

COCA COLA NO SUGAR
VANILLA 600ML

\$4.00

4167 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$3.00

4175 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS TONIC
1.25LT

\$2.20

4220 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS G/BEER
375ML 10PK

\$8.00

4335 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CDM C/MILK HOKEY
POKEY BLK 170GM

\$4.19

5901 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PASCALL JELLY GEMS
BANG BERRY 150GM

\$3.69

6349 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KIRKS DRY
GINGER 1.25LT

\$2.20

11471 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SODA
WATER 1.25LT

\$2.20

11498 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA RASPBERRY
600ML

\$4.00

11738 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS F/CREAM
MILK 6PK

\$4.99

11973 \$4.16 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS CHOC MILK
6PK

\$4.99

11981 \$4.16 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA 1.25LT

\$3.00

12212 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA 1.25LT

\$3.00

12239 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE LEMONADE
1.25LT

\$3.00

12255 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA DIET
1.25LT

\$3.00

12271 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE 600ML

\$4.00

18550 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS C/SODA
PET 1.25LT

\$2.20

19107 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS L/ADE PET
1.25LT

\$2.20

19123 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS LEMON PET
1.25LT

\$2.20

19131 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS PASIT PET
1.25LT

\$2.20

19369 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA 600ML

\$4.00

19406 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA DIET
600ML

\$4.00

19414 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOCCONA CLASSIC
F/D 200GM

\$14.49

24467 \$7.25 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KIRKS LEMONADE
375ML 10PK

\$8.00

88532 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS CLUB LEMON
375ML 10PK

\$8.00

88540 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS PASITO
375ML 10PK

\$8.00

88559 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.00

101426 \$4.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DAIRY MILK
DREAM BLOCK 50GM

\$1.29

102592 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PASCALL WINE
GUMS 220GM

\$3.69

104424 \$1.68 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.79

106147 \$1.12 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SAN SO GOOD U/S
ALMOND MILK 1LT

\$1.99

106817 \$1.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MULTIX BAKE 20M
X 30CM 20MT

\$4.49

113996 \$0.22 per 1MT
Specials available from 12/04/2023 until 25/04/2023.

MENTOS FANTA
ROLL 37.5GM

\$1.30

117591 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$9.00

118850 \$4.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ENERGY
DRINK PASSION 4PK

\$9.00

122518 \$4.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
GOLDEN 133GM

\$1.75

125612 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM CHOC
CRACKLE BAR 45GM

\$1.29

128039 \$2.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SO GOOD ALMOND&COCONUT
U/SWTND 1LT

\$1.99

135220 \$1.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA ORANGE
NO SUGAR 1.25LT

\$3.00

144098 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE NO SUGAR
1.25LT

\$3.00

144100 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PANADOL RAPID
CAPLETS 20'S

\$5.75

147555 \$0.29 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SF PASITO
1.25LT

\$2.20

155635 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA
VANILLA 1.25LT

\$3.00

155686 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SF PASITO
375ML 10PK

\$8.00

155723 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SO GOOD ALMOND
UNSWEETE 250MLX 3PK

\$3.99

165913 \$5.32 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CDM CARAMILK
BLOCK 180GM

\$4.19

166748 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NUTELLA SPREAD
H/NUT 400GM

\$5.49

167118 \$1.37 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD MORO NZ
60GM

\$1.29

167740 \$2.15 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY
MILK 180GM

\$4.19

172718 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY OLD GOLD
GOLD 70% 180GM

\$4.19

172734 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
CHOC SPLIT 133GM

\$1.75

180400 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
CHOCOLATE 133GM

\$1.75

180419 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE RED
VELVET 133GM

\$1.75

180427 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
ORIGINAL 133GM

\$1.75

180486 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BATISTE DRY SHAMPOO
BLUSH 50ML

\$5.49

182131 \$10.98 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MOTHER EPIC SWELL
ENERGY 500ML

\$3.00

185076 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CHEETOS CHS BACON
BALLS 90GM

\$2.49

186140 \$2.77 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CHEETOS PUFFS
80GM

\$2.49

186159 \$3.11 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TWISTIES
CHICKEN 90GM

\$2.49

186167 \$2.77 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TWISTIES CHEESE
90GM

\$2.49

186319 \$2.77 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BURGER RINGS
90GM

\$2.49

186327 \$2.77 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DAIRY MILK
MARBLE BLOCK 173GM

\$4.19

194490 \$2.42 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD OLD GOLD CHERRY
RIPE BLOCK 180GM

