

MT FRANKLIN
600ML

\$2.50

002997 \$4.17 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO SUGAR
VANILLA 600ML

\$4.00

004167 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO SUGAR
VANILLA 1.25LT

\$3.50

004175 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS TONIC
1.25LT

\$2.40

004220 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS G/BEER
375ML 10PK

\$9.99

004335 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS SODA
WATER 1.25LT

\$2.40

011498 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA RASPBERRY
600ML

\$4.00

011738 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA 1.25LT

\$3.50

012212 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA 1.25LT

\$3.50

012239 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE LEMONADE
1.25LT

\$3.50

012255 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA DIET
1.25LT

\$3.50

012271 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

\$3.50

013450 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PALM BLUEY HWASH
FOAM 250ML

\$3.15

013741 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY
APRICOT JAM 475GM

\$5.49

014226 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY
MARMALADE JAM 475GM

\$5.49

014234 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY
PLUM JAM 475GM

\$5.49

014242 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY
RASPBERRY JAM 475GM

\$5.49

014250 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY
STRAWBERRY JAM 475GM

\$5.49

014269 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY THREE
BERRIES JAM 475GM

YARRA VALLEY PREM
CHILLI SAUCE 250ML

YARRA VALLEY CHOC
TOPPING 250ML

\$5.49

014277 \$1.16 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$4.65

014306 \$1.86 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

\$4.89

014330 \$1.96 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

YARRA VALLEY S/CARAMEL
TOPPING 250ML

POWERADE FLO CAP
B/CRRNT ZERO 600ML

COCA-COLA PLASTIC
BOTTLE 2LT

\$4.89

014373 \$1.96 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

\$3.20

014947 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$4.50

015560 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA DIET
2LT

SPRITE LEMONADE
PET 2LT

FANTA ORANGE
2LT

\$4.50

015587 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$4.50

015640 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$4.50

015659 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE 600ML

\$4.00

018550 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS C/SODA
PET 1.25LT

\$2.40

019107 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS L/ADE PET
1.25LT

\$2.40

019123 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS PASIT PET
1.25LT

\$2.40

019369 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA 600ML

\$4.00

019406 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA DIET
600ML

\$4.00

019414 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SAN SO GOOD
VANILLA BLISS 1LT

\$2.49

030760 \$2.49 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

QUEST BAR BIRTHDAY
CAKE 60GM

\$3.69

050149 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

KIRKS LEMONADE
375ML 10PK

\$9.99

088532 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS CLUB LEMON
375ML 10PK

\$9.99

088540 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS PASITO
375ML 10PK

\$9.99

088559 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.50

101426 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.20

101485 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER RAINBOW
SHERBET 500ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA ZERO
SUG/ZERO CAF 6PK

\$6.80

102074 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

RASPBERRY COKE
600ML

\$4.00

102138 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

333 COUNTRY STYLE
APPLE SAUCE 250GM

\$2.75

106147 \$1.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRUNCH
GARLIC BREAD 150GM

\$4.49

106550 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

STAYFREE REGULAR
WINGS 20'S

\$7.15

107975 \$0.36 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

COLGATE TOOTHPASTE
TOTAL WHITE 115GM

\$4.99

108695 \$4.34 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COLGATE TOTAL
ADVANCED CLEAN 115GM

\$4.99

108994 \$4.34 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

\$3.20

109356 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

DUCK COOL FSH XPWR
TOILET SHLD 500ML

\$3.69

111114 \$0.74 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

QUEST CUPS PEANUT
BUTTER 42GM

\$3.69

112184 \$8.79 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST BAR
SMORES 60GM

ATKINS END TURKISH
DELIGHT 30GM

SO GOOD CHOC
OAT MILK 1LT

\$3.69

112192 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$2.59

112213 \$8.63 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$2.49

114614 \$0.25 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

MOTHER ENERGY
DRINK S/F 500ML 4PK

SMITHS SIZZLING
STK & ONION 150GM

RITZ MINI MUNCHING
S/CRM&ONION 155GM

\$9.50

118850 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$4.49

119247 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$3.29

119802 \$2.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO ORIGINAL
PRIDE 128GM

MOTHER ENERGY
DRINK PASSION 4PK

POWERADE FLO
STRAW LEMON 600ML

\$1.65

119896 \$1.29 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$9.50

122518 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$3.20

124804 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MILKY WAY TWIN
PACK 45GM

\$1.60

125372 \$3.56 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOCCONA HAZELNUT
FREEZE DRIED 95GM

\$10.25

125460 \$10.79 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MARS CLASSIC
SINGLE BAR 47GM

\$1.60

127298 \$3.40 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS DBL CRNCH
SPICY CHK SKW 150GM

\$4.49

128012 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
CHILLI 170GM

\$4.49

128581 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PALM FOAM H/WASH
VAN & BERRIES 250ML

\$3.15

130606 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.20

131000 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.20

131019 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.20

131027 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.20

131043 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.20

131051 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.20

131078 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

CAD CARAMILK WALLABY
SHAREPACK 144GM

\$4.49

134500 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO DOUBLE STUFF
CHOC MINT 131GM

\$1.65

135917 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SENSODYNE XFR COMP
CARE+ T/P 100GM

\$9.75

137912 \$9.75 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.20

138405 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.20

138413 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE ACTIVE
WATER LEMON 600ML

\$3.20

138421 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PALM LTD ED FOAM
HWASH 250ML

