1.25LT

**\$3.00**

12255 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA DIET  
1.25LT

**\$3.00**

12271 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE 600ML

**\$4.00**

18550 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS C/SODA  
PET 1.25LT

**\$2.20**

19107 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS L/ADE PET  
1.25LT

**\$2.20**

19123 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS LEMON PET  
1.25LT

\$2.20

19131 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS PASIT PET  
1.25LT

\$2.20

19369 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA 600ML

\$4.00

19406 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA DIET  
600ML

\$4.00

19414 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS LEMONADE  
375ML 10PK

\$8.00

88532 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS CLUB LEMON  
375ML 10PK

\$8.00

88540 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS PASITO  
375ML 10PK

\$8.00

88559 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA ORG GOURMET  
STK PWD 160GM

\$3.49

101290 \$0.22 per 10GM  
Specials available from 10/05/2023 until 23/05/2023.

WHITE KING  
DETERGENTBLEACH 1.25LT

\$4.49

101338 \$3.59 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER BERRY ENERGY  
DRNK 500ML 4PK

ECLIPSE SPEARMINT  
OTC 40GM

ECLIPSE INTENSE  
MINT OTC 40GM

**\$9.00**

101426 \$4.50 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

**\$2.79**

102170 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

**\$2.79**

102189 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE PEPPERMINT  
OTC 40GM

PASCALL WINE  
GUMS 220GM

MOTHER BERRY  
ENERGY DRINK 500ML

**\$2.79**

102197 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

**\$3.69**

104424 \$1.68 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

**\$3.00**

106948 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SAN SO GOOD  
OAT NAS UHT 1LT

MOTHER ENERGY  
DRINK S/F 500ML 4PK

MOTHER ENERGY  
DRINK PASSION 4PK

**\$2.49**

109268 \$2.49 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

**\$9.00**

118850 \$4.50 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

**\$9.00**

122518 \$4.50 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOCCONA HAZELNUT  
FREEZE DRIED 95GM

**\$9.99**

125460 \$10.52 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO CHOC  
ICE MALT 250ML 6PK

**\$6.49**

127706 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD SLICES OLD  
GOLD MINT 170GM

**\$3.99**

128071 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD CARAMILK  
HEDGEHOG 165GM

**\$3.99**

128098 \$2.42 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM CHOC  
CRACKLE 165GM

**\$3.99**

128100 \$2.42 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO  
VANILLA ICE 500ML

**\$3.69**

128207 \$7.38 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO CHOC  
ICE 500ML

**\$3.69**

128311 \$7.38 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS THAI  
SWEET CHILLI 150GM

**\$4.39**

128485 \$2.93 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

FANTA ORG 600ML

**\$4.00**

131510 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

VANILLA COKE  
600ML

**\$4.00**

137445 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FANTA ORANGE  
NO SUGAR 1.25LT

**\$3.00**

144098 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE NO SUGAR  
1.25LT

**\$3.00**

144100 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOCCONA CARAMEL  
FRZ DRIED 95GM

**\$9.99**

150244 \$10.52 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SF PASITO  
1.25LT

**\$2.20**

155635 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA  
VANILLA 1.25LT

**\$3.00**

155686 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SF PASITO  
375ML 10PK

**\$8.00**

155723 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

WERTHERS CREAM  
CANDIES S/F 42GM

**\$1.99**

164865 \$4.74 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CDM CARAMILK  
BLOCK 180GM

**\$3.99**

166748 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY  
MILK 180GM

**\$3.99**

172718 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY OLD GOLD  
GOLD 70% 180GM

**\$3.99**

172734 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KRAFT SINGLES  
LIGHT 432GM

**\$7.99**

172857 \$18.50 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

AUSTRALIAS OWN  
BARISTA ALMOND 1LT

**\$3.99**

176233 \$3.99 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE  
CHOC SPLIT 133GM

**\$1.75**

180400 \$1.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE  
CHOCOLATE 133GM

**\$1.75**

180419 \$1.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE RED  
VELVET 133GM

**\$1.75**

180427 \$1.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE  
ORIGINAL 133GM

**\$1.75**

180486 \$1.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

WERTHERS TOFFEE  
ORIG S/FREE 60GM

**\$3.25**

180881 \$5.42 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO NAS  
VANILLA 250ML 6PK

**\$6.49**

182406 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO NAS  
CHOCOLATE 250ML 6PK

**\$6.49**

182414 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER EPIC SWELL  
ENERGY 500ML

**\$3.00**

185076 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER ZERO SUGAR  
RAZZLEBRY 500ML

**\$3.00**

191222 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE ORANGE H/  
PRESS MINTS 40GM

**\$2.79**

191871 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SORBENT DOUBLE  
LENGTH 4PK

**\$5.99**

193164 \$0.42 per 100SH  
Specials available from 10/05/2023 until 23/05/2023.