\$4.19

194503 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PASCALL PINEAPPLE
LUMPS 185GM

\$3.69

197528 \$1.99 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PASCALL MMALLOWS
VANRASP 280GM

\$3.69

198272 \$1.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CLINKERS
160GM

\$3.69

200053 \$2.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD BOOST
LAYERS 32GM

\$1.29

200379 \$4.03 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$3.00

200520 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM BLK E/BRY
IMMUNE DROPS 20PK

\$5.99

200977 \$0.30 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM HON/LEM
IMMUNE DROPS 20PK

\$5.99

201005 \$0.30 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM MEN/EUCL
IMMUNE DROPS 20PK

\$5.99

201013 \$0.30 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

DURO TUSS DRY
LIQUID COUGH 200ML

\$14.99

201048 \$7.50 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DURO TUSS CHESTY
LIQUID COUGH 200ML

\$14.99

201064 \$7.50 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DURO TUSS COLD/FLU
LIQUID COUG 200ML

\$14.99

201179 \$7.50 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL PARACETAMOL+CAFFEINE
TABS 20PK

\$4.99

201312 \$0.25 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

CADBURY BAR FRYS
TURKISH DELGT 55GM

\$1.29

204118 \$2.35 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM CHOC MAKERS
MINT CHIP 170GM

\$4.19

204521 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KIDDYLICIOUS WAFERS
RASPBERRY 16GM

\$2.89

206615 \$18.06 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NYAL COLD&FLU
DAY&NIGHT 24'S

\$11.99

206711 \$0.50 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

OFF TROPICAL INSECT
REP SPRAY 150GM

\$8.99

207669 \$5.99 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

R/HEADS FIRE STARTER
MATCHES 10'S

\$3.25

209453 \$0.33 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

CAD CHERRY RIPE
DOUBLE DIPPED 47GM

\$1.29

210542 \$2.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CARAMILK
TWIRL 39GM

\$1.29

214922 \$3.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

333 MIGHTYMITE
290GM

\$3.25

221292 \$1.12 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TIBALDI MIDDLE
RLESS BACON 1KG

\$15.99

221591 \$15.99 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

333 STUFFED
OLIVES 500GM

\$3.99

223204 \$7.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

TOBLERONE MILK
CHOCOLATE BAR 50GM

\$1.29

224055 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

WINDEX GLASS ORIGINAL
TRIGGER 500ML

\$4.25

224100 \$0.85 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

SAN SO GOOD
ALMOND MILK UHT 1LT

\$1.99

225592 \$1.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

WINDEX GLASS CRYSTAL
RAIN TRIG 500ML

\$4.25

226173 \$0.85 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MOTHER RAZZLE
BERRY 4PK

\$9.00

226966 \$4.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

TNCC BERRY
SALAD 180GM

\$3.15

227467 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DAIRY MILK
BOYSENBERRY 180GM

\$4.19

227790 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD TWIRL
STRAWBERRY 39GM

\$1.29

230762 \$3.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SORBENT F/TISS
POCKET 4PLY 6PK

\$1.99

231837 \$3.32 per 100EA
Specials available from 12/04/2023 until 25/04/2023.

OREO DOUBLE
STUFF 147GM

\$1.75

231888 \$1.19 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CRUNCHIE
50GM

\$1.29

236179 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD ROLLS DAIRY
MILK 55GM

\$1.29

236187 \$2.35 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CHUNKY
CAMELLO 55GM

\$1.29

236224 \$2.35 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CHUNKY
HAZEL NUT 55GM

\$1.29

236267 \$2.35 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD FLAKE 30GM

\$1.29

236427 \$4.30 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NYAL DRY COUGH
200ML

\$8.99

237542 \$4.50 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL PARACETAMOL
500MG TABS 20'S

\$2.99

240119 \$0.15 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

NYAL PARACETAMOL
500MG CAPS 20'S

\$2.99

240186 \$0.15 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

NYAL IBUPROFEN
200MG TABS 24'S

\$3.99

240194 \$0.17 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

MENTOS MINT ROLL
14 PC 37.5GM

\$1.30

241453 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MENTOS S/MINT
ROLL 14PC 37.5GM

\$1.30

241461 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MENTOS FRUIT
ROLL 14PC 37.5GM

\$1.30

241488 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM M/CREATIONS
ROCKY ROAD 190GM

\$4.19

244806 \$2.21 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC FRUIT BASKET
R/SUGAR 220GM

\$3.15

246940 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PHILA CREAM CHEESE
LGHT BLK 250GM