\$3.15

138851 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

PALM FOAMNG JAPN C/
BLSM HNDWSH 250ML

\$3.15

139520 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

SNICKERS
BUTTERSCOTCH 44GM

\$1.60

139803 \$3.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS HOT PERI
PERI SCE 250GM

\$6.65

142180 \$2.66 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS MILD PERI
PERI SAUCE 250GM

\$6.65

142316 \$2.66 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS MEDIUM PERI
PERI SAUCE 250GM

\$6.65

142332 \$2.66 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS LEMON HERB
PERI PERI MA 260GM

\$4.19

142340 \$1.61 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS MED PERI
PERI MARINADE 262GM

\$4.19

142535 \$1.60 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS HOT
PERINAISE 265GM

\$4.29

142543 \$1.62 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS MILD PERINAISE
ORIGINAL 265GM

\$4.29

142607 \$1.62 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NANDOS MILD P/PERI
PERINAISE 465GM

\$6.19

142623 \$1.33 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOTHER LAVA
GUAVA 500ML 4PK

\$9.50

143060 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER SUPER
DRY 500ML

\$3.00

143087 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
GOLD 500ML 4PK

\$9.50

143095 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA RASP
ZERO SUGAR 600ML

\$4.00

143116 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE LEMON+ ZERO
SUGAR 250ML 6PK

\$6.80

143132 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
FIESTA MANGO 500ML

\$3.00

143546 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA ORANGE
NO SUGAR 1.25LT

\$3.50

144098 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE NO SUGAR
1.25LT

\$3.50

144100 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OREO DARK
CHOCOLATE 131GM

\$1.65

144602 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SOFTLY EUCALYPTUS
WOOL WASH 1.25LT

\$7.35

147205 \$5.88 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

(T)TIC TAC
STRAWBERRY 24GM

\$1.79

148531 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOCCONA CARAMEL
FRZ DRIED 95GM

\$10.25

150244 \$10.79 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

(T)TIC TAC SPRITE
T50 24GM

\$1.79

153920 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.50

155539 \$2.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS SF PASITO
1.25LT

\$2.40

155635 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA
VANILLA 1.25LT

\$3.50

155686 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS SF PASITO
375ML 10PK

\$9.99

155723 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

VIOLET CRUMBLE
NUGGETS 120GM

\$2.79

156363 \$2.33 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ILLY ESPRESSO FORTE
CAPSULES 10PK

\$5.75

158182 \$10.09 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

RITZ MINI MUNCHING
CHEESE 155GM

\$3.29

160557 \$2.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

RITZ MINI MUNCHING
ORIGINAL 160GM

\$3.29

160565 \$2.06 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO DOUBLE
STUFF 131GM

\$1.65

160581 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO CINNAMON
BUN 131GM

\$1.65

160661 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO ORIGINAL
128GM

\$1.65

160768 \$1.29 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OREO CHOCOLATE
128GM

\$1.65

160944 \$1.29 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

AJAX PROF MOULD
REMOVER TRIGG 500ML

\$4.55

167775 \$0.91 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MARS LAMINGTON
47GM

\$1.60

169156 \$3.40 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

BOUNTY CHOCOLATE
BAR 56GM

\$1.60

169631 \$2.86 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD FREDDO STRAW
SHAREPACK 180GM

\$4.49

172726 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCK GROUND BLACK
PEPPER 100GM

\$3.79

172750 \$0.38 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MCK WHITE PEPPER
GROUND 100GM

\$3.79

173462 \$0.38 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MEDIX SALINE
NASAL SPRAY 30ML

\$4.95

176575 \$16.50 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

MEDIX MENTHOL
NASAL INHALER 5ML

\$5.25

176583 \$105.00 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

MEDIX LOZENGE
HONEY & LEMON 16'S

\$3.69

176604 \$0.23 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CHIPS THN CUT
LGHT TANG 175GM

\$4.49

178482 \$2.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ATKINS END CARMEL
NOUGAT 35GM

\$2.59

178917 \$7.40 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ATKINS END CARMEL
NUT CHEW 34GM

\$2.59

178925 \$7.62 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD CARAMILK
SHAREPACK 144GM

\$4.49

182756 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD FREDDO 100S
& 1000S 144GM

\$4.49

187020 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

VIOLET CRUMBLE
BITES 150GM

\$2.79

189173 \$1.86 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MISSION CORN STRIPS
YELLOW 230GM

\$3.65

191994 \$1.59 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

TIC TAC FRUIT
ADV T50 24GM

\$1.79

192989 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST S/DOUGH
NAT CRISPBRD 110GM

\$4.85

195186 \$4.41 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST S/D ANCIENT
GRN C/BR 110GM

\$4.85

195194 \$4.41 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST 3 SEED
CRISPS PUMPKI 110GM

\$5.49

195207 \$4.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST 3 CHEESE
CRISPS/CHIL 85GM

\$9.55

195215 \$11.24 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST PARMESAN
CRISPS 85GM

\$9.55

195223 \$11.24 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST CBERRY/
PUMP SEED CR 150GM

\$5.89

195266 \$3.93 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST CASHEW/
PRIMARY CRACKER 150GM

\$5.89

195290 \$3.93 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST FIG/ALMOND
CRACKER 150GM

\$5.89

195303 \$3.93 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST APRICOT/
HNUOT CRACKER 150GM