SORB VANILLA FACIAL  
TISSUES 170PK

**\$2.25**

193498 \$1.32 per 100EA  
Specials available from 10/05/2023 until 23/05/2023.

BICKS BLACK CURRANT  
SYRUP GLS 750ML

**\$6.49**

193674 \$8.65 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD DAIRY MILK  
MARBLE BLOCK 173GM

**\$3.99**

194490 \$2.31 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD OLD GOLD CHERRY  
RIPE BLOCK 180GM

**\$3.99**

194503 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA CHICKEN  
STOCK CUBES 60GM

**\$1.00**

196859 \$0.17 per 10GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA BEEF STOCK  
CUBES 60GM

**\$1.00**

196947 \$0.17 per 10GM  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS CHEESE  
SUPREME 170GM

**\$4.39**

197034 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS NACHO  
CHEESE 170GM

**\$4.39**

197042 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PASCALL PINEAPPLE  
LUMPS 185GM

**\$3.69**

197528 \$1.99 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS  
ORIGINAL 170GM

**\$4.39**

198053 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS  
MEXICANA 170GM

**\$4.39**

198061 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PASCALL MMALLOWS  
VANRASP 280GM

**\$3.69**

198272 \$1.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD CLINKERS  
160GM

**\$3.69**

200053 \$2.31 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

WERTHERS ECLAIR  
BAGS 100GM

**\$3.25**

200360 \$3.25 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

FANTA RASPBERRY  
NO SUGAR 1.25LT

**\$3.00**

200520 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FANTA NO SUGAR  
RASPBERRY 600ML

**\$4.00**

200598 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

DIFFLAM BLK E/BRY  
IMMUNE DROPS 20PK

**\$5.49**

200977 \$0.27 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

DIFFLAM HON/LEM  
IMMUNE DROPS 20PK

**\$5.49**

201005 \$0.27 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

DIFFLAM MEN/EUCL  
IMMUNE DROPS 20PK

**\$5.49**

201013 \$0.27 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

DURO TUSS DRY  
LIQUID COUGH 200ML

**\$14.99**

201048 \$7.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

DURO TUSS CHESTY  
LIQUID COUGH 200ML

**\$14.99**

201064 \$7.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

DURO TUSS COLD/FLU  
LIQUID COUG 200ML

**\$14.99**

201179 \$7.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

NYAL PARACETAMOL+CAFFEINE  
TABS 20PK

**\$4.99**

201312 \$0.25 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

CDM CHOC MAKERS  
MINT CHIP 170GM

**\$3.99**

204521 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL COLD&FLU  
DAY&NIGHT 24'S

**\$12.99**

206711 \$0.54 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

R/HEADS FIRE STARTER  
MATCHES 10'S

**\$3.25**

209453 \$0.33 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

B&C BEEF BONE BROTH  
GRASS FED 300ML

**\$6.99**

210518 \$2.33 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

B&C CHICK BONE  
BROTH F/RANGE 300ML

**\$6.99**

210729 \$2.33 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

CHUPA CHUP  
MEGA TIN 12GM

**40~~c~~**

212484 \$3.33 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

333 MIGHTYMITE  
290GM

**\$3.25**

221292 \$1.12 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER RAZZLE  
BERRY 4PK

**\$9.00**

226966 \$4.50 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

TNCC BERRY  
SALAD 180GM

**\$3.15**

227467 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DAIRY MILK  
BOYSENBERRY 180GM

**\$3.99**

227790 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO  
BANANA 250ML 6PK

**\$6.49**

228494 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

WHITE KING BLEACH  
REGUL 1.25LT

**\$3.99**

229219 \$3.19 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

WHITE KING BLEACH  
LEMON 1.25LT

**\$3.99**

229227 \$3.19 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO  
STRAWBERRY 250ML 6PK

**\$6.49**

230092 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD TWIRL BITES  
STRAWBERRY 110GM

**\$3.99**

230973 \$3.63 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS GUACAMOLE  
& SALSA 150GM

**\$4.39**

231095 \$2.93 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO DOUBLE  
STUFF 147GM

**\$1.75**

231888 \$1.19 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL DRY COUGH  
200ML

**\$8.99**

237542 \$4.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

VIOLET CRUMBLE  
50GM

**\$1.29**

237593 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL PARACETAMOL  
500MG TABS 20'S