\$3.75

247142 \$15.00 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

PHILA CREAM
CHEESE BLK 250GM

\$3.75

247185 \$15.00 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

KRAFT CHEDDAR
CHEESE SLICES 250GM

\$4.99

247425 \$19.96 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

CAD DREAM WHITE
XMAS BLOCK 170GM

\$4.19

248452 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OFF KIDS
AEROSOL 150GM

\$8.99

249703 \$5.99 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OFF KIDS PUMP
SPRAY 175ML

\$8.99

250042 \$5.14 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MENTOS RAINBOW
ROLL 37.5GM

\$1.30

250050 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

RAID MAX CIK
ANTIBACTERIAL 350GM

\$10.99

250085 \$3.14 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$6.50

250819 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE NO SUGAR
250ML 6PK

\$6.50

250835 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA ORANGE
250ML 6PK

\$6.50

250843 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA NO
SUGAR 250ML 6PK

\$6.50

251010 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA DIET
250ML 6PK

\$6.50

251168 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA 250ML
6PK

\$6.50

251205 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA
VANILLA 250ML 6PK

\$6.50

251491 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE LEMON
PLUS 1.25LT

\$3.00

251563 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE LEMON PLUS
ZERO SUGAR 1.25LT

\$3.00

251619 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE LEMON PLUS
ZERO SUGAR 600ML

\$4.00

251977 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD M/CREATIONS
CARAMILK 190GM

\$4.19

252531 \$2.21 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DAIRY MILK MC
JELLY BEANIE 50GM

\$1.29

252638 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD OLD GOLD PNUT
BRITTLE 175GM

\$4.19

252670 \$2.39 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC DINOSAURS
220GM

\$3.15

254959 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC SMOOTHIE
CHEWS 180GM

\$3.15

254975 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC BERRY BLISS
180GM

\$3.15

255329 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NYAL CHESTY COUGH
NON DROWSY 200ML

\$8.49

255345 \$4.25 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL COLD SORE
CRM BLIS 10GM

\$8.99

255353 \$89.90 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NYAL DECON
NASAL SPRAY 15ML

\$8.99

255361 \$59.93 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL BRONCHITIS
MIX 200ML

\$7.99

255417 \$4.00 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PASCALL JUBES
300GM

\$3.69

255636 \$1.23 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC SNAKES REDUCED
SUGAR 230GM

\$3.15

255644 \$1.37 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

POWERADE BERRY
ICE FLO 1LT

\$4.00

255652 \$4.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

POWERADE MOUNT
BLAST FLO 1LT

\$4.00

255660 \$4.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SOUR PATCH KIDS
190GM

\$3.15

255724 \$1.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SOUR PATCH KIDS
WATERMELON 190GM

\$3.15

255804 \$1.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TWISTIES
ZIGZAGS 65GM

\$2.49

256225 \$3.83 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VIOLET CRUMBLE
RASPBERRY CUBES 130GM

\$3.49

256815 \$2.68 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
NAPOLETANA 500GM

\$3.69

257738 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
BOLOGNESE 500GM

\$3.69

257746 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
CARBONARA 490GM

\$3.69

257754 \$0.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
GRDN VEG 500GM

\$3.69

258167 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC FRUITY
STACKERS 220GM

\$3.15

258626 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
BOLOG BACON 500GM

\$3.69

259055 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
B/RED WINE 500GM

\$3.69

259063 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
RST GARLIC 500GM

\$3.69

259071 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEGGOS PASTA SAUCE
BOLOG MUSHR 500GM

\$3.69

259127 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SPRITE 250ML 6PK

\$6.50

259530 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

TNCC JELLY
BABIES 220GM

\$3.15

259856 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM PLUS ANAEST
H&L LOZ 16'S

\$8.99

260021 \$0.56 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM PLUS ANAES
BERRY LOZ 16'S

\$8.99

260048 \$0.56 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

TNCC FRT & CREAM
BLISS 180GM

\$3.15

260072 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SOUR PATCH KIDS
BERRY 190GM

\$3.15

260080 \$1.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

RAID MAX FIK DBLE
NOZZLE 300GM

\$10.99

261796 \$3.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

COCA-COLA NO
SUGAR 1.25LT

\$3.00

268007 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

FANTA RASPBERRY
NO SUGAR 6PK

\$6.50

273615 \$4.33 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DM BREAKAWAY
BAR 44GM

\$1.29

274378 \$2.93 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM MORE NUTS
SALT TOFFEE 165GM

