

MT FRANKLIN
600ML

\$2.50

002997 \$4.17 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA NO SUGAR
VANILLA 600ML

\$4.00

004167 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$3.50

004175 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS TONIC
1.25LT

\$2.60

004220 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS G/BEER
375ML 10PK

\$9.99

004335 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS SODA
WATER 1.25LT

\$2.60

011498 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA RASPBERRY
600ML

\$4.00

011738 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA 1.25LT

\$3.50

012212 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA 1.25LT

\$3.50

012239 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE LEMONADE
1.25LT

\$3.50

012255 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA DIET
1.25LT

\$3.50

012271 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

\$3.50

013450 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

PALM BLUEY HWASH
FOAM 250ML

\$3.05

013741 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY
APRICOT JAM 475GM

\$5.49

014226 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY
MARMALADE JAM 475GM

\$5.49

014234 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY
PLUM JAM 475GM

\$5.49

014242 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY
RASPBERRY JAM 475GM

\$5.49

014250 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY
STRAWBERRY JAM 475GM

\$5.49

014269 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY THREE
BERRIES JAM 475GM

YARRA VALLEY PREM
CHILLI SAUCE 250ML

YARRA VALLEY CHOC
TOPPING 250ML

\$5.49

014277 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$4.65

014306 \$1.86 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

\$4.89

014330 \$1.96 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

YARRA VALLEY S/CARAMEL
TOPPING 250ML

POWERADE FLO CAP
B/CRRNT ZERO 600ML

COCA-COLA PLASTIC
BOTTLE 2LT

\$4.89

014373 \$1.96 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

\$3.50

014947 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$4.60

015560 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA DIET
2LT

SPRITE LEMONADE
PET 2LT

FANTA ORANGE
2LT

\$4.60

015587 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$4.60

015640 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$4.60

015659 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE 600ML

KIRKS C/SODA
PET 1.25LT

KIRKS L/ADE PET
1.25LT

\$4.00

\$2.60

\$2.60

018550 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

019107 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

019123 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS LEMON PET
1.25LT

KIRKS PASIT PET
1.25LT

COCA COLA 600ML

\$2.60

\$2.60

\$4.00

019131 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

019369 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

019406 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA DIET
600ML

SAN SO GOOD
REGULAR 1LT

SAN SO GOOD
LITE RECAP 1LT

\$4.00

\$2.39

\$2.39

019414 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

030752 \$2.39 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

030787 \$2.39 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

QUEST BAR BIRTHDAY
CAKE 60GM

\$3.69

050149 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCK PEAS GREEN
SPLIT 500GM

\$1.65

079847 \$3.30 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

KIRKS LEMONADE
375ML 10PK

\$9.99

088532 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS CLUB LEMON
375ML 10PK

\$9.99

088540 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS PASITO
375ML 10PK

\$9.99

088559 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

VEGETA ORG GOURMET
STK PWD 160GM

\$3.65

101290 \$0.23 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.85

101426 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.50

101485 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER RAINBOW
SHERBET 500ML

COCA COLA ZERO
SUG/ZERO CAF 6PK

RASPBERRY COKE
600ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$7.00

102074 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$4.00

102138 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COLG T/BRUSH 360
ADV MED SING 1PK

COLGATE TOTAL
ADVANCED CLEAN 200GM

CAD DAIRY MILK
DREAM BLOCK 50GM

\$5.75

102410 \$5.75 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

\$6.15

102496 \$3.08 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$1.60

102592 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

RRD DELI PC TRIO
OF CHEESE 150GM

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$5.85

106577 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.00

106948 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

STAYFREE REGULAR
WINGS 20'S

\$7.15

107975 \$0.36 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

H/SNAPS PEA
WASABI 120GM

\$4.09

108652 \$34.08 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

H/SNAPS SALT
VINEGAR 120GM

\$4.09

108660 \$34.08 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

H/SNAPS PEA ORIGINAL
SALTED 120GM

\$4.09

108679 \$34.08 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

H/SNAPS PEA
CHILLI 120GM

\$4.09

108732 \$34.08 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

COLGATE TOTAL
ADVANCED FRESH 200GM

\$6.15

109006 \$3.08 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BICKS 100% PURE
CHERRY JCE 1LT

\$6.55

109065 \$6.55 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COLGATE TOTAL +
WHITENING 200GM

\$6.15

109217 \$3.08 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.50

109356 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

DUCK COOL FSH XPWR
TOILET SHLD 500ML

\$4.75

111114 \$0.95 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

QUEST CUPS PEANUT
BUTTER 42GM

\$3.69

112184 \$8.79 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

QUEST BAR
SMORES 60GM

\$3.69

112192 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ATKINS END TURKISH
DELIGHT 30GM

\$2.59

112213 \$8.63 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MULTIX BAKE 20M
X 30CM 20MT

\$3.85

113996 \$0.19 per 1MT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$9.85

118850 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MCK SOUP MIX
500GM

\$1.65

119132 \$3.30 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MCK PEAS YELLOW
SPLIT 500GM

\$1.65

119140 \$3.30 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MCK PEARL
BARLEY 500GM

\$1.65

119159 \$3.30 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

CAD LAMINGTON
SLICE BAR 45GM

\$1.60

119562 \$3.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RRD SMOKED CHIPOTLE
HONEY 150GM

\$5.85

120168 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY
FAVOURITES 340GM

\$10.35

122497 \$3.04 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ENERGY
DRINK PASSION 4PK

\$9.85

122518 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO
STRAW LEMON 600ML

\$3.50

124804 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CAD DM CHOC
CRACKLE BAR 45GM

\$1.60

128039 \$3.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RRD DIJON HONEY
MUSTARD 165GM

\$5.85

130040 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

PALM FOAM H/WASH
VAN & BERRIES 250ML

\$3.05

130606 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.50

131000 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.50

131019 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.50

131027 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.50

131043 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.50

131051 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.50

131078 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

H/SNAPS PEA SOUR
CREAM & CHIVE 120GM

\$4.09

134869 \$34.08 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.50

138405 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.50

138413 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE ACTIVE
WATER LEMON 600ML