\$5.89

195311 \$3.93 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST G/FREE
FIG/PIST CR 130GM

\$5.89

195338 \$4.53 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OB FINEST G/FREE
DATE/ALMD CR 130GM

\$5.89

195346 \$4.53 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS FARMHOUSE
CHEESE BREAD 150GM

\$4.49

196103 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

D/VEEN D/N MOISTURISING
LOTION 500ML

\$14.35

196285 \$2.87 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE SALT
& VINEGAR 170GM

\$4.49

196963 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
CHEESE & ONION 170GM

\$4.49

196971 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
BBQ 170GM

\$4.49

196998 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
CHICKEN 170GM

\$4.49

197018 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
ORIGINAL 170GM

\$4.49

197026 \$2.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD CHERRY RIPE
SHAREPACK 180GM

\$4.49

197667 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD SPECIAL TREATS
SHAREPACK 180GM

\$4.49

197675 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD PICNIC
SHAREPACK 180GM

\$4.49

197683 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD DM CARAMELLO
KOALA S/PACK 180GM

\$4.49

197739 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD CRUNCHIE
SHAREPACK 180GM

\$4.49

197747 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CAD DM TWIRL
SHAREPACK 168GM

\$4.49

197755 \$2.67 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$3.50

200520 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
GOLD 500ML

\$3.00

200811 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SMITHS ROAST BEEF
GARLIC HERB 150GM

\$4.49

201400 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PANADOL LIQUID
CAPS 20'S

\$6.35

204134 \$0.32 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

J&J S/POO BABY
GOLD 200ML

\$5.79

206121 \$2.90 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

COLG T/BRUSH ZIG
ZAG + SOFT 1EA

\$2.85

213700 \$2.85 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

SENSODYNE REPAIR&PROTECT
WHITE 100GM

\$9.75

215087 \$9.75 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

S/FREE SUPER
PADS 18'S

\$6.99

218042 \$0.39 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

STAYFREE MAXI
PADS REG 20'S

\$6.99

218915 \$0.35 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

333 MIGHTYMITE
290GM

\$3.25

221292 \$1.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

J&J BABY OIL
200ML

\$5.89

221911 \$2.95 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

COLG PLUS ADULT
MED T/BR 1EA

\$2.85

222447 \$2.85 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

333 STUFFED
OLIVES 500GM

\$4.15

223204 \$8.30 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

COLG PLUS ADULT
SOFT 1EA

\$2.85

223570 \$2.85 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

333 PICKLES MUSTARD
SPRD 390GM

\$2.95

224039 \$0.76 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

333 APPLE SAUCE
250GM

\$2.55

224872 \$1.02 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COLG T/BRUSH ZIG
ZAG + MED 1PK

\$2.85

226421 \$2.85 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.50

226931 \$2.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER RAZZLE
BERRY 4PK

\$9.50

226966 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

WHITE KING BLEACH
LEMON 2.5LT

\$4.59

229323 \$1.84 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

WHITE KING BLEACH
REGUL 2.5LT

\$4.59

229331 \$1.84 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SAN UP&GO
STRAWBERRY 350ML

\$2.49

230105 \$7.11 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

CDM FREDDO
SHAREPACK 144GM

\$4.49

230842 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CADBURY DAIRY MILK
SHAREPACK 144GM

\$4.49

230850 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CDM MILKY TOP FREDDO
SHAREPACK 144GM

\$4.49

230949 \$3.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

DERMAVEEN E/GEN SOAP
FR B/WASH 500ML

\$15.75

231992 \$3.15 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

CHAPSTICK LIP BALM
S/BERRY 4.2GM

\$3.69

233381 \$87.86 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

CHAPSTICK LIP
COND 15+ 4.2GM

\$3.69

233410 \$87.86 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SAN WEETBIX
ORGANIC 750GM

\$5.25

236961 \$0.70 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

HARRIS SMOOTH
BEANS 1KG

\$19.75

237104 \$1.98 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

HARRIS STRONG
BEANS 1KG

\$19.75

237139 \$1.98 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

HARRIS VERY
STRONG BEANS 1KG

\$19.75

237200 \$1.98 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

HARRIS STRONG
GROUND 1KG

\$19.69

237374 \$1.97 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

HARRIS SMOOTH
GROUND 1KG

\$19.69

237489 \$1.97 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

VIOLET CRUMBLE
50GM

\$1.60

237593 \$3.20 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SENSODYNE SENS &
GUM T/PASTE 100GM

\$9.75

246019 \$9.75 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PHILA CREAM CHEESE
LGHT BLOCK 250GM

\$4.75

247142 \$19.00 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

PHILA CREAM CHEESE
BLOCK 250GM

\$4.75

247185 \$19.00 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

MCK SEA SALT
GRINDER 115GM

\$4.15

248356 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MCK BLK PEPPER
GRINDER 55GM

\$4.15

248364 \$0.75 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$9.50

249594 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

AJAX PROF B/
ROOM TR 500ML

\$4.55

250480 \$0.91 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

SENSODYNE RAPID
RELIEF 100GM

\$9.75

250501 \$9.75 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FLORA LIGHT
500GM

\$4.69

250659 \$0.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$6.80

250819 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE NO SUGAR
250ML 6PK

\$6.80

250835 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FANTA ORANGE
250ML 6PK

