

MT FRANKLIN
600ML

COCA COLA NO SUGAR
VANILLA 600ML

COCA COLA NO SUGAR
VANILLA 1.25LT

\$2.50

2997 \$4.17 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$4.00

4167 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$3.20

4175 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS TONIC
1.25LT

KIRKS G/BEER
375ML 10PK

CADBURY MINI
FINGERS 116GM

\$2.40

4220 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$8.50

4335 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$3.35

6322 \$2.89 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CADBURY MINI FREDDO
& FRIENDS 139GM

DRANO BATHROOM
GEL 770ML

POLIDENT FRESH
ACTIVE 36'S

\$3.35

6330 \$2.41 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$15.25

7034 \$1.98 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

\$5.39

7050 \$0.15 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SODA
WATER 1.25LT

\$2.40

11498 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA RASPBERRY
600ML

\$4.00

11738 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA 1.25LT

\$3.20

12212 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA 1.25LT

\$3.20

12239 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMONADE
1.25LT

\$3.20

12255 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA DIET
1.25LT

\$3.20

12271 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA NO SUGAR
RASPBERRY 1.25LT

\$3.20

13450 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

YARRA VALLEY PREM
TOMATO SAUCE 250ML

\$4.65

14285 \$1.86 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

YARRA VALLEY PREM
BBQ SAUCE 250ML

\$4.65

14293 \$1.86 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

YARRA VALLEY PREM
CHILLI SAUCE 250ML

\$4.65

14306 \$1.86 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO CAP
B/CRRNT ZERO 600ML

\$3.20

14947 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA-COLA PLASTIC
BOTTLE 2LT

\$4.20

15560 \$2.10 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA DIET
2LT

\$4.20

15587 \$2.10 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMONADE
PET 2LT

\$4.50

15640 \$2.25 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA ORANGE
2LT

\$4.50

15659 \$2.25 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE 600ML

\$4.00

18550 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS C/SODA
PET 1.25LT

\$2.40

19107 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS L/ADE PET
1.25LT

\$2.40

19123 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS LEMON PET
1.25LT

\$2.40

19131 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS PASIT PET
1.25LT

\$2.40

19369 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA 600ML

\$4.00

19406 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA DIET
600ML

\$4.00

19414 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS LEMONADE
375ML 10PK

\$8.50

88532 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS CLUB LEMON
375ML 10PK

\$8.50

88540 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS PASITO
375ML 10PK

\$8.50

88559 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

VEGETA ORG GOURMET
STK PWD 160GM

\$3.65

101290 \$0.23 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

WHITE KING
DETERGENTBLEACH 1.25LT

\$4.35

101338 \$3.48 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER BERRY ENERGY
DRNK 500ML 4PK

\$9.50

101426 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO
MIXED BERRY 600ML

\$3.20

101485 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
PEACHY KEEN 500ML

\$3.00

101733 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER RAINBOW
SHERBET 500ML

\$3.00

101792 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

RASPBERRY COKE
ZERO SUGAR 6PK

\$6.80

102058 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA ZERO
SUG/ZERO CAF 6PK

\$6.80

102074 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

RASPBERRY COKE
600ML

\$4.00

102138 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ENERGY
DRINKPIPELINE P 500ML

\$3.00

103026 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

PASCALL WINE
GUMS 220GM

\$3.79

104424 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

DRANO KITCHEN
GEL 770ML

\$15.25

105320 \$1.98 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRUNCH
HOT SAUCE 150GM

\$4.49

106163 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
REDS BURGER 150GM

\$4.49

106454 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRUNCH
GARLIC BREAD 150GM

\$4.49

106550 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN SO GOOD U/S
ALMOND MILK 1LT

\$1.99

106817 \$1.99 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER BERRY
ENERGY DRINK 500ML

\$3.00

106948 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

HOOLEYS RINGS
ORIGINAL ONION 90GM

\$2.95

106972 \$3.28 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HOOLEYS RINGS SMOKY
BARBECUE 90GM

\$2.95

107000 \$3.28 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HOOLEYS RINGS
SWEET CHILLI 90GM

\$2.95

107051 \$3.28 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

COLGATE TOOTHPASTE
TOTAL WHITE 115GM

COLGATE TOTAL
ADVANCED CLEAN 115GM

BICKS 100% PURE
CHERRY JCE 1LT

\$4.99

108695 \$4.34 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$4.99

108994 \$4.34 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$6.55

109065 \$6.55 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO CAP
GOLD RUSH 600ML

DUCK COOL FSH XPWR
TOILET SHLD 500ML

MOTHER ENERGY
DRINK S/F 500ML 4PK

\$3.20

109356 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$3.69

111114 \$0.74 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

\$9.50

118850 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS SIZZLING
STK & ONION 150GM

MOTHER ENERGY
DRINK PASSION 4PK

POWERADE FLO
STRAW LEMON 600ML

\$4.49

119247 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$9.50

122518 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$3.20

124804 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MILKY WAY TWIN
PACK 45GM

\$1.35

125372 \$3.00 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MARS CLASSIC
SINGLE BAR 47GM

\$1.35

127298 \$2.87 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO CHOC
ICE MALT 250ML 6PK

\$7.25

127706 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO
VANILLA ICE 500ML

\$3.45

128207 \$6.90 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO CHOC
ICE 500ML

\$3.45

128311 \$6.90 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
CHILLI 170GM

\$4.49

128581 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO
BERRY ICE 600ML

\$3.20

131000 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO CAP
MOUNT BLAST 600ML

\$3.20

131019 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO CAP
LEMON/LIME 600ML

\$3.20

131027 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO ZERO
BERRY ICE 600ML

\$3.20

131043 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO ZERO
MOUNT BLAST 600ML

\$3.20

131051 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE FLO CAP
BLACKCURRANT 600ML

\$3.20

131078 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA ORG 600ML

\$4.00

131510 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CAD CARAMILK WALLABY
SHAREPACK 144GM

\$5.15

134500 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN WEET-BIX
APRICOT BITES 500GM

\$4.15

135036 \$0.83 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SO GOOD ALMOND&COCONUT
U/SWTND 1LT

\$1.99

135220 \$1.99 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

NATURALE RECYCLED
T/TISSUE 12PK

\$5.85

136397 \$0.27 per 100SH
Specials available from 17/01/2024 until 30/01/2024.