\$3.50

138421 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

PALM LTD ED FOAM
HWASH 250ML

\$3.05

138851 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

PALM FOAMNG JAPN C/
BLSM HNDWSH 250ML

\$3.05

139520 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
CAD CMEL MOCHA 8PK

\$4.35

141196 \$3.30 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
CAD HNUT MOCHA 8PK

\$4.35

141217 \$3.30 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
CAD MOCHA 8PK

\$4.35

141321 \$3.30 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

B/BANNER RED SLICED
ONIONS 525GM

\$5.89

141348 \$11.22 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

NANDOS HOT PERI
PERI SCE 250GM

\$6.65

142180 \$2.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NANDOS MILD PERI
PERI SAUCE 250GM

\$6.65

142316 \$2.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NANDOS MEDIUM PERI
PERI SAUCE 250GM

\$6.65

142332 \$2.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NANDOS HOT
PERINAISE 265GM

\$4.29

142543 \$1.62 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NANDOS MILD PERINAISE
ORIGINAL 265GM

\$4.29

142607 \$1.62 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
CAPPUCCINO 10PK

\$4.35

142682 \$3.35 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
LATTE 10PK

\$4.35

142690 \$2.94 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOTHER LAVA
GUAVA 500ML 4PK

\$9.85

143060 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER SUPER
DRY 500ML

\$3.00

143087 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
GOLD 500ML 4PK

\$9.85

143095 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
SKIMCAPP 10PK

\$4.35

143108 \$3.57 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA RASP
ZERO SUGAR 600ML

\$4.00

143116 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
DOUBLE S LATTE 10PK

\$4.35

143319 \$3.11 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
STRONG CAPP 10PK

\$4.35

143343 \$3.30 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
CARAMEL LATTE 10PK

\$4.35

143431 \$3.18 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
SWEET CAPP 10PK

\$4.35

143458 \$3.13 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA SACHETS
VANILLA LATTE 10PK

\$4.35

143466 \$3.35 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
FIESTA MANGO 500ML

\$3.00

143546 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA ORANGE
NO SUGAR 1.25LT

\$3.50

144098 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE NO SUGAR
1.25LT

\$3.50

144100 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

W/KING LEMON TOILET
GEL D/STR 475ML

\$4.49

147301 \$0.95 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

CAD RASPBERRY
SLICE BAR 50GM

\$1.60

152311 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC SWT
CHILI&SCR 165GM

\$5.85

155395 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC
HON/SOY/CHK 165GM

\$5.85

155467 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC
SEA SALT 165GM

\$5.85

155483 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC
SALT&VINEGAR 165GM

\$5.85

155491 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.70

155539 \$2.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS SF PASITO
1.25LT

\$2.60

155635 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA
VANILLA 1.25LT

\$3.50

155686 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS SF PASITO
375ML 10PK

\$9.99

155723 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA
STRAWBERRY 64GM

\$4.39

156240 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 93GM

\$4.39

156400 \$4.72 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ECLIPSE CHEWY MINTS
PEPPERMINT 93GM

\$4.39

156427 \$4.72 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC
LIME/PEPPER 165GM

\$5.85

157366 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

TOBLERONE GIFT
POUCH 120GM

\$6.15

158254 \$5.13 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY CARAMELLO
BAR 46GM

\$1.60

158529 \$3.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY CHERRY RIPE
DOUBLE DIP 40GM

\$1.60

158596 \$4.00 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY CHERRY
RIPE 44GM

\$1.60

158609 \$3.64 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FRYS TURKISH
DELIGHT 50GM

\$1.60

158668 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY MORO
50GM

\$1.60

158836 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
ZERO SUGAR 500ML

\$3.00

159396 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
STRAWBERRY DRM 500ML

\$3.00

159441 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
ORIGINAL ZERO 4PK

\$9.85

159564 \$1.97 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND
SPEARMINT 25GM

\$2.65

159572 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BICKS SUPERBERRY
JUICE 1LT

\$5.35

159580 \$5.35 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FERRERO ROCHER
COLLECTION T15 172.2GM

\$11.35

159644 \$6.59 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BICKS BLUEBERRY
JUICE 1LT

\$6.35

159716 \$6.35 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CAD TWIRL HONEYCOMB
SUNDAE 35GM

\$1.60

159994 \$4.57 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD DAIRY MILK
GIFT BOX 200GM

\$7.15

160960 \$3.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA
SPEARMINT 46PC 64GM

\$4.39

163002 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA
PEPPERMINT 46PC 64GM

\$4.39

163088 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD MORO NZ
60GM

\$1.60

167740 \$2.67 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

ROSES GIFT BAG
150GM

\$6.15

169033 \$4.10 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY ROSES
225GM

\$7.69

169041 \$3.42 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MEDIX IBUPROFEN
ROUND TABLETS 24'S

\$2.79

176516 \$0.12 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

MEDIX PARACETAMOL
CAPLETS 20'S

\$2.19

176532 \$0.11 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

RRD CHEF CO MALAY
BEEF REND 150GM

\$5.85

178490 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

RRD CHEF CO CRP
CHCK GAR/SOY 150GM

\$5.85

178546 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ATKINS END CAMEL
NOUGAT 35GM

\$2.59

178917 \$7.40 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ATKINS END CAMEL
NUT CHEW 34GM

\$2.59

178925 \$7.62 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

TOBLERONE
PRALINES 180GM

\$10.35

181884 \$5.75 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MULTIX >DT<
STAND UP BAG 3'S

\$3.15

189712 \$1.05 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST S/DOUGH
NAT CRISPBRD 110GM

\$4.85

195186 \$4.41 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST S/D ANCIENT
GRN C/BR 110GM