\$6.80

250843 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$6.80

251010 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA DIET
250ML 6PK

\$6.80

251168 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA 250ML
6PK

\$6.80

251205 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA
VANILLA 250ML 6PK

\$6.80

251491 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE LEMON
PLUS 1.25LT

\$3.50

251563 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE LEMON PLUS
ZERO SUGAR 1.25LT

\$3.50

251619 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE BERRY
ICE FLO 1LT

\$4.00

255652 \$4.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE MOUNT
BLAST FLO 1LT

\$4.00

255660 \$4.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE
CRUNCH SALT 150GM

\$4.49

255716 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CRINKLE CRUNCH
BBQ RIBS 150GM

\$4.49

255839 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SAN UP&GO
VANILLA ICE 350ML

\$2.49

256495 \$7.11 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SAN UP&GO CHOC
ICE 350ML

\$2.49

256719 \$7.11 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.50

257981 \$2.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE 250ML 6PK

\$6.80

259530 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOCCONA DECAF
CLASSIC F/D 100GM

\$10.25

264719 \$10.25 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOCCONA CLASSIC
F/D 100GM

\$10.25

264735 \$10.25 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOCCONA CLASSIC
DARK ROAST 100GM

\$10.25

265965 \$10.25 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.50

268007 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CHIPS THN SR/
CRM & ONIO 175GM

\$4.49

269317 \$2.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CHIPS THN
CUT ORIGINAL 175GM

\$4.49

269376 \$2.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SMITHS CHIPS THIN
SALT & VINEG 175GM

\$4.49

269413 \$2.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$6.80

273615 \$4.53 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PALM LHW FOAM PUMP
LIME/MINT 250ML

\$3.15

276752 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

PALM LHW FOAM PUMP
RASPBERRY 250ML

\$3.15

276816 \$1.26 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

P/DENT P/GRIP CRM
FRSH MINT 60GM

\$12.39

278133 \$20.65 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

DUCK O/BURST XPWR
TOILET SHLD 500ML

\$3.69

278352 \$0.74 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

DUCK SP/FLOWER XPWR
TOILET SHL 500ML

\$3.69

278379 \$0.74 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

ECLIPSE CHEWY PINK
LEMONADE 27GM

\$1.65

279187 \$6.11 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MISSION CORN CHIPS
TACO STYLE 230GM

\$3.65

281770 \$1.59 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PODRAVKA CHICKEN
SPREAD 100GM

\$1.45

285587 \$1.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MONSTER GREEN
500ML 4PK

\$9.50

286117 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
ZERO 500ML 4PK

\$9.50

286168 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SMITHS THINLY SWT
CHLIS/CREAM 175GM

\$4.49

286483 \$2.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

FLORA SPREAD S/R
SNFLWR 500GM

\$4.69

287400 \$0.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FLORA SPREAD
ORIGINAL 500GM

\$4.69

287419 \$0.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ECLIPSE CHEWY
MINTS P/MINT 27GM

\$1.65

287574 \$6.11 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 27GM

\$1.65

288120 \$6.11 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

(T)SMITHS C/CUT
CHICKEN PARM 150GM

\$4.49

288251 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/FREE LINERS
F&W 30'S

\$5.35

294002 \$0.18 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

C/F LINERS DEO
F&W 30'S

\$5.35

294037 \$0.18 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

VIOLET CRUMBLE
FLAV MILK 500ML

\$4.19

296737 \$8.38 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OREO COOKIE
NEAPOLITAN 131GM

\$1.65

297342 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

I-CARE WHT DBL
LGTH 3PLY T/ 4PK

\$5.15

298476 \$0.36 per 100SH
Specials available from 28/02/2024 until 12/03/2024.

MISSION TORTILLA
STRIP WHT CRN 230GM

\$3.65

300556 \$1.59 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MISSION CORN CHIP
EXTREME CHSE 230GM

\$3.65

300695 \$1.59 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COLG TOTAL CHARC
T/PASTE 115GM

\$4.99

302295 \$4.34 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COLG TOTAL ADV
FRESH T/PASTE 115GM

\$4.99

302404 \$4.34 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

I-CARE PAPER TOWEL
60 SHEET 2PK

\$3.15

303546 \$2.63 per 100EA
Specials available from 28/02/2024 until 12/03/2024.

STAYFREE SUPER
WINGS 18PK

\$7.15

305250 \$0.40 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$9.99

305744 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS LEMON S/
FREE 375ML 10PK

\$9.99

305760 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$9.99

305808 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE FLO CAP
KIWI PINE 600ML

\$3.20

310682 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$3.20

310746 \$5.33 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

CAD TREAT SIZE
FLAKE 168GM

\$4.49

311386 \$2.67 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

LISTERINE M/W
FRSH BURST 250ML

\$4.95

311810 \$1.98 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

LISTERINE COOL
MINT 250ML

\$4.95

311829 \$1.98 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
FIESTA MANGO 500 4PK

\$9.50

314069 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.50

317454 \$2.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SNICKERS BAR
44GM

\$1.60

317489 \$3.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.50

317550 \$2.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

TWIX BAR 50GM

\$1.60

325366 \$3.20 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

M&MS MINIS
35GM

DERMAVEEN D/N SOAP
FREE B/WASH 500ML

CAD TURK DELIGHT
SH/PACK 180GM

\$1.60

326713 \$4.57 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$14.35

327548 \$2.87 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

\$4.49

328698 \$2.49 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO
SUGAR 2LT

OREO BOYSENBERRY
DOUBLE STUFF 131GM

POWERADE GOLD
RUSH 1LT

\$4.50

328778 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$1.65

330114 \$1.26 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$4.00

334289 \$4.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER ENERGY
PASSION 500ML

KIRKS CRM SODA
375ML 10PK

QUILTON T/T
CLASSIC WHT 9PK

\$3.00

335337 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$9.99

338335 \$2.66 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$6.65

341606 \$0.41 per 100SH
Specials available from 28/02/2024 until 12/03/2024.