VANILLA COKE
600ML

\$4.00

137445 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POLIDENT RETAINER/
MGUARD CLN 36PK

\$5.39

137939 \$0.15 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

POWERADE ACTIVE
WATER MANGO 600ML

\$3.20

138405 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE ACTIVE
WATER APP&PCH 600ML

\$3.20

138413 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE ACTIVE
WATER LEMON 600ML

\$3.20

138421 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SNICKERS
BUTTERSCOTCH 44GM

\$1.35

139803 \$3.07 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NANDOS HOT PERI
PERI SCE 250GM

\$6.65

142180 \$2.66 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NANDOS MILD PERI
PERI SAUCE 250GM

\$6.65

142316 \$2.66 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NANDOS MEDIUM PERI
PERI SAUCE 250GM

\$6.65

142332 \$2.66 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NANDOS HOT
PERINAISE 265GM

\$4.29

142543 \$1.62 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NANDOS MILD PERINAISE
ORIGINAL 265GM

\$4.29

142607 \$1.62 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MOTHER LAVA
GUAVA 500ML 4PK

\$9.50

143060 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER SUPER
DRY 500ML

\$3.00

143087 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
GOLD 500ML 4PK

\$9.50

143095 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA RASP
ZERO SUGAR 600ML

\$4.00

143116 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMON+ ZERO
SUGAR 250ML 6PK

\$6.80

143132 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

REDHEADS BUTANE
GAS 300ML

\$5.45

143183 \$1.82 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
FIESTA MANGO 500ML

\$3.00

143546 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA ORANGE
NO SUGAR 1.25LT

\$3.20

144098 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE NO SUGAR
1.25LT

\$3.20

144100 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

R/HEADS HERITAGE
BLCK F/L 32'S

\$3.19

147838 \$0.10 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

MT FRANKLIN SPARK
RASPBERRY 1.25LT

\$2.50

155539 \$2.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SF PASITO
1.25LT

\$2.40

155635 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA
VANILLA 1.25LT

\$3.20

155686 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SF PASITO
375ML 10PK

\$8.50

155723 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

VIOLET CRUMBLE
NUGGETS 120GM

\$3.39

156363 \$2.83 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

BICKS SUPERBERRY
JUICE 1LT

\$5.35

159580 \$5.35 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BICKS BLUEBERRY
JUICE 1LT

\$6.29

159716 \$6.29 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

NUTELLA SPREAD
H/NUT 400GM

\$6.15

167118 \$1.54 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULT PARADISE
GREEN 500ML

\$3.00

168161 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MARS LAMINGTON
47GM

\$1.35

169156 \$2.87 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

BOUNTY CHOCOLATE
BAR 56GM

\$1.35

169631 \$2.41 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD FREDDO STRAW
SHAREPACK 180GM

\$5.15

172726 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CHIPS THN CUT
LGHT TANG 175GM

\$4.49

178482 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO NAS
VANILLA 250ML 6PK

\$7.25

182406 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO NAS
CHOCOLATE 250ML 6PK

\$7.25

182414 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CAD CARAMILK
SHAREPACK 144GM

\$5.15

182756 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL HOKEY
POKEY LUMP 120GM

\$3.79

186714 \$3.16 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MULTIX CLING 33
CM 60MT

\$2.49

186722 \$0.04 per 1MT
Specials available from 17/01/2024 until 30/01/2024.

PASCALL
EXPLORERS 150GM

\$3.79

186781 \$2.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL PARTY
PACK 180GM

\$3.79

186896 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL JET
PLANES 180GM

\$3.79

186968 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD FREDDO 100S
& 1000S 144GM

\$5.15

187020 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

VIOLET CRUMBLE
BITES 150GM

\$3.39

189173 \$2.26 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MOTHER ZERO SUGAR
RAZZLEBRY 500ML

\$3.00

191222 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS SUBWAY
MEATBALL MELT 150GM

\$4.49

195004 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

D/VEEN D/N MOISTURISING
LOTION 500ML

\$14.35

196285 \$2.87 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

VEGETA CHICKEN
STOCK CUBES 60GM

\$1.09

196859 \$0.18 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

VEGETA BEEF STOCK
CUBES 60GM

\$1.09

196947 \$0.18 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE SALT
& VINEGAR 170GM

\$4.49

196963 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
CHEESE & ONION 170GM

\$4.49

196971 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
BBQ 170GM

\$4.49

196998 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
CHICKEN 170GM

\$4.49

197018 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
ORIGINAL 170GM

\$4.49

197026 \$2.64 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL PINEAPPLE
LUMPS 185GM

\$3.79

197528 \$2.05 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD CHERRY RIPE
SHAREPACK 180GM

\$5.15

197667 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD SPECIAL TREATS
SHAREPACK 180GM

\$5.15

197675 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD PICNIC
SHAREPACK 180GM

\$5.15

197683 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD DM CARAMELLO
KOALA S/PACK 180GM

\$5.15

197739 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD CRUNCHIE
SHAREPACK 180GM

\$5.15

197747 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD DM TWIRL
SHAREPACK 168GM

\$5.15

197755 \$3.07 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL MMALLOWS
VANRASP 280GM

\$4.29

198272 \$1.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD CLINKERS
160GM

\$3.79

200053 \$2.37 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

FANTA RASPBERRY
NO SUGAR 1.25LT

\$3.20

200520 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA NO SUGAR
RASPBERRY 600ML

\$4.00

200598 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
GOLD 500ML

\$3.00

200811 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

OFF TROPICAL INSECT
REP SPRAY 150GM

\$8.99

207669 \$5.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

RAID FLY/MOZZIE
H/ALLERG 350GM

\$5.85

217111 \$1.67 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MENTOS SOUR
GUM GRAPE 30GM

\$1.85

219088 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

COLG PLAX M/WASH
FRESH MINT 500ML

\$6.15

219176 \$1.23 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

COLG PLAX M/WASH
PEPPERMINT 500ML

\$6.15

219328 \$1.23 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

333 PICKLES
MUSTARD 250GM

\$2.15

221284 \$0.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

333 MIGHTYMITE
290GM

\$3.25

221292 \$1.12 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

333 STUFFED
OLIVES 500GM

\$4.15

223204 \$8.30 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

333 PICKLES MUSTARD
SPRD 390GM

\$2.95

224039 \$0.76 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ENERGY
DRINK 500ML