**\$2.99**

240119 \$0.15 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

NYAL PARACETAMOL  
500MG CAPS 20'S

**\$2.99**

240186 \$0.15 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

NYAL IBUPROFEN  
200MG TABS 24'S

**\$3.99**

240194 \$0.17 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

CDM M/CREATIONS  
ROCKY ROAD 190GM

**\$3.99**

244806 \$2.10 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO ENERGIZE  
CHOC 250ML 6PK

**\$6.49**

246625 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

TNCC FRUIT BASKET  
R/SUGAR 220GM

**\$3.15**

246940 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KRAFT CHEDDAR  
CHEESE SLICES 250GM

**\$4.49**

247425 \$17.96 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

CAD DREAM WHITE  
XMAS BLOCK 170GM

**\$3.99**

248452 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE GRAPE  
40GM

**\$2.79**

248751 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

FANTA ORANGE NO  
SUGAR 250ML 6PK

**\$6.50**

250819 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE NO SUGAR  
250ML 6PK

**\$6.50**

250835 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FANTA ORANGE  
250ML 6PK

**\$6.50**

250843 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA NO  
SUGAR 250ML 6PK

**\$6.50**

251010 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA DIET  
250ML 6PK

**\$6.50**

251168 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA 250ML  
6PK

**\$6.50**

251205 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA  
VANILLA 250ML 6PK

**\$6.50**

251491 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE LEMON  
PLUS 1.25LT

**\$3.00**

251563 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE LEMON PLUS  
ZERO SUGAR 1.25LT

**\$3.00**

251619 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE LEMON PLUS  
ZERO SUGAR 600ML

**\$4.00**

251977 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE LEMON  
PLUS 600ML

**\$4.00**

252048 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD M/CREATIONS  
CARAMILK 190GM

**\$3.99**

252531 \$2.10 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD OLD GOLD PNUT  
BRITTLE 175GM

**\$3.99**

252670 \$2.28 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

RAG PASTA SCE  
BOLOGNESE 500GM

**\$2.99**

252996 \$0.60 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

REDHEAD  
FIRELIGHTERS 24PK

**\$4.99**

254721 \$0.21 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

TNCC DINOSAURS  
220GM

**\$3.15**

254959 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC SMOOTHIE  
CHEWS 180GM

**\$3.15**

254975 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC BERRY BLISS  
180GM

**\$3.15**

255329 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL CHESTY COUGH  
NON DROWSY 200ML

**\$8.99**

255345 \$4.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

NYAL COLD SORE  
CRM BLIS 10GM

**\$8.99**

255353 \$89.90 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL DECON  
NASAL SPRAY 15ML

**\$9.49**

255361 \$63.27 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

NYAL BRONCHITIS  
MIX 200ML

**\$8.99**

255417 \$4.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

CAD FLAKE BITES  
PILLOW 150GM

**\$3.99**

255492 \$2.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PASCALL JUBES  
300GM

**\$3.69**

255636 \$1.23 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC SNAKES REDUCED  
SUGAR 230GM

**\$3.15**

255644 \$1.37 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

POWERADE BERRY  
ICE FLO 1LT

**\$4.00**

255652 \$4.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

POWERADE MOUNT  
BLAST FLO 1LT

**\$4.00**

255660 \$4.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SOUR PATCH KIDS  
190GM

**\$3.15**

255724 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SOUR PATCH KIDS  
WATERMELON 190GM

**\$3.15**

255804 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VIOLET CRUMBLE  
RASPBERRY CUBES 130GM

**\$3.69**

256815 \$2.84 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC FRUITY  
STACKERS 220GM

**\$3.15**

258626 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE 250ML 6PK

**\$6.50**

259530 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

TNCC JELLY  
BABIES 220GM

**\$3.15**

259856 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DIFFLAM PLUS ANAEST  
H&L LOZ 16'S

\$8.99

260021 \$0.56 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

DIFFLAM PLUS ANAES  
BERRY LOZ 16'S

\$8.99

260048 \$0.56 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

TNCC FRT & CREAM  
BLISS 180GM

\$3.15

260072 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SOUR PATCH KIDS  
BERRY 190GM

\$3.15

260080 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOCCONA DECAF  
CLASSIC F/D 100GM

\$8.99

264719 \$8.99 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOCCONA CLASSIC  
F/D 100GM

\$9.99

264735 \$9.99 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOCCONA CLASSIC  
DARK ROAST 100GM

\$9.99

265965 \$9.99 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO ENERGZE  
VANILLA 250M 6PK

\$6.49

267602 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA-COLA NO  
SUGAR 1.25LT

\$3.00

268007 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO ENERGZE  
COFFEE 250ML 6PK

**\$6.49**

268082 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA-COLA NO  
SUGAR 600ML