\$4.85

195194 \$4.41 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST 3 SEED
CRISPS PUMPKI 110GM

\$5.49

195207 \$4.99 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST 3 CHEESE
CRISPS/CHIL 85GM

\$9.55

195215 \$11.24 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST PARMESAN
CRISPS 85GM

\$9.55

195223 \$11.24 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST CBERRY/
PUMP SEED CR 150GM

\$5.89

195266 \$3.93 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST CASHEW/
RMARY CRACKER 150GM

\$5.89

195290 \$3.93 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST FIG/ALMOND
CRACKER 150GM

\$5.89

195303 \$3.93 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST APRICOT/
HNUT CRACKER 150GM

\$5.89

195311 \$3.93 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OB FINEST G/FREE
FIG/PIST CR 130GM

OB FINEST G/FREE
DATE/ALMD CR 130GM

D/VEEN D/N MOISTURISING
LOTION 500ML

\$5.89

195338 \$4.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$5.89

195346 \$4.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$14.35

196285 \$2.87 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

VEGETA CHICKEN
STOCK CUBES 60GM

VEGETA BEEF STOCK
CUBES 60GM

CAD BREAKAWAY
BISC MILK 180GM

\$1.09

196859 \$0.18 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$1.09

196947 \$0.18 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.55

199048 \$1.97 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

FANTA NO SUGAR
RASPBERRY 600ML

MONSTER ULTRA
GOLD 500ML

\$3.50

200520 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$4.00

200598 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$3.00

200811 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$4.75

201005 \$0.24 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

DIFFLAM MEN/EUCL
IMMUNE DROPS 20PK

\$4.75

201013 \$0.24 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

DURO TUSS DRY
LIQUID COUGH 200ML

\$14.15

201048 \$7.08 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

DURO TUSS CHESTY
LIQUID COUGH 200ML

\$14.15

201064 \$7.08 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

DURO TUSS COLD/FLU
LIQUID COUG 200ML

\$14.15

201179 \$7.08 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

SAN WEETBIX BLENDS
C/BERRY 450GM

\$4.89

203457 \$1.09 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY BAR FRYs
TURKISH DELGT 55GM

\$1.60

204118 \$2.91 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ICE BREAK UHT ESP
RECHARGE 500ML

\$3.25

206797 \$6.50 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

D/DALE 100% SPARK
APPLE JUICE 750ML

\$3.15

208194 \$4.20 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COLG T/BRUSH 360
ADV SOFT SING 1PK

\$5.75

208602 \$5.75 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

R/HEADS FIRE STARTER
MATCHES 10'S

\$2.85

209453 \$0.29 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

CAD CHERRY RIPE
DOUBLE DIPPED 47GM

\$1.60

210542 \$3.40 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA BUBBLEMINT
BOTTLE 64GM

\$4.39

211780 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD CARAMILK
TWIRL 39GM

\$1.60

214922 \$4.10 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

TIDBITS NAT SALMON
SML BITES 180GM

\$3.95

217998 \$2.19 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

S/FREE SUPER
PADS 18'S

\$6.99

218042 \$0.39 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

MEDIX EUCALYPTUS
SPRAY 200GM

\$7.79

218843 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

STAYFREE MAXI
PADS REG 20'S

\$6.99

218915 \$0.35 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

MEDIX EUCALYPTUS
OIL SOLUTION 200ML

\$5.95

218982 \$2.98 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

333 MIGHTYMITE
290GM

\$3.25

221292 \$1.12 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

333 STUFFED
OLIVES 500GM

\$4.05

223204 \$8.10 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

B/BANNER ONION
PICKLED 525GM

\$5.89

223765 \$11.22 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

333 PICKLES MUSTARD
SPRD 390GM

\$2.95

224039 \$0.76 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

TOBLERONE MILK
CHOCOLATE BAR 50GM

\$1.60

224055 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.70

226931 \$2.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER RAZZLE
BERRY 4PK

\$9.85

226966 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

R/H EXTRA LONG
MATCHES 45'S

\$2.79

227117 \$0.06 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

W/KING POWER
CLNR LEMON 1LT

\$3.45

229235 \$0.35 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

WHITE KING BLEACH
LEMON 2.5LT

\$4.59

229323 \$1.84 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

WHITE KING BLEACH
REGUL 2.5LT

\$4.59

229331 \$1.84 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SAN UP&GO
STRAWBERRY 350ML

\$2.49

230105 \$7.11 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

DERMAVEEN E/GEN SOAP
FR B/WASH 500ML

\$15.75

231992 \$3.15 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

SAN WEETBIX MULTI
GRAIN 575GM

\$4.89

232020 \$0.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOCCONA
CAPPUCCINO SOY 8PK

\$4.45

233891 \$3.09 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD CRUNCHIE
50GM

\$1.60

236179 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD ROLLS DAIRY
MILK 55GM

\$1.60

236187 \$2.91 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD CHUNKY
CARMELLO 55GM

\$1.60

236224 \$2.91 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD FLAKE 30GM

\$1.60

236427 \$5.33 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NYAL DRY COUGH
200ML

\$9.69

237542 \$4.85 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

VIOLET CRUMBLE
50GM

\$1.60

237593 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NYAL PARACETAMOL
500MG TABS 20'S

\$2.89

240119 \$0.14 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

NYAL IBUPROFEN
200MG TABS 24'S

\$3.85

240194 \$0.16 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

KRAFT CHEDDAR
CHEESE SLICES 250GM

\$4.35

247425 \$17.40 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$9.85

249594 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$7.00

250819 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE NO SUGAR
250ML 6PK

\$7.00

250835 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FANTA ORANGE
250ML 6PK

\$7.00

250843 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$7.00

251010 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA DIET
250ML 6PK

\$7.00

251168 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA 250ML
6PK

\$7.00

251205 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA
VANILLA 250ML 6PK

\$7.00

251491 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE LEMON PLUS
ZERO SUGAR 1.25LT