\$3.00

224063 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SAN SO GOOD
ALMOND MILK UHT 1LT

\$1.99

225592 \$1.99 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

LIFESTYLES PERSONAL
LUBRICANT 100GM

\$5.25

225920 \$5.25 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MOUNT FRANKLIN LS
PASSIONFRUIT 1.25LT

\$2.50

226931 \$2.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER RAZZLE
BERRY 4PK

\$9.50

226966 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BANDAID PLASTIC
STRIP X WIDE 40'S

\$4.79

227125 \$0.12 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

TNCC BERRY
SALAD 180GM

\$3.79

227467 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

LOR ESP RISTRETTO
DECAF 10PK

\$5.59

227686 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO
BANANA 250ML 6PK

\$7.25

228494 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS THINLY CUT
LIGHT SALTED 175GM

\$4.49

228953 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO
STRAWBERRY 250ML 6PK

\$7.25

230092 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CDM FREDDO
SHAREPACK 144GM

\$5.15

230842 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CADBURY DAIRY MILK
SHAREPACK 144GM

\$5.15

230850 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CDM MILKY TOP FREDDO
SHAREPACK 144GM

\$5.15

230949 \$3.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

DERMAVEEN E/GEN SOAP
FR B/WASH 500ML

\$15.75

231992 \$3.15 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

CHAPSTICK LIP BALM
S/BERRY 4.2GM

\$3.69

233381 \$87.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CHAPSTICK LIP
COND 15+ 4.2GM

\$3.69

233410 \$87.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HARRIS SMOOTH
BEANS 1KG

\$19.75

237104 \$1.98 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HARRIS STRONG
BEANS 1KG

\$19.75

237139 \$1.98 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HARRIS VERY
STRONG BEANS 1KG

\$19.75

237200 \$1.98 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HARRIS STRONG
GROUND 1KG

\$19.69

237374 \$1.97 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

HARRIS SMOOTH
GROUND 1KG

\$19.69

237489 \$1.97 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SKYN ORIGINAL
CONDOMS 10PK

\$7.89

239839 \$0.79 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

SKYN LARGE
CONDOMS 10PK

\$7.89

239978 \$0.79 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

LIFESTYLES REGULAR
CONDOMS 10PK

\$5.15

240063 \$0.52 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

LOR ESPRESSO
ULTIMO 10PK

\$5.59

240565 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO ENERGIZE
CHOC 250ML 6PK

\$7.29

246625 \$4.86 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

TNCC FRUIT BASKET
R/SUGAR 220GM

\$3.79

246940 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ENERGY
MANGO LOCO 500M 4PK

\$9.50

249594 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

RAID MAX CIK
ANTIBACTERIAL 350GM

\$12.65

250085 \$3.61 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MENTOS P/FRESH
SMOOTH MINT 30GM

\$1.85

250771 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

FANTA ORANGE NO
SUGAR 250ML 6PK

\$6.80

250819 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE NO SUGAR
250ML 6PK

\$6.80

250835 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

FANTA ORANGE
250ML 6PK

\$6.80

250843 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA NO
SUGAR 250ML 6PK

\$6.80

251010 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA DIET
250ML 6PK

\$6.80

251168 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA 250ML
6PK

\$6.80

251205 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA
VANILLA 250ML 6PK

\$6.80

251491 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMON
PLUS 1.25LT

\$3.20

251563 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMON PLUS
ZERO SUGAR 1.25LT

\$3.20

251619 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE LEMON
PLUS 600ML

\$4.00

252048 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER MANGO
LOCO 500ML

\$3.00

252881 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

REDHEAD
FIRELIGHTERS 24PK

\$4.15

254721 \$0.17 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

TNCC DINOSAURS
220GM

\$3.79

254959 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC SMOOTHIE
CHEWS 180GM

\$3.79

254975 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC BERRY BLISS
180GM

\$3.79

255329 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PASCALL JUBES
300GM

\$3.79

255636 \$1.26 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC SNAKES REDUCED
SUGAR 230GM

\$3.79

255644 \$1.65 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

POWERADE BERRY
ICE FLO 1LT

\$4.00

255652 \$4.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE MOUNT
BLAST FLO 1LT

\$4.00

255660 \$4.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE
CRUNCH SALT 150GM

\$4.49

255716 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SOUR PATCH KIDS
190GM

\$3.79

255724 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SOUR PATCH KIDS
WATERMELON 190GM

\$3.79

255804 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CRINKLE CRUNCH
BBQ RIBS 150GM

\$4.49

255839 \$2.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MT FRANKLIN M/W
SPARKLING LIME 1.25LT

\$2.50

257981 \$2.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE 250ML 6PK

\$6.80

259530 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

TNCC JELLY
BABIES 220GM

\$3.79

259856 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OAK FLAVOURED MILK
CHOCOLATE 500ML

\$2.75

259952 \$5.50 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

OAK FLAVOURED MILK
STRAWBERRY 500ML

\$2.75

259960 \$5.50 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SOUR PATCH KIDS
BERRY 190GM

\$3.79

260080 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

RAID MAX FIK DBLE
NOZZLE 300GM

\$9.69

261796 \$3.23 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD DM STRAWBERRY
BLOCK 343GM

\$4.99

262465 \$1.45 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO ENERGZE
VANILLA 250M 6PK

\$7.29

267602 \$4.86 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA-COLA NO
SUGAR 1.25LT

\$3.20

268007 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO ENERGZE
COFFEE 250ML 6PK

\$7.29

268082 \$4.86 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA-COLA NO
SUGAR 600ML

\$4.00

268381 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CHIPS THN SR/
CRM & ONIO 175GM

\$4.49

269317 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CHIPS THN
CUT ORIGINAL 175GM

\$4.49

269376 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SMITHS CHIPS THIN
SALT & VINEG 175GM

\$4.49

269413 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

FANTA RASPBERRY
NO SUGAR 6PK

\$6.80

273615 \$4.53 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

DUCK O/BURST XPWR
TOILET SHLD 500ML

\$3.69

278352 \$0.74 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

DUCK SP/FLOWER XPWR
TOILET SHL 500ML

\$3.69

278379 \$0.74 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

VEGETA STOCK
GOURMET 250GM

\$3.19

278651 \$0.13 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

ECLIPSE CHEWY PINK
LEMONADE 27GM

\$1.79

279187 \$6.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MOTHER GUAVA
CAN 500ML