**\$4.00**

268381 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MUG SHOT CREAMY  
CHEESE PASTA 68GM

**\$1.35**

269480 \$1.99 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MUG SHOT TOMATO  
HERB PASTA 64GM

**\$1.35**

269552 \$2.11 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MULTIX SUPER STRONG  
TIDY LGE 18'S

**\$3.49**

272006 \$0.19 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

FANTA RASPBERRY  
NO SUGAR 6PK

**\$6.50**

273615 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

AOS BARISTA  
MACADAMIA MILK 1LT

**\$3.99**

273682 \$3.99 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM MORE NUTS  
SALT TOFFEE 165GM

**\$3.99**

274394 \$2.42 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD CARAMILK  
BREAKWAY TAB 180GM

**\$3.99**

274415 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM MIXED  
NUTS 165GM

**\$3.99**

274466 \$2.42 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KINDER CHOC  
MAXI T1 21GM

**95¢**

275768 \$4.52 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KINDER CHOC  
LITTLEONES 50GM

**\$1.75**

278221 \$3.50 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE LEMON  
GINGER HONEY 40GM

**\$2.79**

278969 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE MENTHOL  
MINT LEMON 40GM

**\$2.79**

279013 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER GUAVA  
CAN 500ML

**\$3.00**

279937 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

SOUR PATCH SPACE  
KIDS 190GM

**\$3.15**

283282 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC ZOO CREW  
200GM

**\$3.15**

283485 \$1.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA GOURMET  
STOCK PWD 1KG

**\$10.99**

285544 \$0.11 per 10GM  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER SUGAR  
FREE 500ML

**\$3.00**

287312 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KRAFT CHEDDAR  
CHEESE BLOCK 500GM

**\$6.99**

291477 \$1.40 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC PARTY MIX  
220GM

**\$3.15**

293333 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC SNAKES  
230GM

**\$3.15**

293341 \$1.37 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC SOURS  
SQUIRMS 220GM

**\$3.15**

293376 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC VEGAN  
FRUIT MIX 180GM

**\$3.15**

293384 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC FRUIT SALAD  
SOFT JELLIES 220GM

**\$3.15**

293480 \$1.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGEASE RAW MUSHROOM  
POWDER 10GM

**\$4.99**

296198 \$49.90 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGEASE RAW CAULIFLOWER  
POWDER 10GM

**\$4.99**

296219 \$49.90 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGEASE RAW BROCCOLI  
POWDER 10GM

VEGEASE RAW SPINACH  
POWDER 10GM

VIOLET CRUMBLE  
NUGGETS 135GM

\$4.99

296235 \$49.90 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$4.99

296307 \$49.90 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$3.69

296657 \$2.73 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE  
NEAPOLITAN 131GM

CAD DM MINT  
BREAKAWAY 180GM

OREO COOKIE  
CINNAMON BUN 135GM

\$1.75

297342 \$1.34 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$3.99

299882 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$1.75

300513 \$1.30 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OREO COOKIE CHOC  
HAZELNUT 135GM

KINDER HAPPY HIPPO  
T1 COCOA 21GM

KINDER HAPPY HIPPO  
T1 HAZELNUT 21GM

\$1.75

300732 \$1.30 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

85¢

302674 \$4.05 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

85¢

302690 \$4.05 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS CRM SODA  
S/FREE 375ML 10PK

**\$8.00**

305744 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS LEMON S/  
FREE 375ML 10PK

**\$8.00**

305760 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS LEMONADE  
S/FREE 375ML 10PK

**\$8.00**

305808 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM CREME  
EGG BLOCK 180GM

**\$3.99**

310009 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM BREAKAWAY  
TABLET 180GM

**\$3.99**

310703 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM PASCALL  
CLINKERS 170GM

**\$3.99**

310711 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MUG SHOT ROAST  
CHICKEN 55GM

**\$1.35**

311079 \$2.45 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ECLIPSE STRAWBERRY  
OTC 40GM

**\$2.79**

312813 \$6.98 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NYAL COUGH  
COLD/FLU TBL 24'S

**\$13.99**

313066 \$0.58 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

BICKS MOCHA ICED  
COFFEE SYR 500ML

CAD OLD GOLD  
BREAKWAY TAB 180GM

RITZ CRACKER  
BITES BBQ 160GM

\$5.99

313963 \$11.98 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

\$3.99

315141 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$2.69

317462 \$1.68 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

RITZ CRACKER BITES  
CHEDDAR 160GM

RITZ CRACKER BITES  
SOUR CRM ON 160GM

RITZ CRACKER BITES  
CLASSIC 160GM

\$2.69

319652 \$1.68 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$2.69

319708 \$1.68 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$2.69

319740 \$1.68 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TNCC FRUIT  
CHEWS 180GM