\$3.50

251619 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CAD DAIRY MILK MC
JELLY BEANIE 50GM

\$1.60

252638 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

NYAL CHESTY COUGH
NON DROWSY 200ML

\$9.39

255345 \$4.70 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

NYAL COLD SORE
CRM BLIS 10GM

\$8.15

255353 \$81.50 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NYAL DECON
NASAL SPRAY 15ML

\$9.19

255361 \$61.27 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

NYAL BRONCHITIS
MIX 200ML

\$8.55

255417 \$4.28 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

POWERADE BERRY
ICE FLO 1LT

\$4.20

255652 \$4.20 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE MOUNT
BLAST FLO 1LT

\$4.20

255660 \$4.20 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SAN UP&GO
VANILLA ICE 350ML

\$2.49

256495 \$7.11 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SAN UP&GO CHOC
ICE 350ML

\$2.49

256719 \$7.11 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.70

257981 \$2.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE 250ML 6PK

\$7.00

259530 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

DIFFLAM PLUS ANAEST
H&L LOZ 16'S

\$7.19

260021 \$0.45 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

DIFFLAM PLUS ANAES
BERRY LOZ 16'S

\$7.19

260048 \$0.45 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.50

268007 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SORBENT T/
TISSUE HYPO 8PK

\$7.59

270190 \$0.53 per 100SH
Specials available from 24/04/2024 until 7/05/2024.

CAD COOKIE SOFT
DOUBLE CHOC 156GM

\$3.19

272647 \$2.04 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$7.00

273615 \$4.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CAD COOKIE SOFT
CHOC CHIP 156GM

\$3.19

274220 \$2.04 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD DM BREAKAWAY
BAR 44GM

\$1.60

274378 \$3.64 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD FAVOURITES
DARK 352GM

\$10.35

274618 \$2.94 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

R/HDS H/PACK
MATCHES 270'S

\$2.95

275063 \$0.01 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

REDHEADS MATCHES
WRAPPD 450'S

\$2.79

275100 \$0.01 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

CAD COOKIE CRUNCHY
CHOC FILLED 156GM

\$3.19

275805 \$2.04 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

TIDBITS NAT PNUT
BUTT SML BITE 180GM

\$3.95

276744 \$2.19 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

PALM LHW FOAM PUMP
LIME/MINT 250ML

\$3.05

276752 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

TIDBITS NAT KANG
SML BITES 180GM

\$3.95

276760 \$2.19 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

PALM LHW FOAM PUMP
RASPBERRY 250ML

\$3.05

276816 \$1.22 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

DUCK O/BURST XPWR
TOILET SHLD 500ML

\$4.75

278352 \$0.95 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

DUCK SP/FLOWER XPWR
TOILET SHL 500ML

\$4.75

278379 \$0.95 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

VEGETA STOCK
GOURMET 250GM

\$3.15

278651 \$0.13 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA INTENSE
MINT BOTTLE 64GM

\$4.39

279152 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SORBENT THK&LGE
TISSUE 95'S

\$2.19

282183 \$2.31 per 100EA
Specials available from 24/04/2024 until 7/05/2024.

WEET BIX HONEY
GOLDEN OATS 450GM

\$4.89

283856 \$1.09 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND
CITRUS S/F 25GM

\$2.65

285624 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER GREEN
500ML 4PK

\$9.85

286117 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
ZERO 500ML 4PK

\$9.85

286168 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

VANILLA COCA
COLA 2LT

\$4.60

288550 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KRAFT CHEESE
STICKS 240GM

\$7.29

291653 \$18.23 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND S/FREE
BLACKCURRANT 25GM

\$2.65

293085 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

C/FREE LINERS
F&W 30'S

\$5.39

294002 \$0.18 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

C/F LINERS DEO
F&W 30'S

\$5.39

294037 \$0.18 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

VEGETA CHICKEN
STOCK POWDER 200GM

\$3.15

294520 \$0.16 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

VEGETA BEEF STOCK
POWDER 180GM

\$3.15

294539 \$0.18 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

WRIGS MINTS EXT
WHITE 46PC 64GM

\$4.39

297297 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NYAL PARACETAMOL
LIQ GEL CAPS 20PK

\$4.39

300038 \$0.22 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

RRD CHEF BBQ DUCK
HOISIN 150GM

\$5.85

305170 \$3.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

STAYFREE SUPER
WINGS 18PK

\$7.15

305250 \$0.40 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$9.99

305744 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS LEMON S/
FREE 375ML 10PK

\$9.99

305760 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$9.99

305808 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND HONEY
LEMON S/F 25GM

\$2.65

306894 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.50

310682 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.50

310746 \$5.83 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

NYAL COUGH
COLD/FLU TBL 24'S

\$11.79

313066 \$0.49 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

BICKS MOCHA ICED
COFFEE SYR 500ML

\$6.19

313963 \$12.38 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

QUILTON P/TOWEL
WHT 3PLY 2PK

\$3.35

314173 \$2.79 per 100EA
Specials available from 24/04/2024 until 7/05/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.70

317454 \$2.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.70

317550 \$2.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA SPEARMINT
BOTTLE 67GM

WRIG EXTRA PEPPERMINT
BOTTLE 67GM

QUILTON GOLD 4PLY
F/T A/VERA 100PK

\$4.39

318844 \$6.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$4.39

319302 \$6.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$1.89

319679 \$1.89 per 100EA
Specials available from 24/04/2024 until 7/05/2024.