\$3.00

279937 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SOUR PATCH SPACE
KIDS 190GM

\$3.79

283282 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC ZOO CREW
200GM

\$3.79

283485 \$1.90 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MENTOS P/FRESH
GRAPE GUM BTL 30GM

\$1.85

285632 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MONSTER GREEN
500ML 4PK

\$9.50

286117 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
ZERO 500ML 4PK

\$9.50

286168 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SMITHS THINLY SWT
CHLIS/CREAM 175GM

\$4.49

286483 \$2.57 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MOTHER SUGAR
FREE 500ML

\$3.00

287312 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

ECLIPSE CHEWY
MINTS P/MINT 27GM

\$1.79

287574 \$6.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

COLG PLAX M/WASH
FRESH TEA 500ML

\$6.15

287670 \$1.23 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

ECLIPSE CHEWY MINTS
SPEARMINT 27GM

\$1.79

288120 \$6.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

VANILLA COCA
COLA 2LT

\$4.20

288550 \$2.10 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

TNCC PARTY MIX
220GM

\$3.79

293333 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC SNAKES
230GM

\$3.79

293341 \$1.65 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC SOURS
SQUIRMS 220GM

\$3.79

293376 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC VEGAN
FRUIT MIX 180GM

\$3.79

293384 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC FRUIT SALAD
SOFT JELLIES 220GM

\$3.79

293480 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

VEGETA CHICKEN
STOCK POWDER 200GM

\$3.19

294520 \$0.16 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

VEGETA BEEF STOCK
POWDER 180GM

\$3.19

294539 \$0.18 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

NATURALE 100
REC P/TOWEL 2PK

\$2.15

294766 \$1.54 per 100EA
Specials available from 17/01/2024 until 30/01/2024.

REDHEADS BBQ
BRIQUETTES 4KG

\$13.25

296040 \$0.33 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
500ML

\$3.00

296681 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

I-CARE WHT DBL
LGTH 3PLY T/ 4PK

\$5.15

298476 \$0.36 per 100SH
Specials available from 17/01/2024 until 30/01/2024.

TNCC AUSSIE
ADVENTURE 220GM

\$3.79

299524 \$1.72 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OFF TROPICAL
PUMP 175ML

\$8.99

299639 \$5.14 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

COLG TOTAL CHARC
T/PASTE 115GM

\$4.99

302295 \$4.34 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

COLG TOTAL ADV
FRESH T/PASTE 115GM

\$4.99

302404 \$4.34 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD DM BLACKFOREST
RASPBRRY 330GM

\$4.99

303714 \$1.51 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SOUR PATCH KIDS
GAMERZ 190GM

\$3.79

305189 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

KIRKS CRM SODA
S/FREE 375ML 10PK

\$8.50

305744 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS LEMON S/
FREE 375ML 10PK

\$8.50

305760 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS LEMONADE
S/FREE 375ML 10PK

\$8.50

305808 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MENTOS SOUR GUM
GRN APPLE 30GM

MENTOS SOUR
GUM SBERRY 30GM

LOR ESPRESSO
ONYX 10PK

\$1.85

307395 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$1.85

307432 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$5.59

308670 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

LOR ESPRESSO
SUPERIORE 10PK

LOR ESPRESSO
RISTRETTO 10PK

LOR LUNGO
PROFONDO 10PK

\$5.59

308697 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$5.59

308734 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$5.59

308830 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

LOR ESPRESSO
COLOMBIA 10PK

POWERADE FLO CAP
KIWI PINE 600ML

POWERADE ZERO FLO
STRWBRY LEMN 600ML

\$5.59

308961 \$10.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.20

310682 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

\$3.20

310746 \$5.33 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CAD TREAT SIZE
FLAKE 168GM

\$5.15

311386 \$3.07 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

LISTERINE M/W
FRSH BURST 250ML

\$4.95

311810 \$1.98 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

LISTERINE COOL
MINT 250ML

\$4.95

311829 \$1.98 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

BICKS MOCHA ICED
COFFEE SYR 500ML

\$6.19

313963 \$12.38 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
FIESTA MANGO 500 4PK

\$9.50

314069 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MT FRANKLIN M/
WTR NAT 1.25LT

\$2.50

317454 \$2.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SNICKERS BAR
44GM

\$1.35

317489 \$3.07 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MT FRANKLIN M/
WTR LEMON 1.25LT

\$2.50

317550 \$2.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

RAID MAX MIK
SPRAY 300GM

\$9.85

319206 \$3.28 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TNCC FRUIT
CHEWS 180GM

\$3.79

322659 \$2.11 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TWIX BAR 50GM

\$1.35

325366 \$2.70 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

M&MS MINIS
35GM

\$1.35

326713 \$3.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

DERMAVEEN D/N SOAP
FREE B/WASH 500ML

\$14.35

327548 \$2.87 per 100ML
Specials available from 17/01/2024 until 30/01/2024.

CAD TURK DELIGHT
SH/PACK 180GM

\$5.15

328698 \$2.86 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA NO
SUGAR 2LT

\$4.20

328778 \$2.10 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BICKS CARAMEL ICED
COFFEE SYR 500ML

\$6.19

330229 \$12.38 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

POWERADE GOLD
RUSH 1LT

\$4.00

334289 \$4.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER ENERGY
PASSION 500ML

\$3.00

335337 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CADBURY ECLAIRS
160GM

\$3.79

336532 \$2.37 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CADBURY
CARAMELS 160GM

\$3.79

336567 \$2.37 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

KIRKS CRM SODA
375ML 10PK

\$8.50

338335 \$2.27 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

C/LIFE FRSH LINEN/
WHITE CLAY 5PK

\$4.55

338589 \$1.01 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

C/LIFE GOLDEN
LEMON 5PK

\$4.55

338597 \$1.01 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MENTOS PURE FRSH
GUM BTL SMINT 30GM

\$1.85

343636 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MENTOS P/FRESH
STRAWBERRY BTL 30GM