\$4.19

274394 \$2.54 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CARAMILK
BREAKWAY TAB 180GM

\$4.19

274415 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM MIXED
NUTS 165GM

\$4.19

274466 \$2.54 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD OLD GOLD
FRUIT & NUT 165GM

\$4.19

274642 \$2.54 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

ZYMIL FULL CREAM
MILK UHT 3PK

\$2.69

274730 \$0.36 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MOCCONA CLSC
DRK RST 200GM

\$14.49

277771 \$7.25 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SOUR PATCH SPACE
KIDS 190GM

\$3.15

283282 \$1.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC ZOO CREW
200GM

\$3.15

283485 \$1.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MENTOS CIRCUS
FUN 37.5GM

\$1.30

286547 \$3.47 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL UHT
FULL CREAM LF 1LT

\$2.99

288710 \$2.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KRAFT CHEDDAR
CHEESE BLOCK 500GM

\$7.49

291477 \$1.50 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KRAFT CHEESE
STICKS 240GM

\$5.49

291653 \$13.73 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC PARTY MIX
220GM

\$3.15

293333 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC SNAKES
230GM

\$3.15

293341 \$1.37 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC SOURS
SQUIRMS 220GM

\$3.15

293376 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC VEGAN
FRUIT MIX 180GM

\$3.15

293384 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC FRUIT SALAD
SOFT JELLIES 220GM

\$3.15

293480 \$1.43 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW MUSHROOM
POWDER 10GM

\$5.49

296198 \$54.90 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW CAULIFLOWER
POWDER 10GM

\$5.49

296219 \$54.90 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW BROCCOLI
POWDER 10GM

\$5.49

296235 \$54.90 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW PUMPKIN
POWDER 20GM

\$5.49

296243 \$27.45 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW SPINACH
POWDER 10GM

\$5.49

296307 \$54.90 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGEASE RAW BEETROOT
POWDER 20GM

\$5.49

296323 \$27.45 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

IQN MARINE COLLAGEN
BEAUTY PWD 90GM

\$31.99

296390 \$35.54 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VIOLET CRUMBLE
NUGGETS 135GM

\$3.49

296657 \$2.59 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VIOLET CRUMBLE
FLAV MILK 500ML

\$3.99

296737 \$7.98 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
NEAPOLITAN 131GM

\$1.75

297342 \$1.34 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD TWIRL MINT
39GM

\$1.29

297406 \$3.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OFF TROPICAL
PUMP 175ML

\$8.99

299639 \$5.14 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

CAD DM MINT
BREAKAWAY 180GM

\$4.19

299882 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE
CINNAMON BUN 135GM

\$1.75

300513 \$1.30 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OREO COOKIE CHOC
HAZELNUT 135GM

\$1.75

300732 \$1.30 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$8.00

305744 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS LEMON S/
FREE 375ML 10PK

\$8.00

305760 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$8.00

305808 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DM CREME
EGG BLOCK 180GM

\$4.19

310009 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL UHT
LOW FAT L/FREE 1LT

\$2.99

310199 \$2.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DM BREAKAWAY
TABLET 180GM

\$4.19

310703 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM PASCALL
CLINKERS 170GM

\$4.19

310711 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NYAL COUGH
COLD/FLU TBL 24'S

\$13.99

313066 \$0.58 per 1EA
Specials available from 12/04/2023 until 25/04/2023.

SAN PEANUT BUTTER
CRUNCHY 375GM

\$2.79

314675 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SAN PEANUT BUTTER
SMOOTH 375GM

\$2.79

314798 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD OLD GOLD
BREAKWAY TAB 180GM

\$4.19

315141 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

RAID MAX MIK
SPRAY 300GM

\$10.99

319206 \$3.66 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TNCC FRUIT
CHEWS 180GM

\$3.15

322659 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

DIFFLAM FORTE
THROAT SPRAY 15ML

\$14.99

327695 \$99.93 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL CHILD COLD/
FLU MEDICINE 200ML

\$14.99

327820 \$7.50 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

NYAL ANTIVIRAL COLD
SORE CREAM 5GM

\$8.99

327927 \$179.80 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGETA BEEF STEW/
MROOM/POT 400GM

\$3.25

328284 \$0.81 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGETA BEEF STEW/
PEAS/POT 400GM

\$3.25

328305 \$0.81 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGETA PORK CASS/
POT/CARROTS 400GM

\$3.25

328372 \$0.81 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEGETA CHICK CASS/
SPRING VEG 400GM

\$3.25

328399 \$0.81 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MT FRANKLIN
STILL 500ML 12PK