CAD TWIRL ICED
LATTE 39GM

DERMAVEEN D/N SOAP
FREE B/WASH 500ML

DIFFLAM FORTE
THROAT SPRAY 15ML

\$1.60

320688 \$4.10 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$14.35

327548 \$2.87 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

\$12.79

327695 \$85.27 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

NYAL CHILD COLD/
FLU MEDICINE 200ML

NYAL ANTIVIRAL COLD
SORE CREAM 5GM

COCA COLA NO
SUGAR 2LT

\$12.45

327820 \$6.23 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

\$8.75

327927 \$175.00 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$4.60

328778 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

BICKS CARAMEL ICED
COFFEE SYR 500ML

\$6.19

330229 \$12.38 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

POWERADE GOLD
RUSH 1LT

\$4.20

334289 \$4.20 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

VEGETA SUPERIOR
CHICKEN STOCK 500ML

\$3.19

338175 \$0.64 per 100ML
Specials available from 24/04/2024 until 7/05/2024.

KIRKS CRM SODA
375ML 10PK

\$9.99

338335 \$2.66 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

QUILTON T/T
UNSCENTED 12PK

\$8.85

341817 \$0.41 per 100SH
Specials available from 24/04/2024 until 7/05/2024.

C/FREE BARELY
THERE UNSC 42PK

\$5.25

342983 \$0.13 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

VEGETA CHICKEN
STOCK POT 112GM

\$2.75

346925 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

QUILTON CLASS
WHITE FACIAL 55PK

\$1.45

348429 \$2.64 per 100EA
Specials available from 24/04/2024 until 7/05/2024.

ROSELLA FRUIT
CHUTNEY 525GM

\$4.45

353092 \$0.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

COLG T/PASTE TOTAL
CHARCOAL 200GM

\$6.15

356517 \$3.08 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FISHERMANS FRIEND
ORIGN 25GM

\$2.65

356840 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND
ANISEED 25GM

\$2.65

356867 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FISH/FRND S/F
FRESH MINT 25GM

\$2.65

356875 \$10.60 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BICKS ICED COFFEE
ALMOND 500ML

\$3.85

357915 \$7.70 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

BICKS 100% RED
GRAPE JUICE 1LT

\$6.55

364322 \$6.55 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

BICKS PRUNE
JUICE 1LT

\$6.55

364672 \$6.55 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

BICKS POMEGRANTE
JUICE 1LT

\$6.55

364680 \$6.55 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

BICKS CRANBERRY
JUICE 1LT

\$4.79

364699 \$4.79 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CASHMERE BOUQUET
SOAP LAV 4PK

\$4.65

367486 \$1.16 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SALVITAL SALINE
375GM

\$8.69

368534 \$2.32 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BICKS ICED COFFEE
SYRUP 500ML

\$6.19

369860 \$12.38 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

ROCHER GIFT BOX
T16 200GM

\$11.35

372701 \$5.68 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CADBURY TWIRL
BREAKAWAY BAR 40GM

\$1.60

374504 \$4.00 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ADVIL LIQUID
CAPS 20'S

\$6.19

376040 \$0.31 per 1EA
Specials available from 24/04/2024 until 7/05/2024.

OATLY OAT MILK
ORIGINAL 1LT

\$4.49

377764 \$4.49 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SPRITE NO SUGAR
2LT

\$4.60

377772 \$2.30 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OATLY OAT DRINK
CHOCOLATE 1LT

\$4.65

377780 \$4.65 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OATLY OAK MILK
BARISTA EDITION 1LT

\$4.95

377799 \$4.95 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

RED ROCK DELI PC.THAI
CHIL/LIM 165GM

\$5.85

382520 \$3.55 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SORBENT THK LGE
HYPO F/TISSUE 95'S

\$2.19

382635 \$2.31 per 100EA
Specials available from 24/04/2024 until 7/05/2024.

ROBERN APRICOT
BALLS C/NUT 200GM

\$3.19

382643 \$15.95 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

ROBERN APRICOT
INDULGENT 200GM

\$3.19

382686 \$15.95 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

WRIG EXTRA WHITE
SPEARMINT 64GM

\$4.39

384243 \$6.86 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

QUEST COOKIES &
CREAM PROTEIN 60GM

\$3.69

384796 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

QUEST CHOC CHIP COOK
DOUGH BAR 60GM

QUEST CHOCOLATE
BROWNIE BAR 60GM

QUEST CARAMEL CHOC
CHUNK BAR 60GM

\$3.69

384809 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.69

384817 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.69

384833 \$6.15 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

QUEST CHOCOLATE
CHIP COOKIE 59GM

QUEST DOUBLE CHOC
CHIP COOKIE 59GM

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$3.69

384868 \$6.25 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.69

384876 \$6.25 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$2.60

386150 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

KIRKS SUGAR FREE
LEMON 1.25LT

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.60

386476 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$2.60

386484 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$2.60

386505 \$2.08 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.50

386628 \$2.80 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.85

386740 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CAD CARAMILK
BAR 45GM

\$1.60

386986 \$3.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

MONSTER ULTRA
ROSA 500ML 4PK

\$9.85

387823 \$4.93 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

SAN WEET-BIX
LITTLE KIDS 400GM

\$3.79

389060 \$0.95 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

B/BANNER ONIONS
PICKLED CHILLI 525GM

\$5.89

392112 \$11.22 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

EUROPE SUMMER
ROLL 40GM

\$1.60

396244 \$4.00 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

EUROPE NOUGAT
HONEY LOG 40GM

\$1.60

396295 \$4.00 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD DAIRY MILK
50GM

\$1.60

396316 \$3.20 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD TWIRL 39GM

\$1.60

396340 \$4.10 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CAD PICNIC 46GM

\$1.60

396367 \$3.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

JCS MIXED NUTS
SALTED PREM 350GM

\$8.49

416196 \$24.26 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$8.49

416209 \$24.26 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

GF CHICKEN SALT
ORIGINAL 170GM

\$3.25

469351 \$0.19 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF FRSH CLOVES
WHOLE 50GM

\$3.25

469490 \$0.65 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

T/BAKE BEEF PIE
FAMILY 750GM

\$12.09

481668 \$1.61 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/BAKE COTTAGE
PIE FAMILY 900GM

\$12.09

481676 \$1.34 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/BAKE CURRIED CHKN
PIE FAMILY 750GM