\$1.85

343791 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

VEGETA CHICKEN
STOCK POT 112GM

\$2.15

346925 \$0.19 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

SAN UP&GO VANILLA
ICE 250ML 6PK

\$7.25

347688 \$4.83 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

SPRITE NO SUGAR
600ML

\$4.00

348023 \$6.67 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BANDAID PLASTIC
SHAPES 50'S

\$4.79

349421 \$0.10 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

BANDAID PLASTIC
STRIP 50'S

\$4.79

357149 \$0.10 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

CAD DM TOP DECK
340GM

\$4.99

358803 \$1.47 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

(T)MENTOS P/FRESH
BUBBLEFRESH 30GM

\$1.85

360030 \$6.17 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MULTIX QUICK ZIP
SAND BAG 40PK

\$2.15

362677 \$0.05 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

BICKS 100% RED
GRAPE JUICE 1LT

\$6.49

364322 \$6.49 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BICKS PRUNE
JUICE 1LT

\$6.55

364672 \$6.55 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BICKS POMEGRANTE
JUICE 1LT

\$6.19

364680 \$6.19 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

BICKS CRANBERRY
JUICE 1LT

\$4.85

364699 \$4.85 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

V/CRUMBLE CARAMEL
BITE 170GM

\$3.39

367339 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CASHMERE BOUQUET
SOAP LAV 4PK

\$4.65

367486 \$1.16 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

BICKS ICED COFFEE
SYRUP 500ML

\$6.19

369860 \$12.38 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

ADVIL MINI
LIQUID CAPS 20'S

\$7.15

376059 \$0.36 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

SPRITE NO SUGAR
2LT

\$4.50

377772 \$2.25 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COLG T/B ZIG ZAG
FLEX SFT 3PK

\$5.89

378118 \$1.96 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

COLG T/B ZIG ZAG
FLEX MED 3PK

\$5.89

378433 \$1.96 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

KIRKS OLDE STONE
GINGER BEER 1.25LT

\$2.40

386150 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SUGAR FREE
CRM SODA 1.25LT

\$2.40

386476 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SUGAR FREE
LEMON 1.25LT

\$2.40

386484 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

KIRKS SUGAR FREE
LEMONADE 1.25LT

\$2.40

386505 \$1.92 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

COCA COLA NO SUGAR
CAFFEINE FR 1.25LT

\$3.20

386628 \$2.56 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER ENERGY
DRINK 4X500ML 4PK

\$9.50

386740 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MOTHER ENERGY
DRINK 500ML

\$3.00

386871 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
ROSA CAN 500ML

\$3.00

387815 \$6.00 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MONSTER ULTRA
ROSA 500ML 4PK

\$9.50

387823 \$4.75 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

CAD DAIRY MILK
CARAMELLO 345GM

\$4.99

389933 \$1.45 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD DAIRY MILK
360GM

\$4.99

392382 \$1.39 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD FRUIT & NUT
360GM

\$4.99

392403 \$1.39 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD CARAMILK
315GM

\$4.99

392411 \$1.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CAD OLD GOLD RUM
& RAISIN 315GM

\$4.99

392438 \$1.58 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

TWIX WHITE 46GM

\$1.35

392649 \$2.93 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

M&MS MILK 49GM

\$1.35

397095 \$2.76 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

M&MS PEANUT
46GM

\$1.35

397183 \$2.93 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN WEETBIX CRNCHY
HONEY BITES 510GM

\$4.15

398653 \$0.81 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN WEETBIX WILDBERRY
BITES 500GM

\$4.15

398725 \$0.83 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

R/HEADS WRAPPED
F/LIGHTERS 20'S

\$3.79

401277 \$0.19 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

JCS CASHEWS
SALTED 500GM

\$13.99

410288 \$27.98 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS CASHEWS
UNSALTED 500GM

\$13.99

410296 \$27.98 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS MIXED NUTS
SALTED PREM 350GM

\$8.49

416196 \$24.26 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS MIXED NUTS
UNSALTED PREM 350GM

\$8.49

416209 \$24.26 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS OUTBACK MIX
500GM

\$9.99

464921 \$19.98 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

GF CHICKEN SALT
ORIGINAL 170GM

\$3.25

469351 \$0.19 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF FRSH CLOVES
WHOLE 50GM

\$3.25

469490 \$0.65 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

JCS WALNUTS NAT
AUSTRALIAN 350GM

\$8.99

499534 \$25.69 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS BACKYARD
BBQ MIX 375GM

\$6.49

500451 \$17.31 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS GRN/SEED/
QUINOA BREAD 800GM

\$4.79

500873 \$0.60 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NAT SAUSAGE
ROLLS 720GM 12PK

\$8.89

503505 \$1.23 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

GF SZECHUAN PEPPER
WHOLE PACK 100GM

\$3.25

516197 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ALLSPICE
GROUND 80GM

\$3.25

521498 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ALL SEASON
SPICE 140GM

\$3.25

521500 \$0.23 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ALL SEASON HERB
& GARLIC 120GM

\$3.25

521519 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BASIL LEAVES
30GM

\$3.25

521615 \$1.08 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BAYLEAVES
10GM

\$3.25

521666 \$3.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BBQ PROVENCALE
140GM

GF BBQ SEASONING
SMOKEY 110GM

GF BBQ SPRINKLE
ALL PURPOSE 140GM

\$3.25

521682 \$0.23 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521690 \$0.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521703 \$0.23 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CAJUN
SEASONING 100GM

GF CAYENNE
PEPPER 80GM

GF CHICKEN SALT
FLAVON 170GM

\$3.25

521738 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521762 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521770 \$0.19 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHICKEN
SEASONING 130GM

GF CHILLIES
CRUSHED HOT 60GM

GF CHILLIES GROUND
HOT 80GM

\$3.25

521797 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521826 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.25

521834 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHINESE FIVE
SPICE POWDER 80GM

\$3.25

521842 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHINESE STIR
FRY 130GM

\$3.25

521869 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHIVES AIR
DRIED 10GM

\$3.25

521885 \$3.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
GROUND 90GM

\$3.25

522028 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
QUILLS 15GM

\$3.25

522060 \$2.17 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
SUGAR 160GM

\$3.25

522132 \$0.20 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CITRIC ACID
180GM

\$3.25

522159 \$0.18 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CORIANDER
GROUND 70GM

\$3.25

522167 \$0.46 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CORIANDER
LEAVES 15GM