IQN H/GLOW COLLAGEN  
BEAUTY PWD 90GM

DIFFLAM FORTE  
THROAT SPRAY 15ML

\$3.15

322659 \$1.75 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$21.99

326641 \$24.43 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

\$13.99

327695 \$93.27 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

NYAL CHILD COLD/  
FLU MEDICINE 200ML

**\$12.99**

327820 \$6.50 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

NYAL ANTIVIRAL COLD  
SORE CREAM 5GM

**\$8.49**

327927 \$169.80 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA BEEF STEW/  
MROOM/POT 400GM

**\$3.49**

328284 \$0.87 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA BEEF STEW/  
PEAS/POT 400GM

**\$3.49**

328305 \$0.87 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA PORK CASS/  
POT/CARROTS 400GM

**\$3.49**

328372 \$0.87 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA CHICK CASS/  
SPRING VEG 400GM

**\$3.49**

328399 \$0.87 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MT FRANKLIN  
STILL 500ML 12PK

**\$6.99**

329551 \$1.17 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

BICKS CARAMEL ICED  
COFFEE SYR 500ML

**\$5.99**

330229 \$11.98 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

NUTELLA H/NUT  
CHOC SPRD 750GM

**\$9.49**

331184 \$1.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD CURLY WURLY  
SQUIRLIES 110GM

**\$3.99**

333454 \$3.63 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

POWERADE GOLD  
RUSH 1LT

**\$4.00**

334289 \$4.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

POWERADE  
BLACKCURRANT 1LT

**\$4.00**

334350 \$4.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER ENERGY  
PASSION 500ML

**\$3.00**

335337 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY ECLAIRS  
160GM

**\$3.69**

336532 \$2.31 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY  
CARAMELS 160GM

**\$3.69**

336567 \$2.31 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA SUPERIOR  
CHICKEN STOCK 500ML

**\$3.99**

338175 \$0.80 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

VEGETA SUPERIOR  
BEEF STOCK 500ML

**\$3.99**

338263 \$0.80 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS CRM SODA  
375ML 10PK

**\$8.00**

338335 \$2.13 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

C/LIFE FRSH LINEN/  
WHITE CLAY 5PK

**\$4.79**

338589 \$1.06 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

C/LIFE GOLDEN  
LEMON 5PK

**\$4.79**

338597 \$1.06 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SORBENT FACIAL  
SOFT WHITE 170'S

**\$2.25**

338650 \$1.32 per 100EA  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
HAZELNUT 180GM

**\$3.99**

347151 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
ROAST ALMON 180GM

**\$3.99**

347178 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
FRUIT AND N 180GM

**\$3.99**

347186 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CDM PACKED WITH  
CRUNCHIE 180GM

**\$3.99**

347207 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
DREAM 180GM

**\$3.99**

347215 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
TURKISH DEL 180GM

**\$3.99**

347231 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
BLK FOREST 180GM

**\$3.99**

347258 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
SNACK 180GM

**\$3.99**

347266 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
CAMELLO 180GM

**\$3.99**

347282 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
TOP DECK 180GM

**\$3.99**

347338 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY DAIRY MILK  
PEPPERMINT 180GM

**\$3.99**

347354 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY OLD GOLD  
ROAST ALMOND 180GM

**\$3.99**

347362 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY OLD GOLD  
JAMAICA RR 180GM

**\$3.99**

347370 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CDM MC JELLY POP  
CANDY BEANIES 190GM

**\$3.99**

347485 \$2.10 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CADBURY OLD  
GOLD DARK 180GM

**\$3.99**

347610 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SAN UP&GO VANILLA  
ICE 250ML 6PK

**\$6.49**

347688 \$4.33 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CDM BUBBLY MILK  
160GM

**\$3.99**

347725 \$2.49 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CDM BUBBLY MINT  
160GM

**\$3.99**

347733 \$2.49 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SPRITE NO SUGAR  
600ML

**\$4.00**

348023 \$6.67 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD OLD GOLD  
PEPPERMINT 180GM

**\$3.99**

348170 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM COCONUT  
ROUGH 180GM

**\$3.99**

348218 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DM TROP  
PINEAPPLE 180GM

**\$3.99**

348242 \$2.22 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

SORBENT FACIAL  
SOFT HYPO 170'S

**\$2.25**

349472 \$1.32 per 100EA  
Specials available from 10/05/2023 until 23/05/2023.