C/FREE BARELY
THERE UNSC 42PK

\$5.25

342983 \$0.13 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

DUCK DEEP ACTION
GEL CITRUS 750ML

\$4.35

343249 \$0.58 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

DUCK DEEP ACT GEL
LTD EDITION 750ML

\$4.35

343265 \$0.58 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

DUCK DEEP ACTION
GEL PINE 750ML

\$4.35

343281 \$0.58 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

DUCK DEEP ACTION
GEL LAVENDER 750ML

\$4.35

343337 \$0.58 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

DUCK FOAMING BLEACH
GEL MARINE 750ML

\$4.19

343345 \$0.56 per 100ML
Specials available from 28/02/2024 until 12/03/2024.

VEGETA CHICKEN
STOCK POT 112GM

\$2.75

346925 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

SOFTLY WOOL WASH
REG LIQ 1.25LT

\$7.35

347493 \$5.88 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

QUILTON CLASS
WHITE FACIAL 55PK

\$1.45

348429 \$2.64 per 100EA
Specials available from 28/02/2024 until 12/03/2024.

CLIVE OF INDIA
POWDER CURRY 100GM

\$3.55

353682 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MISSION CHIPS
CHILLI & LIME 230GM

\$3.65

355725 \$1.59 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

BICKS ICED COFFEE
ALMOND 500ML

\$3.85

357915 \$7.70 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

V/CRUMBLE CARAMEL
BITE 170GM

\$2.79

367339 \$1.64 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

RITZ MINI MUNCHING
BBQ 155GM

\$3.29

369705 \$2.12 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

TIC TAC ORANGE
24GM

\$1.79

372293 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

TIC TAC
PEPPERMINT 24GM

\$1.79

372357 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ADVIL LIQUID
CAPS 20'S

\$6.19

376040 \$0.31 per 1EA
Specials available from 28/02/2024 until 12/03/2024.

OATLY OAT MILK
ORIGINAL 1LT

\$4.49

377764 \$4.49 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

SPRITE NO SUGAR
2LT

\$4.50

377772 \$2.25 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OATLY OAT DRINK
CHOCOLATE 1LT

\$4.65

377780 \$4.65 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OATLY OAK MILK
BARISTA EDITION 1LT

\$4.95

377799 \$4.95 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

QUEST COOKIES &
CREAM PROTEIN 60GM

\$3.69

384796 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST CHOC CHIP COOK
DOUGH BAR 60GM

\$3.69

384809 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST CHOCOLATE
BROWNIE BAR 60GM

\$3.69

384817 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST CARAMEL CHOC
CHUNK BAR 60GM

\$3.69

384833 \$6.15 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST CHOCOLATE
CHIP COOKIE 59GM

\$3.69

384868 \$6.25 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

QUEST DOUBLE CHOC
CHIP COOKIE 59GM

\$3.69

384876 \$6.25 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.40

386150 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.40

386476 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.40

386505 \$1.92 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.50

386628 \$2.80 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.50

386740 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MONSTER ULTRA
ROSA 500ML 4PK

\$9.50

387823 \$4.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

TWIX WHITE 46GM

SENSODYNE REPAIR
& PROTECT 100GM

M&MS MILK 49GM

\$1.60

392649 \$3.48 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$9.75

393270 \$9.75 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$1.60

397095 \$3.27 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

M&MS PEANUT
46GM

JCS CASHEWS
SALTED 500GM

JCS CASHEWS
UNSALTED 500GM

\$1.60

397183 \$3.48 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$13.99

410288 \$27.98 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

\$13.99

410296 \$27.98 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

JCS MIXED NUTS
SALTED PREM 350GM

JCS MIXED NUTS
UNSALTED PREM 350GM

TIC TAC BERRY
MIX T50 24GM

\$8.49

416196 \$24.26 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

\$8.49

416209 \$24.26 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

\$1.79

431249 \$7.46 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

GF CHICKEN SALT
ORIGINAL 170GM

\$3.25

469351 \$0.19 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF FRSH CLOVES
WHOLE 50GM

\$3.25

469490 \$0.65 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

NAT BEEF & CARAMELISED
ONION 2PK

\$7.55

478311 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS BACKYARD
BBQ MIX 375GM

\$5.99

500451 \$15.97 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

JCS PISTACHIOS
SALTED 375GM

\$11.99

501294 \$31.97 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

GF SZECHUAN PEPPER
WHOLE PACK 100GM

\$3.25

516197 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ALLSPICE
GROUND 80GM

\$3.25

521498 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ALL SEASON
SPICE 140GM

\$3.25

521500 \$0.23 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ALL SEASON HERB
& GARLIC 120GM

\$3.25

521519 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF BASIL LEAVES
30GM

\$3.25

521615 \$1.08 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF BAYLEAVES
10GM

\$3.25

521666 \$3.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF BBQ PROVENCALE
140GM