\$6.99

329551 \$1.17 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SAN SO GOOD REG
UHT 250ML 3PK

\$2.69

329666 \$3.59 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

POWERADE GOLD
RUSH 1LT

\$4.00

334289 \$4.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

POWERADE
BLACKCURRANT 1LT

\$4.00

334350 \$4.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CADBURY ECLAIRS
160GM

\$3.69

336532 \$2.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY
CARAMELS 160GM

\$3.69

336567 \$2.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

KIRKS CRM SODA
375ML 10PK

\$8.00

338335 \$2.13 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

DUCK DEEP ACTION
GEL CITRUS 750ML

\$4.49

343249 \$0.60 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DUCK DEEP ACT GEL
LTD EDITION 750ML

\$4.49

343265 \$0.60 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DUCK DEEP ACTION
GEL PINE 750ML

\$4.49

343281 \$0.60 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DUCK DEEP ACTION
GEL LAVENDER 750ML

\$4.49

343337 \$0.60 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DUCK FOAMING BLEACH
GEL MARINE 750ML

\$4.49

343345 \$0.60 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
HAZELNUT 180GM

\$4.19

347151 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
ROAST ALMON 180GM

\$4.19

347178 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
FRUIT AND N 180GM

\$4.19

347186 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM PACKED WITH
CRUNCHIE 180GM

\$4.19

347207 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
DREAM 180GM

\$4.19

347215 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
TURKISH DEL 180GM

\$4.19

347231 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
BLK FOREST 180GM

\$4.19

347258 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
SNACK 180GM

\$4.19

347266 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
CARMELLO 180GM

\$4.19

347282 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
TOP DECK 180GM

\$4.19

347338 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY DAIRY MILK
PEPPERMINT 180GM

\$4.19

347354 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY OLD GOLD
ROAST ALMOND 180GM

\$4.19

347362 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY OLD GOLD
JAMAICA RR 180GM

\$4.19

347370 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM MC JELLY POP
CANDY BEANIES 190GM

\$4.19

347485 \$2.21 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY OLD
GOLD DARK 180GM

\$4.19

347610 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM BUBBLY MILK
160GM

\$4.19

347725 \$2.62 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CDM BUBBLY MINT
160GM

\$4.19

347733 \$2.62 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD OLD GOLD
PEPPERMINT 180GM

\$4.19

348170 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM COCONUT
ROUGH 180GM

\$4.19

348218 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DM TROP
PINEAPPLE 180GM

\$4.19

348242 \$2.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VOLTAREN EMUGEL
NO MESSI 75GM

\$18.99

349819 \$25.32 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BICKS ICED COFFEE
ALMOND 500ML

\$3.99

357915 \$7.98 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

SORBENT F/TISSUE
WHITE TRAVEL 50'S

\$1.15

365843 \$2.30 per 100EA
Specials available from 12/04/2023 until 25/04/2023.

SORBENT F/TISSUES
WHITE 90'S

\$1.99

365851 \$2.21 per 100EA
Specials available from 12/04/2023 until 25/04/2023.

VIOLET CRUMBLE
BITES 180GM

\$3.49

367056 \$1.94 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

V/CRUMBLE CARAMEL
BITE 170GM

\$3.49

367339 \$2.05 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL SKIM
UHT MILK 1LT

\$2.99

367865 \$2.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

BARILLA P/SCE
BASILCO TOM 400GM

\$4.75

368008 \$1.19 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BARILLA P/SCE
ARABIATA CHLI 400GM

\$4.75

368024 \$1.19 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD BAR BOOST
60GM

\$1.29

369967 \$2.15 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CADBURY TWIRL
BREAKAWAY BAR 40GM

\$1.29

374504 \$3.23 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD FRUIT NUT
50GM

\$1.29

381587 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

ROBERN APRICOT
BALLS C/NUT 200GM

\$3.49

382643 \$17.45 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

ROBERN APRICOT
INDULGENT 200GM

\$3.49

382686 \$17.45 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

SAN PEANUT BUTTER
NAT CRUNCHY 375GM

\$2.79

383857 \$0.74 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOCCONA MOCHA
KENYA STYLE FD 200GM

\$14.49

383902 \$7.25 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOCCONA FRENCH
STYLE FD 200GM

\$14.49

383937 \$7.25 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOCCONA ESPRESSO
STYLE FD 200GM

\$14.49

384040 \$7.25 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MT FRANKLIN WATER
SPRING 1.5LT