WERTHERS ORIG  
BTR CANDY 140GM

**\$3.25**

353316 \$2.32 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

OZKLEEN MOULD  
POWER TRIGGER 500ML

**\$6.49**

364226 \$1.30 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

DORITOS CHEESE SPRM  
FLAMNG HOT 150GM

**\$4.39**

364613 \$2.93 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

HANDEE ULTRA  
CRSP WHITE 2PK

**\$3.49**

365675 \$2.91 per 100EA  
Specials available from 10/05/2023 until 23/05/2023.

VIOLET CRUMBLE  
BITES 180GM

**\$3.69**

367056 \$2.05 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

V/CRUMBLE CARAMEL  
BITE 170GM

**\$3.69**

367339 \$2.17 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

BICKS ICED COFFEE  
SYRUP 500ML

**\$5.99**

369860 \$11.98 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

ROBERN APRICOT  
BALLS C/NUT 200GM

**\$3.49**

382643 \$17.45 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

ROBERN APRICOT  
INDULGENT 200GM

**\$3.49**

382686 \$17.45 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

MT FRANKLIN WATER  
SPRING 1.5LT

**\$3.00**

386134 \$2.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS OLDE STONE  
GINGER BEER 1.25LT

**\$2.20**

386150 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SUGAR FREE  
CRM SODA 1.25LT

**\$2.20**

386476 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SUGAR FREE  
LEMON 1.25LT

**\$2.20**

386484 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KIRKS SUGAR FREE  
LEMONADE 1.25LT

**\$2.20**

386505 \$1.76 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

COCA COLA NO SUGAR  
CAFFEINE FR 1.25LT

**\$3.00**

386628 \$2.40 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER ENERGY  
DRINK 4X500ML 4PK

**\$9.00**

386740 \$4.50 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

CAD CARAMILK  
MARBLE 173GM

**\$3.99**

386839 \$2.31 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MOTHER ENERGY  
DRINK 500ML

**\$3.00**

386871 \$6.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FST RESPSE PREG  
INSTREAM 1 1EA

**\$7.99**

389642 \$7.99 per 1EA  
Specials available from 10/05/2023 until 23/05/2023.

JCS CASHEWS  
SALTED 500GM

**\$13.99**

410288 \$27.98 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

JCS CASHEWS  
UNSALTED 500GM

**\$13.99**

410296 \$27.98 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

JCS MIXED NUTS  
SALTED PREM 350GM

**\$8.49**

416196 \$24.26 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

JCS MIXED NUTS  
UNSALTED PREM 350GM

**\$8.49**

416209 \$24.26 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE PARKHAM  
MATURE 140GM 140GM

**\$5.99**

426415 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

M/BRUNTS FRESH EGG  
WAFFLES 8PK 165GM

**\$3.49**

453165 \$2.12 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

M/BRUNTS CINNAMON  
WAFFLES 165GM

**\$3.49**

453173 \$2.12 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

M/BRUNTS CHOC  
WAFFLES 8PK 165GM

**\$3.49**

453202 \$2.12 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS OUTBACK MIX  
500GM

**\$10.49**

464921 \$20.98 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

NAT BEEF & CARAMELISED  
ONION 2PK

**\$7.49**

478311 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS CORN CHIPS  
NATURAL 500GM

**\$6.49**

498590 \$1.30 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS BACKYARD  
BBQ MIX 375GM

**\$6.49**

500451 \$17.31 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

WILLIAMS GRN/SEED/  
QUINOA BREAD 800GM

**\$4.39**

500873 \$0.55 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CURRIED CHCKN  
PIES 360G 2PK

**\$7.49**

560999 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CLSC BEEF/CHEESE  
PIES 360G 2PK

**\$7.49**

569803 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHUNKY BEEF  
PIES 360G 2PK

**\$7.49**

569811 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

W/WATCHERS MUSH  
PMPKN RISOTTO 320GM

**\$4.99**

600815 \$1.56 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

CAD DREAM WITH  
OREO 170GM

**\$3.99**

602319 \$2.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

WILLIAMS ORG  
SOURDOUGH 850GM

WILLIAMS TASMANIAN  
RYE 800GM

WILLIAMS SOURDOUGH  
DARK RYE 800GM

**\$4.39**

605720 \$0.52 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

**\$4.39**

605739 \$0.55 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

**\$4.39**

605747 \$0.55 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE BUSH  
PEPPER 140GM