\$3.25

521682 \$0.23 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF BBQ SEASONING
SMOKEY 110GM

\$3.25

521690 \$0.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF BBQ SPRINKLE
ALL PURPOSE 140GM

\$3.25

521703 \$0.23 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CAJUN
SEASONING 100GM

\$3.25

521738 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CAYENNE
PEPPER 80GM

\$3.25

521762 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHICKEN SALT
FLAVON 170GM

\$3.25

521770 \$0.19 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHICKEN
SEASONING 130GM

\$3.25

521797 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHILLIES
CRUSHED HOT 60GM

\$3.25

521826 \$0.54 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHILLIES GROUND
HOT 80GM

\$3.25

521834 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHINESE FIVE
SPICE POWDER 80GM

\$3.25

521842 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHINESE STIR
FRY 130GM

\$3.25

521869 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CHIVES AIR
DRIED 10GM

\$3.25

521885 \$3.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CINNAMON
GROUND 90GM

\$3.25

522028 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CINNAMON
QUILLS 15GM

\$3.25

522060 \$2.17 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CINNAMON
SUGAR 160GM

\$3.25

522132 \$0.20 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CITRIC ACID
180GM

\$3.25

522159 \$0.18 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CORIANDER
GROUND 70GM

\$3.25

522167 \$0.46 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CORIANDER
LEAVES 15GM

\$3.25

522204 \$2.17 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CORIANDER
SEEDS 45GM

\$3.25

522220 \$0.72 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CUMIN
GROUND 100GM

\$3.25

522239 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CUMIN SEEDS
80GM

\$3.25

522271 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CURRY POWDER
HOT 120GM

\$3.25

522335 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CURRY POWDER
MILD 120GM

\$3.25

522351 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF DILL TOPS
25GM

\$3.25

522378 \$1.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF FENNEL
SEEDS 80GM

\$3.25

522394 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF FISH
SEASONING 120GM

\$3.25

522431 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GARAMASSALA
85GM

\$3.25

522474 \$0.38 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GARLIC
GRANULES 130GM

\$3.25

522554 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GARLIC
POWDER 100GM

\$3.25

522570 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GARLIC SALT
160GM

\$3.25

522589 \$0.20 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GARLIC STEAK
SEASONING 110GM

\$3.25

522597 \$0.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GINGER
GROUND 80GM

\$3.25

522618 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GOURMET CHKN
SEASONING 130GM

\$3.25

522642 \$0.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GOURMET
STEAK 120GM

\$3.25

522677 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GREEK
SEASONING 100GM

\$3.25

522685 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF HERB&GRCLC
SEASONING 80GM

\$3.25

522706 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF HRB&GRCLC SPICY
SEASONING 90GM

\$3.25

522714 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF HERB MEDLEY
SEASONING 90GM

\$3.25

522730 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ITALIAN HERBS
40GM

\$3.25

522757 \$0.81 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ITALIAN
SEASONING 65GM

\$3.25

522765 \$0.50 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF LAMB & MINT
SEASONING 70GM

\$3.25

522773 \$0.46 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF LEMON CHILLI
GARLIC SEASON 130GM

\$3.25

522781 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF LEMON HERB
SEASONING 90GM

\$3.25

522802 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF LEMON PEPPER
100GM

\$3.25

522861 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF LEMON THYME
& BASIL 120GM

\$3.25

522896 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MARJORAM
LEAVES 20GM

\$3.25

522933 \$1.63 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MEAT TENDERIZER
180GM

\$3.25

523143 \$0.18 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MINT LEAVES
25GM

\$3.25

523186 \$1.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MIXED HERBS
35GM

\$3.25

523215 \$0.93 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MIXED SPICE
85GM

\$3.25

523223 \$0.38 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MORROCCON
SPICE 95GM

\$3.25

523231 \$0.34 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MUSTARD
GROUND 80GM

\$3.25

523258 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MUSTARD SEEDS
BLACK 130GM

\$3.25

523266 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF MUSTARD SEEDS
YELLOW 135GM

\$3.25

523274 \$0.24 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF NUTMEG
GROUND 90GM

\$3.25

523290 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ONION FLAKES
80GM

\$3.25

523338 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ONION SALT
190GM

\$3.25

523346 \$0.17 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF OREGANO & GARLIC
SEASONING 90GM

\$3.25

523637 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF OREGANO
GROUND 70GM

\$3.25

523645 \$0.46 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF OREGANO
LEAVES 25GM

\$3.25

523653 \$1.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PAPRIKA HUNGARIAN
SWEET 90GM

\$3.25

523696 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PAPRIKA
SMOKEY 100GM

\$3.25

523709 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PARSLEY
FLAKES 20GM

\$3.25

523717 \$1.63 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER&LEMON
SEASONING 130GM

\$3.25

523725 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER BLACK
GROUND 90GM

\$3.25

523733 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER BLACK
WHOLE 100GM

\$3.25

523741 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER
CRACKED 90GM

\$3.25

523768 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER
MEDLEY 95GM

\$3.25

523776 \$0.34 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPER WHT
GRND 100GM

\$3.25

523784 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PEPPERSTEAK
SEASONING 120GM

\$3.25

523792 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PIRI PIRI
SEASONING 100GM

\$3.25

523805 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PIZZA
SEASONING 40GM

\$3.25

523813 \$0.81 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF POPPY SEEDS
120GM