\$12.09

481684 \$1.61 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS BACKYARD
BBQ MIX 375GM

\$6.49

500451 \$17.31 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

GF SZECHUAN PEPPER
WHOLE PACK 100GM

\$3.25

516197 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ALLSPICE
GROUND 80GM

\$3.25

521498 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ALL SEASON
SPICE 140GM

\$3.25

521500 \$0.23 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ALL SEASON HERB
& GARLIC 120GM

\$3.25

521519 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF BASIL LEAVES
30GM

\$3.25

521615 \$1.08 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF BAYLEAVES
10GM

\$3.25

521666 \$3.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF BBQ PROVENCALE
140GM

\$3.25

521682 \$0.23 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF BBQ SEASONING
SMOKEY 110GM

\$3.25

521690 \$0.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF BBQ SPRINKLE
ALL PURPOSE 140GM

\$3.25

521703 \$0.23 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CAJUN
SEASONING 100GM

\$3.25

521738 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CAYENNE
PEPPER 80GM

\$3.25

521762 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHICKEN SALT
FLAVON 170GM

\$3.25

521770 \$0.19 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHICKEN
SEASONING 130GM

\$3.25

521797 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHILLIES
CRUSHED HOT 60GM

\$3.25

521826 \$0.54 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHILLIES GROUND
HOT 80GM

\$3.25

521834 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHINESE FIVE
SPICE POWDER 80GM

\$3.25

521842 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHINESE STIR
FRY 130GM

\$3.25

521869 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CHIVES AIR
DRIED 10GM

\$3.25

521885 \$3.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CINNAMON
GROUND 90GM

\$3.25

522028 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CINNAMON
QUILLS 15GM

\$3.25

522060 \$2.17 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CINNAMON
SUGAR 160GM

\$3.25

522132 \$0.20 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CITRIC ACID
180GM

\$3.25

522159 \$0.18 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CORIANDER
GROUND 70GM

\$3.25

522167 \$0.46 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CORIANDER
LEAVES 15GM

\$3.25

522204 \$2.17 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CORIANDER
SEEDS 45GM

\$3.25

522220 \$0.72 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CUMIN SEEDS
80GM

\$3.25

522271 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CURRY POWDER
HOT 120GM

\$3.25

522335 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CURRY POWDER
MILD 120GM

\$3.25

522351 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF DILL TOPS
25GM

\$3.25

522378 \$1.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF FENNEL
SEEDS 80GM

\$3.25

522394 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF FISH
SEASONING 120GM

\$3.25

522431 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GARAMASSALA
85GM

\$3.25

522474 \$0.38 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GARLIC
GRANULES 130GM

\$3.25

522554 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GARLIC
POWDER 100GM

\$3.25

522570 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GARLIC SALT
160GM

\$3.25

522589 \$0.20 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GARLIC STEAK
SEASONING 110GM

\$3.25

522597 \$0.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GINGER
GROUND 80GM

\$3.25

522618 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GOURMET CHKN
SEASONING 130GM

\$3.25

522642 \$0.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GOURMET
STEAK 120GM

\$3.25

522677 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GREEK
SEASONING 100GM

\$3.25

522685 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF HERB&GRCL
SEASONING 80GM

\$3.25

522706 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF HRB&GRCL SPICY
SEASONING 90GM

\$3.25

522714 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF HERB MEDLEY
SEASONING 90GM

\$3.25

522730 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ITALIAN HERBS
40GM

\$3.25

522757 \$0.81 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ITALIAN
SEASONING 65GM

\$3.25

522765 \$0.50 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF LAMB & MINT
SEASONING 70GM

\$3.25

522773 \$0.46 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF LEMON CHILLI
GARLIC SEASON 130GM

\$3.25

522781 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF LEMON HERB
SEASONING 90GM

\$3.25

522802 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF LEMON PEPPER
100GM

\$3.25

522861 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF LEMON THYME
& BASIL 120GM

\$3.25

522896 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MARJORAM
LEAVES 20GM

\$3.25

522933 \$1.63 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MEAT TENDERIZER
180GM

\$3.25

523143 \$0.18 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MINT LEAVES
25GM

\$3.25

523186 \$1.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MIXED HERBS
35GM

\$3.25

523215 \$0.93 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MIXED SPICE
85GM

\$3.25

523223 \$0.38 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MORROCCON
SPICE 95GM

\$3.25

523231 \$0.34 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MUSTARD
GROUND 80GM

\$3.25

523258 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MUSTARD SEEDS
BLACK 130GM

\$3.25

523266 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF MUSTARD SEEDS
YELLOW 135GM

\$3.25

523274 \$0.24 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF NUTMEG
GROUND 90GM

\$3.25

523290 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ONION FLAKES
80GM

\$3.25

523338 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ONION SALT
190GM

\$3.25

523346 \$0.17 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF OREGANO & GARLIC
SEASONING 90GM

\$3.25

523637 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF OREGANO
GROUND 70GM

\$3.25

523645 \$0.46 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF OREGANO
LEAVES 25GM

\$3.25

523653 \$1.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PAPRIKA HUNGARIAN
SWEET 90GM

\$3.25

523696 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PAPRIKA
SMOKEY 100GM

\$3.25

523709 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PARSLEY
FLAKES 20GM

\$3.25

523717 \$1.63 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER&LEMON
SEASONING 130GM

\$3.25

523725 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER BLACK
GROUND 90GM

\$3.25

523733 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER BLACK
WHOLE 100GM

\$3.25

523741 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER
CRACKED 90GM

\$3.25

523768 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER
MEDLEY 95GM

\$3.25

523776 \$0.34 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPER WHT
GRND 100GM

\$3.25

523784 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PEPPERSTEAK
SEASONING 120GM

\$3.25

523792 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PIRI PIRI
SEASONING 100GM

\$3.25

523805 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PIZZA
SEASONING 40GM

\$3.25

523813 \$0.81 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF POPPY SEEDS
120GM