A/GROVE TASSIE  
TRIO 140GM

PETERS MAXIBON  
MONSTER COOKIE 4PK

**\$5.99**

609916 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

**\$5.99**

609932 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

**\$7.99**

616577 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

PETERS MAXIBON  
HONEYCOMB 4PK

PETERS MAXIBON  
ORIGINAL 4PK

PETERS MAXIBON  
CARMEL ROUGH NT 4PK

**\$7.99**

616710 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

**\$7.99**

616729 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

**\$7.99**

616761 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

PETERS MAXIBON  
THATS MINT 4PK

**\$7.99**

617422 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

ICE BREAK SINGLE  
ESPRESSO MILK 320ML

**\$2.69**

618222 \$8.41 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

ICE BREAK DOUBLE  
ESPRESSO MILK 320ML

**\$2.69**

618230 \$8.41 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

BREAKA CHUPA CHUPS  
STRAW&CREAM 600ML

**\$3.49**

618257 \$5.82 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

PETERS MAXIBON  
WAFFLE 560ML

**\$7.99**

619145 \$1.43 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

W/WATCHER CHICK&MUSH  
FETTUCINE 300GM

**\$4.99**

632681 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT PULLED PORK  
PIE 2PK

**\$7.49**

637853 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
CAMPFIRE 130GM

**\$4.25**

646987 \$3.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
DROVERS 130GM

**\$4.25**

646995 \$3.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
NIPPERS 130GM

**\$4.25**

647007 \$3.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
EASY RIDER 130GM

**\$4.25**

647031 \$3.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
SALTIES 115GM

**\$4.25**

647066 \$3.70 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS SESH SNACKS  
DESERT HEAT 130GM

**\$4.25**

647090 \$3.27 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE RUBICON  
RED 140GM

**\$5.99**

647496 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE CLAUS  
HAVARTI 140GM

**\$5.99**

647509 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE SMOKED  
CHEDDAR 140GM

**\$5.99**

647541 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE TASTY  
CRUMBLY 140GM

**\$5.99**

647576 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

PAND DBL SMOKE  
SHAVING HAM 4KG

**\$16.99**

667980 \$16.99 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

JCS POP FICTION P/  
CORN S/SALT 80GM

**\$2.49**

676297 \$3.11 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS POP FICTION P/  
CORN BUTTER 100GM

**\$2.49**

676369 \$2.49 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS POP FICTION P/  
CORN CHEDDAR 100GM

**\$2.49**

676414 \$2.49 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

JCS POP FICTION P/  
CORN SWT/SLT 120GM

**\$2.49**

676537 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHICKEN &  
CAMEMBERT 2PK

**\$7.49**

679383 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHNKY BEEF R/  
WINE & MUSHRM 2PK

**\$7.49**

679391 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CLASSIC BEEF  
& PEPPER 2PK

**\$7.49**

679404 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

TIBALDI SHORT  
CUT BACON 1KG

**\$12.99**

688239 \$12.99 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

VAALIA R/F FRN  
VAN YOG 900GM

**\$5.99**

696722 \$0.67 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHICKEN &  
MUSHROOM 2PK

**\$7.49**

699835 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VAALIA LF LUSC  
BERRIES 900GM

**\$5.99**

716885 \$0.67 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHEESE  
BURGER 180G 2PK

**\$7.49**

717933 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

WILD CLOVER LAMB  
LOIN CHOPS 1RW

**\$27.99**

742805  
Specials available from 10/05/2023 until 23/05/2023.

JCS DELICIOUS  
ENERGY MIX 500GM

**\$9.99**

747040 \$19.98 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

G/VALLEY DBLE  
GLOUCESTER 140GM

**\$5.99**

760333 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

WILLIAMS SOURDOUGH  
W/ML BREAD 800GM

**\$4.39**

760384 \$0.55 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

WILLIAMS RYE&SPELT  
BREAD 800GM

**\$4.39**

761539 \$0.55 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE SHIPSTERN  
BLUFF X/T CH 140GM

**\$5.99**

771139 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE FORTESCUE  
BAY HVRT BCN 140GM

**\$5.99**

771163 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE LAKE PEDD  
ONIONCHIVE 140GM

**\$5.99**

771171 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

A/GROVE MT FIELD  
CRCKD PEPPER 140GM

**\$5.99**

771243 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

NAT BUTTER  
CHICKEN PIE 2PK

**\$7.49**

813482 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

NAT CHUNKY BEEF/  
BCN/CHEESE PIE 2PK

**\$7.49**

813490 \$2.08 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DUE SOUTH VANILLA  
BEAN I/CRM 1LT

**\$10.99**

900674 \$1.10 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

PAULS BLUEY  
CHOCOLATE MILK 250ML

**\$2.25**

902856 \$9.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

VAALIA L/F NATURAL  
YOGHURT 900GM

**\$5.99**

903277 \$0.67 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PAULS BLUEY  
STRAWBERRY MILK 250ML