\$3.25

523821 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF PORTUGUESE SPICY
SEASONING 100GM

\$3.25

523848 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF POTATO
SPRINKLE 120GM

\$3.25

523856 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ROAST BEEF
SEASONING 90GM

\$3.25

523899 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ROAST CHICKEN
SEASONING 120GM

\$3.25

523901 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ROAST LAMB
SEASONING 90GM

\$3.25

523995 \$0.36 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ROAST VEGETABLE
SEASONING 120GM

\$3.25

524322 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ROSEMARY
LEAVES 50GM

\$3.25

524381 \$0.65 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SAGE LEAVES
25GM

\$3.25

524509 \$1.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SALT & PEPPER
SEASONING 120GM

\$3.25

524613 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SESAME SEEDS
120GM

\$3.25

524680 \$0.27 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SPAGHETTI
BOLOGNAISE 75GM

\$3.25

524699 \$0.43 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF STAR ANISE
WHOLE 30GM

\$3.25

525026 \$1.08 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF STEAK
SEASONING 130GM

\$3.25

525034 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SUMAC 100GM

\$3.25

525202 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF SZECHUAN
SEASONING 130GM

\$3.25

525368 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF TACO
SEASONING 130GM

\$3.25

525376 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF TANDOORI SPICY
SEASONING 100GM

\$3.25

525405 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF TARRAGON
LEAVES 20GM

\$3.25

525712 \$1.63 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF THAI
SEASONING 130GM

\$3.25

525827 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF THYME LEAVES
40GM

\$3.25

525835 \$0.81 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF TURMERIC
GROUND 100GM

\$3.25

525923 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF TUSCAN
SEASONING 110GM

\$3.25

525931 \$0.30 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF VANILLA
SUGAR 160GM

\$3.25

525958 \$0.20 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GINGER
GROUND 70GM

\$3.25

527777 \$0.46 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY BEEF &
RED WINE 150GM

\$3.25

530861 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY
MUSHROOM 150GM

\$3.25

530909 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CURRIED CHCKN
PIES 360G 2PK

\$7.55

560999 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CLSC BEEF/CHEESE
PIES 360G 2PK

\$7.55

569803 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CHUNKY BEEF
PIES 360G 2PK

\$7.55

569811 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

GF PAPRIKA HOT
80GM

\$3.25

571145 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE
CHICKEN KIEV 480GM

\$8.89

600348 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE
BANGERS MASH 500GM

\$8.89

600356 \$1.78 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE BUTTER
CHICKEN 480GM

\$8.89

600647 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE SPAG
MEATBALLS 500GM

\$8.89

600655 \$1.78 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

GF CAKE DECOR CAKE
DELIGHTS 92GM

\$2.45

616454 \$2.66 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

GF CAKE DECOR FAIRY
DELIGHTS 82GM

\$2.45

616462 \$2.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

GF CAKE DECOR PARTY
DELIGHTS 83GM

\$2.45

616470 \$2.95 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

ICE BREAK SINGLE
ESPRESSO MILK 320ML

\$2.79

618222 \$8.72 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

ICE BREAK DOUBLE
ESPRESSO MILK 320ML

\$2.79

618230 \$8.72 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER LOWER
CARB BREAD 680GM

\$3.79

620293 \$0.56 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OAK CHOC MINT
FLAV MILK 600ML

\$3.45

623152 \$5.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OAK GOLDEN GAYTIME
FLAV MILK 600ML

OAK PLUS CHOCOLATE
NAS MILK 500ML

OAK THICKSHAKE
COOKIES CREAM 425ML

\$3.45

\$3.25

\$3.15

623160 \$5.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

627073 \$6.50 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

627110 \$7.41 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY BANANA KIDS
POUCH YOG 110GM

T/VALLEY TROPICAL
KIDS POUCH 110GM

T/VALLEY VANILLA
KIDS POUCH 110GM

\$1.85

\$1.85

\$1.85

628156 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

628412 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

628420 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY STRAWBERRY
KIDS POUCH 110GM

MCCAIN M/SIZE RCH
BEEF M/BALLS 480GM

SESH SNACKS
CAMPFIRE 130GM

\$1.85

\$8.89

\$4.49

628439 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

632331 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

646987 \$3.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SESH SNACKS
DROVERS 130GM

\$4.49

646995 \$3.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SESH SNACKS
NIPPERS 130GM

\$4.49

647007 \$3.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SESH SNACKS
EASY RIDER 130GM

\$4.49

647031 \$3.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SESH SNACKS
SALTIES 115GM

\$4.49

647066 \$3.90 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

SESH SNACKS
DESERT HEAT 130GM

\$4.49

647090 \$3.45 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.45

655541 \$5.44 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN LIL PIZZAS
CHS MARGARIT 380GM

\$7.55

655576 \$1.99 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN LIL PIZZAS
HAM CHEESE 400GM

\$7.55

655613 \$1.89 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

B/EYE PEAS 1KG

\$5.45

662346 \$5.45 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

CHRIS H/STYLE DIPS
SWT CHILLI 3PK

\$3.25

665475 \$1.81 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN P/STYLE POTATO
WEDGES 750GM

\$5.99

672544 \$7.99 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN CR POTATO
FRIES 750GM

\$5.99

672560 \$7.99 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN PIZZA
SUPREME SNG 400GM