\$3.00

386134 \$2.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.20

386150 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.20

386476 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SUGAR FREE
LEMON 1.25LT

\$2.20

386484 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.20

386505 \$1.76 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.00

386628 \$2.40 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.00

386740 \$4.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD CARAMILK
MARBLE 173GM

\$4.19

386839 \$2.42 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

CAD DRINKING CHOC
CANISTER 250GM

\$3.99

386898 \$1.60 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DRINKING CHOC
NEAPOLITAN 250GM

\$3.99

386900 \$1.60 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CARAMILK
BAR 45GM

\$1.29

386986 \$2.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BARILLA P/SCE
NAPOLETANA 400GM

\$4.75

387030 \$1.19 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

EUROPE SUMMER
ROLL 40GM

\$1.29

396244 \$3.23 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

EUROPE NOUGAT
HONEY LOG 40GM

\$1.29

396295 \$3.23 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DAIRY MILK
50GM

\$1.29

396316 \$2.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD CHERRY RIPE
52GM

\$1.29

396332 \$2.48 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD TWIRL 39GM

\$1.29

396340 \$3.31 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD PICNIC 46GM

\$1.29

396367 \$2.80 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

JCS ALMONDS NAT
AUSTRALIAN 500GM

\$9.49

412056 \$18.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

JCS CORN CHIPS
NATURAL 500GM

\$6.49

498590 \$1.30 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS WALNUTS NAT
AUSTRALIAN 350GM

\$8.49

499534 \$24.26 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS GRN/SEED/
QUINOA BREAD 800GM

\$4.39

500873 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS SUPER TASTY
CRANBERRIES 500GM

\$7.49

501403 \$14.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

NAT MEAT PIES
2PK

\$7.25

503521 \$2.01 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NAT PASTIES 2PK

\$7.25

503548 \$2.01 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS PEANUTS
UNSALTED 500GM

\$4.99

525560 \$9.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

JCS ALMONDS
NATURAL USA 500GM

\$9.49

569010 \$18.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

JCS WALNUTS
NATURAL 350GM

\$8.49

569045 \$24.26 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

A/GROVE F/CRM
MILK 2LT

\$4.99

581175 \$2.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

A/GROVE N/
HOMOGENISED MLK 2LT

\$4.99

581191 \$2.50 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

A/GROVE FRM
LIGHT MLK 2LT

\$5.49

581247 \$2.75 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MAN SIZE
CHICKEN KIEV 480GM

\$8.99

600348 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MAN SIZE
BANGERS MASH 500GM

\$8.99

600356 \$1.80 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MAN SIZE
BUTTER CHICKEN 480GM

\$8.99

600647 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MAN SIZE
SPAGMEATBALLS 500GM

\$8.99

600655 \$1.80 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

W/WATCHERS MUSH
PMPKN RISOTTO 320GM

\$5.49

600815 \$1.72 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DREAM WITH
OREO BAR 45GM

\$1.29

602167 \$2.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

CAD DREAM WITH
OREO 170GM

\$4.19

602319 \$2.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS ORG
SOURDOUGH 850GM

\$4.39

605720 \$0.52 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS TASMANIAN
RYE 800GM

\$4.39

605739 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS SOURDOUGH
DARK RYE 800GM

\$4.39

605747 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

BERTOLLI WITH
BUTTER 450GM

\$5.99

606977 \$1.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OAK SPLICE PINE
LIME 600ML

\$3.49

608155 \$5.82 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN PIZZA POCKET
VEGEMITE 400GM

\$7.99

608649 \$2.00 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEMNOS TRADITIONAL
FETTA 400GM

\$6.99

610538 \$1.75 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

TIBALDI SKINLESS
FRANKFURTS 1.55KG

\$15.99

616964 \$10.32 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

OAK CHOC MINT
FLAVOURED MILK 600ML

\$3.49

623152 \$5.82 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
BOYSN SWIRL 4'S

\$8.75

625078 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD
VANILLA BEAN 170GM

\$2.49

626564 \$1.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OAK PLUS NO SUGAR
ADDED CHOC 500ML

\$3.99

627073 \$7.98 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

OAK THICKSHAKE
COOKIES CREAM 425ML

\$3.49

627110 \$8.21 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD
CHOCOLATE 150G 6PK

\$6.99

628316 \$0.78 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCC M/SIZE RICH BEEF
MEATBALLS 480GM

\$8.99

632331 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

W/WATCHER CHICK&MUSH
FETTUCINE 300GM

\$5.49

632681 \$1.83 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD VIOLET
CRUMBLE 170GM