\$3.25

522204 \$2.17 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CORIANDER
SEEDS 45GM

\$3.25

522220 \$0.72 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CUMIN
GROUND 100GM

\$3.25

522239 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CUMIN SEEDS
80GM

\$3.25

522271 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CURRY POWDER
HOT 120GM

\$3.25

522335 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CURRY POWDER
MILD 120GM

\$3.25

522351 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF DILL TOPS
25GM

\$3.25

522378 \$1.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF FENNELL
SEEDS 80GM

\$3.25

522394 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF FISH
SEASONING 120GM

\$3.25

522431 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARAMASSALA
85GM

\$3.25

522474 \$0.38 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC
GRANULES 130GM

\$3.25

522554 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC
POWDER 100GM

\$3.25

522570 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC SALT
160GM

\$3.25

522589 \$0.20 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC STEAK
SEASONING 110GM

\$3.25

522597 \$0.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GINGER
GROUND 80GM

\$3.25

522618 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GOURMET CHKN
SEASONING 130GM

\$3.25

522642 \$0.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GOURMET
STEAK 120GM

\$3.25

522677 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GREEK
SEASONING 100GM

\$3.25

522685 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF HERB&GRCLC
SEASONING 80GM

\$3.25

522706 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF HRB&GRLC SPICY
SEASONING 90GM

\$3.25

522714 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF HERB MEDLEY
SEASONING 90GM

\$3.25

522730 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ITALIAN HERBS
40GM

\$3.25

522757 \$0.81 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ITALIAN
SEASONING 65GM

\$3.25

522765 \$0.50 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LAMB & MINT
SEASONING 70GM

\$3.25

522773 \$0.46 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LEMON CHILLI
GARLIC SEASON 130GM

\$3.25

522781 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LEMON HERB
SEASONING 90GM

\$3.25

522802 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LEMON PEPPER
100GM

\$3.25

522861 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LEMON THYME
& BASIL 120GM

\$3.25

522896 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MARJORAM
LEAVES 20GM

\$3.25

522933 \$1.63 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MEAT TENDERIZER
180GM

\$3.25

523143 \$0.18 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MINT LEAVES
25GM

\$3.25

523186 \$1.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MIXED HERBS
35GM

\$3.25

523215 \$0.93 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MIXED SPICE
85GM

\$3.25

523223 \$0.38 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MORROCCON
SPICE 95GM

\$3.25

523231 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MUSTARD
GROUND 80GM

\$3.25

523258 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MUSTARD SEEDS
BLACK 130GM

\$3.25

523266 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MUSTARD SEEDS
YELLOW 135GM

\$3.25

523274 \$0.24 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF NUTMEG
GROUND 90GM

\$3.25

523290 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ONION FLAKES
80GM

\$3.25

523338 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ONION SALT
190GM

\$3.25

523346 \$0.17 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF OREGANO & GARLIC
SEASONING 90GM

\$3.25

523637 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF OREGANO
GROUND 70GM

\$3.25

523645 \$0.46 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF OREGANO
LEAVES 25GM

\$3.25

523653 \$1.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PAPRIKA HUNGARIAN
SWEET 90GM

\$3.25

523696 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PAPRIKA
SMOKEY 100GM

\$3.25

523709 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PARSLEY
FLAKES 20GM

\$3.25

523717 \$1.63 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER&LEMON
SEASONING 130GM

\$3.25

523725 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER BLACK
GROUND 90GM

\$3.25

523733 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER BLACK
WHOLE 100GM

\$3.25

523741 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER
CRACKED 90GM

\$3.25

523768 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER
MEDLEY 95GM

\$3.25

523776 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER WHT
GRND 100GM

\$3.25

523784 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPERSTEAK
SEASONING 120GM

\$3.25

523792 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PIRI PIRI
SEASONING 100GM

\$3.25

523805 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PIZZA
SEASONING 40GM

\$3.25

523813 \$0.81 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF POPPY SEEDS
120GM

\$3.25

523821 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PORTUGUESE SPICY
SEASONING 100GM

\$3.25

523848 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF POTATO
SPRINKLE 120GM

\$3.25

523856 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROAST BEEF
SEASONING 90GM

\$3.25

523899 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROAST CHICKEN
SEASONING 120GM

\$3.25

523901 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROAST LAMB
SEASONING 90GM

\$3.25

523995 \$0.36 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROAST VEGETABLE
SEASONING 120GM

\$3.25

524322 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROSEMARY
LEAVES 50GM

\$3.25

524381 \$0.65 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SAGE LEAVES
25GM

\$3.25

524509 \$1.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SALT & PEPPER
SEASONING 120GM

\$3.25

524613 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SESAME SEEDS
120GM

\$3.25

524680 \$0.27 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SPAGHETTI
BOLOGNAISE 75GM

\$3.25

524699 \$0.43 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF STAR ANISE
WHOLE 30GM

\$3.25

525026 \$1.08 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF STEAK
SEASONING 130GM

\$3.25

525034 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SUMAC 100GM

\$3.25

525202 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SZECHUAN
SEASONING 130GM

\$3.25

525368 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TACO
SEASONING 130GM

\$3.25

525376 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TANDOORI SPICY
SEASONING 100GM

\$3.25

525405 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TARRAGON
LEAVES 20GM

\$3.25

525712 \$1.63 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF THAI
SEASONING 130GM

\$3.25

525827 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF THYME LEAVES
40GM

\$3.25

525835 \$0.81 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TURMERIC
GROUND 100GM

\$3.25

525923 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TUSCAN
SEASONING 110GM

\$3.25

525931 \$0.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF VANILLA
SUGAR 160GM

\$3.25

525958 \$0.20 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GINGER
GROUND 70GM

\$3.25

527777 \$0.46 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ BUZZ
LIGHTYEAR 17GM

\$3.49

530917 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ CARE BEARS
17GM

\$3.49

530941 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ SONIC THE
HEDGEHOG 17GM

\$3.49

531266 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ SPIDERMAN
17GM

\$3.49

531282 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

JCS WALNUTS
NATURAL 350GM

\$8.99

569045 \$25.69 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

GF PAPRIKA HOT
80GM

\$3.25

571145 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

NAT PARTY PIES
720GM 12PK

\$8.89

585467 \$1.23 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS ORG
SOURDOUGH 850GM