\$7.55

672608 \$1.89 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN PIZZA HAM/
PINEAPPLE SNG 400GM

\$7.55

672616 \$1.89 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OAK PLUS VANILLA
NAS MILK 500ML

\$3.25

672691 \$6.50 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PAULS VANILLA
CUSTARD 600GM

\$4.15

673555 \$0.69 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.69

676297 \$3.36 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.69

676369 \$2.69 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.69

676414 \$2.69 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.69

676537 \$2.24 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CHICKEN &
CAMEMBERT 2PK

\$7.55

679383 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CHNKY BEEF R/
WINE & MUSHRM 2PK

\$7.55

679391 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CLASSIC BEEF
& PEPPER 2PK

\$7.55

679404 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN P/POCKETS
CHEESE/BACON 400GM

\$7.75

691382 \$1.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER 9 GRN
S/WICH 680GM

\$3.79

740164 \$0.56 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER 9
GRAIN TOAST 680GM

\$3.79

740172 \$0.56 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

GF MEDITERRANEAN
SEASONING 140GM

\$3.25

747614 \$0.23 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CLOVES
GROUND 80GM

\$3.25

772553 \$0.41 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ONION
POWDER 100GM

\$3.25

772721 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF ZA ATAR
100GM

\$3.25

772801 \$0.33 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY TRAD
HERB&GARLIC 150GM

\$3.25

772983 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY ROAST
MEAT MIX 150GM

\$3.25

772991 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY CHICKEN
MIX 150GM

\$3.25

773003 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY PEPPER
MIX 150GM

\$3.25

773185 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF GRAVY
TRADITIONAL 150GM

\$3.25

773310 \$0.22 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF VEGETABLE SEASONING
130GM 130GM

\$3.25

810089 \$0.25 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

GF CELERY SALT
190GM

\$3.25

810097 \$0.17 per 10GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CLASSIC
CURRIED BEEF 2PK

\$7.55

811487 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CHICKEN BACON
& CHEESE 2PK

\$7.55

811495 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT BUTTER
CHICKEN PIE 2PK

\$7.55

813482 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

NAT CHUNKY BEEF/
BCN/CHEESE PIE 2PK

\$7.55

813490 \$2.10 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PAULS BLUEY
CHOCOLATE MILK 250ML

\$2.29

902856 \$9.16 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PAULS BLUEY
STRAWBERRY MILK 250ML

\$2.29

903621 \$9.16 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

PHILA CREAM CHEESE
SPREAD ORIG 140GM

\$3.55

908449 \$25.36 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

CHRIS H/STYLE DIP
TZATZI 60G 180GM

\$3.25

908940 \$1.81 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OAK CARAMEL COFFEE
FLAV MILK 600ML

\$3.45

910418 \$5.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

CHRIS DIP FRENCH
ONION 3PK 180GM

\$3.25

912763 \$1.81 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

OAK CHOCOLATE
FLAV MILK 600ML

\$3.45

916369 \$5.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

OAK STRAWBERRY
FLAV MILK 600ML

\$3.45

916457 \$5.75 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER M/GRAIN
SANDWICH 700GM

\$3.79

932588 \$0.54 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY GREEK
YOGHURT VANILLA 1KG

\$6.15

953426 \$0.62 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY GREEK
YOGHURT 1KG

\$6.15

953469 \$0.62 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

FLORA SPREAD
BUTTERY 500GM

\$4.69

957945 \$0.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY BLUEBERRY
KIDS POUCH 110GM

\$1.85

963691 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER LOAF
WHITE SANDWCH 700GM

\$3.79

972467 \$0.54 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER LOAF
TOAST 700GM

\$3.79

972600 \$0.54 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER W/MEAL
SAND LOAF 700GM

\$3.79

972619 \$0.54 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

C/NB MASTER W/MEAL
TOAST LOAF 700GM

\$3.79

972790 \$0.54 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE STHRN
STL CHCKN 480GM

\$8.89

977401 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE CHCKN
BACON BAKE 480GM

\$8.89

977428 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

T/VALLEY RASPBERRY
YOG 110GM

\$1.85

978535 \$1.68 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN M/SIZE PUB
STYLE PARM 480GM

\$8.89

981574 \$1.85 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

PHILA BLOCK LACTOSE
FREE 250GM

\$4.75

982892 \$19.00 per 1KG
Specials available from 28/02/2024 until 12/03/2024.

MCCAIN P/POCKETS
HAWAIIAN 400GM

PAULS BLUEY
BANANA MILK 250ML

4N20 PIE ANGUS
BEEF/PEPPER 4PK

\$7.75

990104 \$1.94 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$2.29

990147 \$9.16 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$9.99

992724 \$1.43 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

4N20 PIE ANGUS
CHEESE/BACON 4PK

4N20 PIE ANGUS
BEEF 700G 4PK

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$9.99

992740 \$1.43 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$9.99

992783 \$1.43 per 100GM
Specials available from 28/02/2024 until 12/03/2024.

\$2.45

994279 \$5.44 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

NIPPYS APPLE
COLD PRESS 450ML

MCCAIN P/STYLE E/
CRISPY CHIPS 750GM

\$2.45

994295 \$5.44 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$2.45

994308 \$5.44 per 1LT
Specials available from 28/02/2024 until 12/03/2024.

\$5.99

995589 \$7.99 per 1KG
Specials available from 28/02/2024 until 12/03/2024.