**\$2.25**

903621 \$9.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

PAULS MILKY MAX  
SNACK CHOC100G 12PK

**\$5.99**

905221 \$0.50 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PHILA SWEET CHILLI  
PHILLY 150GM

**\$3.99**

905256 \$26.60 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

MCCAIN U/THIN PIZZA  
MARGHERITA 300GM

**\$7.99**

906654 \$2.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PAULS ZYMIL FULL  
FAT L/F MILK 1LT

**\$3.99**

906881 \$3.99 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

VAALIA PROBIOTIC  
KEFIR PLAIN 700GM

**\$5.99**

907796 \$0.86 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

VAALIA PROBIOTIC  
KEFIR VANILLA 700GM

**\$5.99**

907817 \$0.86 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

DUE SOUTH S/BERRY  
RIPPLE I/CRM 1LT

**\$10.99**

907913 \$1.10 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

DUE SOUTH CHOCOLATE  
ICECREAM 1LT

**\$10.99**

907921 \$1.10 per 100ML  
Specials available from 10/05/2023 until 23/05/2023.

PHILA ORIGINAL  
140GM

**\$3.99**

908449 \$28.50 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

PAULS ZYMIL L/F  
LAC/FREE MILK 1LT

**\$3.99**

909652 \$3.99 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

FLORA WITH BUTTER  
SPREAD 450GM

**\$5.99**

911816 \$1.33 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PATTIES PASTIES  
PARTY 12PK 500GM

**\$7.49**

912448 \$1.50 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

W/WATCHERS TUNA  
PASTA BAKE 320GM

**\$4.99**

914005 \$1.56 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

LEMNOS FETTA  
CHEESE 2PK 200GM

**\$5.99**

915462 \$29.95 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

OAK FLV MILK  
CHOCOLATE 600ML

**\$3.49**

916369 \$5.82 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

OAK FLAVOURED MILK  
STRAWBERRY 600ML

**\$3.49**

916457 \$5.82 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

KRAFT SINGLES  
REGULAR 216GM

**\$4.25**

923411 \$19.68 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

KRAFT SINGLES  
REGULAR 432GM

**\$7.99**

923489 \$18.50 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

PATTIES PARTY  
PIES 12PK 560GM

**\$7.49**

923657 \$1.34 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PATTIES PARTY S/  
ROLLS 12PK 450GM

**\$7.49**

923665 \$1.66 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

ASHGROVE CHSE CHD  
WILD WASABI 140GM

**\$5.99**

927244 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

ASHGROVE CHS CHD  
PREM VINTAGE 140GM

**\$5.99**

927332 \$42.79 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

MCCAIN PIZZA U/THN  
TANDOORI 320GM

**\$7.99**

952642 \$2.50 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

INGHAM CHICKEN  
KIEV 350GM

**\$11.49**

959246 \$32.83 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

PRESIDENT  
CAMEMBERT 200GM

**\$6.99**

962824 \$34.95 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

PRESIDENT BRIE  
200GM

**\$6.99**

962832 \$34.95 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

TIBALDI SIGNATURE  
HAM OFF BONE 120GM

**\$3.99**

979546 \$33.25 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

B/EYE FISH  
FINGERS 375GM

**\$5.99**

980707 \$15.97 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

W/WATCHERS BEEF  
BOLOGNESE 320GM

**\$4.99**

981160 \$1.56 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MCCAIN PIZZA U/THN  
PEPPERONI 310GM

**\$7.99**

981451 \$2.58 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

MCCAIN PIZZA U/THN  
ANGUS BEEF 320GM

**\$7.99**

984273 \$2.50 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

PAULS BLUEY  
BANANA MILK 250ML

**\$2.25**

990147 \$9.00 per 1LT  
Specials available from 10/05/2023 until 23/05/2023.

4N20 PIE ANGUS  
BEEF/PEPPER 4PK

**\$8.99**

992724 \$1.28 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

4N20 MEAT FREE  
PIE 700G 4PK

**\$8.99**

992732 \$1.28 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

4N20 PIE ANGUS  
CHEESE/BACON 4PK

**\$8.99**

992740 \$1.28 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

4N20 PIE ANGUS  
BEEF 700G 4PK

**\$8.99**

992783 \$1.28 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.

R/DAIRY TASTY  
CHEDDAR BLOCK 500GM

**\$8.99**

996178 \$17.98 per 1KG  
Specials available from 10/05/2023 until 23/05/2023.

W/WATCHERS BEEF  
LASGANE 370GM

**\$4.99**

996960 \$1.35 per 100GM  
Specials available from 10/05/2023 until 23/05/2023.