\$4.79

605720 \$0.56 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS TASMANIAN
RYE 800GM

\$4.79

605739 \$0.60 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS SOURDOUGH
DARK RYE 800GM

\$4.79

605747 \$0.60 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NO-DOZ PLUS 24'S

\$3.99

607224 \$0.17 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

TRAVACALM
GINGER 10'S

\$2.85

607232 \$0.29 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

FLORA PRO ACTIV
LT 500GM

\$9.19

622811 \$1.84 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY BANANA KIDS
POUCH YOG 110GM

\$1.79

628156 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY TROPICAL
KIDS POUCH 110GM

\$1.79

628412 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY VANILLA
KIDS POUCH 110GM

\$1.79

628420 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY STRAWBERRY
KIDS POUCH 110GM

\$1.79

628439 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

FLORA SPREAD
PRO-ACTIV 500GM

\$9.19

629140 \$1.84 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN Q/CK STRAIGHT
CUT FRIES 750GM

\$5.25

632219 \$7.00 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

BEYOND BURGER
2PK

\$11.45

636295 \$50.66 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

NIPPYS ORANGE/MANGO
COLD PRESS 450ML

\$2.45

655541 \$5.44 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN LIL PIZZAS
CHS MARGARIT 380GM

\$7.55

655576 \$1.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN LIL PIZZAS
HAM CHEESE 400GM

\$7.55

655613 \$1.89 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CHRIS H/STYLE DIPS
SWT CHILLI 3PK

\$3.25

665475 \$1.81 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ NINTENDO
17GM

\$3.49

666152 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ POKEMON
17GM

\$3.49

666160 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ DISNEY
ANIMALS 17GM

\$3.49

666259 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN Q/CK CRINKLE
CUT FRIES 750GM

\$5.25

667163 \$7.00 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN PIZZA
SUPREME SNG 400GM

\$7.55

672608 \$1.89 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

MCCAIN PIZZA HAM/
PINEAPPLE SNG 400GM

\$7.55

672616 \$1.89 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PAULS VANILLA
CUSTARD 600GM

\$4.15

673555 \$0.69 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

JCS POP FICTION P/
CORN S/SALT 80GM

\$2.69

676297 \$3.36 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

JCS POP FICTION P/
CORN BUTTER 100GM

\$2.69

676369 \$2.69 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

JCS POP FICTION P/
CORN CHEDDAR 100GM

\$2.69

676414 \$2.69 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

JCS POP FICTION P/
CORN SWT/SLT 120GM

\$2.69

676537 \$2.24 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

WILDERNESS
RUMP STEAK 1RW

\$22.99

737037 \$22.99 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

JCS DELICIOUS
ENERGY MIX 500GM

\$9.99

747040 \$19.98 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

ING CHICK BRST
SUPREME

\$18.99

747200 \$18.99 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

GF MEDITERRANEAN
SEASONING 140GM

\$3.25

747614 \$0.23 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS SOURDOUGH
W/ML BREAD 800GM

\$4.79

760384 \$0.60 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

WILLIAMS RYE&SPELT
BREAD 800GM

\$4.79

761539 \$0.60 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

GF CLOVES
GROUND 80GM

\$3.25

772553 \$0.41 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ONION
POWDER 100GM

\$3.25

772721 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ZA ATAR
100GM

\$3.25

772801 \$0.33 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ PRINCESS
17GM

\$3.49

795130 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ FRUIT REFILL
PACK 8PK

\$2.75

795376 \$0.34 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

PEZ FIZZY REFILL
PACK 8PK

\$2.75

795405 \$0.34 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

PEZ MARVEL
UNIVERSE 17GM

\$3.49

804842 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ ANIMAL
CROSSING 17GM

\$3.49

804893 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PEZ PIKACHU
17GM

\$3.49

804930 \$20.53 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

GF ALL SEASON
SPICE BAG 40GM

\$1.35

805052 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BASIL LEAVES
BAG 10GM

\$1.35

805159 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BAY LEAVES
BAG 4GM

\$1.35

805191 \$3.38 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF BBQ SMOKEY
SEASONING BAG 30GM

\$1.35

805212 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CARAWAY
SEEDS BAG 25GM

\$1.35

805220 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CARDAMON
GROUND BAG 15GM

\$1.35

805407 \$0.90 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHILLI HOT
CRUSHED BAG 20GM

\$1.35

805415 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHILLI POWDER
BAG 30GM

\$1.35

805423 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CAYENNE
PEPPER BAG 30GM

\$1.35

805431 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHICKEN
SEASONING BAG 30GM

\$1.35

805458 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
GROUND BAG 30GM

\$1.35

805466 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
QUILLS BAG 6GM

\$1.35

805546 \$2.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHINESE FIVE
SPICE BAG 30GM

\$1.35

805589 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CHIVES BAG
4GM

\$1.35

805626 \$3.38 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CINNAMON
SUGAR BAG 40GM

\$1.35

805714 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CLOVES GROUND
BAG 20GM

\$1.35

805730 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CLOVES
WHOLE BAG 15GM

\$1.35

805757 \$0.90 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CORIANDER GROUND
BAG 30GM 30GM

\$1.35

805802 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CORIANDER
SEEDS BAG 20GM

\$1.35

805810 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CUMIN GROUND
BAG 30GM

\$1.35

805853 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CUMIN SEEDS
BAG 20GM

\$1.35

805896 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CURRY POWDER
MILD BAG 30GM

\$1.35

805925 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF FENNEL SEEDS
BAG 30GM

\$1.35

805933 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARAM MASALA
BAG 30GM

\$1.35

805968 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC POWDER
BAG 30GM

\$1.35

805992 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC GRANULES
BAG 30GM

\$1.35

806004 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC STEAK
SEASONING BAG 25GM

\$1.35

806100 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GARLIC SALT
BAG 40GM

\$1.35

806127 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GREEK SEASONING
BAG 30GM

\$1.35

806178 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF GINGER GROUND
BAG 30GM

\$1.35

806186 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ITALIAN HERBS
BAG 10GM

\$1.35

806194 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF HERB & GARLIC
SEASONING BAG 20GM

\$1.35

806207 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MARJORAM
LEAVES BAG 9GM

\$1.35

806223 \$1.50 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF LEMON PEPPER
BAG 30GM