\$2.49

636033 \$1.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUST C/CHUP
S/BRY CREAM 170GM

\$2.49

636092 \$1.46 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NIPPYS ORANGE/MANG
COLD PRS 450ML

\$2.49

655541 \$5.53 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
CARML 4'S

\$8.75

662610 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
SUPER CHOC 4'S

\$8.75

663269 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
VANILLA 4'S

\$8.75

663314 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PAND DBL SMOKE
SHAVING HAM 4KG

\$15.99

667980 \$15.99 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

OAK CHOC
HONEYCOMB 600ML

\$3.49

671146 \$5.82 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS VANILLA
CUSTARD 1KG

\$4.99

673547 \$0.50 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS VANILLA
CUSTARD 600GM

\$3.49

673555 \$0.58 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.49

676297 \$3.11 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.49

676369 \$2.49 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.49

676414 \$2.49 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.49

676537 \$2.08 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

NAT JUMBO SAUSAGE
ROLLS 420G 2PK

\$7.25

679412 \$1.73 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA L/F FRN
VAN YOG 4PK

\$4.99

689936 \$0.83 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN P/POCKETS
CHEESE/BACON 400GM

\$7.99

691382 \$2.00 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PETERS DRUMSTICK
FUDGE SMORES 4PK

\$8.75

694874 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PETERS D/STICK
FUDGE HAZELNUT 4PK

\$8.75

695279 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

VAALIA R/F FRN
VAN YOG 900GM

\$5.99

696722 \$0.67 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEMNOS HALOUMI
BLOCK 600GM

\$9.99

698533 \$16.65 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

VAALIA LF LUSC
BERRIES 900GM

\$5.99

716885 \$0.67 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA L/F LEMON
CREME 4PK

\$4.99

717044 \$0.83 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.99

747040 \$19.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

S/PORK CHIL/CHS
ARTISAN SAUSGE 475GM

\$8.99

752042 \$18.93 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

S/PORK SGE/PARS
ARTISAN SAUSGE 475GM

\$8.99

752157 \$18.93 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

S/PORK G/MAN BRATWURST
ARTISAN 475GM

\$8.99

753045 \$18.93 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

S/PORK CHS/BCN
ARTISAN SAUSAGE 475GM

\$8.99

753061 \$18.93 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

S/PORK CRKD PPR/
WORCE ARTISAN 475GM

\$8.99

753344 \$18.93 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS SOURDOUGH
W/ML BREAD 800GM

\$4.39

760384 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

WILLIAMS RYE&SPELT
BREAD 800GM

\$4.39

761539 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

JCS PEANUTS
SALTED 500GM

\$4.99

779448 \$9.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL VAN
CUSTARD 1KG

\$5.49

900033 \$0.55 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD
VANILLA 140GM

\$1.99

900041 \$1.42 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD
CHOCOLATE 140GM

\$1.99

900068 \$1.42 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OBELA TO GO SALSA
DORITOS 95GM

\$3.69

900623 \$3.88 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

DUE SOUTH VANILLA
BEAN I/CRM 1LT

\$10.99

900674 \$1.10 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$2.25

902856 \$9.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

VAALIA L/F NATURAL
YOGHURT 900GM

\$5.99

903277 \$0.67 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$2.25

903621 \$9.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS MILKY MAX
SNACK CHOC100G 12PK

\$5.99

905221 \$0.50 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL FULL
FAT L/F MILK 1LT

\$3.99

906881 \$3.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS BANANA
CUSTARD 70GM

\$1.49

907163 \$2.13 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS VANILLA
CUSTARD 70GM

\$1.49

907569 \$2.13 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR SBERRY 150GM

\$1.99

907745 \$1.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR VANILLA 150GM

\$1.99

907753 \$1.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR M/BERRI 150GM

\$1.99

907761 \$1.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR MANGO 150GM

\$1.99

907788 \$1.33 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR PLAIN 700GM

\$5.99

907796 \$0.86 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VAALIA PROBIOTIC
KEFIR VANILLA 700GM

\$5.99

907817 \$0.86 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

DUE SOUTH S/BERRY
RIPPLE I/CRM 1LT

\$10.99

907913 \$1.10 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

DUE SOUTH CHOCOLATE
ICECREAM 1LT

\$10.99

907921 \$1.10 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PAULS ZYMIL L/F
LAC/FREE MILK 1LT