\$3.25

523821 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PORTUGUESE SPICY
SEASONING 100GM

\$3.25

523848 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF POTATO
SPRINKLE 120GM

\$3.25

523856 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ROAST BEEF
SEASONING 90GM

\$3.25

523899 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ROAST CHICKEN
SEASONING 120GM

\$3.25

523901 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ROAST LAMB
SEASONING 90GM

\$3.25

523995 \$0.36 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ROAST VEGETABLE
SEASONING 120GM

\$3.25

524322 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ROSEMARY
LEAVES 50GM

GF SAGE LEAVES
25GM

GF SALT & PEPPER
SEASONING 120GM

\$3.25

524381 \$0.65 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

524509 \$1.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

524613 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF SESAME SEEDS
120GM

GF SPAGHETTI
BOLOGNAISE 75GM

GF STAR ANISE
WHOLE 30GM

\$3.25

524680 \$0.27 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

524699 \$0.43 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

525026 \$1.08 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF STEAK
SEASONING 130GM

GF SUMAC 100GM

GF SZECHUAN
SEASONING 130GM

\$3.25

525034 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

525202 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.25

525368 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF TACO
SEASONING 130GM

\$3.25

525376 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF TANDOORI SPICY
SEASONING 100GM

\$3.25

525405 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF TARRAGON
LEAVES 20GM

\$3.25

525712 \$1.63 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF THAI
SEASONING 130GM

\$3.25

525827 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF THYME LEAVES
40GM

\$3.25

525835 \$0.81 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF TUMERIC
GROUND 100GM

\$3.25

525923 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF TUSCAN
SEASONING 110GM

\$3.25

525931 \$0.30 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF VANILLA
SUGAR 160GM

\$3.25

525958 \$0.20 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GINGER
GROUND 70GM

\$3.25

527777 \$0.46 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY BEEF &
RED WINE 150GM

\$3.25

530861 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY
MUSHROOM 150GM

\$3.25

530909 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF PAPRIKA HOT
80GM

\$3.25

571145 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE
CHICKEN KIEV 480GM

\$8.89

600348 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE
BANGERS MASH 500GM

\$8.89

600356 \$1.78 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE BUTTER
CHICKEN 480GM

\$8.89

600647 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE SPAG
MEATBALLS 500GM

\$8.89

600655 \$1.78 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/VALLEY COCONUT
LIME YOG 170GM

\$2.69

601375 \$1.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BLISTEX INT REPAIR
BALM SPF15 4.25GM

\$2.99

606336 \$70.35 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

BLISTEX ULTRA LIP
BALM SPF50+ 4.25GM

BLISTEX LIP COND
BALM SPF30 4.25GM

PHILA CREAM CHEESE
PRTN ORIG 150GM

\$2.45

606459 \$57.65 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$2.45

607216 \$57.65 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.19

610546 \$21.27 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

GF CAKE DECOR CAKE
DELIGHTS 92GM

GF CAKE DECOR FAIRY
DELIGHTS 82GM

GF CAKE DECOR PARTY
DELIGHTS 83GM

\$2.45

616454 \$2.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$2.45

616462 \$2.99 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$2.45

616470 \$2.95 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

ICE BREAK SINGLE
ESPRESSO MILK 320ML

ICE BREAK DOUBLE
ESPRESSO MILK 320ML

C/NB MASTER LOWER
CARB BREAD 680GM

\$2.79

618222 \$8.72 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$2.79

618230 \$8.72 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$3.79

620293 \$0.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN PIZZA SLICE
HAM/PINE 600GM

\$8.85

622651 \$1.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN PIZZA SLICE
CHS/BACON 600GM

\$8.85

622694 \$1.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

FLORA PRO ACTIV
LT 500GM

\$9.19

622811 \$1.84 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OAK CHOC MINT
FLAV MILK 600ML

\$3.45

623152 \$5.75 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OAK GOLDEN GAYTIME
FLAV MILK 600ML

\$3.45

623160 \$5.75 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OAK PLUS CHOCOLATE
NAS MILK 500ML

\$3.25

627073 \$6.50 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

FLORA SPREAD
PRO-ACTIV 500GM

\$9.19

629140 \$1.84 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE RCH
BEEF M/BALLS 480GM

\$8.89

632331 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 BUTTER
CHICKEN PIE 4PK

\$10.69

641406 \$1.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
CAMPFIRE 130GM

\$3.99

646987 \$3.07 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
DROVERS 130GM

\$3.99

646995 \$3.07 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
NIPPERS 130GM

\$3.99

647007 \$3.07 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
EASY RIDER 130GM

\$3.99

647031 \$3.07 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
SALTIES 115GM

\$3.99

647066 \$3.47 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

SESH SNACKS
DESERT HEAT 130GM

\$3.99

647090 \$3.07 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/VALLEY S/BERRY &
CREAM YOG 170GM

\$2.69

649248 \$1.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/VALLEY BLUEBERRY
& CREAM YOG 170GM

\$2.69

649264 \$1.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/VALLEY MANGO &
CREAM YOG 170GM

\$2.69

649301 \$1.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.45

655541 \$5.44 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

CHRIS H/STYLE DIPS
SWT CHILLI 3PK

\$3.25

665475 \$1.81 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

PAND ROAST BEEF
SLICED 1KG

\$29.99

668748 \$29.99 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

B/EYE CHIPS G/CRUNCH
CRINKLE 900GM

\$5.69

671154 \$6.32 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

B/EYE CHIPS
STRAIGHT CUT 900GM

\$5.69

671242 \$6.32 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

B/EYE CHIPS G/CRUNCH
THIN CRSP 900GM

\$5.69

671277 \$6.32 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

OAK PLUS VANILLA
NAS MILK 500ML

\$3.25

672691 \$6.50 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

LEMNOS CHEESE
FETA R/FAT 180GM

\$4.15

674531 \$23.06 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.69

676297 \$3.36 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.69

676369 \$2.69 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.69

676414 \$2.69 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.69

676537 \$2.24 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

T/VALLEY VANILLA
CREAMERY 170GM

\$2.69

680835 \$1.58 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN PIZZA SLICE
M/LOVERS 600GM