\$1.35

806290 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MINT LEAVES
BAG 10GM

\$1.35

806311 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MEDITERRANEAN
SEASONING BAG 30GM

\$1.35

806338 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MIXED SPICE
BAG 30GM

\$1.35

806610 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MIXED HERBS
BAG 10GM

\$1.35

806629 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MUSTARD
GROUND BAG 30GM

\$1.35

806696 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MOROCCAN
SPICE BAG 25GM

\$1.35

806709 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF NUTMEG GROUND
BAG 15GM

\$1.35

806733 \$0.90 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF MUSTARD
SEEDS BAG 30GM

\$1.35

806741 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ONION POWDER
BAG 30GM

\$1.35

806768 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ONION FLAKES
BAG 25GM

\$1.35

806776 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PAPRIKA
SMOKEY BAG 30GM

\$1.35

806805 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF OREGANO
LEAVES BAG 10GM

\$1.35

806821 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PARSLEY
FLAKES BAG 5GM

\$1.35

806880 \$2.70 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PAPRIKA BAG
30GM

\$1.35

806899 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER BLACK
WHOLE BAG 20GM

\$1.35

806901 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER BLACK
CRACKED BAG 20GM

\$1.35

806928 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF POPPY SEEDS
BAG 45GM

\$1.35

806944 \$0.30 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF PEPPER STEAK
SEASONING BAG 30GM

\$1.35

806952 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SAGE LEAVES
BAG 8GM

\$1.35

806987 \$1.69 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF ROSEMARY
LEAVES BAG 20GM

\$1.35

807015 \$0.68 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF STAR ANISE
WHOLE BAG 10GM

\$1.35

807023 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF SESAME SEEDS
BAG 30GM

\$1.35

807074 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TARRAGON
LEAVES BAG 7GM

\$1.35

807138 \$1.93 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF STEAK SEASONING
BAG 30GM

\$1.35

807162 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TUMERIC GROUND
BAG 30GM

\$1.35

807189 \$0.45 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF THYME LEAVES
BAG 10GM

\$1.35

807242 \$1.35 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF VANILLA
SUGAR BAG 40GM

\$1.35

807269 \$0.34 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF TUSCAN SEASONING
BAG 25GM

\$1.35

807357 \$0.54 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF VEGETABLE SEASONING
130GM 130GM

\$3.25

810089 \$0.25 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

GF CELERY SALT
190GM

\$3.25

810097 \$0.17 per 10GM
Specials available from 17/01/2024 until 30/01/2024.

NAT MIXED PIE &
ROLLS 720GM 12PK

\$8.89

828502 \$1.23 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

LEMNOS FETTA
SMOOTH 200GM

\$4.15

904982 \$20.75 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

PHILA CREAM CHEESE
SPREAD ORIG 140GM

\$3.55

908449 \$25.36 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

CHRIS H/STYLE DIP
TZATZI 60G 180GM

\$3.25

908940 \$1.81 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CHRIS DIP FRENCH
ONION 3PK 180GM

\$3.25

912763 \$1.81 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OBELA FRSH/SPRDS
CLS GUCML 220GM

\$5.25

917185 \$2.39 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

CHRIS DIP HOMMUS
KID DIP 3PK

\$3.25

923630 \$1.81 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

FLORA PRO ACTIVE
SPRD BUTTERY 500GM

\$9.19

929565 \$1.84 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY GREEK
YOGHURT VANILLA 1KG

\$6.15

953426 \$0.62 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY GREEK
YOGHURT 1KG

\$6.15

953469 \$0.62 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

PRESIDENT
CAMEMBERT 200GM

\$8.35

962824 \$41.75 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

PRESIDENT BRIE
200GM

\$8.35

962832 \$41.75 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY BLUEBERRY
KIDS POUCH 110GM

\$1.79

963691 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

SAN SO GOOD REGULAR
MILK CHLD 1LT

\$2.35

969604 \$2.35 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

LEMNOS CHEESE FETTA
FULL CREAM 180GM

\$4.15

972520 \$23.06 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

T/VALLEY RASPBERRY
YOG 110GM

\$1.79

978535 \$1.63 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

B/EYE FISH
FINGERS 375GM

\$5.45

980707 \$14.53 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

LEMNOS SMTH REDUCED
FAT FETTA 200GM

\$4.15

987407 \$20.75 per 1KG
Specials available from 17/01/2024 until 30/01/2024.

4N20 BEEF CHEESE
BACON PIE 160GM

\$2.79

992644 \$1.74 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

NIPPYS ORANGE NAS
COLD PRESS 450ML

\$2.45

994279 \$5.44 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

NIPPYS APPLE/BLKCRT
COLD PRESS 450ML

\$2.45

994295 \$5.44 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

NIPPYS APPLE
COLD PRESS 450ML

\$2.45

994308 \$5.44 per 1LT
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST S/DOUGH
NAT CRISPBRD 110GM

\$4.99

195186 \$4.54 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST S/D ANCIENT
GRN C/BR 110GM

\$4.99

195194 \$4.54 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST 3 SEED
CRISPS PUMPKI 110GM

\$5.99

195207 \$5.45 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST 3 CHEESE
CRISPS/CHIL 85GM

\$9.99

195215 \$11.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST PARMESAN
CRISPS 85GM

\$9.99

195223 \$11.75 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST CBERRY/
PUMP SEED CR 150GM

\$5.99

195266 \$3.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST CASHEW/
RMARY CRACKER 150GM

\$5.99

195290 \$3.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST FIG/ALMOND
CRACKER 150GM

\$5.99

195303 \$3.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST APRICOT/
HNUT CRACKER 150GM

\$5.99

195311 \$3.99 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST G/FREE
FIG/PIST CR 130GM

\$5.99

195338 \$4.61 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

OB FINEST G/FREE
DATE/ALMD CR 130GM

NO-DOZ PLUS 24'S

JCS DELICIOUS
ENERGY MIX 500GM

\$5.99

195346 \$4.61 per 100GM
Specials available from 17/01/2024 until 30/01/2024.

\$3.99

607224 \$0.17 per 1EA
Specials available from 17/01/2024 until 30/01/2024.

\$9.99

747040 \$19.98 per 1KG
Specials available from 17/01/2024 until 30/01/2024.