\$3.99

909652 \$3.99 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

VEGIE DELIGHTS CHICKEN
SAUSAGE 300GM

\$5.99

913360 \$19.97 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

W/WATCHERS TUNA
PASTA BAKE 320GM

\$5.49

914005 \$1.72 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

LEMNOS FETTA
CHEESE 2PK 200GM

\$4.99

915462 \$24.95 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

PETERS DRUMSTICK
HOKEY POKEY 4PK

\$8.75

915518 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PETERS DRUMSTICK
VAN/CARAMEL 4PK

\$8.75

915526 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

VAALIA YOGHURT
TROPICAL 4PK

\$4.99

915980 \$0.83 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OAK FLV MILK
CHOCOLATE 600ML

\$3.49

916369 \$5.82 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

OAK FLAVOURED MILK
STRAWBERRY 600ML

\$3.49

916457 \$5.82 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
MINI CH/CARA 6'S

\$8.75

918807 \$1.79 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

VEGIE DELIGHTS
ROAST 480GM

\$6.79

919594 \$14.15 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

KRAFT SINGLES
REGULAR 216GM

\$4.99

923411 \$23.10 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

INGHAM BRST TENDER
STHN STYLE 400GM

\$7.99

923470 \$19.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

OBELA SMOOTH
CLASSIC SINGLES 3PK

\$3.25

924959 \$1.81 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OBELA GRAB & GO
CLASSIC HOMMUS 125GM

\$3.69

943228 \$2.95 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

OBELA GRAB & GO RST
CPS HOMMUS 125GM

\$3.69

943244 \$2.95 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD
STRAWBERRY 70GM

\$1.49

944933 \$2.13 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PETERS D/STICK
SALTD CARAMEL 4PK

\$8.75

947798 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

OBELA CLASSIC
TZATZIKI TO GO 125GM

\$3.69

953282 \$2.95 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

VEG DELIGHTS
HOT DOG 300GM

\$5.99

954525 \$19.97 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

SAN VEG DELIGHTS
SAUSAGE VEGE 300GM

\$5.99

954533 \$19.97 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

INGHAM CHICKEN
BRST TENDERS 400GM

\$7.99

956192 \$19.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

INGHAM CHICKEN
TENDERS CHILLI 400GM

\$7.99

956619 \$19.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

PAULS DBL THK
CUSTARD VAN 900GM

\$5.49

956977 \$0.61 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
CHOC MINT 4'S

\$8.75

957822 \$1.84 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

PAULS CUSTARD S/
PACK VANILLA 6PK

\$6.99

961282 \$0.78 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

SAN SO GOOD
CHILLED 1LT

\$2.25

969604 \$2.25 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PETERS DR/STK
SNACK VAN 6'S

\$8.75

977081 \$1.79 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MANSIZE
STHRNSTYLE CHIC 480GM

\$8.99

977401 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MANSIZE
CHCKNBACON BAKE 480GM

\$8.99

977428 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS DBL THK
CUSTARD CHOC 900GM

\$5.49

979706 \$0.61 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

W/WATCHERS BEEF
BOLOGNESE 320GM

\$5.49

981160 \$1.72 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

DR/STK MINI
BYSNBRRY 6PK

\$8.75

981232 \$1.82 per 100ML
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN MANSIZE PUB
STYLE PARMA 480GM

\$8.99

981574 \$1.87 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PHILA BLOCK LACTOSE
FREE 250GM

\$3.75

982892 \$15.00 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

MCCAIN P/POCKETS
HAWAIIAN 400GM

\$7.99

990104 \$2.00 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PAULS BLUEY
BANANA MILK 250ML

\$2.25

990147 \$9.00 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PRESIDENT BUTTER
UNSALTED 200GM

\$4.25

991457 \$2.13 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

PRESIDENT BUTTER
SALTED 200GM

\$4.25

991617 \$2.13 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

R/DAIRY TASTY CHEESE
SLICES 500GM

\$9.99

993938 \$19.98 per 1KG
Specials available from 12/04/2023 until 25/04/2023.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.49

994279 \$5.53 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.49

994295 \$5.53 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

NIPPYS APPLE COLD
PRESSED 450ML

\$2.49

994308 \$5.53 per 1LT
Specials available from 12/04/2023 until 25/04/2023.

PAULS STRAWBERRY
CUSTARD POUCH 140GM

\$1.99

996899 \$1.42 per 100GM
Specials available from 12/04/2023 until 25/04/2023.

W/WATCHERS BEEF
LASGANE 370GM

\$5.49

996960 \$1.48 per 100GM
Specials available from 12/04/2023 until 25/04/2023.