\$8.85

686209 \$1.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN P/POCKETS
CHEESE/BACON 400GM

\$6.65

691382 \$1.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

WILDERNESS
PORTERHOUSE STEAK 1RW

\$48.70

737029
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.79

740164 \$0.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.79

740172 \$0.56 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.99

747040 \$19.98 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

GF MEDITERRANEAN
SEASONING 140GM

\$3.25

747614 \$0.23 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CLOVES
GROUND 80GM

\$3.25

772553 \$0.41 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ONION
POWDER 100GM

\$3.25

772721 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF ZA ATAR
100GM

\$3.25

772801 \$0.33 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY TRAD
HERB&GARLIC 150GM

\$3.25

772983 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY ROAST
MEAT MIX 150GM

\$3.25

772991 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY CHICKEN
MIX 150GM

\$3.25

773003 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY PEPPER
MIX 150GM

\$3.25

773185 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF GRAVY
TRADITIONAL 150GM

\$3.25

773310 \$0.22 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

PAND CHAMPAGNE
HAM 4.5KG

\$15.99

778242 \$15.99 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

GF VEGETABLE SEASONING
130GM 130GM

\$3.25

810089 \$0.25 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

GF CELERY SALT
190GM

\$3.25

810097 \$0.17 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

NAT PEPPERONI
PIZZA POCKET 2PK

\$7.29

813503 \$2.03 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NAT CLASSIC BEEF
PIE&SAUS ROLL 3PK

\$7.29

813538 \$2.03 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

GF CUMIN GROUND
PACK 70GM

\$3.25

870321 \$0.46 per 10GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 TRADITIONAL
PIES 4PK 700GM

\$10.69

900607 \$1.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 BEEF CHEESE
PIES 4PK 700GM

\$10.69

900615 \$1.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 CHICKEN VEG
PIE PK4 700GM

PAULS BLUEY
CHOCOLATE MILK 250ML

PAULS BLUEY
STRAWBERRY MILK 250ML

\$10.69

900877 \$1.53 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$2.29

902856 \$9.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$2.29

903621 \$9.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

LEMNOS FETTA
SMOOTH 200GM

PHILA SWEET CHILLI
PHILLY 150GM

MCCAIN PIZZA SLICE
SUPREME 600GM

\$4.15

904982 \$20.75 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

\$3.45

905256 \$23.00 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

\$8.85

906435 \$1.48 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CHRIS H/STYLE DIP
TZATZI 60G 180GM

OAK CARAMEL COFFEE
FLAV MILK 600ML

PATTIES PARTY
PASTIES 12PK 500GM

\$3.25

908940 \$1.81 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.45

910418 \$5.75 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$8.79

912448 \$1.76 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

CHRIS DIP FRENCH
ONION 3PK 180GM

OAK CHOCOLATE
FLAV MILK 600ML

OAK STRAWBERRY
FLAV MILK 600ML

\$3.25

912763 \$1.81 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.45

916369 \$5.75 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

\$3.45

916457 \$5.75 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

OBELA FRSH/SPRDS
CLS GUCML 220GM

T/VALLEY GREEK
YOGHURT 500GM

KRAFT SINGLES
REGULAR 216GM

\$5.25

917185 \$2.39 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$3.89

920739 \$0.78 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$4.05

923411 \$18.75 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

PATTIES PARTY
PIES 12PK 560GM

PATTIES PARTY S/
ROLLS 12PK 450GM

FLORA PRO ACTIVE
SPRD BUTTERY 500GM

\$8.79

923657 \$1.57 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$8.79

923665 \$1.95 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

\$9.19

929565 \$1.84 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

OBELA HOMMUS SMOOTH
CLASSIC 220GM

\$4.19

930742 \$1.90 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.79

932588 \$0.54 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN BEER BTR
WEDGES 750GM

\$5.15

952925 \$6.87 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN BEER BTR
STEAK FRIES 750GM

\$5.15

952941 \$6.87 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.79

972467 \$0.54 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

LEMNOS CHEESE FETTA
FULL CREAM 180GM

\$4.15

972520 \$23.06 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER LOAF
TOAST 700GM

\$3.79

972600 \$0.54 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.79

972619 \$0.54 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.79

972790 \$0.54 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE STHR
STL CHCKN 480GM

\$8.89

977401 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE CHCKN
BACON BAKE 480GM

\$8.89

977428 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN BEER BTR SH/
STRNG FRIES 750GM

\$5.15

977954 \$6.87 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN M/SIZE PUB
STYLE PARM 480GM

\$8.89

981574 \$1.85 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

LEMNOS SMTH REDUCED
FAT FETTA 200GM

\$4.15

987407 \$20.75 per 1KG
Specials available from 24/04/2024 until 7/05/2024.

MCCAIN P/POCKETS
HAWAIIAN 400GM

\$6.65

990104 \$1.66 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

PAULS BLUEY
BANANA MILK 250ML

\$2.29

990147 \$9.16 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

4N20 PIE ANGUS
BEEF/PEPPER 4PK

\$9.99

992724 \$1.43 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 PIE ANGUS
CHEESE/BACON 4PK

\$9.99

992740 \$1.43 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

4N20 PIE ANGUS
BEEF 700G 4PK

\$9.99

992783 \$1.43 per 100GM
Specials available from 24/04/2024 until 7/05/2024.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.45

994279 \$5.44 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.45

994295 \$5.44 per 1LT
Specials available from 24/04/2024 until 7/05/2024.

NIPPYS APPLE
COLD PRESS 450ML

\$2.45

994308 \$5.44 per 1LT
Specials available from 24/04/2024 until 7/05/2024.